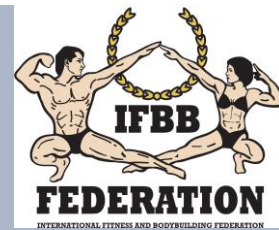




## 2023 IFBB European Children's Fitness Championships



### MAIN INFORMATION

NAME OF THE EVENT: **2023 IFBB European Children's Fitness Championships**

CITY / COUNTRY: **Bratislava / Slovakia**

DATE: **November 17<sup>th</sup> – 20<sup>th</sup>, 2023.**

EVENT OPEN FOR: **IFBB-affiliated National Federations from Europe.**

IFBB ELITE PRO CARD QUALIFIER **NO**

IFBB INTERNATIONAL RANKING QUALIFIER **NO**

DAY OF ARRIVAL: **17/11/2023**

DAY OF DEPARTURES: **20/11/2023**

REGISTRATION DAY: **17/11/2023**

TIME: **12:00-16:00**

PLACE: **Hotel Nivy, Liscie Nivy 442, Bratislava**

WEIGHT-IN DAY:

PLACE:

\*All Athletes must wear their posing attire during the weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning that can be wiped off is not allowed.

RECOMMENDED AIRPORTS: **Bratislava's Airport M.R. Stefanika, Vienna's International Airport Schwechat**

**VISA INFORMATION:** It is the National Federation's responsibility to obtain an entry visa for the country organizing the championship. EU citizens and citizens of over 60 countries don't need visas to enter the Slovak Republic for up to 90 days. Detailed information can be found at: <https://www.schengenvisainfo.com/slovakia/visa/>. All National Federations could ask for an Invitation Letter either to the Championship Organizer or IFBB. The invitation letter does not mean you are granted your visa. IFBB and Championship organizers are not responsible for attendant visas.

\*There are no longer any coronavirus restrictions for entry into the Slovak Republic.

\*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who requests and receives an invitation from the IFBB Head Office or the Organizing Committee of an IFBB-sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully controlling the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

VENUE: **Sport Hall, Junacka 3494/8, 831 01 Bratislava, Slovakia**

#### HOTEL INFORMATION

RECOMMENDED HOTEL: **Hotel Nivy, Liscie Nivy 442, 821 08 Bratislava, Slovakia**

## REGISTRATION FEE:

Each athlete and official delegate must pay the IFBB registration fee of **EUR €200** in double room or **EUR €300** in a single room.

Each Extra Delegate must pay the IFBB registration fee of **EUR €250** in double room or **EUR €350** in a single room.

Registration fees for all participants (athletes, delegates and extra delegates) have to be paid **in cash at the Registration on November 17<sup>th</sup>, 2023.**

\*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid.

The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

\*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti- Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

\*All athletes will have to present their Passports at the Registration.

\*All posing music must be on CD or USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

## CATEGORIES:

### **FITNESS BOYS:**

- Class A: age up to & incl. 7 years
- Class B: 8 – 9 years of age
- Class C: 10 – 11 years of age
- Class D: 12 – 13 years of age
- Class E: 14 – 15 years of age

### **FITNESS GIRLS:**

- Class A: age up to & incl. 7 years
- Class B: 8 years of age
- Class C: 9 years of age
- Class D: 10 years of age
- Class E: 11 years of age
- Class F: 12 years of age
- Class G: 13 years of age
- Class H: 14 years of age
- Class I: 15 years of age

### **FITNESS AGILITY GIRLS**

- Girls up to 8 years
- Girls from 9 to 10 years
- Girls from 11 to 12 years

### **FITNESS AGILITY BOYS**

- Boys up to 8 years
- Boys from 9 to 10 years
- Boys from 11 to 12 years

### **FITNESS CHALLENGE MINI (Girls and Boys)**

- 6-10 years of age

### **FITNESS CHALLENGE GIRLS**

- Class A: 11-13 years of age
- Class B: 14-15 years of age

### **FITNESS CHALLENGE BOYS**

- Class A 11-13 years of age
- Class B 14-15 years of age

### **CHILDREN FITNESS TEAMS**

## AWARDS:

The top three athletes in each category will be awarded with **medals**.

The top six athletes in each category will be awarded with a **Certificate of Excellence** and **trophies**.

## \*REGISTRATION DEADLINE

PRELIMINARY ENTRY FORM: **16/10/2023**

FINAL ENTRY FORM: **6/11/2023**

## CAMERA/VIDEOTAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

## GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the judges/team managers meetings as follows:

- Three (3) or more athletes – two (2) green cards.
- Less than (3) athletes – one (1) green card.

## CONTACT INFORMATION:

Please send Your Entry Form to:

**Slovak Federation**

**Ms. Lenka Harvanova**

E-mail: [safkst@gmail.com](mailto:safkst@gmail.com)

Please send a copy to the IFBB Technical Committee:

Eng. Andrew Michalak

E-mail: [amichalak5@gmail.com](mailto:amichalak5@gmail.com)

Please send a copy to IFBB Head Office:

Ms. Daria

E-mail: [contact@ifbb.com](mailto:contact@ifbb.com)

Contact details for additional correspondence:

**Mr. Boris Mlsna**

**Slovak Federation President**

E-mail: [boris.mlsna@gmail.com](mailto:boris.mlsna@gmail.com)

## JUDGES

To be taken into consideration during the selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under the address: [pawelfilleborn@gmail.com](mailto:pawelfilleborn@gmail.com)

All international judges must bring their International Judge's Cards to the Team Managers & Judges Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of EUR €50/USD \$60 paid for the current year. This fee may also be paid at the EVENT at the Team Managers & Judges Meeting.