MAIN INFORMATION

NAME OF THE CHAMPIONSHIPS: 2023 IFBB GRAND PRIX ARMENIA

CITY / COUNTRY: YEREVAN / ARMENIA

DATE: MAY 20th - 22nd, 2023

CHAMPIONSHIPS OPEN FOR: All IFBB-affiliated National Federations

IFBB ELITE PRO CARD QUALIFIER YES ⋈ NO □

IFBB ELITE PRO CARDS:

TOTAL NUMBER: 17 Elite Pro Cards

DISTRIBUTION:

- Men's Bodybuilding top 2 overall winners
- Men's Classic Bodybuilding top 2 overall winners
- Men's Classic Physique top 2 overall winners
- Men's Physique top 2 overall winners
- Muscular Men's Physique the winner
- Women's Bodyfitness top 2 overall winners
- Women's Bikini top 2 overall winners
- Women's Wellness top 2 overall winners
- Master Men's Bodybuilding the winner
- Master Men's Physique the winner

IFBB INTERNATIONAL RANKING QUALIFIER LEVEL 2 YES ⋈ NO □

DAY OF ARRIVAL: 20/05/2023

DAY OF DEPARTURES 22/05/2023

REGISTRATION DAY: 20/05/2023 TIME: 11:00-18:00 PLACE:Aquatek Hotel, 40/2

WEIGH-IN DAY: 20/05/2023 TIME: 11:00-18:00 PLACE:Aquatek Hotel, 40/2

Myasnikyan Ave., Yerevan

*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors mustalso bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.

RECOMMENDED AIRPORT: Zvartnots International Airport, Yerevan (15 km)

VISA INFORMATION: Passport holders of over 60 countries don't need visa to enter Armenia.

Detailed info at: https://www.mfa.am/en/visa/. No Covid-19 restrictions to travel to Armenia.

Check at https://www.gov.am/en/covid-travel-restrictions/

* Due to the COVID-19 restrictions, we recommend you check with the corresponding authorities of the country (Consulate, Embassy, etc.), the current regulation to avoid any inconveniences when travelling. The National Federations, athletes and officials, must adopt and strictly follow any healthy and other measures imposed, required, or recommended by the compete nt authorities with respect to the COVID-19 pandemic situation.

*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned event for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by its athletes and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

VENUE: Alga Celebration Hall, 15/13 Kochinyan St, Yerevan 0089

CATEGORIES:

MEN'S BODYBUILDING:

Up to & including 70 kg

Up to & including 80 kg Up to & including 90 kg

Over 90 kg

Elite Pro Cards for the top 2 Overall winners

WOMEN'S BODYFITNESS

MEN'S CLASSIC PHYSIQUE

Up to & included 170 cm

Up to & included 180 cm

Up to & including 168 cm

WOMEN'S WELLNESS

Up to & including 168 cm

Up to & including 164 cm

Over 168 cm

Over 180 cm

Elite Pro Cards for the top 2 Overall winners

Elite Pro Cards for the top 2 Overall winners

Elite Pro Cards for the top 2 Overall winners

MASTER BODYBUILDING >40 YEARS - OPEN

JUNIOR MEN'S PHYSIQUE 16-23 YEARS-OPEN

Elite Pro Card for the winner

MASTER MEN'S PHYSIQUE >40 YEARS-OPEN

Elite Pro Card for the winner

MEN'S PHYSIQUE

Up to & including 170 cm Up to & including 175 cm Up to & including 182 cm

Over 182 cm

Elite Pro Cards for the top 2 Overall winners

Up to & including 169 cm Over 169 cm

Over 168 cm

WOMEN'S BIKINI:

Elite Pro Cards for the top 2 Overall winners

MEN'S CLASSIC BODYBUILDING

Up to & including 168 cm Up to & including 175 cm

Over 175 cm

Elite Pro Cards for the top 2 Overall winners

MUSCULAR MEN'S PHYSIQUE - OPEN

Elite Pro Card for the winner

HOTEL INFORMATION

OFFICIAL HOTEL:

1. Aquatek Hotel, 40/2 Myasnikyan Ave., 0025,

https://www.booking.com/hotel/am/aquatek-hotel.html?lang=xu

ROOM CATEGORY

Standard Single—35000 AMD (1 EUR = 421 AMD; 1 USD = 393 AMD)

Standard Double/Twin-35000 AMD

ROOM RATES INCLUDE

- ➤ Buffet Breakfast ➤ Complimentary water in the room
- ➤ Outdoor Water World (seasonally) ➤ Indoor Aquatek (swimming pools and water slides) 08:00 22:00
- ➤ Fitness Center (Gym) ➤ Eastern Bath (Hammam) ➤ Jacuzzi ➤ Sauna ➤ Free Parking
- > Free wireless internet connection in the rooms and public areas

2. Armenian Village Park Hotel, 40/1 Myasnikyan Ave., 0025,

https://www.booking.com/hotel/am/valensia-hotel.html?lang=xu Standard Single - 32000 AMD

Standard Double/Twin - 32000 AMD

ROOM RATES INCLUDE

- ➤ Buffet Breakfast ➤ Complimentary water in the room
- ➤ Outdoor Water World (seasonally) ➤ Indoor Aquatek (swimming pools and water slides) 08:00 22:00
- ➤ Fitness Center (Gym) ➤ Eastern Bath (Hammam) ➤ Jacuzzi ➤ Sauna ➤ Free Parking
- > Free wireless internet connection in the rooms and public areas

REGISTRATION FEE:

PAYMENTS NOT LATER THAN: 10/05/2023

Each athlete and delegate paying online **NOT LATER THAN 09/05/2023** will pay the IFBB registration fee of **EUR €200**.

PAYMENTS AFTER 10/05/2023

Each athlete paying AFTER 09/05/2023 will pay the IFBB registrationfee of EUR €250.

CROSSOVERS: **EUR €100** per each of the additional categories.

*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has notyet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are EUR €40/USD \$50 per year and are mandatory.

ONLINE PAYMENT may be done by credit/debit card or PayPal at http://www.ifbb.com/competition-registration.

You can also make the Payment via Bank Transfer to the following bank account:

Beneficiary: **IFBB BANK BBVA**

ES51 0182 6127 1102 0158 4781 ACCOUNT:

SWIFT: BBVAESMMXXX

Please add your name during online payment and bring a copy of your payment confirmation to

theregistration.

*REGISTRATION DEADLINE

FINAL ENTRY FORM: 09/05/2023

Please notice that to send the FEF is MANDATORY. Any National Federation attending the event without having previously sent the FEF before the deadline will be charged with an additional **EUR €50** fee.

TO AVOID INCONVENIENCES AND DELAYS TO NATIONAL FEDERATIONS THAT PROPERLY FULFILED THE PROTOCOL, NATIONAL FEDERATIONS ARRIVING TO THE REGISTRATION AREA WITHOUT THE REQUIRED DOCUMENTS DULLY COMPLETED OR ANY PENDING PAYMENT WILL NOT HAVE ACCESS TO THE REGISTRATION DESK UNTIL THE MISSING REQUIREMENT IS COMPLETED.

IMPORTANT NOTICE

*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in

The final decision to allow an athlete to compete in this CHAMPIONSHIPS rests with the IFBB.

*It is the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any CHAMPIONSHIPS either at National or International level, Official or Invitational.

*All posing music must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB.Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

AWARDS:

Top three athletes in each category will be awarded with medals.

Top six athletes in each category will be awarded with a Certificate of Excellence and trophies. Overall winner will have a trophy.

OFFICIALS

National Federations with no competitors may send one (1) delegate who will be responsible forall his or her own expenses.

CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any CHAMPIONSHIPS, these devices shall be strictly prohibited in the dressing room area.

GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging and finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes two (2) green cards.
- Less than (5) athletes one (1) green card.

TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes at the backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

Official tanning services available at the event: YES ⊠ NO □ Yes, contact the Organizer, please. Cost: EUR €80.

CONTACT INFORMATION:

Please send Your Entry Form to: Contact:

Mr. Gevorg Hakobyan E-mail: gevanfbb@yahoo.com Please send a copy to the IFBB TechnicalCommittee:

Eng. Andrew Michalak

E-mail: amichalak5@gmail.com

Please send a copy to the IFBB Head Office:E-

mail: info@ifbb.com

Contact details for additional correspondence:

President of the Armenian Bodybuilding & Fitness Federation

Mr. **GEVORG HAKOBYAN**

E-mail: gevanfbb@yahoo.com

JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges must bring their International Judge's Cards to the Team Managers and Judges Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of EUR €50 / USD \$60 paid for the current year. This fee may also be paid at the Championships at the Team Managers and Judges Meeting.