



MR.UNIVERSE-LIECHTENSTEIN FEDERA

MAIN INFORMATION

NAME OF THE EVENT: 2024 IFBB MR. UNIVERSE - LIECHTENSTEIN		
CITY / COUNTRY: VADUZ / LIECHTENSTEIN		
DATE: APRIL 19 th – 21 st , 2024		
EVENT OPEN FOR: ALL NATIONAL FEDERATIONS AFFILIATED WITH THE IFBB		
IFBB ELITE PRO CARD QUALIFIE	R YES X NO	
IFBB INTERNATIONAL RANKING QUALIFIER YES X NO		
DAY OF ARRIVALS: 19.04.2024		
DAY OF DEPARTURES: 21.04.2024		
REGISTRATION DAY: 19.04.2024	TIME: 15:00 - 19:00	PLACE: Spörryhalle - Rüfestrasse 6, 9490 Vaduz
WEIGH-IN DAY: 19.04.2024	TIME: 15:00 - 19:00	PLACE: Spörryhalle - Rüfestrasse 6, 9490 Vaduz
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*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.

RECOMMENDED AIRPORT: Zurich Airport - SWITZERLAND

VISA INFORMATION: EU CITIZENS DO NO NEED TO OBTAIN A VISA. ATHLETES COMING FROM OTHER COUNTRIES KINDLY CONSULT SWITZERLAND EMBASSY/CONSULATE IN YOUR COUNTRY TO DETERMINE IF YOU NEED A VISA. INVITATION LETTERS WILL BE ISSUED AS REQUESTED.

*Due to the COVID-19 situation, we recommend you check with the corresponding authorities of the country (Consulate, Embassy, etc.), the current regulation to avoid any inconveniences when travelling. The National Federations, athletes and officials, must adopt and strictly follow any healthy and other measures imposed, required, or recommended by the competent authorities with respect to the COVID-19 pandemic situation.

*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

VENUE: SPÖRRYHALLE – RÜFESTRASSE 6 - VADUZ 9490

HOTEL INFORMATION

RECOMMENDED HOTEL: b_smart hotel & restaurant Bendern, **Selemad 12, 9487 Gamprin**

REGISTRATION FEE:

Each athlete must pay the IFBB registration fee of **EUR €200.**

FOR **THE BEGINNERS CUP** COMPETITION (newcomer athletes) the registration fee is **EUR €60.**

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayP <u>http://www.ifbb.com/competition-registration</u>. Please add your name during online payment and bring a copy of your pay confirmation to the registration. Payments at arrival shall have an extra charge of **EUR €50**.

CROSSOVERS: EUR €100 per each of the additional categories.

DEADLINE FOR ONLINE PAYMENT 09.04.2024

*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their n directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid.

The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated t National Federation who are fulfilling a period of ineligibility due to Anti- Doping Rule Violation or any Disciplinary case, to sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at Nation International level, Official or Invitational.

*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has no purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are **EUR €40/USD \$50** and are mandatory.

*All posing music must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB. competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is si prohibited in the posing music.

CATEGORIES:

Men's Bodybuilding

Up to & incl. 70 kg Up to & incl. 75 kg Up to & incl. 80 kg Up to & incl. 85 kg Up to & incl. 90 kg Over 90 kg OVERALL

Juniors Men's Bodybuilding 16-23 Years - OPEN Master Men's Bodybuilding 40-49 years - OPEN Master Men's Bodybuilding >50 years - OPEN Master Men's Bodybuilding OVERALL

Men's Classic Physique

Up to & incl. 168 cm Up to & incl. 171 cm Up to & incl. 175 cm Up to & incl. 180 cm Over 180 cm OVERALL

Masters Men's Classic Physique >40 Years - OPEN

Men's Classic Bodybuilding

Up to & incl. 168 cm Up to & incl. 171 cm Up to & incl. 175 cm Up to & incl. 180 cm Over 180 cm OVERALL

Women's Bodyfitness Up to & incl. 158 cm Up to & incl. 163 cm Up to & incl. 168 cm Over 168 cm OVERALL

Master Women's Bodyfitness >35 yrs. - OPEN

Women's Bikini

Up to & incl. 158 cm Up to & incl. 164 cm Up to & incl. 169 cm Over 169 cm OVERALL

Master Woman's Bikini

35-39 years - up to & incl. 164 cm **35-39 years** - over 164 cm **>40 years** – OPEN

Women's Wellness - <mark>OPEN</mark> Masters Women's Wellness >35 Years - <mark>OPEN</mark>

Women's Physique - OPEN Women's Fit-Model - OPEN Fit-Pairs - OPEN Women's Acrobatic Fitness - OPEN

Masters Men's Classic Bodybuilding >40 Years - OPEN

Men's Physique Up to & incl. 170 cm Up to & incl. 176 cm Up to & incl. 182 cm Over 182 cm OVERALL

Juniors Men's Physique 16-23 Years - OPEN

Masters Men's Physique: 40-49 Years - OPEN >50 Years - OPEN Masters Men's Physique OVERALL

Muscular Men's Physique - OPEN

BEGINNERS CUP Men's Bodybuilding - OPEN Men's Classic Physique - OPEN Men's Classic Bodybuilding - OPEN Men's Physique - OPEN

Women's Wellness - OPEN Women's Physique - OPEN Women's Bodyfitness - OPEN Women's Bikini - OPEN

AWARDS:

1st place in each category will be awarded with a medal, Certificate of Excellence and trophy. Top six athletes in each category will be awarded with a Certificate of Excellence and medals. Overall winner will have a trophy.

IFBB ELITE PRO CARDS:

10 ELITE PRO CARDS in total DISTRIBUTION:

MEN'S BODYBUILDING – Pro Cards for the top 2 Overall winners MEN'S CLASSIC BODYBUILDING – Pro Card for the Overall winner MEN'S CLASSIC PHYSIQUE – Pro Card for the Overall winner MEN'S PHYSIQUE – Pro Card for the Overall winner MUSCULAR MEN'S PHYSIQUE – Pro Card for the category winner WOMEN'S BIKINI – Pro Card for the Overall winner WOMEN'S WELLNESS – Pro Card for the category winner WOMEN'S BODYFITNESS – Pro Card for the Overall winner WOMAN'S PHYSIQUE – Pro Card for the category winner

***REGISTRATION DEADLINE**

PRELIMINAR ENTRY FORM: NO FINAL ENTRY FORM: 08.04.2024

CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & amp, finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes two (2) green cards.
- Less than (5) athletes one (1) green card.

CONTACT INFORMATION:

Please send Your Entry Form to: Liechtensteiner Federation President, Mr. **Kemo Sayed** E-mail: **kemo1_3@hotmail.com** Please send a copy to IFBB Technical Committee: Eng. Andrew Michalak E-mail: <u>amichalak5@gmail.com</u>

Please send a copy to IFBB Head Office: Ms. Daria E-mail: <u>contact@ifbb.com</u>

Contact details for additional correspondence: Mr. Kemo Sayed Liechtensteiner Fitness and Bodybuilding Federation President E-mail: <u>kemo1_3@hotmail.com</u>

JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges must bring their International Judge's Cards to the Team Managers & Judges Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of EUR €50/USD \$60 paid for the current year. This fee may also be paid at the EVENT at the Team Managers & Judges Meeting.