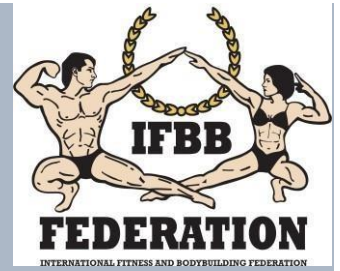


DIAMOND CUP LUXEMBOURG



MAIN INFORMATION

NAME OF THE EVENT: 2024 IFBB DIAMOND CUP LUXEMBOURG		
CITY / COUNTRY: LUXEMBOURG		
DATE: SATURDAY, SEPTEMBER 21st, 2024 – competition starts at 09:30am		
EVENT OPEN FOR: ALL IFBB-AFFILIATED NATIONAL FEDERATIONS		
IFBB ELITE PRO CARD QUALIFIER	YES <input checked="" type="checkbox"/>	NO <input type="checkbox"/>
IFBB INTERNATIONAL RANKING QUALIFIER	YES <input checked="" type="checkbox"/>	NO <input type="checkbox"/>
DAY OF ARRIVAL: FRIDAY, SEPTEMBER 20th, 2024		
DAY OF DEPARTURES: SUNDAY, SEPTEMBER 22nd, 2024		
REGISTRATION DAY: FRIDAY, SEPTEMBER 20th, 2024	TIME: 16:00 -19:00	PLACE: L 6910 Roodt-sur-Syre 20, rte de Luxembourg Centre Culturel SYRKUS
WEIGH-IN DAY: FRIDAY, SEPTEMBER 20th, 2024	TIME: 16:00 -19:00	PLACE: L 6910 Roodt-sur-Syre 20, rte de Luxembourg Centre Culturel SYRKUS
<p>*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.</p>		
RECOMMENDED AIRPORT: LUXAIRPORT FINDEL Luxembourg International Airport		
<p>VISA INFORMATION: Luxembourg is an EU country but is also a member of the Schengen zone. Citizens from EU member states can visit Luxembourg with their ID cards. Visitors who are not from EU countries are placed in two groups: the first group is the non-visa-exempt group, and the second is the visa-exempt group (90 countries). List of countries whose citizens require a visa available here: https://mae.gouvernement.lu/dam-assets/services-aux-citoyens/visa-et-immigration/list-of-countries-whose-citizens-require-a-visa.pdf</p> <p>.</p> <p>* Since 1 October 2022, third-country nationals residing outside the European Union may travel to Luxembourg regardless of their vaccination status. Covid-19 testing is no longer required.</p> <p>*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.</p>		
VENUE: CENTRE CULTUREL SYRKUS L 6910 ROODT-SUR-SYRE 20, rte de Luxembourg		
HOTEL INFORMATION		
RECOMMENDED HOTEL: LEGERE HOTEL Luxembourg (onpagebooking.com)		

REGISTRATION FEE:

Each athlete must pay the IFBB registration fee of **EUR €200**.

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of **EUR €50**.

CROSSEOVERS: EUR €100 per each of the additional categories.

DEADLINE FOR ONLINE PAYMENT: SEPTEMBER 10th, 2024.

*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid.

The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti- Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are **EUR €40/USD \$50** and are mandatory.

*All posing music must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

CATEGORIES:

Beginner Men Bodybuilding open	Beginner Women Bodyfitness Open
Junior Men Bodybuilding 16 -23 years open	Master Women Bodyfitness 35 year & over open
Master Men Bodybuilding 40-49 years open	Women Bodyfitness up to & incl. 163 cm
Master Men Bodybuilding 50 years & over open	Women Bodyfitness over 163 cm
Men Bodybuilding up to & incl. 75 kg	Women Physique Open
Men Bodybuilding up to & incl. 80 kg	Beginner Women Wellness open
Men Bodybuilding up to & incl. 90 kg	Women Wellness up to & incl. 163 cm
Men Bodybuilding up to & incl. 100 kg	Women Wellness over 163 cm
Men Bodybuilding over 100 kg	Beginner Women Bikini open
Beginner Men Classic Physique open	Junior Women Bikini 16-23 years open
Master Men Classic Physique 40 years & over open	Master Women Bikini 35 years & over open
Men Classic Physique up to & incl. 175 cm	Women Bikini up to & incl. 162 cm
Men Classic Physique over 175 cm	Women Bikini up to & incl. 166 cm
Muscular Men Physique open	Women Bikini up to & incl. 169 cm
Beginner Men's Physique open	Women Bikini over 169 cm
Junior Men's Physique 16-23 years open	Women Fit-Model open
Master Men Physique 40 years & over open	
Men's Physique up to & incl. 173 cm	Men Classic Bodybuilding up to & incl. 175 cm
Men's Physique up to & incl. 176 cm	Men Classic Bodybuilding over 175 cm
Men's Physique up to & incl. 182 cm	
Men Physique over 182 cm	

AWARDS:

Top three athletes in each category will be awarded with **medals**.

Top six athletes in each category will be awarded with a **Certificate of Excellence** and **trophies or medals**.

Overall winner will have a **trophy**.

IFBB ELITE PRO CARDS:

19 PRO CARDS IN TOTAL

Men Bodybuilding Overall	3 Elite Pro Cards	Women Physique open	1 Elite Pro Card
Master Men Bodybuilding open	1 Elite Pro Card	Master Women Bodyfitness open	1 Elite Pro Card
Men Classic Physique Overall	1 Elite Pro Card	Women Bodyfitness Overall	2 Elite Pro Cards
Men Classic Bodybuilding Overall	1 Elite Pro Card	Women Wellness Overall	1 Elite Pro Card
Muscular Men Physique open	1 Elite Pro Card	Master Bikini open	1 Elite Pro Card
Men Physique Overall	3 Elite Pro Cards	Women Bikini Overall	3 Elite Pro Cards

*REGISTRATION DEADLINE

FINAL ENTRY FORM: **MONDAY, SEPTEMBER 09th, 2024.**

CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

TANNING NEEDS

T-Tan spray tanning-service bookings via
info@body-tan.nl

CONTACT INFORMATION:

Please send your Entry Form to:
Organizing Committee
E-mail: info@ifbbluxembourg.com

Please send a copy to IFBB Technical Committee:
Eng. Andrew Michalak
E-mail: amichalak5@gmail.com

Please send a copy to IFBB Head Office:
Ms. Daria
E-mail: contact@ifbb.com

Contact details for additional correspondence:
Mr. Guy KRIDEL
President of the IFBB Luxembourg
E-mail: kridelg@pt.lu

JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges must bring their International Judge's Cards to the Team Managers & Judges Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of **EUR €50/USD \$60** paid for the current year. This fee may also be paid at the EVENT at the Team Managers & Judges Meeting.



Scan this code to see the rules for attires of Men's Physique and Bikini