

## **TENTATIVE**

# **2023 ARNOLD CLASSIC EUROPE CHAMPIONSHIPS RUNNING ORDER** **(SHORT VERSION)**

## **THURSDAY, OCTOBER 12<sup>TH</sup>, 2023**

**10:00 – 20:00** Continuous Registration of arriving athletes – CAJA MAGICA (Madrid)  
**19:00** Judges and Technical Meeting CAJA MAGICA (Madrid)

## **FRIDAY, OCTOBER 13<sup>th</sup>, 2023**

**09:00 – 20:00**

- Women Artistic Fitness Open Category
- Women Acrobatic Fitness Open Category
- Men Fitness Open Category
- Men Fit-Model Open Category
- Men Games Classic Bodybuilding Open Category
- Men Classic Bodybuilding: Masters. (40-44 and +45)
- Men Classic Bodybuilding: Seniors (168,171,175,180 & + 180)
- Men Bodybuilding: Masters. 40-44 Years (70,80,90 and + 90)
- Men Bodybuilding: Masters 45-49 Years (70,80,90 and + 90)
- Men Bodybuilding: Masters 50-54 Years Open Category
- Men Bodybuilding: Masters 50-59 Years Open Category
- Men Bodybuilding: Masters >60 Years Open Category
- Women's Physique: Masters Open Category
- Muscular Men's Physique Open Category
- Women's Physique: Seniors (163 & +163)
- Men Classic Physique: Masters Open Category
- Men Classic Physique: Seniors (168,171,175,180 & + 180)

## **SATURDAY, OCTOBER 14<sup>th</sup>, 2023**

**09:00 – 18:00**

- Men Bodybuilding: Beginners (80 & +80)
- Women Bikini: Beginners (164 & +164)
- Men Bodybuilding: Juniors. Open Category
- Women Bikini: Juniors (164 & +164)
- Women Bikini: Masters (35-44 years -164, 35-44 years +164 & +45 years Open Category)
- **OPENING CEREMONY**
- Men Bodybuilding: Seniors (70,75,80,85,90,95,100 & +100)
- Mixed-Pairs Open Category
- Fit-Pairs Open Category
- Women Bikini: Seniors (158,160,162,164,166,169,172 & + 172)

**SUNDAY, OCTOBER 15<sup>th</sup>, 2023**  
**09:00 – 17:00**

- Master Women Fit-Model Open Category
- Women Fit-Model (164,168,172 & + 172)
- Men's Physique: Beginners (175 & + 175)
- Men's Physique: Junior Open Category
- Women Bodyfitness: Masters Open Category
- Women Wellness: Masters Open Category
- Men's Physique: Masters (40-44, 45-49, + 50)
- Women Bodyfitness: Seniors (158,163,168 & + 168)
- Women Wellness: Seniors (158,163,168 & + 168)
- Men's Physique: Seniors. (170,173,176,179,182 & + 182)