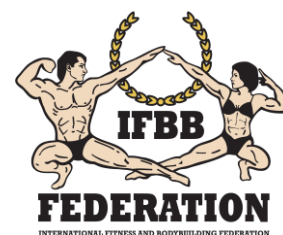




2024 IFBB MR. UNIVERSE IRAN



MAIN INFORMATION

NAME OF THE EVENT: **2024 IFBB MR. UNIVERSE IRAN**

CITY / COUNTRY: **RAMSAR / IRAN**

DATE: **February 12th – 17th, 2024**

EVENT OPEN FOR: **All IFBB-Affiliated National Federations**

ELITE PRO CARD QUALIFIER YES NO

IFBB INTERNATIONAL RANKING QUALIFIER LEVEL 3 YES NO

DAY OF ARRIVALS: **February 12th, 2024**

DAY OF DEPARTURES: **February 17th, 2024**

REGISTRATION DAY: **February 12th**

TIME: **09:00 – 22:00**

PLACE: **PARSIAN RAMSAR HOTEL**

WEIGH-IN DAY: **February 12th**

TIME: **09:00 – 22:00**

PLACE: **PARSIAN RAMSAR HOTEL**

*All Athletes must wear their posing attire during the weigh-in for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.

RECOMMENDED AIRPORT: **Imam Khomeini International Airport, Tehran, Iran**

VISA INFORMATION: Passport holders of the following countries: Azerbaijan, Bolivia, Turkey, Syria, Lebanon, Georgia, Armenia, Venezuela, Egypt, Kazakhstan, Malaysia and China don't need to apply for the visa. Citizens of other countries must apply online for the visa. More details at: <https://evisa.mfa.ir/en/>

*In case that you have any problem obtaining your visa, please contact us for any help: +98-939 500 8215

All visitors to Iran must hold a passport or travel document valid for 6 months at the time of departure.

Covid-19 restrictions: All restrictions have been ended and there are no COVID-19 testing or vaccination requirements for travelers entering Iran

*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who requests and receives an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully controlling the proper, legal use of the visa by his/her athlete, and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

VENUE: **RAMSAR TELE CABIN HALL, Ramsar City**

HOTEL INFORMATION

RECOMMENDED HOTEL: **PARSIAN RAMSAR HOTEL (5 *****)**

- Athletes, delegates and supporters should be accommodated in this hotel:

EUR €60/day/person (3 meals included). Double room

EUR €80/day/person (3 meals included). Single room

REGISTRATION FEE:

Each athlete must pay the IFBB registration fee of **EUR €200**.

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration> . Please add your name during online payment and bring a copy of your payment confirmation to the registration.

CROSSOVERS: EUR €100 per each of the additional categories.

Anti-Doping: **EUR €20** per athlete (**except Masters**).

DEADLINE FOR ONLINE PAYMENT: February 6th, 2024.

*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, the IFBB Technical Committee and IFBB Head Office in Madrid. The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti- Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are EUR €40/50 and are mandatory.

*All posing music must be on a USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

CATEGORIES

CLASSIC BODYBUILDING:

SUB JUNIOR CATEGORIES (16-20 Yrs):

1. SUB JUNIOR MEN'S CLASSIC BODYBUILDING OPEN

JUNIOR CATEGORIES (21-23 Yrs):

2. JUNIOR MEN'S CLASSIC BODYBUILDING OPEN

SENIOR CATEGORIES:

3. MEN'S CLASSIC BODYBUILDING UP TO 168 CM

4. MEN'S CLASSIC BODYBUILDING UP TO 171 CM

5. MEN'S CLASSIC BODYBUILDING UP TO 175 CM

6. MEN'S CLASSIC BODYBUILDING UP TO 180 CM

7. MEN'S CLASSIC BODYBUILDING OVER 180 CM

MASTER CATEGORIES:

8. MASTER MEN'S CLASSIC BODYBUILDING 40-44 YEARS, OPEN

- 9. MASTER MEN'S CLASSIC BODYBUILDING 45-49 YEARS, OPEN
- 10. MASTER MEN'S CLASSIC BODYBUILDING 50 YEARS & OVER, OPEN

GAMES CLASSIC BODYBUILDING

JUNIOR CATEGORIES:

- 11. JUNIOR MEN'S GAMES CLASSIC BODYBUILDING 16-23 YEARS OPEN

SENIOR CATEGORIES:

- 12. MEN'S GAMES CLASSIC BODYBUILDING UP TO 175 CM
- 13. MEN'S GAMES CLASSIC BODYBUILDING OVER 175 CM

MASTER CATEGORIES:

- 14. MASTER MEN'S GAMES CLASSIC BODYBUILDING >40 YEARS OPEN

CLASSIC PHYSIQUE:

SUB JUNIOR CATEGORIES (16-20 Yrs):

- 15. SUB JUNIOR MEN'S CLASSIC PHYSIQUE OPEN

JUNIOR CATEGORIES (21-23 Yrs):

- 16. JUNIOR MEN'S CLASSIC PHYSIQUE UP TO 175 CM
- 17. JUNIOR MEN'S CLASSIC PHYSIQUE OVER 175 CM

SENIOR CATEGORIES:

- 18. MEN'S CLASSIC PHYSIQUE UP TO 168 CM
- 19. MEN'S CLASSIC PHYSIQUE UP TO 171 CM
- 20. MEN'S CLASSIC PHYSIQUE UP TO 175 CM
- 21. MEN'S CLASSIC PHYSIQUE UP TO 180 CM
- 22. MEN'S CLASSIC PHYSIQUE OVER 180 CM

MASTER CATEGORIES:

- 23. MASTER MEN'S CLASSIC PHYSIQUE 40-44 YEARS, OPEN
- 24. MASTER MEN'S CLASSIC PHYSIQUE 45-49 YEARS, OPEN
- 25. MASTER MEN'S CLASSIC PHYSIQUE 50 YEARS & OVER, OPEN

BODYBUILDING:

SUB JUNIOR CATEGORIES (16-20 Yrs):

- 26. SUB JUNIOR MEN'S BODYBUILDING UP TO 75 KG
- 27. SUB JUNIOR MEN'S BODYBUILDING OVER 75 KG

JUNIOR CATEGORIES (21-23 Yrs):

- 28. JUNIOR MEN'S BODYBUILDING UP TO 75 KG
- 29. JUNIOR MEN'S BODYBUILDING UP TO 85 KG
- 30. JUNIOR MEN'S BODYBUILDING OVER 85 KG

SENIOR CATEGORIES:

- 31. MEN'S BODYBUILDING UP TO 60 KG
- 32. MEN'S BODYBUILDING UP TO 65 KG
- 33. MEN'S BODYBUILDING UP TO 70 KG
- 34. MEN'S BODYBUILDING UP TO 75 KG
- 35. MEN'S BODYBUILDING UP TO 80 KG
- 36. MEN'S BODYBUILDING UP TO 85 KG
- 37. MEN'S BODYBUILDING UP TO 90 KG
- 38. MEN'S BODYBUILDING UP TO 95 KG
- 39. MEN'S BODYBUILDING UP TO 100 KG
- 40. MEN'S BODYBUILDING OVER 100 KG

MASTER CATEGORIES:

- 41. MASTER MEN'S BODYBUILDING 40-44 YEARS, UP TO 70 KG
- 42. MASTER MEN'S BODYBUILDING 40-44 YEARS, UP TO 80 KG
- 43. MASTER MEN'S BODYBUILDING 40-44 YEARS, UP TO 90 KG
- 44. MASTER MEN'S BODYBUILDING 40-44 YEARS, OVER 90 KG
- 45. MASTER MEN'S BODYBUILDING 45-49 YEARS, UP TO 70 KG
- 46. MASTER MEN'S BODYBUILDING 45-49 YEARS, UP TO 80 KG
- 47. MASTER MEN'S BODYBUILDING 45-49 YEARS, UP TO 90 KG
- 48. MASTER MEN'S BODYBUILDING 45-49 YEARS, OVER 90 KG
- 49. MASTER MEN'S BODYBUILDING 50-54 YEARS, UP TO 80 KG
- 50. MASTER MEN'S BODYBUILDING 50-54 YEARS, OVER 80 KG
- 51. MASTER MEN'S BODYBUILDING 55-59 YEARS, UP TO 75 KG
- 52. MASTER MEN'S BODYBUILDING 55-59 YEARS, OVER 75 KG
- 53. MASTER MEN'S BODYBUILDING 60 YEARS & OVER, OPEN

MEN'S WHEELCHAIR BODYBUILDING:

- 54. MEN'S WHEELCHAIR BODYBUILDING OPEN

MEN'S PHYSIQUE:

SUB JUNIOR CATEGORIES (16-20 Yrs):

- 55. SUB JUNIOR MEN'S PHYSIQUE OPEN

JUNIOR CATEGORIES (21-23 Yrs):

- 56. JUNIOR MEN'S PHYSIQUE UP TO 174 CM
- 57. JUNIOR MEN'S PHYSIQUE UP TO 178 CM
- 58. JUNIOR MEN'S PHYSIQUE OVER 178 CM

SENIOR CATEGORIES:

- 59. MEN'S PHYSIQUE UP TO 170 CM
- 60. MEN'S PHYSIQUE UP TO 173 CM

61. MEN'S PHYSIQUE UP TO 176 CM
62. MEN'S PHYSIQUE UP TO 179 CM
63. MEN'S PHYSIQUE UP TO 182 CM
64. MEN'S PHYSIQUE OVER 182 CM
65. MUSCULAR MEN'S PHYSIQUE UP TO 178 CM
66. MUSCULAR MEN'S PHYSIQUE OVER 178 CM

MASTER CATEGORIES:

67. MASTER MEN'S PHYSIQUE 40-44 YEARS, OPEN
68. MASTER MEN'S PHYSIQUE 45-49 YEARS, OPEN
69. MASTER MEN'S PHYSIQUE 50 YEARS & OVER, OPEN

SPEED-FIT, FITNESS CHALLENGE:

GOLD STANDARD:

70. SUB-JUNIOR (UNDER 16 YRS), MEN'S FITNESS CHALLENGE GOLD STANDARD (INDIVIDUAL/COUPLE/TEAM)
71. JUNIOR (17-23 YRS), MEN'S FITNESS CHALLENGE GOLD STANDARD (INDIVIDUAL/COUPLE/TEAM)
72. MEN'S FITNESS CHALLENGE GOLD STANDARD (INDIVIDUAL/COUPLE/TEAM)
73. MASTER (OVER 40 YRS) MEN'S FITNESS CHALLENGE GOLD STANDARD (INDIVIDUAL/COUPLE/TEAM)
74. SUB-JUNIOR (UNDER 16 YRS), WOMEN'S FITNESS CHALLENGE GOLD STANDARD (INDIVIDUAL/COUPLE/TEAM)
75. JUNIOR (17-23 YRS), WOMEN'S FITNESS CHALLENGE GOLD STANDARD (INDIVIDUAL/COUPLE/TEAM)
76. WOMEN'S FITNESS CHALLENGE GOLD STANDARD (INDIVIDUAL/COUPLE/TEAM)
77. MASTER (OVER 35 YRS) WOMEN'S FITNESS CHALLENGE GOLD STANDARD (INDIVIDUAL/COUPLE/TEAM)

SILVER LEVEL:

78. SUB-JUNIOR (UNDER 16 YRS), MEN'S FITNESS CHALLENGE SILVER LEVEL (INDIVIDUAL/COUPLE/TEAM)
79. JUNIOR (17-23 YRS), MEN'S FITNESS CHALLENGE SILVER LEVEL (INDIVIDUAL/COUPLE/TEAM)
80. MEN'S FITNESS CHALLENGE SILVER LEVEL (INDIVIDUAL/COUPLE/TEAM)
81. MASTER (OVER 40 YRS) MEN'S FITNESS CHALLENGE SILVER LEVEL (INDIVIDUAL/COUPLE/TEAM)
82. SUB-JUNIOR (UNDER 16 YRS), WOMEN'S FITNESS CHALLENGE SILVER LEVEL (INDIVIDUAL/COUPLE/TEAM)
83. JUNIOR (17-23 YRS), WOMEN'S FITNESS CHALLENGE SILVER LEVEL (INDIVIDUAL/COUPLE/TEAM)
84. WOMEN'S FITNESS CHALLENGE SILVER LEVEL (INDIVIDUAL/COUPLE/TEAM)
85. MASTER (OVER 35 YRS) WOMEN'S FITNESS CHALLENGE SILVER LEVEL (INDIVIDUAL/COUPLE/TEAM)

BRONZE LEVEL:

86. SUB-JUNIOR (UNDER 16 YRS), MEN'S FITNESS CHALLENGE BRONZE LEVEL (INDIVIDUAL/COUPLE/TEAM)
87. JUNIOR (17-23 YRS), MEN'S FITNESS CHALLENGE BRONZE LEVEL (INDIVIDUAL/COUPLE/TEAM)
88. MEN'S FITNESS CHALLENGE BRONZE LEVEL (INDIVIDUAL/COUPLE/TEAM)
89. MASTER (OVER 40 YRS) MEN'S FITNESS CHALLENGE BRONZE LEVEL (INDIVIDUAL/COUPLE/TEAM)
90. SUB-JUNIOR (UNDER 16 YRS), WOMEN'S FITNESS CHALLENGE BRONZE LEVEL (INDIVIDUAL/COUPLE/TEAM)
91. JUNIOR (17-23 YRS), WOMEN'S FITNESS CHALLENGE BRONZE LEVEL (INDIVIDUAL/COUPLE/TEAM)
92. WOMEN'S FITNESS CHALLENGE BRONZE LEVEL (INDIVIDUAL/COUPLE/TEAM)
93. MASTER (OVER 35 YRS) WOMEN'S FITNESS CHALLENGE BRONZE LEVEL (INDIVIDUAL/COUPLE/TEAM)

SPEED-FIT:

94. SUB-JUNIOR (UNDER 16 YRS), MEN'S SPEED-FIT (INDIVIDUAL/COUPLE/TEAM)
95. JUNIOR (17-23 YRS), MEN'S SPEED-FIT (INDIVIDUAL/COUPLE/TEAM)
96. MEN'S SPEED-FIT (INDIVIDUAL/COUPLE/TEAM)

97. MASTER (OVER 40 YRS) MEN'S SPEED-FIT (INDIVIDUAL/COUPLE/TEAM)
98. SUB-JUNIOR (UNDER 16 YRS), WOMEN'S SPEED-FIT (INDIVIDUAL/COUPLE/TEAM)
99. JUNIOR (17-23 YRS), WOMEN'S SPEED-FIT (INDIVIDUAL/COUPLE/TEAM)
100. WOMEN'S SPEED-FIT (INDIVIDUAL/COUPLE/TEAM)
101. MASTER(OVER 35 YRS) WOMEN'S SPEED-FIT (INDIVIDUAL/COUPLE/TEAM)

FITNESS:

102. JUNIOR MEN'S FITNESS (16 - 23 Yrs)
103. MEN'S FITNESS UP TO 175 CM
104. MEN'S FITNESS OVER 175 CM

Test Categories:

105. JUNIOR FITNESS STYLE 16-23 YRS OPEN (Test)
106. FITNESS STYLE UP TO 175 CM (Test)
107. FITNESS STYLE UP TO 185 CM (Test)
108. FITNESS STYLE OVER 185 CM (Test)
109. MASTER FITNESS STYLE 40 YEARS & OVER OPEN
110. JUNIOR MUSCLE STYLE 16-23 YRS OPEN (Test)
111. MUSCLE STYLE UP TO 175 CM (Test)
112. MUSCLE STYLE UP TO 185 CM (Test)
113. MUSCLE STYLE OVER 185 CM (Test)
114. MASTER MUSCLE STYLE 40 YEARS & OVER OPEN
115. JUNIOR MUSCLE STYLE 16-23 YRS OPEN (Test)
116. JUNIOR FITNESS SPORT 16-23 YRS OPEN (Test)
117. JUNIOR FIT-MODEL 16-23 YRS OPEN (Test)
118. FIT-MODEL UP TO 175 CM
119. FIT-MODEL UP TO 185 CM
120. FIT-MODEL OVER 185 CM
121. MASTER FIT-MODEL 40 YEARS & OVER OPEN

UNIVERSITY CATEGORIES:

REQUIREMENTS FOR THE UNIVERSITY CATEGORIES:

- **LETTER (ELIGIBILITY FORM) FROM THE NATIONAL UNIVERSITY SPORT FEDERATION (NUSF)**
- **ATHLETES AGE MUST BE LESS THAN 25 YEARS OLD**

122. UNIVERSITY MEN'S PHYSIQUE OPEN
123. UNIVERSITY MEN'S FITNESS OPEN
124. UNIVERSITY MEN'S FITNESS CHALLENGE GOLD LEVEL INDIVIDUAL

AWARDS:

The top three athletes in each category will be awarded with [medals](#).

The top six athletes in each category will be awarded a [Certificate of Excellence](#) and [trophies](#). The overall winner will be awarded a [trophy](#).

MEN'S WHEELCHAIR BODYBUILDING Winners:

- First Place: USD \$1000

MEN'S CLASSIC BODYBUILDING Overall Winners:

- First Place: USD \$2000
- Second Place: USD \$1000

MEN'S CLASSIC PHYSIQUE Overall Winners:

- First Place: USD \$2000
- Second Place: USD \$1000

MEN'S BODYBUILDING Overall Winners:

- First Place: USD \$2000
- Second Place: USD \$1500
- Third Place: USD \$1000

MEN'S PHYSIQUE Overall Winners:

- First Place: USD \$2000
- Second Place: USD \$1500
- Third Place: USD \$1000

MUSCULAR MEN'S PHYSIQUE Overall Winners:

- First Place: USD \$1000

MASTER'S BODYBUILDING Overall Winners:

- First Place: USD \$1500
- Second Place: USD \$1000

MEN'S FITNESS CHALLENGE INDIVIDUAL GOLD STANDARD:

- First Place: USD \$1000
- Second Place: USD \$500
- Third Place: USD \$300

WOMEN'S FITNESS CHALLENGE INDIVIDUAL GOLD STANDARD:

- First Place: USD \$1000
- Second Place: USD \$500
- Third Place: USD \$300

MEN'S FITNESS STYLE Overall Winner:

- First Place: USD \$1000

MEN'S MUSCLE STYLE Overall Winner:

- First Place: USD \$1000

MEN'S FITNESS Overall Winner:

- First Place: USD \$1000

IFBB ELITE PRO CARDS:

DISTRIBUTION:

MEN'S CLASSIC BODYBUILDING Overall Winners:

- First Place
- Second Place
- Third Place

MEN'S CLASSIC PHYSIQUE Overall Winners:

- First Place
- Second Place
- Third Place

MEN'S BODYBUILDNG Overall Winners:

- First Place
- Second Place
- Third Place

MEN'S PHYSIQUE Overall Winners:

- First Place
- Second Place
- Third Place

MUSCULAR MEN'S PHYSIQUE Overall Winners:

- First Place

MASTER'S BODYBUILDNG Overall Winners:

- First Place
- Second Place
- Third Place

***REGISTRATION DEADLINE**

PRELIMINARY ENTRY FORM: January 15th, 2024.

FINAL ENTRY FORM: February 5th, 2024.

CAMERA/VIDEOTAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & amp, finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

TANNING NEEDS

TANNING PRODUCTS: T.TAN IRAN

TANNING FEE PER PERSON: EUR €70

More information: IranTTan@Gmail.com

The IFBB has banned all tans that can be wiped off. An official will check the tan of all of the athletes in the backstage, and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

CONTACT INFORMATION:

Please send Your Final Entry Form to:

Organizing Committee:

E-mail: int.iranbbf@gmail.com

Mr. Mohammadreza Ayoubi - Head of the International Affairs Committee

Contact: +98-939-500 8215

Ms. Sevda Hamedi - Secretary of the International Affairs Committee

Contact: +98-937-189 5091

Contact details for additional correspondence:

Mr. Mohammadreza Ayoubi – Head of the international affairs committee of the Iranian Fitness and Bodybuilding Federation

E-mail: int.iranbbf@gmail.com

Please send a copy to the IFBB Technical Committee:

Eng. Andrew Michalak

E-mail: amichalak5@gmail.com

Please send a copy to IFBB Head Office:

Ms. Daria

E-mail: contact@ifbb.com

JUDGES

To be taken into consideration during the selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges must bring their International Judge's Cards to the Team Managers & Judges Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of **EUR €50/USD \$60** paid for the current year. This fee may also be paid at the EVENT at the Team Managers & Judges Meeting.