

| 2023 CALENDAR OF EVENTS 15/09/2023 | | |
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| DATE | CHAMPIONSHIPS | PLACE |
| JANUARY | | |
| | IFBB IS A SAFE PLACE FOR WOMEN TO COMPETE | |
| FEBRUARY | | |
| 15-19 FEBRUARY | MR UNIVERSE IRAN | Ramsar, Iran |
| MARCH | | |
| 3-5 MARCH | AJMAN INTERNATIONAL BODYBUILDING COMPETITION | Ajman |
| 16-19 MARCH | IFBB WEST AFRICAN CHAMPIONSHIPS | Accra, Ghana |
| 17-18 MARCH | IFBB DUBAI MUSCLE BEACH | Dubai |
| APRIL | | |
| 31-2 APRIL | MR & MRS AMERICA | Lima |
| 31-2 APRIL | DIAMOND CUP SERBIA | Cacak, Serbia |
| 1 APRIL | SPORT FITNESS GAMES LIECHTENSTEIN | Liechtenstein |
| 1-2 APRIL | SIBERIAN POWER SHOW | Krasnoyarsk, Russia |
| 15-17 APRIL | EUROPEAN CUP ALBANIA | Albania |
| 14-15 APRIL | IFBB WORLD FIT MODEL CUP | Riga, Latvia |
| 14-15 APRIL | NORWAY CLASSIC (NON PRO QUALIFIER, NON RANKING QUALIFIER) | Norway |
| 21-23 APRIL | IFBB BALKAN CHAMPIONSHIPS | Skopje, Republic of North Macedonia |
| 21-23 APRIL | IFBB HERCULES GRAND PRIX | Skopje, Republic of North Macedonia |
| 23 APRIL | IFBB AUSTRIAN TROPHY OPEN (NON PRO QUALIFIER, NON RANKING QUALIFIER) | Hallein, Salzburg |
| 27-30 APRIL | EURASIAN OPEN CHAMPIONSHIP | Kazakhstan |
| 28-30 APRIL | IFBB EUROPEAN UNIVERSITY CHAMPIONSHIPS | Sibiu, Romania |
| 28-29 APRIL | DIAMOND CUP CZECHIA | Czech Republic |
| 29-30 APRIL | NORDIC CUP SWEEDEN (NON PRO QUALIFIER, NON RANKING QUALIFIER) | Vasteras, Sweeden |
| MAY | | |
| 3-8 MAY | EUROPEAN CHAMPIONSHIPS | Spain |
| 6-7 MAY | IFBB MERCOSUR CUP | Mendoza, Argentina |
| 13-14 MAY | DIAMOND CUP MALTA | Malta |
| 19-21 MAY | ARNOLD CLASSIC AFRICA | Johannesburg |
| 19-20 MAY | MR UNIVERSE PRAGUE | Prague |
| 19-21 MAY | IFBB GRAND PRIX ARMENIA | Yerevan |
| 26-29 MAY | MR UNIVERSE LEBANON | Beirut |
| 26-28 MAY | CAMPEONATO CENTROAMERICANO | El Salvador |
| 26-27 MAY | SIXTH OPEN BALKAN CUP | Knjasevac, Serbia |
| JUNE | | |
| 1-4 JUNE | IFBB ROGER BOYCE CLASSIC Am/Pro | Barbados |
| 4 JUNE | DIAMOND CUP HUNGARY & FIT MODEL AND BIKINI EUROPEAN CUP | Budapest |
| 16-19 JUNE | IFBB WORLD CHAMPIONSHIPS IN CHILDREN FITNESS | Cacak, Serbia |
| JULY | | |
| 1-2 JULY | IFBB MR UNIVERSE ITALY | Rome |
| 6-9 JULY | IFBB GRAND PRIX PHILIPPINES | Philippines |
| 6-9 JULY | IFBB MISTER UNIVERSE JORDAN | Amman, Jordan |
| AUGUST | | |
| 4-6 AUGUST | IFBB MISTER UNIVERSE SYRIA | Syria |
| 17-19 AUGUST | IFBB MISTER UNIVERSE BRAZIL | San Pablo, Brazil |
| 18-19 AUGUST | IFBB WEST ASIAN CHAMPIONSHIPS | Bahrain |
| 25-27 AUGUST | IFBB ASIAN CHAMPIONSHIPS | Beirut, Lebanon |

| SEPTEMBER | | |
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| 1-3 SEPTEMBER | IFBB ROMANIAN GRAND PRIX | Sibiu, Romania |
| 2-3 SEPTEMBER | IFBB NOCHE DE CAMPEONES | Asuncion, Paraguay |
| 8-10 SEPTEMBER | CAMPEONATO PANAMERICANO - IFBB MIAMI GRAND PRIX | Miami, USA |
| 15-17 SEPTEMBER | IFBB MR UNIVERSE MONTENEGRO | Tivat, Montenegro |
| 15-17 SEPTEMBER | IFBB EAST ASIAN BODYBUILDING & FITNESS CHAMPIONSHIPS | Jeju Island, Korea |
| 16-17 SEPTEMBER | IFBB CLASSIC PHYSIQUE OF AMERICA CUP | Quito, Ecuador |
| 21-25 SEPTEMBER | IFBB CENTRAL AMERICAN AND CARIBBEAN CHAMPIONSHIPS | Aruba |
| 23-24 SEPTEMBER | IFBB VALIO PROFEEL CUP (NO PROQUALIFIER, NON RANKING) | Tallinn, Estonia |
| 24 SEPTEMBER | IFBB GRAND PRIX MALTA | Malta |
| 28 SEPTEMBER | IFBB MR UNIVERSE SAUDI ARABIA | Saudi Arabia |
| 30 SEPTEMBER | IFBB INTERNATIONAL CUP RIGA PEARL | Riga, Latvia |
| 29-1 SEPTEMBER | IFBB DIAMOND CUP PRAGUE | Prague |
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| OCTOBER | | |
| 6-8 OCTOBER | IFBB DIAMOND CUP LUXEMBOURG | Luxemburg |
| 5-7 OCTOBER | IFBB MR AND MS WORLD | Fujairah, UAE |
| 7 OCTOBER | IFBB EUROPEAN CUP FITNESS CHALLENGE (SPEED FIT) 2023 | Timisoara, Romania |
| 7-8 OCTOBER | IFBB NORDIC CUP FINLAND (NO PRO QUALIFIER, NON RANKING QUALIFIER) | Lahti, Finland |
| 7-9 OCTOBER | IFBB NORTH AMERICAN CHAMPIONSHIPS | Mexico |
| 13-15 OCTOBER | IFBB ARNOLD SPORTS FESTIVAL EUROPE | Madrid, Spain |
| 15 OCTOBER | IFBB MR UNIVERSE AUSTRALIA | Perth, Australia |
| 19-22 OCTOBER | IFBB MR UNIVERSE NIGERIA | Lagos, Nigeria |
| 20-21 OCTOBER | IFBB DIAMOND CUP SKOPJE | Skopje |
| 19-21 OCTOBER | IFBB GULF CHAMPIONSHIPS (NO PRO QUALIFIER, NON RANKING QUALIFIER) | Kingdom of Bahrain |
| 19-21 OCTOBER | IFBB MR UNIVERSE CANARIAS | Canarias |
| 20-22 OCTOBER | IFBB MR UNIVERSE INDIA | India |
| 21-23 OCTOBER | IFBB WORLD FIT MODEL CHAMPIONSHIP | Lithuania |
| 21 OCTOBER | IFBB 45 GRAND PRIX PEPA | Opava, Czech Republic |
| 21 OCTOBER | IFBB MS UNIVERSE AUSTRALIA | Sydney, Australia |
| 22 OCTOBER | IFBB SEYCHELLES GRAND PRIX | Mahe, Seychelles |
| 27-30 OCTOBER | IFBB WORLD FITNESS CHALLENGE CHAMPIONSHIP & IFBB WORLD CUP | Kyrgyzstan |
| 28-29 OCTOBER | IFBB SANTIAGO GRAND PRIX | Santiago, Chile |
| 31 OCTOBER- 2 NOVEMBER | IFBB CENTRAL ASIAN CHAMPIONSHIPS | Uzbekistan |
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| NOVEMBER | | |
| 31 OCTOBER - 6 NOVEMBER | IFBB WORLD FITNESS & BODYBUILDING CHAMPIONSHIP(MEN & WOMEN JUNIOR, SENIOR AN | Santa Susanna |
| 3-5 NOVEMBER | IFBB ABU DHABI SPORTS FITNESS EXPO | Abu Dhabi, UAE |
| 9-12 NOVEMBER | IFBB 48 CAMPEONATO SUDAMERICANO | Lima, Peru |
| 10-11 NOVEMBER | IFBB DIAMOND CUP CANCUN | Cancun, Mexico |
| 11-12 NOVEMBER | IFBB MEDITERRANEAN CHAMPIONSHIPS | Malta |
| 17-18 NOVEMBER | IFBB DIAMOND CUP LUSOFONIA | Portugal |
| 17-19 NOVEMBER | IFBB MR UNIVERSE COLOMBIA | Cali |
| 17-20 NOVEMBER | IFBB ARAB CHAMPIONSHIPS | Egypt |
| 17-20 NOVEMBER | IFBB EUROPEAN CHILDREN'S FITNESS CHAMPIONSHIPS | Bratislava, Slovakia |
| 24-26 NOVEMBER | IFBB DUBAI MUSCLE SHOW | Dubai, UAE |
| 24-26 NOVEMBER | IFBB MR UNIVERSE ARGENTINA | Buenos Aires |
| 24-26 NOVEMBER | IFBB PRESIDENT SANTONJA CHAMPIONSHIPS | Alida, Turkey |
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| DECEMBER | | |
| 1-2 DECEMBER | IFBB BFC CUP FITNESS SHOW | Czech Republic |
| 2-3 DECEMBER | IFBB DIAMOND CUP ROMA | Roma |

