# TENTATIVE 2023 WORLD CHAMPIONSHIPS RUNNING ORDER (SHORT VERSION)

#### TUESDAY, OCTOBER 31st, 2023

10:00 – 20:00	Continuous Official Athlete Registration	Don Angel Hotel
17:30 – 18:30	Team Managers & Judges Meeting	Weigh-in area
19:30 – 22:00	IFBB ANNUAL CONGRESS	Parc Colomer
22:00 - 23:00	Dinner for the Congress participants	Center Civic Santa Susanna

## WEDNESDAY, NOVEMBER 01st, 2023

#### 09:00 - ONE CONTINUOUS SESSION

- Junior Women Artistic Fitness Semifinals Rounds 1 + 2
- Junior Women Acrobatic Fitness Semifinals Rounds 1 + 2
- Junior Men Fitness Semifinals Rounds 1 + 2
- Games Classic Bodybuilding Semifinals & Finals: juniors + seniors + masters
- Women Acrobatic Fitness Semifinals: Rounds 1 + 2
- Men Fitness Semifinals: Rounds 1 + 2
- Men's Physique Semifinals & Finals: sub juniors + juniors + seniors + masters
- Men Fit-Model Semifinals & Finals
- Women Artistic Fitness Semifinals Rounds 1 + 2

## THURSDAY, NOVEMBER 02nd, 2023

#### 09:00 - ONE CONTINUOUS SESSION

- Junior Women Artistic Fitness Finals Rounds 3 + 4
- Junior Women Acrobatic Fitness Finals Rounds 3 + 4
- Junior Men Fitness Finals Rounds 3 + 4
- Women Bikini Semifinals & Finals: juniors + seniors + masters
- Fit-Pairs
- Women Acrobatic Fitness Finals: Rounds 3 + 4
- Men Fitness Finals: Rounds 3 + 4
- Muscular Men's Physique Semifinals & Finals
- Women Artistic Fitness Finals Rounds 3 + 4



## FRIDAY, NOVEMBER 03rd, 2023

09:00 - ONE CONTINUOUS SESSION

- Men Wheelchair Bodybuilding
- Women Bodyfitness Semifinals & Finals: Juniors + Seniors + Masters
- Master Men Bodybuilding 50-54 Years: Semifinals & Finals
- Master Men Bodybuilding 50-59 Years: Semifinals & Finals
- Master Men Bodybuilding >60 Years: Semifinals & Finals
- Master Men Bodybuilding 40-44 Years: Semifinals & Finals
- Master Men Bodybuilding 45-49 Years: Semifinals & Finals
- Men Classic Bodybuilding Semifinals & Finals: Juniors + Seniors + Masters

## SATURDAY, NOVEMBER 04th, 2023

09:00 - ONE CONTINUOUS SESSION

- Women Fit-Model Semifinals & Finals: Seniors + Masters
- OPENING CEREMONY
- Junior Men Bodybuilding: Semifinals & Finals
- Men Bodybuilding Semifinals & Finals: Seniors
- Mixed-Pairs
- Women's Physique Semifinals & Finals: Seniors + Masters

#### SUNDAY, NOVEMBER 05th, 2023

09:00 - ONE CONTINUOUS SESSION

- Women Wellness Semifinals & Finals: Juniors + Seniors + Masters
- Men Classic Physique Semifinals & Finals: Juniors + Seniors + Masters

