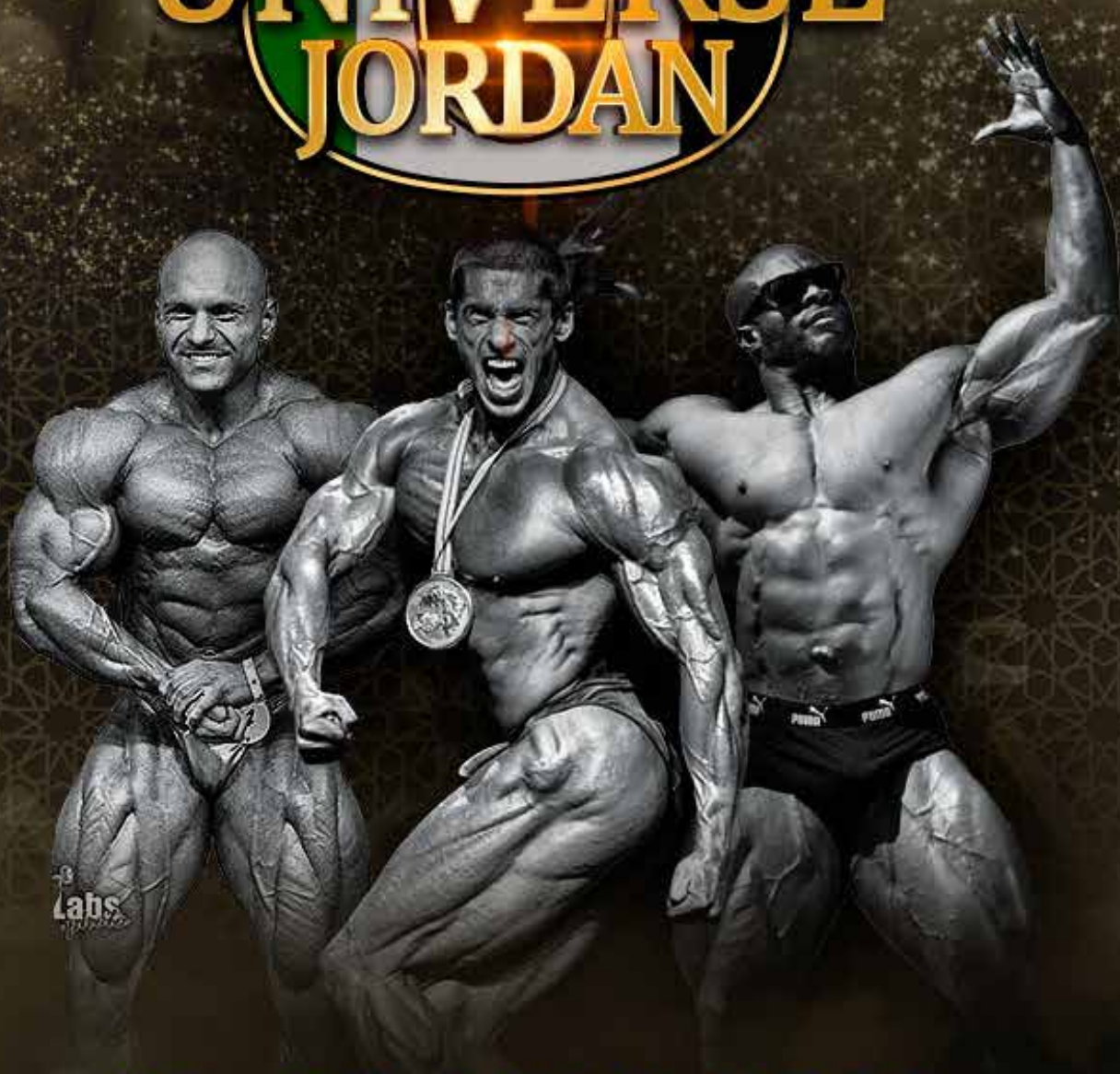


MR UNIVERSE JORDAN



06-09 JULY 2023
AMMAN - JORDAN

WELCOME

TO MR.UNIVERSE JORDAN

We are glad to present to you the first edition of the prestigious competition for amateur and IFBB Elite PRO in the city of Amman, Jordan.

Don't miss this opportunity to attend the show which will give you the opportunity to meet and compete with athletes from all around the world.

Due to its unique geographical location, MR.UNIVERSE JORDAN is a great place to travel and enjoy the best hospitality in Amman City.

We welcome you all the participants and the audience of this amazing show.

LANGUAGE

Arabic is the official language, although English is widely spoken and most road and shop signs and restaurant menus are in both languages. The further out of town you go, the more Arabic you will find, both written and spoken.

FOLLOW US !

WHATSAPP



INSTAGRAM



6 - 9 July



9 - 6 تموز

City Info

Amman, Jordan



Please visit the website to know more information

<https://international.visitjordan.com>

The Hashemite Kingdom of Jordan, a place which once captivated ancient travelers, continues to enthrall a new generation with it's eclectic mix of modernity and tradition.

From the enchanting starkness of Wadi Rum, to the restless city centre of urban Amman, and the majestic ruins of civilizations once forgotten. Jordan is a unique destination offering breathtaking sights, charming accommodations, and exquisite cuisine. Jordan is home to countless wonders that are sure to leave you in awe.

Quietly becoming a premier destination within the region, Jordan has witnessed an emergence of luxury hotels in Amman, Petra, Aqaba and the Dead Sea. Whether you're looking for the authentic backpacker experience, or the casual refinement of 5 star service, the Hashemite Kingdom is fit for both the aristocrat and the modest.

Queen Alia International Airport



Queen Alia International Airport (QAIA)

Queen Alia International Airport is located

(36) Kilometers from Amman city,

and about (38) Kilometers from Rashid

Al-Zauod Hall where the competition

will be held.



(QAIA) is a home to the low cost carrier,

which serves more than (200) destinations.



A taxi from (QAIA) to the Regency palace

Amman will take about (30) minutes

depending on traffic, and it will cost about

(30) US dollars including everything.

Official Hotel



MÖVENPICK HOTEL AMMAN



The towering Mövenpick Hotel Amman is conveniently located on the corner of Amman's busiest street. The Mövenpick Hotel Amman is also located in the business district near government offices. The property is a -30minute drive from the exhibitions at the Amman International Fair and is a convenient base for discovering the capital's rich history. Amman city center can be reached with only a -15minute drive and is a short walk away. Within walking distance of boutique shopping and fine dining on Gardens Street and University Street, Queen Alia International Airport is a -30minute drive away.

Special rate

at the official Hotel Movenpick Amman for Mr.Universe Jordan

Book through the following Email and use the promo code

Noor.Abushaweesh@movenpick.com


promocode MRUJO

Rates for the participant

(110) USD net single with breakfast including taxes and vat

(120) USD for double occupancy with breakfast including taxes and vat
the prices are for one night

+962 65 528 822

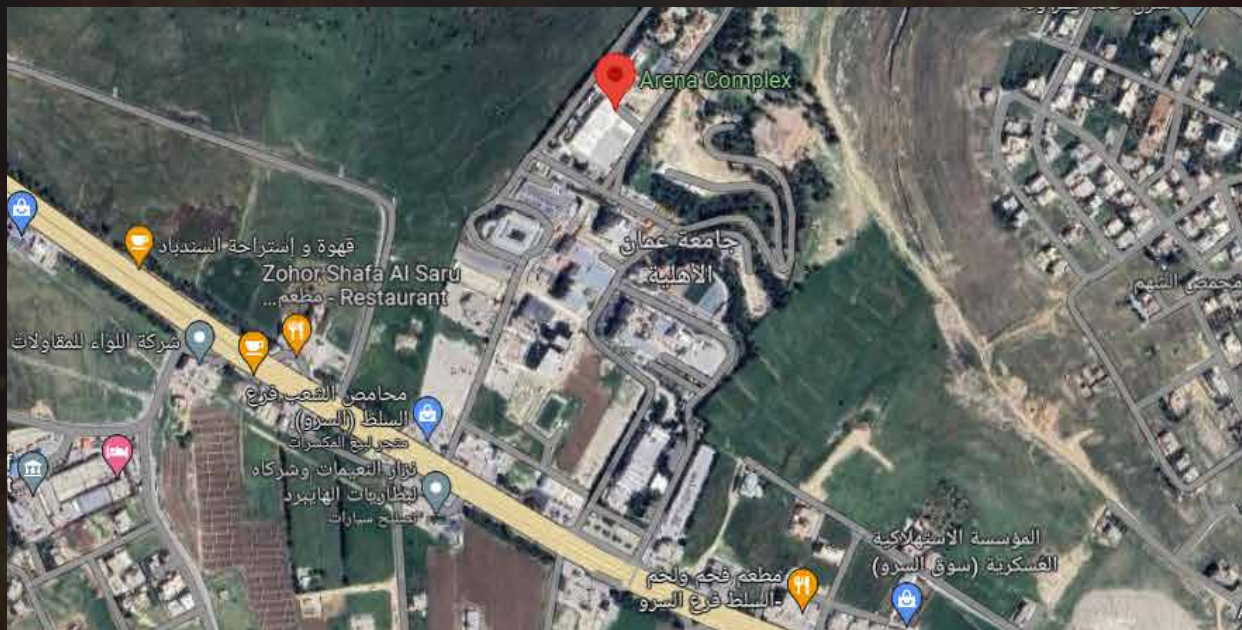
 movenpick.accor.com

Venue

Arena Complex Al-Ahliyya Amman University



Location



CATEGORIES OPEN FOR THIS COMPETITION

Bodybuilding

UP TO 65 KG
UP TO 70 KG
UP TO 75 KG
UP TO 80 KG
UP TO 85 KG
UP TO 90 KG
OVER 90 KG

JUNIOR

UP TO 75KG
OVER 75KG

MASTER

40 - 49 YRS. OLD
Over 50 YRS. OLD

Classic Bodybuilding

UP TO 168 CM
UP TO 171 CM
UP TO 175 CM
UP TO 180 CM
OVER 180 CM

JUNIOR

ONE
OPEN CATEGORY

MASTER

ONE
OPEN CATEGORY

PHYSIQUE

UP TO 170 CM
UP TO 173 CM
UP TO 176 CM
UP TO 179 CM
OVER 179 CM

JUNIOR

UP TO 174 CM
UP TO 178 CM
OVER 178 CM

MASTER

40-44 YRS. OLD
45-49 YRS. OLD
50 YRS. OLD

CLASSIC PHYSIQUE

UP TO 168 CM
UP TO 171 CM
UP TO 175 CM
UP TO 180 CM
OVER 180 CM

JUNIOR

ONE
OPEN CATEGORY

MASTER

ONE
OPEN CATEGORY

MUSCULAR PHYSIQUE

- MUSCULAR PHYSIQUE
UP TO 174 CM

- MUSCULAR PHYSIQUE
UP TO 178 CM

- MUSCULAR PHYSIQUE
OVER 178 CM

Note: Minimum number of competitors to run a category should be 3. If less than 3 athletes, categories will be combined, wherever possible.

AWARDS

- *Top six athletes in each category will be awarded with certificates*
- *Top three athletes in each category will be awarded with medals or trophies.*
- *Top 5 athletes in Men's senior categories will be awarded points to the 2023 IFBB World Ranking, according to the World Ranking Rules.*
- *Overall winners in Men's Physique, Classic Bodybuilding and Bodybuilding as well as in Classic Physique and Muscular Physique will be awarded with the IFBB Elite Pro Cards (after application through their National Federations).*

IFBB ELITE PRO CARDS



For Overall Winners

▶ Men's Bodybuilding	(02 IFBB ELITE PRO CARDS)
▶ Men's Masters Bodybuilding	(01 IFBB ELITE PRO CARDS)
▶ Men's Classic Bodybuilding	(02 IFBB ELITE PRO CARDS)
▶ Men's Classic Physique	(02 IFBB ELITE PRO CARDS)
▶ Men's Physique	(03 IFBB ELITE PRO CARDS)
▶ Men's Muscular Physique	(01 IFBB ELITE PRO CARDS)

GENERAL SCHEDULE

OFFICIAL ATHLETE REGISTRATION & WEIGH-IN DAY



MÖVENPICK HOTEL AMMAN



Thursday
06/07/2023



From
10:00 AM to 06:00 PM

All
Categories

TEAM MANAGER AND JUDGES MEETING



Thursday
06/07/2023



20:00
PM

EVENT SCHEDULE



Friday
07/07/2023



Start
At 10:00 AM

- ▶ JUNIOR CLASSIC BODYBUILDING
- ▶ MASTERS CLASSIC BODYBUILDING
- ▶ SENIOR CLASSIC BODYBUILDING
- ▶ JUNIOR BODYBUILDING
- ▶ MASTERS BODYBUILDING
- ▶ SENIOR BODYBUILDING
- ▶ Men's Body Style



Saturday
08/07/2023



Start
At 10:00 AM

- ▶ JUNIOR CLASSIC PHYSIQUE
- ▶ MASTERS CLASSIC PHYSIQUE
- ▶ SENIOR CLASSIC PHYSIQUE
- ▶ JUNIOR PHYSIQUE
- ▶ MASTERS PHYSIQUE
- ▶ MUSCULAR PHYSIQUE
- ▶ SENIOR Men's Physique



Arena Complex
Al-Ahliyya Amman University

Fitnnes Challenge SCHEDULE



**Saturday
08/07/2023**



**Start
at 11:00 AM**

**Fitnnes
Challenge**



**Arena Complex
Al-Ahliyya Amman University**

REGISTRATION

- Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid. The final decision to allow an athlete to compete in this CHAMPIONSHIPS rests with the IFBB.
- It is the **FULL OBLIGATION AND RESPONSIBILITY** of a National Federation to **MONITOR ALL THE ATHLETES** affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti- Doping Rule Violation or any Disciplinary case, to make sure these athletes **WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY** in any CHAMPIONSHIPS either at National or International level, Official or Invitational.
- All posing music must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.
- All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB international Card will have to buy one at registration IFBB Cards are EUR 35€/USD 45

REGISTRATION FEE

- The IFBB Registration Fee is USD 200\$ at <http://www.ifbb.com/competition> Coaches and helpers back stage passes are available at the athletes official registration at cost of USD 30\$
Please add your name during online payment and bring a copy of your payment confirmation during registration. The deadline date to do the online payment is JUNE 2023 , 25 (Sunday).
On Friday, June 2023 , 25 at 24:00hrs (midnight - Central European Time, UTC1+) the online payment system will be switched off. Registration payments made on the Registration day will be USD 250\$. Each athlete participating in the Championship will be provided with an accreditation card or wristband at the registration. This identification allows daily admission and should not be removed.

► **CROSSOVER (USD 100\$)**

TANNING

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes at the backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage

TANNING FEE

USD \$110

For reservations, please contact Ms. MUZAMEL RAHMAN,
info@goldeninnovations.ae

FINAL ENTRY FORMS

Contact Details:-

All entry forms and correspondence should be addressed to:

- IFBB Technical Committee, Eng. Andrew Michalak, amichalak5@gmail.com and
- IFBB Head Office in Madrid, info@ifbb.com

The deadline date for submitting the Final Entry Forms is Monday, Feb 2023, 20

ATHLETES WITHOUT DELEGATION

ATHLETES WITHOUT DELEGATION All Athletes competing at these Championships must be Members in Good Standing of their National Federations. Their National Federation must nominate all athletes by sending the Final Entry Form with their names.

JUDGES

To be taken into consideration during selection of judges panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges must bring their international Judge's Cards to the Technical Meeting.

IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of 60\$/50€ paid for the current year. This fee may also be paid at the Championships at the Technical Meeting

MEDIA ACCREDITATION

All media accreditation, except local media, shall be controlled by the IFBB. All persons wishing to obtain media accreditation for this event must register with the IFBB by completing and signing an IFBB Media Accreditation Form. Said Form must be submitted to the IFBB by email at the info@ifbb.com no later than 18th February 2022.

CAMERA/VIDEO TAPE EQUIPMENT

Camera and/or videotape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by IFBB-authorized media persons and, at the event; these devices shall be strictly prohibited in the dressing room area.

ELECTRICAL CURRENT

240/220V, 50 Hz AC. British-style 3-pin electrical plugs are used (Type G or 13A plug). More info at

<http://www.worldstandards.eu/electricity/plugs-and-sockets/>

CURRENCY & VAT

The Jordanian Dinar (JOD) is the official currency of the Hashemite Kingdom of Jordan.

USD 1.00 = JOD 0.71 (as for May 06, 2023)

EUR 1.00 = JOD 0.80 (as for May 06, 2023)

Sales Tax (16 %)

Mr. Universe Jordan Amateur

Prizes



Categories

First
place

Second
place

Third
place

Men's Body building	1000	JOD	600	JOD	400	JOD
Men's Classic Body building	1000	JOD	600	JOD	400	JOD
Men's Physique	500	JOD	300	JOD	200	JOD
Men's classic Physique	1000	JOD	600	JOD	400	JOD



**THANK
YOU**