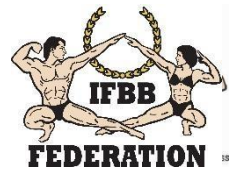




# IFBB AJMAN INTERNATIONAL BODYBUILDING COMPETITION



## MAIN INFORMATION

**NAME OF THE CHAMPIONSHIPS:** Ajman International Bodybuilding Competition.

**CITY / COUNTRY:** Ajman / United Arab Emirates

**DATE:** February 09 - 12, 2024

**CHAMPIONSHIPS OPEN FOR:** All IFBB-affiliated National Federations worldwide.

**IFBB ELITE PRO CARD QUALIFIER** YES  NO

### IFBB ELITE PRO CARDS:

**15 IFBB ELITE PRO CARDS FOR THE TOP OVERALL WINNERS .**

**DISTRIBUTION Men's Bodybuilding - 3 Pro Cards, Masters Bodybuilding - 1 Pro Card, Men's Classic Bodybuilding - 3 Pro Cards, Men's Physique - 3 Pro Cards , Men's Classic Physique - 3 Pro Cards, Muscular Men's Physique - 2 Pro Card .**

**IFBB INTERNATIONAL RANKING QUALIFIER LEVEL 2** YES  NO

**DAY OF ARRIVAL** 09/02/2024

**DAY OF DEPARTURES** 12/02/2024

<b>REGISTRATION DAY:</b> 09/02/2024	<b>TIME:</b> 13:00 - 19:00	<b>PLACE:</b> Police Sports & Shooting club . Al Jerf Industrial 3 - Ajman - UAE
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<b>WEIGH-IN DAY:</b> 09/02/2024	<b>TIME:</b> 13:00 - 19:00	<b>PLACE:</b> Police Sports & Shooting club. Al Jerf Industrial 3 - Ajman - UAE
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\*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.

**RECOMMENDED AIRPORT:** Sharjah International Airport(SHJ) and Dubai International Airport(DXB)

### VISA INFORMATION:

<https://u.ae/en/information-and-services/visa-and-emirates-id/do-you-need-an-entry-permit-or-a-visa-to-enter-the-uae>

\*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned event for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by its athletes and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

**VENUE:** Police Sports & Shooting club

### CATEGORIES:

#### SENIORS MEN'S CATEGORIES

- MEN'S BODYBUILDING UP TO 70 KG
- MEN'S BODYBUILDING UP TO 75 KG
- MEN'S BODYBUILDING UP TO 80 KG
- MEN'S BODYBUILDING UP TO 85 KG
- MEN'S BODYBUILDING UP TO 90 KG
- MEN'S BODYBUILDING UP TO 95 KG
- MEN'S BODYBUILDING OVER 95 KG
- MEN'S BODYBUILDING OVERALL

**Bodybuilding, classic bodybuilding, physique and classic physique overall winners will receive:**  
**1st place 5000 AED**  
**2nd place 3000 AED**  
**3rd place 2000 AED**

- **Junior:**
- **One open category**
- **Master:**
- **One open category**

### **Classic Bodybuilding**

- **Senior:**
- **MEN'S CLASSIC BODYBUILDING UP TO 170 CM**
- **MEN'S CLASSIC BODYBUILDING UP TO 175 CM**
- **MEN'S CLASSIC BODYBUILDING OVER 175 CM**

### **- MEN'S PHYSIQUE**

- **Senior:**
- **MEN'S PHYSIQUE UP TO 170 CM**
- **MEN'S PHYSIQUE UP TO 174 CM**
- **MEN'S PHYSIQUE UP TO 178 CM**
- **MEN'S PHYSIQUE OVER 178 CM**

- **Junior:**
- **One open category**
- **Master**
- **One open category**

### **- CLASSIC PHYSIQUE**

- **Senior**
- **MEN CLASSIC PHYSIQUE UP TO 170 CM**
- **MEN CLASSIC PHYSIQUE UP TO 174 CM**
- **MEN CLASSIC PHYSIQUE UP TO 178 CM**
- **MEN CLASSIC PHYSIQUE OVER 178 CM**

- **Junior**
- **JUNIOR MEN'S CLASSIC PHYSIQUE - OPEN**
- **Master**
- **MASTER CLASSIC PHYSIQUE- OPEN CATEGORY**

- **MUSCULAR MEN'S PHYSIQUE**
- **MUSCULAR MEN'S PHYSIQUE - UP TO 175 CM**
- **MUSCULAR MEN'S PHYSIQUE - OVER 175 CM**

## **HOTEL INFORMATION**

**OFFICIAL HOTEL:** Zoya health & wellbeing resort, Ramada hotel & suites by Wyndham.

## REGISTRATION FEE:

### PAYMENTS NOT LATER THAN: **31/01/2024**

Each athlete and delegate paying online **NOT LATER THAN 31/01/2024** will pay the IFBB registration fee of **300 \$ (US Dollars)**

### PAYMENTS AFTER **31/01/2024**

Each athlete and Delegate or Extra Delegate paying **AFTER 31/01/2024** will pay the IFBB registration fee of **350 \$ (US Dollars)**

### CROSSOVERS: **100 \$ (US Dollars)**

\*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are EUR €45 / USD \$50.

**ONLINE PAYMENT** may be done by credit/debit card PayPal at

<http://www.ifbb.com/competition-registration>.

**You can also make the Payment via Bank Transfer to the following bank account:**

Beneficiary: IFBB  
BANK BBVA  
ACCOUNT: ES51 0182 6127 1102 0158 4781  
SWIFT: BBVAESMMXXX

**Please add your name during online payment and bring a copy of your payment confirmation to the registration.**

## \*REGISTRATION DEADLINE

### PRELIMINARY ENTRY FORM: **30/01/2024**

**Please notice that to send the PEF is MANDATORY.** Any National Federation attending the event without having previously sent the PEF before the deadline will be charged with an additional **0,00 currency** fee (Please notice the PEF doesn't have to reflect the exact number of members from each national team. Just an estimated information is required.)

### FINAL ENTRY FORM: **30/01/2024**

**Please notice that to send the FEF is MANDATORY.** Any National Federation attending the event without having previously sent the FEF before the deadline will be charged with an additional **0,00 currency** fee.

## IMPORTANT NOTICE

\*Participating athletes must be recommended by their National Federation by sending the FinalEntry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid. The final decision to allow an athlete to compete in this CHAMPIONSHIPS rests with the IFBB.

\*It is the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any CHAMPIONSHIPS either at National or International level, Official or Invitational.

\*All posing music must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. Using of profane, vulgar, and offensive language is strictly prohibited in the posing music.

## AWARDS:

Top three athletes in each category will be awarded with **medals**.  
Top six athletes in each category will be awarded with a **Certificate of Excellence** and **trophies**.  
Overall winner will have a **trophy**.

## OFFICIALS

National Federations with no competitors may send **one (1)** delegate who will be responsible for all his or her own expenses.

## CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any CHAMPIONSHIPS, these devices shall be strictly prohibited in the dressing room area.

## GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

## TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes at the backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

Official tanning services available at the event:      YES       NO

Contact: **TANNING FEE 110\$ , Mr. Muzamil Abdul Hameed, [info@goldeninnovations.ae](mailto:info@goldeninnovations.ae)**

## CONTACT INFORMATION:

Please send Your Entry Form to:  
**Mr. Muzamil Abdul Hameed**  
E-mail: [info@goldeninnovations.ae](mailto:info@goldeninnovations.ae)

Please send a copy to the IFBB Technical Committee:  
Eng. Andrew Michalak  
E-mail: [amichalak5@gmail.com](mailto:amichalak5@gmail.com)

Please send a copy to the IFBB Head Office:  
E-mail: [contact@ifbb.com](mailto:contact@ifbb.com)

Contact details for additional correspondence:  
Secretary of the Emirates Bodybuilding Federation

**Ms. Amany Hanafi**  
E-mail: [ebbfamani@yahoo.com](mailto:ebbfamani@yahoo.com)

## JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: [pawelfilleborn@gmail.com](mailto:pawelfilleborn@gmail.com)

All international judges must bring their International Judge's Cards to the Technical Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of EUR €50 / USD \$60 paid for the current year. This fee may also be paid at the Championships at the Technical Meeting

