

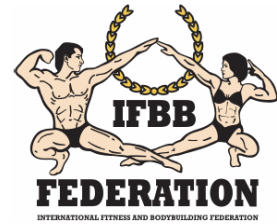
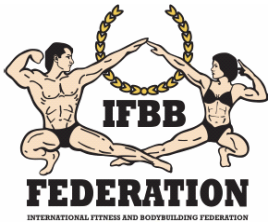
**IFBB “AHMAD ALI MR. UNIVERSE EGYPT”
(MEN JUNIOR, SENIOR AND MASTERS CATEGORIES)**

NAME OF THE EVENT	: IFBB “Ahmd Ali Mr. Universe Egypt” (MEN JUNIOR, SENIOR AND MASTERS CATEGORIES)		
CITY / COUNTRY	: Cairo – Egypt		
DATE	: OCTOBER, 17 – 20, 2024		
EVENT OPEN FOR	: All IFBB-Affiliated National Federations		
ELITE PRO CARD QUALIFIER	YES <input checked="" type="checkbox"/>	NO	<input type="checkbox"/>
IFBB INTERNATIONAL RANKING QUALIFIER		YES <input checked="" type="checkbox"/>	NO <input type="checkbox"/>
DAY OF ARRIVALS: 17/10/2024 (Thursday)		DAYS OF COMPETITION:	18-19/10/2024
DAY OF DEPARTURES: 20/10/2024 (Sunday)			
REGISTRATION : 17/10/2024	TIME : 10:00 – 19:00	PLACE :	Cairo Stadium
WEIGH-IN DAY : 17/10/2024	TIME : 10:00 – 19:00	PLACE :	Cairo Stadium

***All Athletes must wear their posing attire during the weigh-in for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.**

RECOMMENDED AIRPORT: (CAI) Cairo International Airport.

VISA INFORMATION: GCC All National Federations could ask for an Invitation Letter either to the Championship Organizer. The invitation letter does not mean you are granted your visa. IFBB and Championship organizer are not responsible of attendants’ visas. To receive invitation letter, the applicant should forward to the IFBB or Championship organizer a copy (scan) of his/her passport. If the visa is not granted, the Cancellation Policies for the championship will still apply. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned event for visa purposes and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use any misuse and/or unlawful utilization of the same visa.



Hotel Information:

Sonesta Hotel & Resort. Cairo, Egypt.

The official hotel of the event is Sonesta Hotel, Nasr City. All athletes, delegates & supporters kindly book your accommodation through <https://www.sonesta.com/>

There are many other hotels and apartments in the vicinities. The Hotel is located in 20 minute drive from Cairo international airport & 10 minutes drive to the venue.

PLEASE NOTE: Reservation, booking and all costs for hotel accommodation, travelling, transport from and to the airport and meals, are the responsibilities of the national federations or individual athletes. Check with your National Federation for more information.

Registration:

* Official Athlete Registration will take place at the Cairo International Stadium, indoor Complex Hall (1) on Thursday, October 17th, 2024, from 10:00 till 19:00 hrs.

* Registration of athletes will only be considered if they are entered by the National Federation of the athlete by sending the Final Entry Form with their names directly to the Egyptian Federation President, to the IFBB Technical Committee and IFBB Head Office in Madrid. The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

* It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti- Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

* All athletes will have to produce their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are EUR €40 and are mandatory.

Registration fee for athletes to enter this competition is EUR €150



VENUE: Cairo International Stadium, indoor complex- Hall (1), holds 16900 spectators. The stadium is located at Nasr city, Cairo - Egypt.

* All posing music must be on an audio CD only. The posing music must also be at the start of the CD. Each competitor must affix his name on the CD for easy identification. The use of profane, vulgar and offensive language is strictly prohibited in the posing music.

* All Athletes must wear their posing attire during weigh-in for inspection. Posing attire and tanning must be in accordance to IFBB rules. Any tanning which can be wiped off is not allowed. You will receive your tags for athletes and coaches at the registration.

* PRELIMINARY ENTRY FORM: 30/09 /2024

* FINAL ENTRY FORM: 05/10/2024

* CROSSOVERS: Eur €100 Fper each of the additional categories.

* Crossovers between the following men's sports divisions are allowed: Classic Bodybuilding – Classic Physique – Bodybuilding.

* All posing music must be on a USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

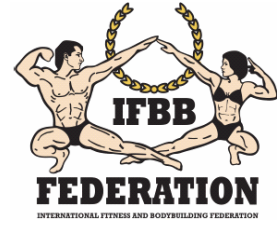
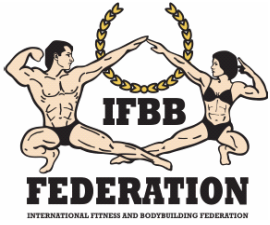
Categories:

MEN'S BODYBUILDING

- o Up to & including 70 kg.
- o Up to & including 80 kg.
- o Up to & including 90 kg.
- o Over 90 kg.

JUNIOR MEN'S BODYBUILDING (Up to 19 YEARS)

- o Up to & including 75 kG.
- o Over 75 Kg.



JUNIOR MEN'S BODYBUILDING (Up to 23 YEARS)

- o Up to & including 75 kG.
- o Over 75 Kg.

MEN'S PHYSIQUE

- o Up to & including 173 cm
- o Up to & including 178 cm
- o Over 178 cm

JUNIOR MEN'S PHYSIQUE (Up to 19 YEARS)

- o Up to & including 173 cm
- o Over 173 cm

JUNIOR MEN'S PHYSIQUE (Up to 23 YEARS)

- o Up to & including 173 cm
- o Over 173 cm

MUSCULAR MEN'S PHYSIQUE

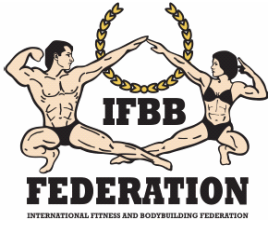
- o Up to & included 179 cm
- o Over 179 cm

MEN'S CLASSIC PHYSIQUE

- o Up to & including 173 cm
- o Up to & including 178 cm
- o Over 178 cm

JUNIOR MEN'S CLASSIC PHYSIQUE (Up to 23 YEARS)

- o Up to & including 173 cm
- o Over 173 cm



MASTER BODYBUILDING (40 YEARS)

- o Up to & including 75 kG.
- o Up to & including 90 kG.
- o Over 90 kG.

MASTER BODYBUILDING (50 YEARS)

- o Up to & including 80 kG.
- o Over 80 kG.

MASTER BODYBUILDING (60 YEARS)

- o Up to & including 80 kG.
- o Over 80 kG.

AWARDS & IFBB ELITE PRO CARDS

- o Top three athletes in each category will be awarded with medals.
- o Top six athletes in each category will be awarded with a Certificate of Excellence from the IFBB.
- o Overall in each discipline will win IFBB Elite.
- o TOTAL NUMBER OF IFBB ELITE PRO CARDS: (5)

ALL CATEGORIES IN:

- o MEN'S BODYBUILDING
- o MASTER BODYBUILDING
- o MEN'S PHYSIQUE
- o MUSCULAR MEN'S PHYSIQUE
- o MEN'S CLASSIC PHYSIQUE



CAMERA/VIDEOTAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the Dressing room area.

TANNING NEEDS

TANNING FEE PER PERSON: Eur €100

The IFBB has banned all tans that can be wiped off. An official will check the tan of all of the athletes in the backstage, and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

Tentative Agenda

Thursday October 17, 2024

10.00 AM – 10.00 PM Registration & Weigh-in

Friday October 18, 2024

From 10.00 to the end of session Competition Session of Official Categories

Saturday October 19, 2024

From 10.00 to the end of session Competition Session of Official Categories

Sunday October 20, 2024

07.00 AM – 10.00 AM Departure



CONTACT INFORMATION

All entry forms and correspondence should be addressed to:

- EFBF President, Dr. Eng. Adel Fahim, ifbbcairo@gmail.com
- IFBB Head Office: contact@ifbb.com
- IFBB Technical Committee, Mr. Andrew Michalak, amichalak5@gmail.com

The deadline date for submitting the Final Entry Forms is October 5th, 2024.

Egyptian Fitness & Bodybuilding Federation (E.F.B.F)

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