

TENTATIVE

2024 FITNESS SPORT GAMES & IFBB WORLD SERIES CUP RUNNING **ORDER (SHORT VERSION)**

THURSDAY, OCTOBER 31st, 2024

10:00 – 19:00 Continuous Registration of athletes – Parc del Colomer
19:00 Judges and Technical Meeting - Hotel Alhambra

FRIDAY, NOVEMBER 1st, 2024

09:00 – ONE CONTINOUS SESSION

- Junior Women Artistic Fitness Open Category
- Junior Women Acrobatic Fitness Open Category
- Men Fit-Model Open Category
- Women Artistic Fitness Open Category
- Women Acrobatic Fitness Open Category
- Men Games Classic Bodybuilding (175 & + 175)
- Men Games Classic Bodybuilding Master Over 40 years Open
- Men Classic Bodybuilding: Juniors Open Category
- Men Classic Bodybuilding: Masters Open Category
- Women's Physique: Masters Open Category
- Women's Physique: Seniors Open Category
- Men Bodybuilding: Masters. 40-49 Years (80,90 and + 90)
- Men Bodybuilding: Masters 50-54 Years Open Category
- Men Bodybuilding: Masters 50-59 Years Open Category
- Men Bodybuilding: Masters Over 60 Open Category
- Men Classic Bodybuilding: Seniors (171,175,180 & + 180)
- Women Wellness: Juniors Open Category
- Women Wellness: Masters Open Category
- Women Wellness: Seniors (158,163,168 & + 168)
- Muscular Men's Physique (179 & + 179)

SATURDAY, NOVEMBER 2nd, 2024

09:00 – ONE CONTINOUS SESSION

- Men Bodybuilding: Juniors. Open Category
- Women Bodyfitness: Juniors Open
- Women Bodyfitness: Masters (35 to 44 years & + 45 years)
- Men Bodybuilding: Seniors (70,75,80,85,90,95,100 & +100)
- Women Bodyfitness: Seniors (158,163,168 & + 168)
- Men Bodybuilding: Games Bodybuilding (170, 178 & + 178)
- Men's Physique: Junior (16 to 19 years: Open Cat – 20-23 years: 178 & +178)
- Men Physique: Games Men Physique (170, 178 & + 178)
- Men's Physique: Masters Open Category
- Men's Physique: Seniors. (170,173,176,179,182 & + 182)

SUNDAY, NOVEMBER 3rd, 2024
09:00 – ONE CONTINUOUS SESSION

- **Master Women Fit-Model Open Category**
- **Men Classic Physique: Juniors Open Category**
- **Men Classic Physique: Masters Open Category**
- **Women Fit-Model (162,168 & + 168)**
- **Men Classic Physique: Seniors (171,175,180 & + 180)**
- **Women Bikini: Juniors (16 to 19 years Open Category – 20 to 23: 164 &+164)**
- **Women Bikini: Masters. (35-44 years: -164, +164 & +45 years: Open Category)**
- **Women Bikini: Games Bikini (160,164, 168 & +168)**
- **Women Bikini: Seniors (160,162,164,166,169,172 & + 172)**