

Mr.Universe Tehran

GOLD MEN - Gold - Mr.Universe - 1

		Pull-Up	kb squat and pull	Dips	Walking-Lunges	Toes To Bar	Devil Press	Total
1	Kasra Khosravi Iran	36	68	84	62	32	18	300
2	Amir Parvin Iran	35	72	73	62	40	14	296
3	Erfan Ghezeli Iran	42	56	79	63	33	14	287
4	Omid Kalji Iran	38	52	82	75	24	15	286
5	Mahdi Soltan Abadi Iran	39	60	76	57	35	14	281
6	Sajjad Parvin Iran	41	67	78	49	34	9	278
7	Ansar Mardani Iran	29	72	72	71	17	11	272
8	Alireza Safaie Iran	33	63	58	57	40	13	264
9	Sajjad Karimi Iran	38	48	76	57	32	13	264
10	Omid Mohammad Iran	24	53	73	55	46	11	262
11	Milad Soltani Iran	38	55	51	56	37	12	249
12	Ali Talesh Hosseini Iran	38	61	51	53	21	14	238
13	Bijhan Jafari Iran	32	52	50	51	32	11	228
14	Hamid Heydari Iran	25	60	51	42	26	15	219
15	Meysam Mousavi Iran	24	51	58	49	22	13	217

16	Amir Hossein Zanjani Iran	28	56	45	54	20	14	217
17	Amin Babaei Qane Iran	30	48	40	45	35	4	202

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SILVER MEN - Silver - Mr.Universe - 1

		Lying Pull-up	Squat Jeferson	Bench Dip	Dumbbell Lunges	Situps	KB Snatch	Total
1	Omid Kalji Iran	57	65	130	69	59	72	452
2	Ali Talesh Hosseini Iran	52	72	111	55	44	70	404
3	Ansar Mardani Iran	51	56	110	72	40	72	401
4	Shahrouz Samiee Iran	54	61	111	56	47	57	386
5	davood tayerani Iran	45	80	95	58	37	65	380
6	Mostafa Ezzatifar Iran	50	45	102	49	47	65	358
7	Homayun Karimi Iran	47	69	80	53	43	65	357
8	Amir Hossein Zanjã Iran	52	45	93	54	40	66	350
9	Mirdavoud Pour rez Iran	38	63	70	51	50	75	347
10	Aydin Baghaee Iran	26	52	76	60	33	48	295

Mr.Universe Tehran

BRONZE MEN - Bronze - Mr.Universe - 1

		Modified Lying Chin Up	KB Squat Bronze	Push Ups	DB Lunges Bronze	BW Sit Ups	KB Swing	Total
1	Sattar Akbarnezhad Iran	59	105	70	71	67	58	430
2	Ali Sadeghi Nasrabadi Iran	54	104	89	59	46	55	407
3	Morteza Khateri Iran	63	86	81	58	46	57	391
4	Mahdi Ahmadi Iran	52	91	69	40	51	46	349
5	Khalegh Shahnava Iran	36	90	75	50	44	53	348
6	Hassan Molaie Iran	27	83	70	56	49	46	331
7	Behnam Salehian L Iran	39	78	53	52	43	56	321
8	Mohsen Pour Shirin Iran	26	97	58	46	45	45	317
9	Payam Yar Ahmadi Iran	32	68	77	47	13	55	292
10	Mohammad Amin Karami Iran	29	56	51	30	33	37	236

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BRONZE MEN (JUNIOR) - Bronze - Mr.Universe - 1

		Modified Lying Chin Up	KB Squat Bronze	Push Ups	DB Lunges Bronze	BW Sit Ups	KB Swing	Total
1	Moien Rostami Ros Iran	55	78	65	50	59	50	357
2	Parsa Tabandeh Iran	40	90	66	40	47	52	335
3	Alireza Lotfullahi Iran	30	90	60	42	30	33	285
4	Amir Hossein Ebad Iran	49	76	47	30	41	39	282

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BRONZE MEN MASTER - Bronze - Mr.Universe - 1

		Modified Lying Chin Up	KB Squat Bronze	Push Ups	DB Lunges Bronze	BW Sit Ups	KB Swing	Total
1	Mehdi Taslimi Iran	51	75	71	59	52	55	363
2	Asghar Bagheri Iran	49	66	78	50	42	60	345
3	Seyed Hossein Mot Iran	36	75	61	67	40	46	325
4	Homayoun Karimiza Iran	40	74	75	32	26	42	289

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GOPLD MEN (JUNIOR) - Gold - Mr.Universe - 1

		Pull-Up	kb squat and pull	Dips	Walking-Lunges	Toes To Bar	Devil Press	Total
1	Ali Moshkel gosha Iran	45	67	55	55	18	12	252
2	Reza Zerehpoush Iran	25	70	49	55	21	16	236
3	Mohammad Hassan Kf Iran	32	59	61	58	16	4	230
4	Mohammad Khorasani Iran	32	47	57	52	29	13	230
5	Amir Mohamad Baghbæ Iran	27	56	48	65	19	13	228
6	seyed Hesam Hosseini Iran	34	49	47	40	38	12	220
7	Mahiman Abutalebi Iran	31	47	47	45	32	10	212
8	Mohammad Reza Raza Iran	19	57	13	42	26	15	172

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GOLD MEN MASTER - Gold - Mr.Universe - 1

		Pull-Up	kb squat and pull	Dips	Walking-Lunges	Toes To Bar	Devil Press	Total
1	Reza Azad Iran	28	52	63	58	30	10	241
2	Reza Atrak Iran	34	54	58	48	25	12	231
3	Shahrouz Samiee Iran	30	40	58	54	30	15	227
4	Jamal Ebrahimi Sadr Al Iran	22	55	48	45	26	13	209
5	Basir Alinia Iran	26	49	40	47	28	12	202
6	Mehdi Nik Sefat Iran	26	40	45	50	31	8	200
7	Saeed Hosseinvand Iran	28	47	34	55	21	10	195
8	Seyed Ghasem Mortazavi Iran	26	44	39	20	20	10	159

Mr.Universe Tehran

SILVER MEN (JUNIOR) - Silver - Mr.Universe - 1

		Lying Pull-up	Squat Jeferson	Bench Dip	Dumbbell Lunges	Situps	KB Snatch	Total
1	Ali Moshkel gosha Iran	51	61	103	55	34	59	363
2	Sepehr Naderi Iran	36	70	89	45	38	53	331
3	seyed Hesam Hosseini Iran	38	52	75	48	40	50	303
4	Mahiman Abutalebi Iran	35	44	72	40	34	57	282
5	Hossein Rajabi Iran	29	50	76	49	37	22	263
6	Amir Mahdi Madah Iran	30	45	55	28	40	65	263
7	Amir Mohamad Baghb Iran	0	0	0	0	0	0	0
8	Mohammad Khorasani Iran	0	0	0	0	0	0	0

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SILVER MEN MASTER - Silver - Mr.Universe - 1

		Lying Pull-up	Squat Jeferson	Bench Dip	Dumbbell Lunges	Situps	KB Snatch	Total
1	Nourodin Rezaee Iran	39	65	103	63	40	60	370
2	Reza Atrak Iran	39	48	80	49	36	53	305
3	Saeed Hosseinvand Iran	30	46	81	31	41	50	279
4	Saeed Mohajeri Iran	30	33	61	45	38	62	269
5	Mahdi Karimifar Iran	30	50	54	29	35	45	243
6	Basir Alinia Iran	0	0	0	0	0	0	0

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Student competitions - Gold - Mr.Universe - 1

		Push Ups	kb squat and pull	Dips	Walking-Lunges	Toes To Bar	Devil Press	Total
1	Hossein Rajabi Iran	21	44	24	48	16	10	163
2	Mohammad Reza Raza Iran	17	44	20	37	20	16	154
3	Parsa Tabandeh Iran	13	30	25	40	29	10	147

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Sub Junior - Children - Mr.Universe - 1

		Jump Squat	Push Ups	Jump Burpees	Lying Pull-up	BW Lunges	BW Sit Ups
1	Amir Mohammad Pour Iran	135	77	42	32	88	40
2	Taha Hajializade Iran	130	74	33	28	90	28
3	Amir Ali Nezhad Rad Iran	101	50	26	30	61	33
4	Amir Hossein Mahmou Iran	89	70	10	27	39	20

Mr.Universe Tehran women

gold women senior - Gold - Mr.Universe - Round 1

		Pull-Up	kb squat and pull	Dips	Walking-Lunges	Toes To Bar	Devil Press
1	Zeynab Marvian Iran	22	71	46	73	29	16
2	tayebe baharloo Iran	28	64	34	55	33	18
3	monire faridi Iran	23	70	27	69	17	12
4	Hananeh Ghaffari Iran	17	47	26	71	32	17
5	Zahra Jebraieli Iran	13	55	19	60	37	15
6	nazanin tavasoli ç Iran	18	53	27	52	21	14
7	ghazale mohamr Iran	19	45	21	58	23	10
8	shabnam sadat h Iran	10	55	9	52	26	12
9	Bit a gholami nia Iran	0	0	0	0	0	0

Mr.Universe Tehran women

Silver women Senior - Silver - Mr.Universe - Round 1

		Lying Pull-up	Squat Jeferson	Bench Dip	Dumbbell Lunges	Situps	KB Snatch
1	shabnam taheriar Iran	48	107	79	63	42	70
2	monire faridi Iran	56	84	67	69	59	71
3	hanane ghafari hã Iran	32	85	76	61	53	57
4	nazanin tavasoli ç Iran	42	66	105	50	34	56
5	zahra jebraili Iran	39	66	64	66	49	66
6	shabnam sadat h Iran	36	69	64	51	41	60
7	Bitã gholami nia Iran	28	68	50	47	36	43
8	fereshte pak neja Iran	33	71	45	45	31	40
9	parvin danai far Iran	17	32	50	55	42	41
10	fateme khosh raft Iran	0	0	0	0	0	0

Mr.Universe Tehran women

Boronz women senior - Bronze - Mr.Universe - Round 1

		CHIN-UPS	KB Squat Bronze	Push-Ups Bronze	DB Lunges Bronze	Situps	KB Swing
1	fateme nasiri Iran	40	118	61	71	29	64
2	negar shiri varnar Iran	33	89	36	53	53	59
3	fereshte pak nejati Iran	29	95	38	48	45	53
4	somaye moradiar Iran	16	74	41	50	49	50
5	elham rahim khar Iran	16	70	17	32	46	60
6	shima momeni Iran	18	72	10	48	29	51

Mr.Universe Tehran women

boronz women Junior - Bronze - Mr.Universe - boronz

		CHIN-UPS	KB Squat Bronze	Push Ups	DB Lunges Bronze	Situps	KB Swing	Total
1	mahsa dabagh ha Iran	13	100	30	48	44	49	284
2	setare sadat yazd Iran	17	88	23	37	52	44	261
3	yalda malakoti Iran	29	102	18	25	40	40	254
4	fateme karimi Iran	0	0	0	0	0	0	0

Mr.Universe Tehran women

boronz women Master - Bronze - Mr.Universe - boronz

		CHIN-UPS	KB Squat Bronze	Push Ups	DB Lunges Bronze	Situps	KB Swing	Total
1	negin zohre Iran	33	71	32	55	42	59	292
2	sogol sadegh zad Iran	14	80	25	50	39	49	257
3	mahlagha eghbali Iran	8	75	10	26	32	53	204

Mr.Universe Tehran women

Children women - Children - Mr.Universe - round 1

		Jump Squat	Push Ups	Jump Burpees	Lying Pull-up	BW Lunges	BW Sit Ups
1	bahar bahadori Iran	160	120	43	70	62	52
2	behnaz babai zad Iran	133	90	43	57	80	74
3	paniz tavasoli Iran	156	68	47	56	67	63

Mr.Universe Tehran women

Gold women Junior - Gold - Mr.Universe - gold

		Pull-Up	kb squat and pull	Dips	Walking-Lunges	Toes To Bar	Devil Press
1	nafise rajabi zare Iran	21	47	25	63	28	13
2	faeze heydari Iran	13	50	22	63	29	13
3	niloofar sadat mo Iran	18	58	17	58	0	0
4	mohadese kave s Iran	16	20	23	53	21	7
5	marzie seidal poc Iran	10	25	18	45	19	7

Mr.Universe Tehran women

gold women Master - Gold - Mr.Universe - gold

		Pull-Up	kb squat and pull	Dips	Walking-Lunges	Toes To Bar	Devil Press
1	mahsa jan mohar Iran	5	50	12	57	29	15
2	hasibe baharloo Iran	13	51	17	49	28	9
3	mehr angiz mokh Iran	3	57	17	64	14	9
4	fateme khosh rafi Iran	2	46	10	28	23	5
5	parvin danai far Iran	0	36	1	53	12	6

Speedfit team Men results

- **Army Forces (Army):** 12:52.16 🏆
 - Sajad Parvin
 - Amir Parvin
 - Milad Soltani
 - Erfan Ghezeli
- **Army Forces (Army):** 13:11.19 🏆
 - Omid Kalji
 - Omid Mohamadjani
 - Mahdi Soltani
 - Ansar Mardani
- **Fars Arena:** 16:12.90 🏆
 - Reza Azad
 - Alireza Safaee
 - Reza Zerehpoosh
 - Mohammad Hossein Kheirkhah

Speedfit Team Women

Team Zafar

Record: 10:49 🏆

1. Zeinab Marvian Hosseini
2. Faeze Heidari
3. Nafiseh Rajabi Zare
4. Mahsa Jan Mohammadi

Team Energy Yazd

Record: 15:28 🏆

1. Zahra Jebraeili
2. Hananeh Ghaffari
3. Nasrin Talebi
4. Shabnam Taherian Doost

Team Shahin

Record: 17:04 🏆

1. Moneireh Faridi
2. Tayebah Baharloo
3. Ghazal Mohammadi
4. Shabnam Hosseini