

**FITNESS  
BRASIL**



@ifbbbrasiloficial

# MR UNIVERSE BRAZIL

## INSPECTION REPORT

2024 IFBB Mr. Universe Brazil  
**Amateur Inspect Report**  
August 22nd to 24th / São Paulo - Brazil





# WELCOME!

The International Federation of Bodybuilding and Fitness (IFBB), the South American Confederation of Bodybuilding and Fitness (CSFF) and the Brazilian Confederation of Bodybuilding, Bodybuilding and Fitness (CBMFF – IFBB Brazil) invite everyone to participate in **Mr. Universe Brazil**. One of the most important events in the history of the IFBB with a great tradition since 1959, taking place in the city of São Paulo, state of São Paulo, Brazil, from **August 22th to 24th, 2024**.

## LOCATION

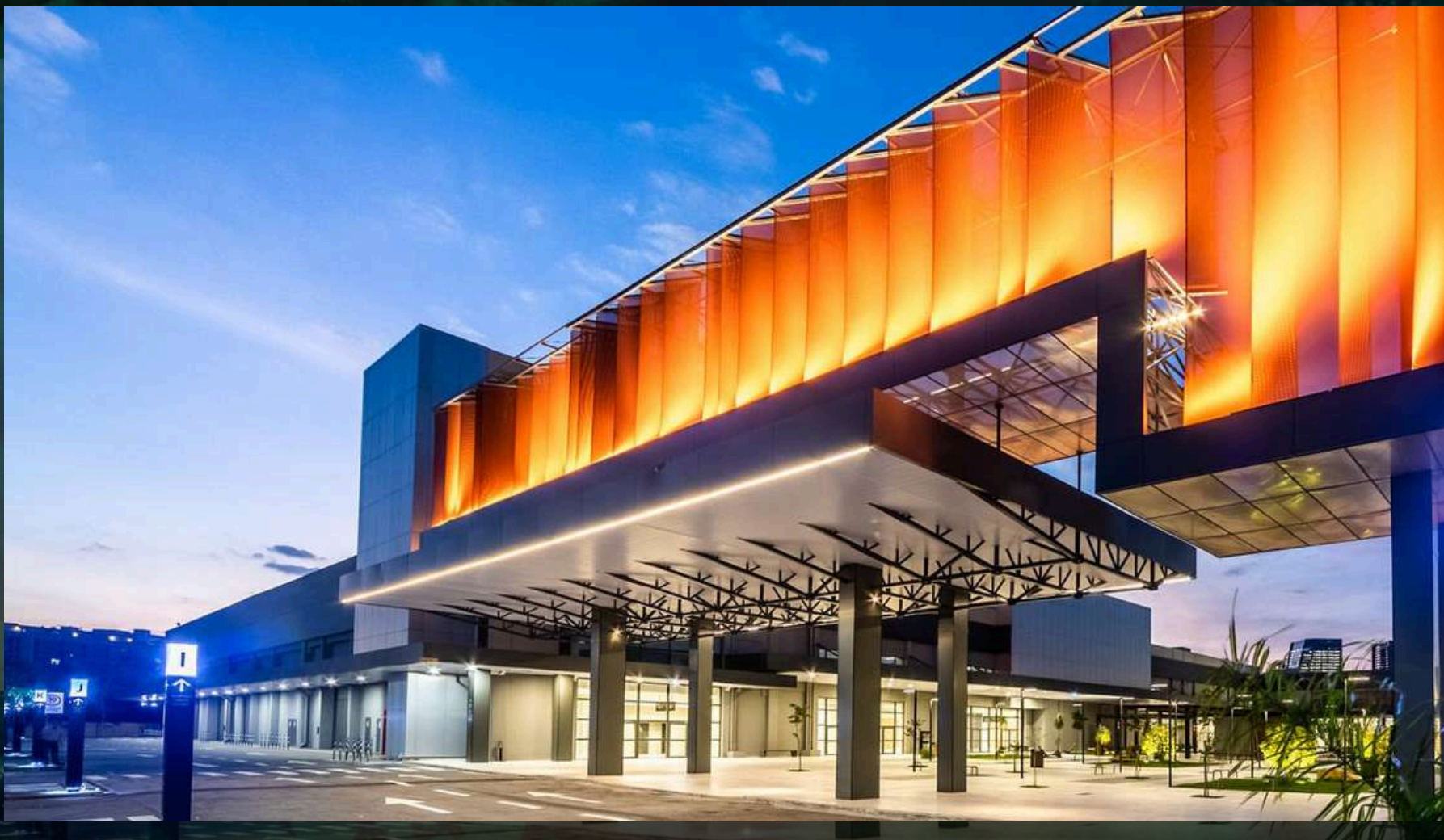
São Paulo, Brazil's financial center, is among the most populous cities in the world, with diverse cultural institutions and a rich architectural tradition. There are symbolic buildings such as the neo-Gothic cathedral, the Martinelli Building, a skyscraper inaugurated in 1929, and the Copan Building, with its curved lines designed by the modernist architect Oscar Niemeyer.

The colonial-style church of Pátio do Colégio marks the spot where Jesuit priests founded the city in 1554.





# VENUE



The competitions will take place at **TRANSAMERICA EXPO CENTER**, address Avenida Doutor Mário Villas Boas Rodrigues, nº 387 – Santo Amaro, São Paulo – SP, single entry for all (fair, courses and championship). **The location of the competition stage is on Rua E.**





# WHO CAN COMPETE?

- *Brazilian athletes must follow the qualifying procedure at the IFBB Brazilian Championships;*
- *Foreign athletes must contact their National Federation;*
- *No athlete will compete without the authorization of their National Federation.*

*All IFBB-affiliated National Federations are eligible to enter athletes in the Mr. and Ms. Universe Brazil 2024. It is important to remember that only athletes who have been approved and nominated by their respective **National Federations** will be accepted.*

*It should be noted that it is the full responsibility and obligation of the National Federation to verify that each of the athletes registered for this international event are NOT suspended or fulfill any period of ineligibility due to the Anti-Doping Rules violation or any disciplinary case at national or international level. Heads up!*

## TRANSPORT

Each athlete, delegate and supporter will be responsible for the reservation and cost of their transport from/to the airport: **Guarulhos Airport (GRU Airport).**

São Paulo/Guarulhos International Airport – Governador André Franco Montoro is the largest airport in Brazil and South America, being the second busiest in Latin American terms of the number of passengers transported. Address: Rod. Hélio Smidt, s/nº - Aeroporto, Guarulhos - SP, CEP: 07190-100





# ACCOMMODATION

Each athlete, delegate and supporter will be responsible for the hotel reservation and cost of their accommodation. Below are some recommendations:



## **HOTEL BLUE TREE PREMIUM VERBO DIVINO:**

Address: Rua Verbo Divino n. 1323,  
Chácara Santo Antônio neighborhood,  
São Paulo/SP, phone (55 11) 5683-4600.



## **INTERCITY NAÇÕES UNIDAS:**

Address: Rua Professor Milton Rodriguez  
n. 100, Parque Anhembi neighborhood,  
São Paulo/SP, phone (55 11) 2107-8844.



## **HOTEL TRANSAMERICA SÃO PAULO:**

Address: Avenue of the United Nations no.  
18591 - Vila Almeida, São Paulo/SP, phone:  
(55 11) 5693-4511.





## VOLTAGE / PLUG TYPE:

The standard voltage in the city of São Paulo is 110 V, but everywhere there are 220 V (identified) in case you need it. The plug type is N (3 pins).

## CURRENCY:

The REAL (BLR) is the official currency of the Federative Republic of Brazil. USD 1.00 = BLR 5.17 as for May 25th, 2024.

## LANGUAGE:

PORTUGUESE is the official language in Brazil.

## CLIMATE:

Maximum 25°C (77°F) and minimum 14°C (57°F)

## INTERNATIONAL CARD

All athletes must have their **valid** IFBB International Cards (Blue **Book**) up to date for 2024, which cost **EUR €40** or **USD \$50** per year and are mandatory. These Cards can be purchased or renewed on the IFBB website or at the time of registration.





# VISA

Foreign citizens who intend to travel to Brazil for tourism may or may not need a visa.

**Passport holders of dozens of countries may enter Brazil without a visa (up to 90 days). Others may apply for electronic visa. Details at: [https://en.wikipedia.org/wiki/Visa\\_policy\\_of\\_Brazil](https://en.wikipedia.org/wiki/Visa_policy_of_Brazil)**

It is the responsibility of the National Federations to obtain an entry visa for the country organizing the Championship. All National Federations may request an invitation letter from the IFBB Office (contact@ifbb.com). The invitation letter does not mean that you have received your visa. Neither the IFBB nor the organizers of Mr. Universe Brazil are responsible for visas. To receive an invitation letter, the applicant must forward the following information to the IFBB headquarters:

- *A copy (scan) of the passport and place of stay in the country.*





# ENROLLMENT

## STEP BY STEP FOR REGISTRATION PAYMENT

1. Be a member of your **National Federation**.
2. Follow the qualification rules set by your National Federation.
3. Register as an international athlete by paying your IFBB Blue Book at <https://ifbb.com/competition-registration/>
4. Request participation in the championship from your profile.
5. Register for the championship and pay the entry fee before the due date indicated in the information report.
6. Use your personal access code to download the liability form and submit your music.
7. Registration fee.

## VALUES

- **Online registration fee:** EUR€120 (one hundred and twenty Euros), to be paid through IFBB Webpage: not later than August 13th, 2024, 23:59 CEST (UTC + 2).
- **Registration fee paid on the day of registration:** EUR €170 (one hundred and seventy Euros);
- **Crossover (additional categories):** EUR €100 (one hundred Euros) per each of the additional categories will be charged.





# FINAL ENTRY FORMS

All Final Entry Forms should be directed to [presidente@ifbb.com.br](mailto:presidente@ifbb.com.br) in the care of Ms. Diana Monteiro, to the IFBB headquarters: [contact@ifbb.com](mailto:contact@ifbb.com) and IFBB Technical Committee: [amichalak5@gmail.com](mailto:amichalak5@gmail.com).

- The deadline for submitting the Final Entry Form is Monday, August 12th, 2024.
- The national federations are responsible for submitting the form (not the athletes).

## ELITE PRO CARD REQUEST

10 Elite Pro Cards in total. **OVERALL** or **OPEN CATEGORY** winners in senior categories have the right to apply for the ELITE PRO CARD. The request for the Elite Pro Card does not imply the automatic professionalization of the athlete.





## MALE CATEGORIES OF THE COMPETITION

### MEN'S BODYBUILDING

*JUNIOR 16-23 years - Open class*  
*SENIOR*

- Up to & incl. 70 kg
- Up to & incl. 80 kg
- Up to & incl. 90 kg
- Over 90 kg

*Overall Senior*

*MASTER 40-44 years - Open class*

*MASTER 45-49 years - Open class*

*MASTER 50 years & over - Open class*

### MEN'S CLASSIC BODYBUILDING

*JUNIOR 16-23 years - Open class*  
*SENIOR*

- Up to & incl. 175 cm
- Over 175 cm

*Overall Senior*

*MASTER 40 years & over - Open class*

### MEN'S CLASSIC PHYSIQUE

*JUNIOR 16-23 years - Open class*  
*SENIOR*

- Up to & incl. 171 cm
- Up to & incl. 175 cm
- Over 175 cm

*Overall Senior*

*MASTER - Open class*





## MALE CATEGORIES OF THE COMPETITION

### MEN'S GAMES CLASSIC

SENIOR  
 - Up to & incl. 175 cm  
 - Over 175 cm  
 Overall Senior

### MUSCULAR MEN'S PHYSIQUE

SENIOR  
 - Up to & incl. 175 cm  
 - Over 175 cm  
 Overall Senior

### MEN'S PHYSIQUE

JUNIOR 16-23 years - Open class  
 SENIOR  
 - Up to & incl. 170 cm  
 - Up to & incl. 173 cm  
 - Up to & incl. 176 cm  
 - Up to & incl. 179 cm  
 - Over 179 cm  
 Overall Senior  
 MASTER 40-49 years - Open class  
 MASTER 50 years & over - Open class

## ATTENTION!

**CATEGORIES WILL BE OPEN IF THERE ARE A MINIMUM OF 03 ATHLETES REGISTERED, OTHERWISE CATEGORIES WILL BE COMBINED, EXCEPT FOR CATEGORIES ALREADY UNIFIED. MASTERS CATEGORIES WILL NOT BE COMBINED.**





## FEMALE CATEGORIES OF THE COMPETITION

### WOMEN'S BIKINI

*JUNIOR 16-23 years - Open class*  
*SENIOR - Open class*  
*MASTER - Open class*

### WOMEN'S FIT MODEL

*SENIOR - Open class*

### WOMEN'S ACROBATIC FITNESS

*SENIOR - Open class*

### WOMEN'S ARTISTIC

*SENIOR - Open class*

### WOMEN'S BODYFITNESS

*SENIOR - Open class*  
*MASTER 35 years & over - Open class*





## FEMALE CATEGORIES OF THE COMPETITION

### WOMEN'S PHYSIQUE

*SENIOR - Open class*  
*MASTER 35 years & over - Open class*

### WOMEN'S WELLNESS

*JUNIOR 16-23 years - Open class*  
*SENIOR*  
*- Up to & incl. 158 cm*  
*- Up to & incl. 163 cm*  
*- Up to & incl. 168 cm*  
*- Over 168 cm*  
*Overall Senior*  
*MASTER 35-39 years - Open class*  
*MASTER 40 years & over - Open class*

## ATTENTION!

**CATEGORIES WILL BE OPEN IF THERE ARE A MINIMUM OF 03 ATHLETES REGISTERED, OTHERWISE CATEGORIES WILL BE COMBINED, EXCEPT FOR CATEGORIES ALREADY UNIFIED. MASTERS CATEGORIES WILL NOT BE COMBINED.**





# OFFICIAL ATHLETE REGISTRATION AND WEIGH-IN

Date: Thursday, August 22nd, 2024.

Amateur Athletes Hours: 09:00 to 15:00 (in order of categories).

Location: TRANSAMERICA EXPO CENTER

**08h00** - Arrival of the referees and team managers;

**10:00h** - Men's Classic Bodybuilding, Men's Games Classic, Women's Physique and Women's Bodyfitness;

**11:30h** - Men's Bodybuilding and Classic Physique;

**13:00h** - Men's Physique, Women's Bikini, Fit-Model;

**14:30h** - Women's Wellness, Women's Artistic Fitness, Women's Acrobatic Fitness and Muscular Men's Physique

**15:45h** - End of Registration / Weigh-in.





## OFFICIAL ATHLETE REGISTRATION AND WEIGH-IN

- All competitors must present an official photo ID at this time; foreign athletes must have their passports. Failure to present it may result in non-participation in the competition;
- Athletes must present themselves at the weigh-in wearing competition clothing for approval (amateur and professional athletes);
- **Athletes who need to decrease their bodyweight to reach the upper limit of their category will have a maximum of 30 minutes to do this. Otherwise, they will be registered according to their current bodyweight;**
- Athletes must take their food to the weigh-in place;
- Only athletes and responsible delegates from National Federations will be able to enter the weigh-in.

## MUSIC

The music must be delivered in the **MP3 format on USB drive**, with a single track, at the athletes' weighing and registration. The athlete who does not deliver **his/her USB** will perform with music chosen by the organizer.

**Vulgar, profane and offensive language are strictly prohibited in the posing music for the routines.**





# TICKETS

Tickets will be sold on the website:

<https://www.fitnessbrasil.com.br/>

or at the IHRSA FITNESS BRASIL 2004 box office at TRANSAMERICA EXPO CENTER.



## Backstage

Backstage access is strictly limited. Only IFBB delegates or officials with the specific wristband will be allowed to enter this area. **The backstage passes will be on sale at the registration of athletes (August 22nd) at a price of USD \$50.**

## JUDGES

**IFBB International Judges** must be included in the **Final Entry Form** submitted by National Federations in accordance with the IFBB Rules. International IFBB judges must have a valid IFBB Judge's Card with the IFBB annual judges fee of EUR €50 (USD \$60) for the 2024 payout.





# COMPETITION

TENTATIVE SCHEDULE  
Friday, August 23rd, 2024  
(Prejudging and Finals)

**Arrival Time for Referees and Delegates:** at 12:00

**Athletes Arrival Time:** from 13:00

**Competition Start Time:** at 14:00

**Venue:** TRANSAMERICA EXPO CENTER, street E

- *Women's Acrobatic Fitness*
- *Women's Artistic Fitness*
- *Women's Bikini*
- *Men's Physique*
- *Women's Bodyfitness*
- *Women's Fit Model*





# COMPETITION

TENTATIVE SCHEDULE  
Saturday, August 24th, 2024  
(Prejudging and Finals)

**Arrival Time for Referees and Delegates:** at 08:00

**Athletes Arrival Time:** from 09:00

**Competition Start Time:** at 10:00

**Venue:** TRANSAMERICA EXPO CENTER, street E

- *Women's Physique*
- *Men's Bodybuilding*
- *Men's Classic Bodybuilding*
- *Men's Games Classic*
- *Women's Wellness*
- *Muscular Men's Physique*
- *Men's Classic Physique*





# AWARDS

- Medals for the Top 6 (six finalists);
- Trophy for the champion of each category;
- Trophy for the Overall winner;
- The top 6 athletes in the senior categories will receive points in the 2024 IFBB World Ranking, according to the World Ranking Rules;

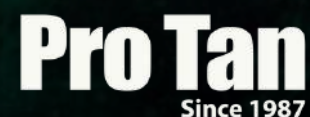
## Prize money:

Prize money will be split as follows for *Men's Bodybuilding, Men's Classic Bodybuilding, Men's Classic Physique, Men's Physique, Muscular Men's Physique, Women's Wellness, Women's Bikini, Women's Bodyfitness and Women's Physique* in the SENIOR division:

- **1st place:** R\$ 500.00 (five hundred reais);
- **2nd place:** R\$ 300.00 (three hundred reais);
- **3rd place:** R\$ 200.00 (two hundred reais).

**The cash prize for the TOP COACH (coaches) will be as follows:**

- **1st place:** R\$ 1200.00 (one thousand and two hundred reais);
- **2nd place:** R\$ 800.00 (eight hundred reais);
- **3rd place:** R\$ 500.00 (five hundred reais).





# TANNING

The **Fit Bronze** company will be responsible for painting the athletes in **Mr. Universe Brazil**. Appointments will be made on the day of the **official athlete registration** with the Fit Bronze representative.

**Payment method: cash R\$ 300.00 or USD \$60 (sixty dollars), or card R\$ 330.**

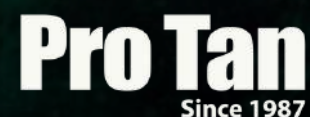


## Important:

It will be forbidden to stay in the Backstage with painting machines unless the official company hired by the Federation!

The IFBB has banned all products that can stain.

An IFBB official will check the **tanning** of all athletes backstage and, in case the product leaves the body when touched, the athlete will be asked to remove all paint before going onstage.





# MAKEUP AND HAIR

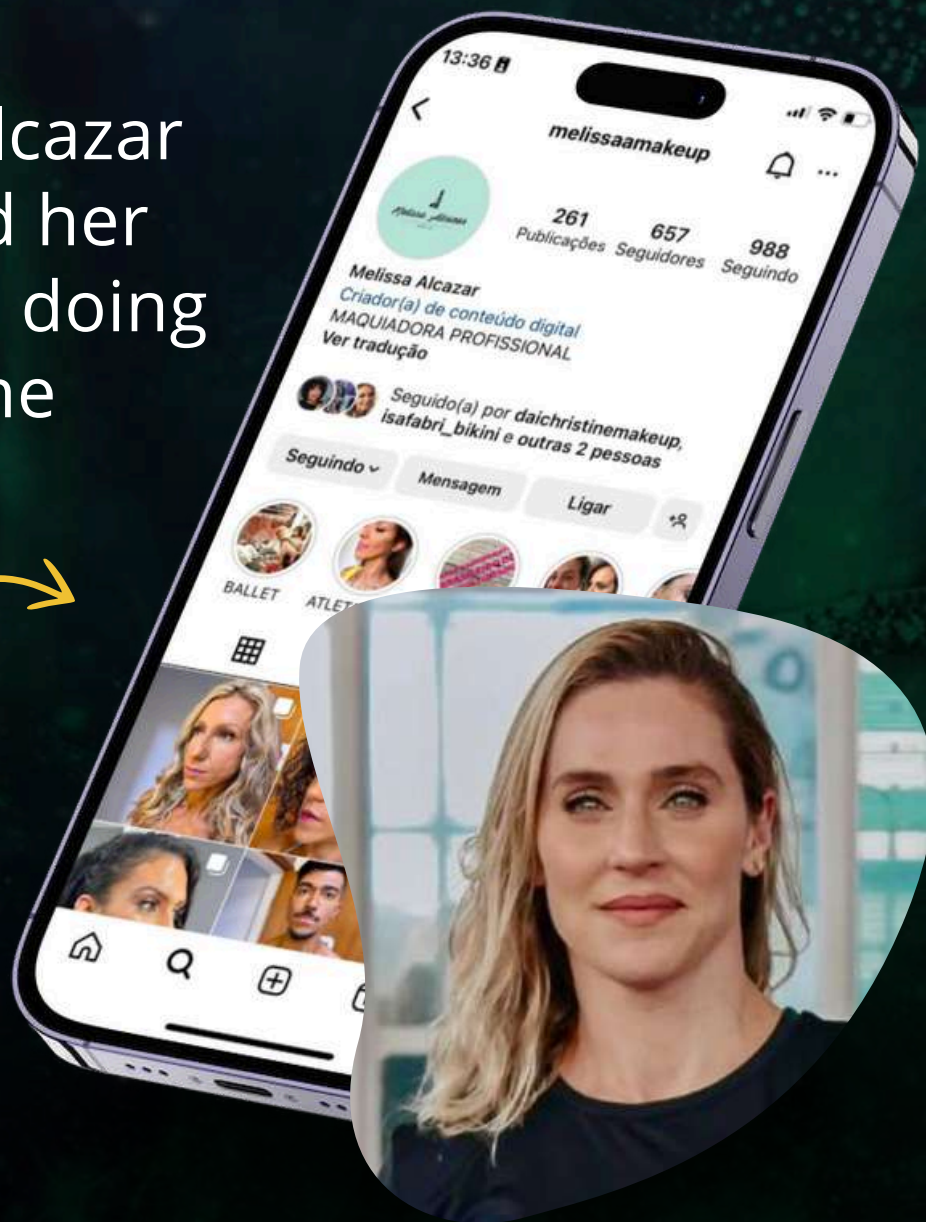
Professional Melissa Alcazar @melissaamakeup and her team will be backstage doing makeup and hair for the athletes.

Access the portfolio

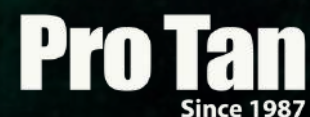


Contact her directly for scheduling:

 **(11) 97697-9594**



*Photos, makeup, hair, times and prices must be negotiated directly with the service providers indicated in this document.*





# OFFICIAL PHOTOGRAPHER

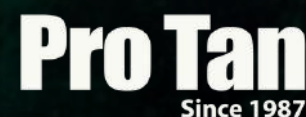
The photographers accredited to register the event are the official photographers of IFBB Brazil:

- **Igor Palhares (@palharesstudio)** (19) 98105-1233;
- **New Luther (@newluther)** – (43) 98423-8901;
- **Natália Abreu (@ink.fotografia)** – (31) 99418-0448;
- **Kiko Sanches (@kikosanches.fotografhy)** – (92) 99983-7783;
- **Marcelo Martins (@mmensaios)** – (51) 99529-3077;
- **Marcelo Magalhães (@magaclick)** – (21) 98801-0489.

## GENERAL NOTES:

*Photos, paint, makeup, hair, schedules, and prices must be negotiated directly with the service providers indicated in this document.*

*The organizers are not responsible for the services provided and any eventualities in the provision of services by our partners.*





# SPONSORS



FitnessStyle