



MR. UNIVERSE JORDAN

MAIN INFORMATION



NAME OF THE CHAMPIONSHIPS: **2023 IFBB MR. UNIVERSE JORDAN**

CITY / COUNTRY: **AMMAN / JORDAN**

DATE: **JULY 06-09, 2023**

CHAMPIONSHIPS OPEN FOR: **ALL IFBB-AFFILIATED NATIONAL FEDERATIONS WORLDWIDE**

IFBB ELITE PRO CARD QUALIFIER YES NO

IFBB ELITE PRO CARDS:

11 IFBB ELITE PRO CARDS

DISTRIBUTION MEN'S bodybuilding - 02 Pro Cards, MEN'S Masters Bodybuilding - 01 Pro Card, MEN'S Classic Bodybuilding - 02 Pro Cards, Men's Classic Physique - 02 Pro Cards, Men's Physique - 03 Pro Cards, Muscular Physique - 01 Pro Card.

IFBB INTERNATIONAL RANKING QUALIFIER LEVEL 3 YES NO

DAY OF ARRIVAL: **06/07/2023**

DAY OF DEPARTURES **09/07/2023**

REGISTRATION DAY: **06/07/2023**

TIME: **10:00 – 18:00**

PLACE: Hotel Movenpick Amman

WEIGH-IN DAY: **06/07/2023**

TIME: **10:00 – 18:00**

PLACE: Hotel Movenpick Amman

*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.

RECOMMENDED AIRPORT: **Queen Alia International Airport, Zizya, Amman**

VISA INFORMATION: Detailed info at: https://moi.gov.jo/En/Pages/Restricted_and_Non_Restricted_Countries_Nationalities

* Current COVID-19 restrictions check here: <https://corona.moh.gov.jo/en>

*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned event for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by its athletes and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

VENUE: **Arena Complex Al-Ahliyya Amman University**

CATEGORIES:

MEN'S BODYBUILDING CATEGORIES:

- **MEN'S BODYBUILDING UP TO 65 KG**
- **MEN'S BODYBUILDING UP TO 70 KG**
- **MEN'S BODYBUILDING UP TO 75 KG**
- **MEN'S BODYBUILDING UP TO 80 KG**

- **MEN'S FITNESS CHALLENGE (ATHLETES BETWEEN THE AGE OF 24 AND 40)**

- MEN'S BODYBUILDING UP TO 85 KG
- MEN'S BODYBUILDING UP TO 90 KG
- MEN'S BODYBUILDING OVER 90 KG

JUNIOR MEN'S BODYBUILDING UP TO 75 KG
 JUNIOR MEN'S BODYBUILDING OVER 75 KG

MASTER MEN'S BODYBUILDING 40-49 YRS. OPEN
 MASTER MEN'S BODYBUILDING >50 YRS. OPEN

CLASSIC BODYBUILDING CATEGORIES:

- MEN'S CLASSIC BODYBUILDING UP TO 168 CM
- MEN'S CLASSIC BODYBUILDING UP TO 171 CM
- MEN'S CLASSIC BODYBUILDING UP TO 175 CM
- MEN'S CLASSIC BODYBUILDING UP TO 180 CM
- MEN'S CLASSIC BODYBUILDING OVER 180 CM

- JUNIOR MEN'S CLASSIC BODYBUILDING OPEN
- MASTER MEN'S CLASSIC BODYBUILDING OPEN

MEN'S CLASSIC PHYSIQUE CATEGORIES:

- MEN'S CLASSIC PHYSIQUE UP TO 168 CM
- MEN'S CLASSIC PHYSIQUE UP TO 171 CM
- MEN'S CLASSIC PHYSIQUE UP TO 175 CM
- MEN'S CLASSIC PHYSIQUE UP TO 180 CM
- MEN'S CLASSIC PHYSIQUE OVER 180 CM

- JUNIOR MEN'S CLASSIC PHYSIQUE OPEN
- MASTER CLASSIC PHYSIQUE OPEN

MEN'S PHYSIQUE CATEGORIES:

- MEN'S PHYSIQUE UP TO 170 CM
- MEN'S PHYSIQUE UP TO 173 CM
- MEN'S PHYSIQUE UP TO 176 CM
- MEN'S PHYSIQUE UP TO 179 CM
- MEN'S PHYSIQUE OVER 179 CM

- JUNIOR MEN'S PHYSIQUE UP TO 174 CM
- JUNIOR MEN'S PHYSIQUE UP TO 178 CM
- JUNIOR MEN'S PHYSIQUE OVER 178 CM

- MASTER MEN'S PHYSIQUE 40-44 YRS.
- MASTER MEN'S PHYSIQUE 45-49 YRS.
- MASTER MEN'S PHYSIQUE >50 YRS.

- MUSCULAR MEN'S PHYSIQUE UP TO 174 CM
- MUSCULAR MEN'S PHYSIQUE UP TO 178 CM
- MUSCULAR MEN'S PHYSIQUE OVER 178 CM

OVERALL CATEGORIES:

- MEN'S BODYBUILDING OVERALL
- MEN'S CLASSIC BODYBUILDING OVERALL
- MEN'S CLASSIC PHYSIQUE OVERALL
- MEN'S PHYSIQUE OVERALL
- MUSCULAR PHYSIQUE OVERALL

- WOMEN FITNESS CHALLENGE (ATHLETES BETWEEN THE AGE 24 AND 35)

- JUNIOR MEN'S FITNESS CHALLENGE (ATHLETES UNDER THE AGE 23)
- JUNIOR WOMEN'S FITNESS CHALLENGE

- MASTER MEN'S FITNESS CHALLENGE (ATHLETES >40)

- MASTER WOMEN'S FITNESS CHALLENGE (ATHLETES >35)

FITNESS CHALLENGE COUPLES AND TEAMS:

- COUPLES FITNESS CHALLENGE (SAME-SEX COUPLES AND M/F MIX COUPLES)
- TEAM FITNESS CHALLENGE (TEAM OF 6 ATHLETES OF THE SAME SEX OR MIXED)

CATEGORIES BY EXECUTION AND PERFORMANCE LEVELS:

- GOLD STANDARD
- SILVER LEVEL

HOTEL INFORMATION

OFFICIAL HOTEL: Hotel Movenpick Amman
Amman, Jordan

Reservations:

Noor.Abushaweesh@movenpick.com

promocode MRUJO

REGISTRATION FEE & ACCOMMODATION:

PAYMENTS NOT LATER THAN: 26/06/2023

Each athlete paying online **NOT LATER THAN 25/06/2023** will pay the IFBB registration fee of **USD \$200.**

PAYMENTS AFTER 26/06/2023

Each athlete paying **AFTER 26/06/2023** will pay the IFBB registration fee of **USD \$250.**

CROSSOVERS: USD \$100 per each of the additional categories.

*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are **EUR €40 / USD \$50** per year and are mandatory.

ONLINE PAYMENT may be done by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>. **Jordanian athletes** may pay at <https://forms.gle/b6NCg1U4vrgeepE58>

You can also make the Payment via Bank Transfer to the following bank

account:Beneficiary:	IFBB
BANK	BBVA
ACCOUNT:	ES51 0182 6127 1102 0158 4781
SWIFT:	BBVAESMMXXX

Please add your name during online payment and bring a copy of your payment confirmation to the registration.

*REGISTRATION DEADLINE

FINAL ENTRY FORM: 26/06/2023

Please notice that to send the FEF is MANDATORY.

IMPORTANT NOTICE

*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid.

The final decision to allow an athlete to compete in this CHAMPIONSHIPS rests with the IFBB.

*It is the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any CHAMPIONSHIPS either at National or International level, Official or Invitational.

*All posing music must be on a USB drive only. The posing music in the MP3 format must also be on only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

AWARDS:

Top three athletes in each category will be awarded with [medals](#).
Top six athletes in each category will be awarded with a [Certificate of Excellence](#) and [trophies](#).
Overall winner will have a [trophy](#).

OFFICIALS

National Federations with no competitors may send [one \(1\)](#) delegate who will be responsible for all his or her own expenses.

CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any CHAMPIONSHIPS, these devices shall be strictly prohibited in the dressing room area.

GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging and finals. They will be distributed at the Team Managers & Judges Meeting as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes at the backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

Official tanning services available at the event: YES NO

Contact: **Mr. Muzamil Abdul Hameed**, info@goldeninnovations.ae

CONTACT INFORMATION:

Please send your Entry Form to:

Mr. Muzamil Abdul Hameed

E-mail: info@goldeninnovations.ae

Please send a copy to the IFBB Technical Committee:

Eng. Andrew Michalak

E-mail: amichalak5@gmail.com

Please send a copy to the IFBB Head Office: E-mail: contact@ifbb.com

Contact details for additional correspondence:

President of **the Jordanian Bodybuilding Federation**

Mr. Mahmoud

E-mail: info@jofbb.com

JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges must bring their International Judge's Cards to the Technical Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of EUR €50 / USD \$60 paid for the current year. This fee may also be paid at the Championships at the Team Managers and Judges Meeting.

TENTATIVE SCHEDULE

Thursday, 06/07/2023: registration and weigh-in

Day 1 Friday 07/07/2023	Day 2 Saturday 08/07/2023
	IFBB Fitness challenge
<ul style="list-style-type: none">• JUNIOR CLASSIC BODYBUILDING• MASTERS CLASSIC BODYBUILDING• SENIOR CLASSIC BODYBUILDING• JUNIOR BODYBUILDING• MASTERS BODYBUILDING• SENIOR BODYBUILDING	<ul style="list-style-type: none">• JUNIOR CLASSIC PHYSIQUE• MASTERS CLASSIC PHYSIQUE• SENIOR CLASSIC PHYSIQUE• JUNIOR PHYSIQUE• MASTERS PHYSIQUE• MUSCULAR PHYSIQUE• SENIOR MEN'S PHYSIQUE• IFBB ELITE PRO MEN'S PHYSIQUE