

# 2023 PAN-AMERICAN CHAMPIONSHIPS

## MAIN INFORMATION

ORGANIZED AND PROMOTED BY MUSCLE & HEALTH

NAME OF THE EVENT: **2023 IFBB PAN-AMERICAN CHAMPIONSHIPS – MIAMI GRAND PRIX**

CITY / COUNTRY: **Miami (FL) / United States of America**

DATE: **September 08<sup>th</sup>- 09<sup>th</sup>, 2023**

Event open to: **All National Federations affiliated with the IFBB**

IFBB ELITE PRO CARD QUALIFIER YES  NO

IFBB INTERNATIONAL RANKING QUALIFIER YES  NO

DAY OF ARRIVAL: **Friday, September 8<sup>th</sup>, 2023**

DAY OF DEPARTURES: **Sunday, September 10<sup>th</sup>, 2023**

DAY OF COMPETITION: **Saturday, September 09<sup>th</sup>, 2023 – from 09:00**

REGISTRATION DAY: **SEPT. 08<sup>th</sup>, 2023**

TIME: **14:00-18:00**

PLACE:

WEIGH-IN DAY: **SEPT. 08<sup>th</sup>, 2023**

TIME: **14:00-18:00**

PLACE:

\*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.

RECOMMENDED AIRPORT: **MIAMI INTERNATIONAL AIRPORT (MIA)**

### VISA INFORMATION:

A valid passport is required to enter The United States of America. As of 2023, 40 countries are included in the Visa Waiver Program (VWP). Their nationals do not need a U.S. visa for short stays, but they are required to obtain an electronic authorization (ESTA) prior to arrival. Visitors may stay for up to 90 days in the United States, which also includes time spent in Canada, Mexico, Bermuda or the islands in the Caribbean if the arrival was through the United States. More info at: <https://travel.state.gov/content/travel/en/us-visas/tourism-visit/visa-waiver-program.html>

\*As of May 12, 2023, noncitizen nonimmigrant visitors to the U.S. arriving by air or arriving by land or sea no longer need to show proof of being fully vaccinated against COVID-19 and no longer need to show proof of a negative COVID-19 test. Detailed info at <https://www.usa.gov/covid-international-travel>.

All National Federations will be able to ask for an invitation letter to Wayne De Milia, President of IFBB Physique America. The invitation letter does not mean you are granted your Visa. Neither IFBB nor IFBB Physique America is responsible for the attendant's visas. To receive an invitation letter, the applicant should forward the following information to [wsdemilia@yahoo.com](mailto:wsdemilia@yahoo.com) and a copy to the Local Coordinator, Mr. Carlos Cortes at [carlos.cortes.fitness@gmail.com](mailto:carlos.cortes.fitness@gmail.com)

- A copy (scan) of passport.
- Staying place of the attendance (hotel, apartment, etc. address).

\* An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB

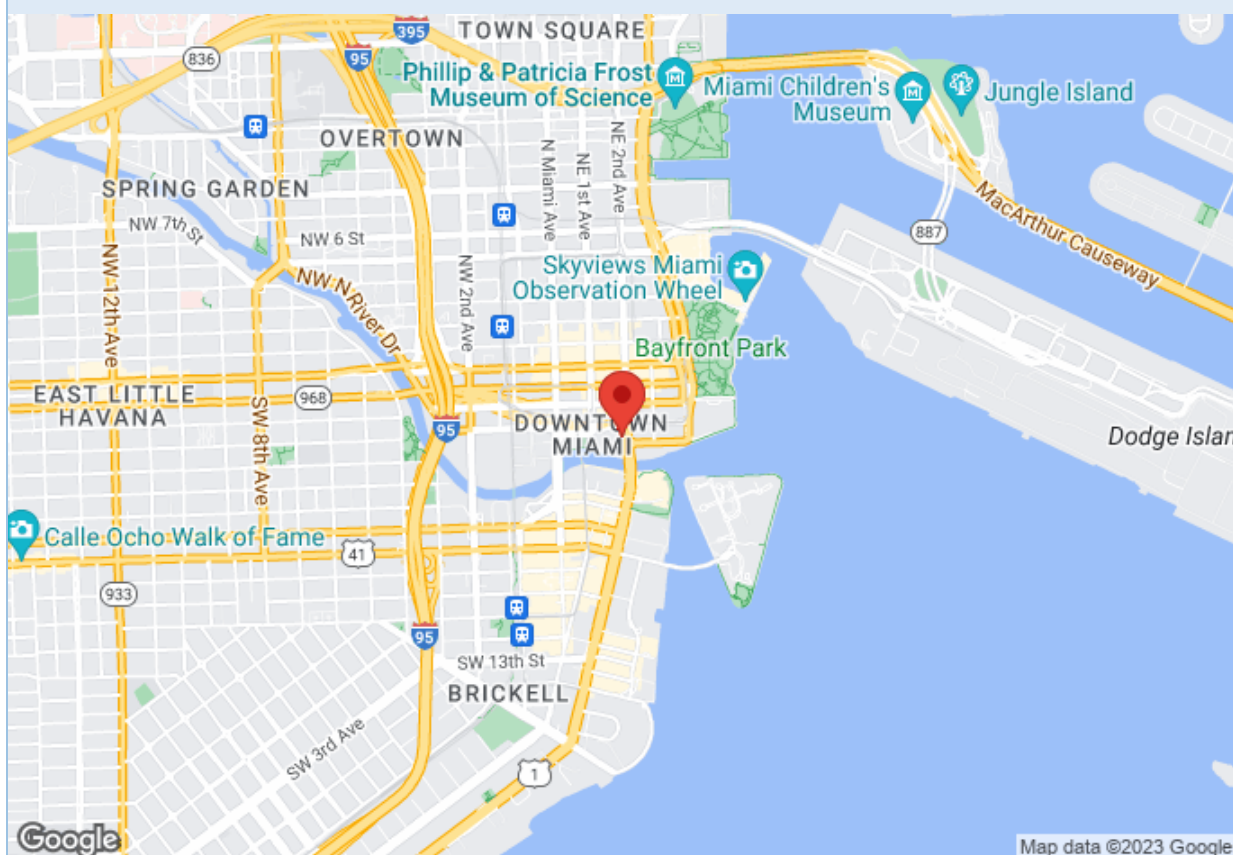
Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

**VENUE: JAMES L. KNIGHT CENTER - HYATT REGENCY MIAMI**  
**400 S, 400 SE 2nd Ave, Miami, FL 33131,USA**

## HOTEL INFORMATION

**RECOMMENDED HOTEL: HYATT REGENCY MIAMI 400 S, 400 SE 2nd Ave, Miami, FL 33131, Estados Unidos**  
**Explore Downtown Miami from our Hotel near Brickell & Bayfront Park**

Our Downtown Miami Hotel is next to one of the trendiest neighborhoods in Miami, known as Brickell. Our iconic white towers overlook the Miami River and our ideal downtown location puts you steps from the Miami Riverwalk, Bayfront Park and close to the Port of Miami and the Kaseya Center (formerly FTX Arena). For a day of shopping, our hotel is near Brickell City Centre. Or, explore Little Havana and tour the Frost Museum of Science.



## Map, Parking + Transportation

**Address** [400 South East Second Avenue Miami, Florida, United States, 33131-2197](https://www.google.com/maps/place/400+South+East+Second+Avenue,+Miami,+FL+33131)

**Phone** [+1 305 358 1234](tel:+13053581234)

**Email** [miami.regency@hyatt.com](mailto:miami.regency@hyatt.com)

## REGISTRATION FEE:

Each athlete must pay the IFBB registration fee of **USD \$200** for the competition category.

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of **USD \$50**.

**CROSSOVERS: USD \$100** per each of the additional categories.

**DEADLINE FOR ONLINE PAYMENT: August 29<sup>th</sup>, 2023, 23:59** (Central European Summer Time = UTC + 2)

\*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid.

The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

\*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

\*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are **EUR €40 / USD \$50** and are mandatory.

\*All posing music must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

## CATEGORIES:

- ▶ **Men's Bodybuilding: -70, -80, -90, +90 kg**
- ▶ **Masters Men's Bodybuilding >40 years: open**
- ▶ **Men's Physique: 170, -176, -182, +182 cm**
- ▶ **Masters Men's Physique > 40 years: open**
- ▶ **Men's Classic Bodybuilding: -171, -180, +180 cm**
- ▶ **Men's Classic Physique: -171, -180, +180 cm**
- ▶ **Muscular Men's Physique: Open**
- ▶ **Men's Wheelchair Bodybuilding : Open**

- ▶ **Women's Bikini: -160, -164, -168, +168 cm**
- ▶ **Masters Woman's Bikini >35 years: open**
- ▶ **Women's Bodyfitness: -163, +163 cm**
- ▶ **Women's Wellness: -160, -166, +166 cm**
- ▶ **Women's Physique: open**
- ▶ **Women's Fit-Model: open**
- ▶ **Women's Acrobatic Fitness: open**

- ▶ **Possible Crossovers:**
- ▶ **Classic Bodybuilding - Classic Physique - Bodybuilding - Masters Bodybuilding**
- ▶ **Bikini - Fit-Model - Masters Bikini**
- ▶ **Wellness - Fit-Model**
- ▶ **Men's Physique - Masters Men's Physique**

## AWARDS:

Top six athletes in each category will be awarded with a [Certificate of Excellence](#) and [medals](#).  
Overall winner will have a [trophy](#).

## IFBB ELITE PRO CARDS:

Total: **23 PRO CARDS**

DISTRIBUTION :

- ▶ **Men's Bodybuilding – Top 3 overall winners**
- ▶ **Men's Classic Bodybuilding – Top 3 overall winners**
- ▶ **Men's Classic Physique – Top 3 overall winners**
- ▶ **Men's Physique – Top 3 overall winners**
- ▶ **Muscular Men's Physique – Category winner**
- ▶ **Women's Bodyfitness – Top 2 overall winners**
- ▶ **Women's Wellness – Top 3 overall winners**
- ▶ **Woman's Bikini – Top 3 overall winners**
- ▶ **Master Woman's Bikini – Category winner - Master PRO Card**
- ▶ **Master Men's Bodybuilding – Category winner - Master PRO Card**

## \*REGISTRATION DEADLINE

PRELIMINAR ENTRY FORM: NO  
FINAL ENTRY FORM: **August 28<sup>th</sup>, 2023**

## CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

## GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the Team Managers & Judges Meetings as follows:

- Price per Green Cards for coaches: **USD \$50.**

## TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

## CONTACT INFORMATION:

Please send Your Entry Form to:  
Mr. Carlos Cortes  
E-mail: [carlos.cortes.fitness@gmail.com](mailto:carlos.cortes.fitness@gmail.com)

Please send a copy to IFBB Technical Committee:  
Eng. Andrew Michalak  
E-mail: [amichalak5@gmail.com](mailto:amichalak5@gmail.com)

Please send a copy to IFBB Head Office:  
Ms. Daria  
E-mail: [contact@ifbb.com](mailto:contact@ifbb.com)

Contact details for additional correspondence:  
Mr. Wayne DeMilia  
President of Physique America  
E-mail: [wsdemilia@yahoo.com](mailto:wsdemilia@yahoo.com)

## JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: [pawelfilleborn@gmail.com](mailto:pawelfilleborn@gmail.com)

All international judges must bring their International Judge's Cards to the Team Managers & Judged Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of **EUR €50/USD \$60** paid for the current year. This fee may also be paid at the EVENT at the Team Managers & Judged Meeting.