



# 2023 IFBB PRESIDENT SANTONJA WORLD CUP



## MAIN INFORMATION

**NAME OF THE EVENT:** 2023 IFBB PRESIDENT SANTONJA WORLD CUP

**CITY / COUNTRY:** ISTANBUL / TURKEY

**DATE:** DECEMBER 15<sup>th</sup> -17<sup>th</sup>, 2023

**EVENT OPEN FOR :** ALL IFBB-AFFILIATED NATIONAL FEDERATIONS

**IFBB ELITE PRO QUALIFIER:** YES  NO

**IFBB INTERNATIONAL RANKING QUALIFIER LEVEL 2** YES  NO

**DAY OF ARRIVAL:** DECEMBER 15<sup>th</sup>, 2023

**DAY OF DEPARTURES:** DECEMBER 17<sup>th</sup>, 2023

**REGISTRATION DAY:**  
DECEMBER 15<sup>th</sup>, 2023

**TIME:** 15:00 - 19:00

**PLACE:** GREEN PARK HOTEL

**WEIGH-IN DAY:**  
DECEMBER 15<sup>th</sup>, 2023

**TIME:** 15:00 - 19:00

**PLACE:** GREEN PARK HOTEL

\*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.

**RECOMMENDED AIRPORT:** SABIHA GOKCEN INTERNATIONAL AIRPORT (SAW)

### VISA INFORMATION:

Visitors to Turkey must obtain a visa from one of the Turkish diplomatic missions unless they come from one of the 91 visa-exempt countries and territories or one of the 28 countries and territories whose citizens are eligible to apply for an electronic visa. Passport should be valid for at least 150 days from the date you arrive. Detailed info at: <https://www.mfa.gov.tr/general-information-about-turkish-visas.en.mfa>

\* **Currently, there are no Covid-19 restrictions to enter Turkey.**

\*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

**VENUE:** GREEN PARK HOTEL, ISTANBUL

### HOTEL INFORMATION:

**RECOMMENDED HOTEL:** GREEN PARK HOTEL, ISTANBUL  
Kaynarca, Erol Kaya Cd No:204, Pendik/istanbul

## REGISTRATION FEE:

Each athlete must pay the IFBB registration fee of **EUR €200**.

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of **EUR €50**.

**CROSSOVERS: EUR €100** per each of the additional categories.

**DEADLINE FOR ONLINE PAYMENT: December 05<sup>th</sup>, 2023.**

\*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid. The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

\*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti- Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

\*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are EUR €40/USD \$50 and are mandatory.

\*All posing music must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

## CATEGORIES:

### MEN'S BODYBUILDING:

- Up to & incl. 70 kg
- Up to & incl. 80 kg
- Up to & incl. 90 kg
- Over 90 kg

**JUNIOR MEN'S BODYBUILDING 16-23 YRS. - OPEN**

**MASTER MEN'S BODYBUILDING >40 YRS. – OPEN**

### MEN'S CLASSIC BODYBUILDING\*:

- Up to & incl. 168 cm
- Up to & incl. 175 cm
- Over 175 cm

### MEN'S CLASSIC PHYSIQUE\*:

- Up to & incl. 175 cm
- Over 175 cm

**MUSCULAR MEN'S PHYSIQUE - OPEN**

### FITNESS CHALLENGE:

**MEN'S & WOMEN'S GOLD LEVEL INDIVIDUAL + COUPLES**  
**MEN'S & WOMEN'S SILVER LEVEL INDIVIDUAL + COUPLES**

### MEN'S PHYSIQUE:

- Up to & incl. 170 cm
- Up to & incl. 176 cm
- Up to & incl. 182 cm
- Over 182 cm

### MASTER MEN'S PHYSIQUE:

- 40-49 years - OPEN
- 50 years & over – OPEN

**MEN'S FIT MODEL - OPEN**

**WOMEN'S BODYFITNESS - OPEN**

### WOMEN'S BIKINI:

- Up to & incl. 164 cm
- Up to & incl. 169 cm
- Over 169 cm

**MASTER WOMEN'S BIKINI >35 YRS - OPEN**

**JUNIOR WOMEN'S BIKINI 16-23 YRS - OPEN**

**WOMEN'S WELLNESS - OPEN**

### Possible crossovers:

**Classic Bodybuilding – Classic Physique – Bodybuilding.**

**Also junior and masters in the senior open classes.**

## AWARDS:

Top three athletes in each category will be awarded with **medals**.

Top six athletes in each category will be awarded with a **Certificate of Excellence** and **trophies**. Overall winner will have a **trophy**.

## IFBB ELITE PRO CARDS:

### 20 PRO CARDS IN TOTAL

#### DISTRIBUTION:

- MEN'S BODYBUILDING: TOP 4 OVERALL WINNERS
- MASTER MEN'S BODYBUILDING: THE CATEGORY WINNER
- MEN'S CLASSIC BODYBUILDING: TOP 3 OVERALL WINNERS
- MEN'S CLASSIC PHYSIQUE: TOP 2 OVERALL WINNERS
- MEN'S PHYSIQUE: TOP 4 OVERALL WINNERS
- MUSCULAR MEN'S PHYSIQUE: THE CATEGORY WINNER
- WOMEN'S BIKINI: TOP 3 OVERALL WINNERS
- WOMEN'S BODYFITNESS: THE CATEGORY WINNER
- WOMEN'S WELLNESS: THE CATEGORY WINNER

#### \*REGISTRATION DEADLINE

PRELIMINAR ENTRY FORM: **No.**

FINAL ENTRY FORM: **DECEMBER 04<sup>th</sup>, 2023**

#### CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

#### GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

#### TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

### CONTACT INFORMATION:

Please send your Entry Form to:  
Turkish Federation Vice-President  
Mr. Koray GIRGIN  
E-mail: [santonja@tvgfbf.gov.tr](mailto:santonja@tvgfbf.gov.tr)

Please send a copy to the IFBB Technical Committee:  
Eng. Andrew Michalak  
E-mail: [amichalak5@gmail.com](mailto:amichalak5@gmail.com)

Please send a copy to IFBB Head Office:  
Ms.Daria  
E-mail: [contact@ifbb.com](mailto:contact@ifbb.com)

Contact details for additional correspondence:  
Mr. Niyazi KURT  
President of the Turkish Bodybuilding and Fitness Federation  
E-mail: [niyazikurt@tvgfbf.gov.tr](mailto:niyazikurt@tvgfbf.gov.tr)

## JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: [pawelfilleborn@gmail.com](mailto:pawelfilleborn@gmail.com)

All international judges must bring their International Judge's Cards to the Technical Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of **EUR €50/USD \$60** paid for the current year. This fee may also be paid at the EVENT at the Team Managers & Judges Meeting.