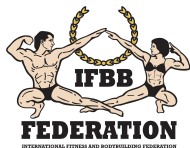


# Asian Championship-Lebanon 2023



## Men's - Individual Gold Level - Gold - Asian Championship - Final Round

		Pull-Up	Box Jump	Dips	Walking-Lunges	Situps	Devil Press
1	Kasra Khosravi Iran	26	58	92	64	70	21
2	Sajjad Karimi Iran	41	51	92	52	54	15
3	Ali Talesh Hosseini Iran	36	59	71	55	60	17
4	Adham Alsqour Jordan	34	47	68	38	49	26
5	Abdolrahman Aqler Jordan	20	49	56	66	48	23
6	Abbas Ahmad Lebanon	23	48	67	64	34	9

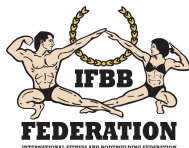


# Asian Championship-Lebanon 2023



Woman's - Individual Gold Level - Gold - Asian Championship - Final Round

		Pull-Up	Box Jump	Dips	Walking-Lunges	Situps	Devil Press
1	Partou Asadi Sama Iran	22	51	56	72	53	19
2	Zeynab Marvian Iran	18	42	36	71	48	19
3	Sara Abvshawish Jordan	23	46	21	70	38	23
4	Deva Zibdeyb Jordan	18	37	30	63	45	22
5	Zahra Niazi Parian Iran	16	40	31	60	49	18
6	Quol Abaza Jordan	20	44	29	62	34	23
7	Monireh Faridi Iran	23	34	24	67	42	14

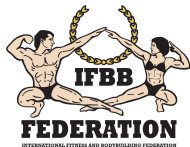


# Asian Championship-Lebanon 2023



Men's - Individual Silver Level - Silver - Asian Championship - Final Round

		Lying Pull-up	Squat Jeferson	Bench Dip	Dumbbell Lunges	Situps	KB Snatch	<b>Total</b>
1	Kasra Khosravi Iran	62	80	139	64	80	77	502
2	Abdolrahman Aqler Jordan	50	80	106	58	60	62	416
3	Ali Talesh Hosseini Iran	67	85	76	67	58	60	413
4	Sajjad Karimi Iran	69	65	126	43	39	67	409
5	Mehrdad Hadadi Iran	43	96	74	49	52	52	366
6	Roudi Sobh Jordan	50	60	110	20	66	40	346

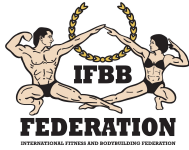


# Asian Championship-Lebanon 2023



Woman's - Individual Silver Level - Gold - Asian Championship - Final Round

	Lying Pull-up	Squat Jeferson	Bench Dip	Dumbbell Lunges	Situps	KB Snatch	<b>Total</b>
1 Partou Asadi Sama Iran	<b>31</b>	<b>77</b>	<b>104</b>	<b>74</b>	<b>58</b>	<b>74</b>	<b>418</b>
2 Benan Aljafdri Jordan	<b>28</b>	<b>65</b>	<b>84</b>	<b>67</b>	<b>63</b>	<b>65</b>	<b>372</b>
3 Zeynab Marvian Iran	<b>36</b>	<b>40</b>	<b>73</b>	<b>69</b>	<b>53</b>	<b>73</b>	<b>344</b>



# Asian Championship-Lebanon 2023



Men's Junior - Gold Level - Gold - Asian Championship - Final Round

		Pull-Up	Box Jump	Dips	Walking-Lunges	Situps	Devil Press	<b>Total</b>
1	Mohammad Parast Iran	<b>27</b>	<b>53</b>	<b>53</b>	<b>44</b>	<b>45</b>	<b>16</b>	<b>238</b>
2	Abolfazl Hajbagher Iran	<b>15</b>	<b>7</b>	<b>5</b>	<b>7</b>	<b>5</b>	<b>5</b>	<b>44</b>



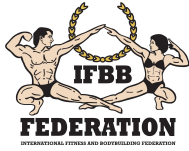
# Asian Championship-Lebanon 2023



## Men's Master- Gold Level - Gold - Asian Championship - Final Round

	Pull-Up	Box Jump	Dips	Walking-Lunges	Situps	Devil Press	<b>Total</b>	
1	Maqbol Ahmed Pakistan	19	25	48	40	40	18	<b>190</b>
2	Mahmoud Abdolm Iran	13	24	36	30	7	4	<b>114</b>
3	Yousef Ahmad Lebanon	9	8	7	8	2	1	<b>35</b>
4	Mohammad Alkazn Iraq	5	7	6	7	4	2	<b>31</b>





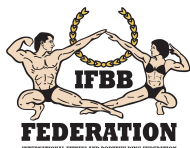
# Asian Championship-Lebanon 2023



Woman's Master - Silver Level - Silver - Asian Championship - Final Round

		Lying Pull-up	Squat Jeferson	Bench Dip	Dumbbell Lunges	Situps	KB Snatch	<b>Total</b>
1	Zahra Niazi Parian Iran	<b>34</b>	<b>74</b>	<b>103</b>	<b>67</b>	<b>72</b>	<b>66</b>	<b>416</b>
2	Monireh Faridi Iran	<b>36</b>	<b>75</b>	<b>54</b>	<b>21</b>	<b>52</b>	<b>65</b>	<b>303</b>





# Asian Championship-Lebanon 2023



## Men's Couple - Silver Level - Silver - Asian Championship - Final Round

		Total	Total
1	Ali Talesh Hosseini Iran Kasra Khosravi Iran	658	658
2	Abdolrahman Aqlen Jordan Adham Alsqour Jordan	638	638
3	Sajjad Karimi Iran Mehrdad Hadadi Iran	631	631
4	Roudi Sobh Jordan Hussein Mersad Lebanon	606	606

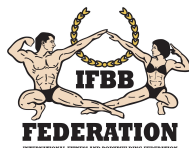


# Asian Championship-Lebanon 2023

Men's Couple - Gold Level - Gold - Asian Championship - Final Rond



		Total	Total
1	Sajjad Karimi Iran Kasra Khosravi Iran	508	508
2	Yousef Mahmoud Lebanon Abbas Ahmad Lebanon	405	405
3	Ali Talesh Hosseini Iran Mohammad Parastou Iran	400	400

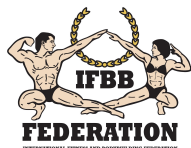


# Asian Championship-Lebanon 2023



Woman's Couple - Gold - Gold - Asian Championship - Final Round

		Total	Total
1	Partou Asadi Samani Iran Zeynab Marvian Iran	372	372
2	Zahra Niazi Parian Iran Monireh Faridi Iran	257	257
3	Benan Aljafdri Jordan Sara Abvshawish Jordan	164	164



# Asian Championship-Lebanon 2023



## Mixed Couple - Gold - Asian Championship - Final Round

		Total	Total
1	Sara Abvshawish Jordan Adham Alsqour Jordan	3	3
2	Qout Abaza Jordan Maqbol Ahmed Pakistan	2	2
3	Benan Aljafdri Jordan Abdolrahman Aqlen Jordan	1	1