

TENTATIVE

2024 ARNOLD CLASSIC EUROPE CHAMPIONSHIPS RUNNING ORDER
(SHORT VERSION)

THURSDAY, OCTOBER 10TH, 2024

10:00 – 20:00 Continuous Registration of athletes – Centro Multiusos Las Rozas
19:00 Judges and Technical Meeting - Centro Multiusos Las Rozas

FRIDAY, OCTOBER 11th, 2024

09:00 – 20:00

- Women Artistic Fitness Open Category
- Women Acrobatic Fitness Open Category
- Men Fit-Model Open Category
- Men Games Classic Bodybuilding Open Category
- Men Classic Bodybuilding: Masters. (40-44 and +45)
- Men Classic Bodybuilding: Seniors (168,171,175,180 & + 180)
- Men Bodybuilding: Masters. 40-44 Years (70,80,90 and + 90)
- Men Bodybuilding: Masters 45-49 Years (70,80,90 and + 90)
- Men Bodybuilding: Masters 50-54 Years Open Category
- Men Bodybuilding: Masters 50-59 Years Open Category
- Men Bodybuilding: Masters 60-64 Years Open Category
- Men Bodybuilding: Masters >65 Years Open Category
- Women's Physique: Masters Open Category
- Muscular Men's Physique Open Category
- Women's Physique: Seniors (163 & +163)
- Men Classic Physique: Masters Open Category
- Men Classic Physique: Seniors (168,171,175,180 & + 180)

SATURDAY, OCTOBER 12th, 2024

09:00 – 18:00

- Men Bodybuilding: Beginners Open Category
- Women Bikini: Beginners Open Category
- Men Bodybuilding: Juniors. Open Category
- Women Bikini: Juniors (164 & +164)
- Women Bikini: Masters (35-44 years: -164, +164 & +45 years: Open Category)

- **OPENING CEREMONY**
- Men Bodybuilding: Seniors (70,75,80,85,90,95,100 & +100)
- Mixed-Pairs Open Category
- Fit-Pairs Open Category
- Women Bikini: Seniors (158,160,162,164,166,169,172 & + 172)

SUNDAY, OCTOBER 13th, 2024
09:00 – 17:00

- **Master Women Fit-Model Open Category**
- **Women Fit-Model (164,168,172 & + 172)**
- **Men's Physique: Beginners Open Category**
- **Men's Physique: Junior Open Category**
- **Women Bodyfitness: Masters Open Category**
- **Women Wellness: Masters Open Category**
- **Men's Physique: Masters (40-44, 45-49, + 50)**
- **Women Bodyfitness: Seniors (158,163,168 & + 168)**
- **Women Wellness: Seniors (158,163,168 & + 168)**
- **Men's Physique: Seniors. (170,173,176,179,182 & + 182)**