



## International Fitness & Bodybuilding Federation

Dublin 39/I – Europolis – Las Rozas - Madrid – 28232 – Spain - Tel: **(34) 5352819** Fax: **(34) 5351518**

E-mail: headquarters@ifbb.com Website: [www.ifbb.com](http://www.ifbb.com/)

FINAL ENTRY FORM

**Deadline date to send this Final Entry Form is Monday, January 29th, 2024**

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| **2024 IFBB AJMAN INTERNATIONAL BODYBUILDING COMPETITION****February 09th – 12th, 2024 – AJMAN, UNITED ARAB EMIRATES*****IFBB RANKING EVENT; IFBB ELITE PRO QUALIFIER******OPEN TO ALL IFBB NATIONAL FEDERATIONS WORLDWIDE*** |

***This Entry Form is to be completed and sent by National Federations, NOT by individual athletes***

***It is full responsibility and obligation of the National Federation to verify if each one of the athletes to be registered on this international event are NOT SUSPENDED or fulfilling any period of ineligibility due to Anti-Doping Rule Violation or any disciplinary case at national or international level.***

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| **COUNTRY** | **NATIONLAL FEDERATION’S NAME** | **NF PRESIDENT’S NAME** |
|  |  |  |
| **NATIONAL FEDERATION CONTACT NO. (OFFICE OR CELL PHONE)** | **NATIONAL FEDERATION E-MAIL** |
|  |  |
|  | **If applicable: Responsible Delegate(s) name at this event** | **Cell phone** | **PASSPORT No.** |
| 12 |   |  |  |
| **Complete this Form in ENGLISH LETTERS and leave it in the WORD format, so we can copy/paste the athletes’ names on our list. DO NOT change it to PDF format, please.** |
|  | **Competitor’s:****1 Given** NAME + 1 **Family** NAME | **EXACT CATEGORY***(according to the list of categories below)* | **IFBB IC or** **PASSPORT NR** |
| **1** |  |  |  |
| **2** |  |  |  |
| **3** |  |  |  |
| **4** |  |  |  |
| **5** |  |  |  |
| **6** |  |  |  |
| **7** |  |  |  |
| **8** |  |  |  |
| **9** |  |  |  |
| **10** |  |  |  |
| **11** |  |  |  |
| **12** |  |  |  |

***IF YOU HAVE MORE ATHLETES, CONTINUE THIS TABLE, PLEASE.***

**IMPORTANT NOTES:**

**ALL THE COSTS FOR TRAVELLING, HOTEL ACCOMMODATIONS AND MEALS (AND TRANSPORT FROM AND TO THE AIRPORT) MUST BE COVERED BY NATIONAL FEDERATIONS. HOTEL RESERVATION MUST BE DONE BY DIRECT COMMUNICATION BETWEEN THE NATIONAL FEDERATION AND THE HOTEL. CHECK WITH YOUR NATIONAL FEDERATION FOR MORE INFORMATION.**

**The Organizer of the event in the United Arab Emirates will not accept any direct registration from athletes.**

**This Final Entry Form will only be considered if it is sent by the National Federation of the athlete and directly to Organizer, IFBB Headquarters in Madrid and IFBB Technical Committee (see email addresses below). The final decision to allow an athlete to compete in this event rests with the IFBB.**

 **The Registration Fee is USD $300 per athlete and will have to be paid in advance by credit/debit card or PayPal on IFBB webpage** [**http://www.ifbb.com/competition-registration/**](http://www.ifbb.com/competition-registration/).

**Please add your name during online payment and bring a copy of your payment confirmation to the registration.**

**The online payment system will be switched off on January 30th, 2024 (Tuesday) at 24:00 (midnight - Central European Time, UTC +1). If paying at the Registration on February 09th, 2024, an extra fee of USD $50 per participant will be charged.**

**Additional categories: USD $100 per each of the additional categories will be charged.**

**Categories accepted at the 2024 IFBB AJMAN INTERNATIONAL COMPETITION:**

**MEN’S CLASSIC BODYBUILDING\*:**

UP TO & INCLUDING 171 cm

UP TO & INCLUDING 175 cm

OVER 175 cm
OVERALL (ELITE PRO CARDS FOR THE TOP 3)

 **MEN’S PHYSIQUE:**

UP TO & INCLUDING 170 cm

UP TO & INCLUDING 174 cm

UP TO & INCLUDING 178 cm

OVER 178 cm

OVERALL (ELITE PRO CARDS FOR THE TOP 3)

**JUNIOR MEN’S PHYSIQUE 16-23 YEARS – OPEN**

**MASTER MEN’S PHYSIQUE >40 YEARS – OPEN**

**MUSCULAR MEN’S PHYSIQUE:** UP TO & INCLUDING 175 cm

OVER 175 cm

OVERALL (ELITE PRO CARDS FOR THE TOP 2)

\*- *Categories with weight/height limits*

**MEN’S BODYBUILDING:**

UP TO & INCLUDING 70 kg

UP TO & INCLUDING 75 kg

UP TO & INCLUDING 80 kg

UP TO & INCLUDING 85 kg

UP TO & INCLUDING 90 kg

UP TO & INCLUDING 95 kg

OVER 95 kg
OVERALL (ELITE PRO CARDS FOR THE TOP 3)

**JUNIOR MEN’S BODYBUILDING 16-23 YRS – OPEN**

 **MASTER MEN’S BODYBUILDING >40 YEARS – OPEN** MASTER PRO CARD FOR THE WINNER

**MEN’S CLASSIC PHYSIQUE\*:**

UP TO & INCLUDING 171 cm

UP TO & INCLUDING 175 cm

UP TO & INCLUDING 180 cm

OVER 180 cm
OVERALL (ELITE PRO CARDS FOR THE TOP 3)

**JUNIOR MEN’S CLASSIC PHYSIQUE 16-23 YRS\* – OPEN**

**MASTER MEN’S CLASSIC PHYSIQUE >40 YRS\* – OPEN**

***Note:*** *A category will be run only if 3 or more athletes are registered. Otherwise, categories will be combined.*

**Possible crossovers:
Classic Bodybuilding – Classic Physique – Bodybuilding.
Also juniors and masters in senior open classes.**

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| **Please send this Entry Form no later than Monday, Jan. 29th, 2024 to:****Mr. Muzamil Abdul Hameed**E-mail: **info@goldeninnovations.ae** and **IFBB Technical Committee****Eng. Andrew Michalak****E-mail:** **amichalak5@gmail.com** | **Please send a copy to:****IFBB Head Office:** **E-mail:** **contact@ifbb.com** |

**NOMINATION OF THE IFBB INTERNATIONAL JUDGES COMING TO THIS EVENT:**

|  |  |  |
| --- | --- | --- |
|  | **NAME (AS WRITTEN IN PASSPORT)** | **PASSPORT NUMBER** |
| **1** |  |  |
| **2** |  |  |
| **3** |  |  |
| **4** |  |  |

**NOMINATION OF THE TEST- JUDGES COMING TO THIS EVENT:**

|  |  |  |
| --- | --- | --- |
|  | **NAME (AS WRITTEN IN PASSPORT)** | **PASSPORT NUMBER** |
| **1** |  |  |
| **2** |  |  |

**EXTRA DELEGATES & SUPPORTERS COMING TO THIS EVENT:**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Extra Delegates or Supporters** | **If a Judge please**  **V** |  | **Extra Delegates or Supporters** | **If a Judge please****V** |
| **1** |  |  | **7** |  |  |
| **2** |  |  | **8** |  |  |
| **3** |  |  | **9** |  |  |
| **4** |  |  | **10** |  |  |
| **5** |  |  | **11** |  |  |
| **6** |  |  | **12** |  |  |

***Date of issue:***

***Completed by (****your name & position in the NF****):***