



# 2023 IFBB DIAMOND CUP CZECHIA



MAIN INFORMATION

UPDATED APRIL 17<sup>TH</sup>, 2023

NAME OF THE EVENT: <b>2023 IFBB DIAMOND CUP CZECHIA</b>		
CITY / COUNTRY: <b>Prague / Czech Republic</b>		
DATE: <b>April 28-30, 2023</b>		
CHAMPIONSHIPS OPEN FOR: <b>All IFBB-affiliated National Federations</b>		
ELITE PRO CARD QUALIFIER <b>YES</b> <input checked="" type="checkbox"/>		
IFBB ELITE PRO CARDS:		
<b>TOTAL NUMBER: 13</b>		
DISTRIBUTION:		
<ul style="list-style-type: none"><li>- Men's Bodybuilding – top 2 in Overall</li><li>- Men's Classic Bodybuilding – the Overall winner</li><li>- Men's Classic Physique – the winner</li><li>- Men's Physique - top 2 in Overall</li><li>- Muscular Men's Physique – the winner</li><li>- Women's Bodyfitness – the Overall winner</li><li>- Women's Bikini - top 2 in Overall</li><li>- Women's Wellness – the winner</li><li>- Women's Physique – the winner</li><li>- Master Men's Bodybuilding – the Overall winner</li></ul>		
IFBB INTERNATIONAL RANKING QUALIFIER LEVEL 2 <b>YES X</b>		
DAY OF ARRIVAL <b>28/04/2023</b>		
DAY OF DEPARTURES <b>30/04/2023</b>		
REGISTRATION DAY: <b>28/04/2023</b>	TIME: <b>14:00-18:00</b>	PLACE: <b>Top Hotel Praha,</b> Blažimská 1781, 149 00 Praha 4-Chodov
WEIGH-IN DAY: <b>28/04/2023</b>	TIME: <b>14:00-18:00</b>	PLACE: <b>Top Hotel Praha,</b> Blažimská 1781, 149 00 Praha 4-Chodov
*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.		
RECOMMENDED AIRPORT: <b>Vaclav Havel International Airport Prague</b>		
VISA INFORMATION: EU citizens and citizens of over 60 other countries don't need visa to enter the Czech Republic for up to 90 days. Detailed information can be found at: <a href="http://www.schengenvisainfo.com/czech-republic-visa/">www.schengenvisainfo.com/czech-republic-visa/</a>		
* Due to the COVID-19 restrictions, we recommend you check with the corresponding authorities of the country (Consulate, Embassy, etc.), the current regulation to avoid any inconveniences when travelling. The National Federations, athletes and officials, must adopt and strictly follow any healthy and other measures imposed, required, or recommended by the competent authorities with respect to the COVID-19 pandemic situation.		
*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned event for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by its athletes and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.		

VENUE: **Top Hotel Praha – Congress Centre**

**CATEGORIES:**

**YOUNGER JUNIOR MEN'S BB 16-18 YRS - OPEN**  
**JUNIOR MEN'S BB 16-23 YRS - OPEN**

**MEN'S BODYBUILDING:**

- Up to & including 75 kg
- Up to & including 80 kg
- Up to & including 90 kg
- Up to & including 100 kg
- Over 100 kg

**OVERALL: Elite Pro Cards for the top 2**

**MASTER MEN BODYBUILDING 40-49 YRS - OPEN**  
**MASTER MEN BODYBUILDING >50 YRS - OPEN**

**OVERALL: Elite Pro Card for the winner**

**JUNIOR CLASSIC BODYBUILDING 16-23 YRS\* - OPEN**  
**MEN'S CLASSIC BODYBUILDING\***

- Up to & including 175 cm
- Up to & including 180 cm
- Over 180 cm

**OVERALL: Elite Pro Card for the winner**

**MASTER CLASSIC BODYBUILDING >40 YRS\* - OPEN**

**JUNIOR MEN'S PHYSIQUE 16-23 YRS - OPEN**  
**MEN'S PHYSIQUE:**

- Up to & including 173 cm
- Up to & including 176 cm
- Up to & including 179 cm
- Up to & including 182 cm
- Over 182 cm

**OVERALL: Elite Pro Cards for the top 2**

**MASTER MEN'S PHYSIQUE >40 YRS - OPEN**

**MUSCULAR MEN'S PHYSIQUE - OPEN**

**Elite Pro Card for the winner**

**MEN'S CLASSIC PHYSIQUE\* - OPEN**

**Elite Pro Card for the winner**

**WOMEN'S BODYFITNESS:**

- Up to & including 163 cm
- Over 163 cm

**OVERALL: Elite Pro Card for the winner**

**YOUNGER JUNIOR WOMEN BIKINI 16-18 YRS - OPEN**

**JUNIOR WOMEN'S BIKINI 16-23 YRS - OPEN**

**WOMEN'S BIKINI:**

- Up to & including 158 cm
- Up to & including 162 cm
- Up to & including 166 cm
- Up to & including 169 cm
- Up to & including 172 cm
- Over 172 cm

**OVERALL: Elite Pro Cards for the top 2**

**MASTER WOMEN'S BIKINI >35 YEARS - OPEN**

**WOMEN'S PHYSIQUE - OPEN**

**Elite Pro Card for the winner**

**WOMEN'S WELNESS - OPEN**

**Elite Pro Card for the winner**

**WOMEN'S FIT- MODEL – OPEN**

**RECOMMENDED HOTEL**

**OFFICIAL HOTEL: Top Hotel Praha, Blazimska 1781, 149 00, Praha 4 – Chodov.**

**REGISTRATION FEE:**

**PAYMENTS NOT LATER THAN: 23/04/2023**

Each **SENIOR** athlete paying online **NOT LATER THAN 23/04/2023** will pay the IFBB registration fee of **200€ (Euros)**. **JUNIORS & MASTERS** pay **100€ EUR**. **SUB JUNIORS** (under 18) – **50€ EUR**.

**PAYMENTS AFTER 23/04/2023**

Each athlete paying **AFTER 23/04/2023** will pay the IFBB registration fee of **250€ (Euros), 150€ AND 100€** respectively.

**CROSSOVERS: 100€ (euros)**

\*All athletes will have to present their Passports or ID Card and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards

are EUR €40 / USD \$50 per year and are mandatory.

**ONLINE PAYMENT** may be done by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>.

**You can also make the Payment via Bank Transfer to the following bank account:**

Beneficiary: IFBB  
BANK: BBVA  
ACCOUNT: ES51 0182 6127 1102 0158 4781  
SWIFT: BBVAESMMXXX

**Please add your name during online payment and bring a copy of your payment confirmation to the registration.**

## \*REGISTRATION DEADLINE

**FINAL ENTRY FORM: 23/04/2023**

**Please notice that to send the FEF is MANDATORY.** Any National Federation attending the event without having previously sent the FEF before the deadline will be charged with an additional fee of **50€ (Euros)**.

## IMPORTANT NOTICE

\*Participating athletes must be recommended by their National Federation by sending the FinalEntry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid. The final decision to allow an athlete to compete in this CHAMPIONSHIPS rests with the IFBB.

\*It is the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any CHAMPIONSHIPS either at National or International level, Official or Invitational.

\*All posing music must be on a USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

## AWARDS:

Top three athletes in each category will be awarded with **medals**.

Top six athletes in each category will be awarded with a **Certificate of Excellence** and **trophies**.

Overall winner will have a **trophy**.

## GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging and finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

## TANNING

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes at the backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

Official tanning services available at the event: YES

**PRO TAN** – contact: [www.protanczech.cz](http://www.protanczech.cz) or [info@protanczech.cz](mailto:info@protanczech.cz)

## CONTACT INFORMATION:

Please send Your Entry Form to:  
Contact: Mr. Stanislav Pesat or  
Mr. Miroslav Tichy  
E-mail: [stanislav.pesat@gmail.com](mailto:stanislav.pesat@gmail.com)

Please send a copy to the IFBB Technical Committee:  
Eng. Andrew Michalak  
E-mail: [amichalak5@gmail.com](mailto:amichalak5@gmail.com)

Please send a copy to the IFBB Head Office:  
E-mail: [info@ifbb.com](mailto:info@ifbb.com)

Contact details for additional correspondence:  
President of the Czech Bodybuilding & Fitness Federation  
Mr. **Roman Hajabac**  
E-mail: [hajabacroman@seznam.cz](mailto:hajabacroman@seznam.cz)

## JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: [pawelfilleborn@gmail.com](mailto:pawelfilleborn@gmail.com)

All international judges must bring their International Judge's Cards to the Team Managers and Judges Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of **EUR €50 / USD \$60** for the current year. This fee may also be paid at the Championships at the Team Managers & Judges Meeting.