



# 2023 IFBB GRAND PRIX PEPA OPAVA

## MAIN INFORMATION



NAME OF THE EVENT: **2023 IFBB GRAND PRIX PEPA**

CITY / COUNTRY: **OPAVA / CZECH REPUBLIC**

DATE: **20-22/10/2023**

EVENT OPEN FOR: **All IFBB-affiliated National Federations**

IFBB ELITE PRO CARD QUALIFIER YES  NO

IFBB INTERNATIONAL RANKING QUALIFIER LEVEL 2 YES  NO

DAY OF ARRIVAL **20/10/2023**

DAY OF DEPARTURES **22/10/2023**

|                                     |                            |  |
|-------------------------------------|----------------------------|--|
| REGISTRATION DAY: <b>20/10/2023</b> | TIME: <b>15:00 – 18:00</b> | PLACE: <b>Fitness PEPA, OC BREDA Shopping Center, 49/10 U Fortny Str, Opava, 74601</b> |
|-------------------------------------|----------------------------|--|

|                                 |                            |  |
|---------------------------------|----------------------------|--|
| WEIGH-IN DAY: <b>20/10/2023</b> | TIME: <b>15:00 – 18:00</b> | PLACE: <b>Fitness PEPA, OC BREDA, Opava, 74601</b> |
|---------------------------------|----------------------------|--|

\*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.

RECOMMENDED AIRPORT: **Leos Janacek Airport Ostrava**

VISA INFORMATION: It is National Federations responsibility to obtain an entry visa for the country organizing the championship. EU citizens and citizens of over 60 countries don't need visa to enter the Czech Republic for up to 90 days. Detailed information can be found at:  
[www.schengenvisa.info/czech-republic-visa/](http://www.schengenvisa.info/czech-republic-visa/)

All National Federations could ask for an Invitation Letter either to the Championship Organizer or IFBB. The invitation letter does not mean you are granted your visa. IFBB and Championship organizers are not responsible for attendant visas.

\* There are no longer any coronavirus restrictions for entry into the Czech Republic.

\*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

**VENUE: Slezske Divadlo (Silesian Theater), 13 Horni namesti Str., Opava**

## HOTEL INFORMATION

**RECOMMENDED HOTEL: Hotel Koruna, 17, nám. Republiky 450, 746 01 Opava**

## REGISTRATION FEE:

Each **senior athlete** must pay the IFBB registration fee of **EUR €150**.  
**Juniors and Masters** pay **EUR €60** per person.

These fees are payable to the Organizing Committee upon arrival to Opava.

**CROSSEOVERS: EUR €30** per each of the additional categories.

\*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid.

The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

\*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti- Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

\*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are **EUR €40 €/USD \$50** and are mandatory.

\*All posing music must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

## CATEGORIES:

### JUNIOR MEN'S BODYBUILDING 16-23 YEARS

- 1 open category

#### MEN'S BODYBUILDING:

Up to & incl. 80 kg

Up to & incl. 90 kg

Over 90 kg

**OVERALL: Elite Pro Cards for the top 2**

### MASTER MEN'S BODYBUILDING 40-49 YEARS

- 1 open category

### MASTER MEN'S BODYBUILDING OVER 50 YEARS

- 1 open category

#### MEN'S CLASSIC BODYBUILDING\*

Up to & incl. 175 cm

Over 175 cm

**OVERALL: Elite Pro Card for the winner**

### MASTER MEN'S CLASSIC BODYBUILDING OVER 40 YEARS - 1 open category

### JUNIOR MEN'S PHYSIQUE 16-23 YEARS

- 1 open category

#### MEN'S PHYSIQUE:

Up to & incl. 173 cm

Up to & incl. 179 cm

Over 179 cm

**OVERALL: Elite Pro Card for the winner**

### MASTER MEN'S PHYSIQUE OVER 40 YEARS

- 1 open category

### MEN'S CLASSIC PHYSIQUE

- 1 open category

**Elite Pro Card for the winner**

### MUSCULAR MEN'S PHYSIQUE

- 1 open category

### WOMEN'S BODYFITNESS

- 1 open category

**Elite Pro Card for the winner**

### JUNIOR BIKINI 16-23 YEARS

- 1 open category

#### WOMEN'S BIKINI:

Up to & including 166 cm

Up to & including 172 cm

Over 172 cm

**Elite Pro Card for the winner**

### MASTER BIKINI OVER 35 YEARS

- 1 open category

### WOMEN'S PHYSIQUE

- 1 open category

### WOMEN'S WELNESS

- 1 open category

**Elite Pro Card for the winner**

## AWARDS:

Top three athletes in each category will be awarded with [medals](#). Top six athletes in each category will be awarded with a [Certificate of Excellence](#) and [trophies](#). Overall winner will have a [trophy](#).

## IFBB ELITE PRO CARDS:

**TOTAL: 8**

DISTRIBUTION:

**Men's Bodybuilding – top 2 in the Overall**

**Men's Physique – the Overall winner**

**Men's Classic Bodybuilding – the Overall winner**

**Men's Classic Physique – the category winner**

**Women's Bikini – the Overall winner**

**Women's Bodyfitness – the category winner**

**Women's Wellness – the category winner**

## \*REGISTRATION DEADLINE

PRELIMINARY ENTRY FORM: **No**

FINAL ENTRY FORM: **16/10/2023**

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

## GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the judges/team managers meetings as follows:

1 card for a coach and/or accompanying person will cost **EUR €20**.

## TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

PROFESSIONAL TANNING SERVICE: **YES**  **NO**

Contact: **Team Pro Tan Czech**

E-mail: [info@protanczech.cz](mailto:info@protanczech.cz)

Phone: **+420 704 596 504**

## CONTACT INFORMATION:

Please send your Entry Form to:  
**Mr. Stanislav Pesat**  
E-mail: [stanislav.pesat@gmail.com](mailto:stanislav.pesat@gmail.com)

Please send a copy to the IFBB Technical Committee:  
Eng. Andrew Michalak  
E-mail: [amichalak5@gmail.com](mailto:amichalak5@gmail.com)

Please send a copy to the IFBB Head Office:  
E-mail: [contact@ifbb.com](mailto:contact@ifbb.com)

Contact details for additional correspondence:  
President of the **Czech Federation of Bodybuilding and Fitness**,  
**Mr. Roman Hajabac**  
E-mail: [hajabacroman@seznam.cz](mailto:hajabacroman@seznam.cz)

## JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: [pawelfilleborn@gmail.com](mailto:pawelfilleborn@gmail.com)

All international judges must bring their International Judge's Cards to the Team Managers and Judges Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of **EUR €50 / USD \$60** paid for the current year. This fee may also be paid at the EVENT at the Team Managers and Judges Meeting.

## TENTATIVE SCHEDULE

### FRIDAY, OCTOBER 20<sup>th</sup>, 2023

15:00 – 18:00 - Athlete REGISTRATION (weigh-in) in the Fitness PEPA Breda and Weinstein Center

18:00 – Team Managers and Judges Meeting.

18:00 – GP PEPA IFBB ELITE PRO Meeting

### SATURDAY, OCTOBER 21<sup>st</sup>, 2023

09:00 – 15:00 GP PEPA Opava Semifinals - Silesian Theater

16:00 – 20:00 GP PEPA Opava Finals and IFBB ELITE PRO PEPA - Silesian Theater

21:00 "Winners' Evening" – Farewell Banquet for the winners, honorable guests