



# FITNESS MANIA

# CLASSIC VI

May 10<sup>th</sup> – 12<sup>th</sup>, 2024

ELITEPROQUALIFIER (18 PRO CARDS!)

2024 IFBB WORLD RANKING EVENT LEVEL 2

# INSPECTION REPORT

## WELCOME!!!

The IFBB international competition FITNESS MANIA CLASSIC VI will be held in May 2024 in Kladno! The Czech Republic is becoming an unquestionable leader in organization of prestigious bodybuilding and fitness international competitions. IFBB Fitness Mania Classic in Kladno will be one of the most important bodybuilding and fitness events in our country in the second half of the year, providing points to the 2024 IFBB World Ranking and offering 19 IFBB Elite Pro Cards for the overall winners. The promoters have already announced a record budget spent on the organization of the event. We can expect that the IFBB top international stars from all over the world will visit Kladno, located nearest the capital city of the Czech Republic.

## THE VENUE

The Fitness Mania Classic VI competition will take place in Kladno:

**Dům Kultury (House of Culture)** <http://www.dumkultury.cz/index.php?str=20>

Nám. Sítná 3127, Kladno (3127 Sitna Square, Kladno)

Czech Republic

## ARRIVALS AND AIRPORT

**Official arrival day is Friday, May 10<sup>th</sup>, 2024**

**Official departure day is Sunday, May 12<sup>th</sup>, 2024**

**Václav Havel Airport Prague** (Czech: Letiště Václava Havla Praha), is the international airport of Prague, the capital of the Czech Republic. It is located 12 km (7 mi) west of the center of Prague and 12 km (7 mi) southeast of the city Kladno. In 2019 it served over 18 million passengers (and 11 million in 2022, at the pandemic). It serves as a hub for Czech Airlines as well as a base for Travel Service including its subsidiary brand SmartWings, and is also a base for low-cost carrier - Ryanair. The airport is easy to access by local buses or taxi.

**Public transport from the airport:**

Direct bus no. 322 can be used to get to the city of Kladno. The bus stops at the bus stop "Kladno, Sitna" which is right in front of the venue of the competition as well as the hotel as it's only 150 m from the venue.

**RECOMMENDED HOTELS**

**The Hotel Kladno** is recommended accommodation of the 2024 Fitness Mania Classic VI. It is located at nám. Sítná (Sitna Square) 3113, Kladno, 150 m from the venue, with comfortable interior and high quality for a reasonable price. The price is around **EUR €50** for a single room, with a breakfast included. Detailed info at: <http://www.hotelkladno.cz/>

**Please book your accommodation here:**

[https://hotelkladno.book-onlinenow.net/index.aspx?lan\\_id=en-US](https://hotelkladno.book-onlinenow.net/index.aspx?lan_id=en-US)

Other options:

**Sport hotel Sletiště**

information can be found here: <https://www.booking.com/hotel/cz/sport-sletiste>

**Penzion Kladno**

information can be found here: <https://www.booking.com/hotel/cz/penzion-kladno>

**Art Deco Hotel Hoffman**

information can be found here: <https://www.booking.com/hotel/cz/www-hoffmann-cz>

**Penzion Ponte**

information can be found here: <https://www.booking.com/hotel/cz/penzion-ponte>

**Apartmány Rozdělov**

information can be found here: <https://www.booking.com/hotel/cz/apartmany-rozdelov>

**Taxi:** +420 733 407 707, +420 606 111 183, +420 312 202 202

**PLEASE NOTE: Reservation, booking and all costs for hotel accommodation, travelling, transport from and to the airport and meals, are the responsibilities of National Federations or individual athletes. Check with your National Federation for more information.**

## VISA

A valid passport is required to enter the territory of the European Union (Schengen Zone). Schengen Area nowadays covers most of the European Countries with an exception made for the United Kingdom and the countries that are soon to be part of this agreement as Romania, Bulgaria, Croatia, Cyprus and Ireland. Although not members of the European Union, the following countries like Norway, Iceland, Switzerland and Lichtenstein are also part of the Schengen Zone enjoying the same freedom of movement policy as the others EU-country citizens do not require a visa.

**Information about entering the Czech Republic can be found here:**

<http://www.mvcr.cz/mvcren/article/third-country-nationals-entering-the-czech-republic>

Or they can consult with a Czech Embassy in their country to determine if they require a visa.

An Official Letter of Invitation will be made available if required. To receive Invitation Letter, the applicant should forward a copy (scan) of passport to the IFBB or Competition Organizer. If the visa is not granted, the Cancellation Policies for the championship will still apply.

An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned event for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by its athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

## PARTICIPATION

The contest is open to **all IFBB-affiliated National Federations** from **all over the world**. The number of competitors participating in these championships is **unlimited**.

**Online Pre-Registration** of athletes will only be considered if they are entered by the National Federation of the athlete by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and the IFBB Head Office in Madrid **not later than April 29<sup>th</sup>, 2024**. The final decision to allow an athlete to compete in this event rests with the IFBB.

Please be aware that it is FULL RESPONSIBILITY AND OBLIGATION OF THE NATIONAL FEDERATION to verify if each one of the athletes to be registered on this international event are NOT suspended or fulfilling any period of ineligibility due to Anti-Doping Rule Violation or any disciplinary case at national or international level.

## REGISTRATION

Official Athlete Registration will be conducted on **Friday, May 10<sup>th</sup>, 2024**,  
**from 12:00 till 18:00 hrs**  
**at the venue: Dum Kultury, nám. Sítná 3127, 272 01 Kladno.**

## ATHLETES MEETING

**from 18:00 till 19:00 hrs**

Only athletes entered by their National Federations can be registered.

All athletes will have to produce their **Passports or ID Cards** and **IFBB International Cards** at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are EUR €40 and are mandatory.

All **posing music** must be on an **audio CD or USB Flash Drive in the MP3 format**. The posing music must also be at the start of the CD. Each competitor must affix his name on the CD or USB for easy identification. **The use of profane, vulgar and offensive language is strictly prohibited in the posing music.**

Each athlete participating in the championship will be provided with a **wristband** at the Registration. This identification **will allow daily admission** and should not be removed.

### **TEAM MANAGERS & JUDGES MEETING**

Will start on **Friday, May 10<sup>th</sup>, 2024 at 19:00.**

### **REGISTRATION FEE**

**Registration fee** for athletes to enter this competition is **EUR €200, for juniors and masters the fee is EUR €100** which have to be paid in advance by credit/debit card or PayPal at IFBB webpage:

<http://www.ifbb.com/competition-registration> for your best comfort and convenience. Please add your name during online payment and bring a copy of your payment confirmation to the registration.

**The deadline date to do the online payment is April 30<sup>th</sup>, 2024.** On April 30<sup>th</sup>, 24:00 hrs (midnight - Central European Summer Time, UTC +2 in summer) the online payment system will be switched off. If paying at the Registration on April 10<sup>th</sup>, 2024, an **extra fee of EUR €50** per participant will be charged.

If an athlete wants to participate in the second category (like a master or junior), the registration fee is **EUR €100** per each of the additional categories.

### **CATEGORIES OPEN AT THE 2024 FITNESS MANIA CLASSIC VI**

- Masters Women's Bikini
- Masters Men's Bodybuilding
- Master Men's Physique
- Master Women's Bodyfitness
- Master Women's Wellness
- Women's Wellness
- Women's Bodyfitness
- Women's Bikini
- Men's Physique
- Men's Bodybuilding
- Men's Classic Bodybuilding
- Men's Classic Physique

**Saturday, May 11<sup>th</sup>, 2024 at 10:00:**

**Junior Men's Bodybuilding 16-23 years** – open category  
**Junior Men's Physique 16-23 years** – open category  
**Junior Women's Bikini 16-23 years** – open category  
**Masters Women's Bikini >35 years** – open category – 2 PRO Cards  
**Masters Men's Physique >40 years** – open category  
**Masters Men's Bodybuilding >40 years** – open category – 2 PRO Cards

**Men's Classic Bodybuilding** – open category – 1 PRO Card  
**Men's Classic Physique** – open category – 1 PRO Card

**Women's Wellness**  
- Up to 163 cm  
- Up to 166 cm  
- Over 166 cm  
- Overall – 2 PRO Cards

**Women's Bodyfitness**  
- Up to 163 cm  
- Up to 166 cm  
- Over 166 cm  
- Overall – 2 PRO Cards

**Women's Bikini**  
- Up to 160 cm  
- Up to 164 cm  
- Up to 169 cm  
- Up to 172 cm  
- Over 172 cm  
- Overall – 2 PRO Cards

**Men's Physique**  
- Up to 170 cm  
- Up to 174 cm  
- Up to 178 cm  
- Up to 182 cm  
- Over 182 cm  
- Overall – 3 PRO Cards

**Men's Bodybuilding**  
- Up to 70 kg  
- Up to 75 kg  
- Up to 80 kg  
- Up to 90 kg  
- Over 90 kg  
- Overall – 3 PRO Cards

***Important note:*** Minimum number of competitors to run a category should be 3. If less than 3 athletes, categories will be combined, wherever possible.

**Banquet: The entrance for all athletes: Amateur, Elite Pro Masters, Judges is FREE.  
For coaches the entrance fee is EUR €15.**

## AWARDS

- Top 6 athletes in each category will be awarded with medals and Certificates of Excellence and with statues.
- Overall in each discipline will have a medal and a trophy.
- Top 5 athletes in Junior, Senior and Masters categories will be awarded points to the **2024 IFBB World Ranking**, according to the World Ranking Rules.
- **IFBB Elite Pro Cards** for the overall category winners in
  - **Women's Bikini (top 2)**
  - **Women's Bodyfitness (top 2)**
  - **Women's Wellness (top 2)**
  - **Men's Physique (top 3)**
  - **Men's Bodybuilding (top 3)**

(after applications through their National Federations).

- **IFBB Elite Pro Cards** for the **open** category winners in
  - **Men's Classic Physique (the winner)**
  - **Men's Classic Bodybuilding (the winner)**
  - **Muscular Men's Physique (the winner)**
  - **Master Women's Bikini (2 Pro Cards)**
  - **Master Men's Bodybuilding (2 Pro Cards)**
- **5 pendants (made of 90 g silver and gold) of total cost EUR €6,000 for Overall winners in categories:**
  - Women's Wellness
  - Women's Bodyfitness
  - Women's Bikini
  - Men's Physique
  - Men's Bodybuilding

## JUDGES

To be taken into consideration during selection of judges panels at the competition, IFBB International Judges (as well as test-judges) **must be included in the Final Entry Forms** sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: [pawelfilleborn@gmail.com](mailto:pawelfilleborn@gmail.com).

All international judges must bring their International Judge's Cards to the Czech Republic.

**IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of EUR €50 paid for 2024.** Test-judges must pay the IFBB judge's test fee of EUR €50. These fees may be paid at the competition in the Czech Republic.

**All Judges and Test-Judges must be present at the Team Managers and Judges Meeting.** Any Judge absent at this meeting will not be allowed to judge at this competition. If any of the above conditions has not been met, Judges will be unable to carry out their duties.

## TANNING

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

There will be professional tanning services available at the competition.  
Official partner of competition is JAN TANA, contact for tan registration:  
<https://book.jantana.eu/...024>

## **TICKETS**

Entry tickets may be purchased online on ticket portal (the link will be added later).

## **BACKSTAGE ACCESS**

To limit access to the backstage area during Prejudging and Finals, backstage passes (wristbands) will be available (not more than 1 per competitor) at the Registration. To get the backstage pass you will need to pay a fee EUR €15 per person.

## **ATHLETES WITHOUT DELEGATES**

All Athletes competing to these Championships must be Members in Good Standing of their National Federations. All athletes must be nominated by their National Federation by sending the Final Entry Form with their names.

## **LANGUAGE**

The official language in the Czech Republic is Czech. English is spoken almost in all hotels, restaurants, shopping centers and tourist areas.

## **TIME DIFFERENCE**

UTC +2 hours (CEST - Central European Summer Time Zone).

## **CLIMATE**

During the month of May the daily mean temperature is around 15°C (59°F).

## **CURRENCY**

The national currency in the Czech Republic is the Czech Koruna (CZK).  
EUR 1.0 = CZK 24.77 (as for January 28<sup>th</sup>, 2024)  
USD 1.0 = CZK 22.81 (as for January 28<sup>th</sup>, 2024)

## **ELECTRIC CURRENT**

The electric outlets are 230 V, 50 Hz. Socket/plug of type C, with two round prongs, popularly known as the europlug and used in all continental Europe countries. Detailed info at: <http://www.worldstandards.eu/electricity/plugs-and-sockets/> .

## **CORRESPONDENCE AND INFORMATION**

Further information can be requested by e-mail addressed to the Organizing Committee Secretary:

Ms. Dana Pokorna

E-mail: [sekretariat@skfcr.cz](mailto:sekretariat@skfcr.cz)

Phone: +420 737 651 578 (17:00-20:00)

## **FINAL ENTRY FORM SENDING DETAILS**

The deadline date for sending the Final Entry Form is **April 29<sup>th</sup>, 2024 (Monday)**. National Federations must submit the actual names of all Official Participants (Athletes by category and Delegates, including Judges).

<p><b><u>Please send your Entry Form no later than</u></b> <b><u>April 29<sup>th</sup>, 2024 to:</u></b></p> <p>Organizing Committee Secretary Ms. Dana Pokorna E-mail: <a href="mailto:sekretariat@skfcr.cz">sekretariat@skfcr.cz</a></p> <p>IFBB Technical Committee Eng. Andrew Michalak E-mail: <a href="mailto:amichalak5@gmail.com">amichalak5@gmail.com</a></p>	<p><b><u>Please send a copy to:</u></b></p> <p>International Fitness &amp; Bodybuilding Federation Head Office:</p> <p>Ms. Daria E-mail: <a href="mailto:contact@ifbb.com">contact@ifbb.com</a></p>
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## Tentative Schedule

### May 10<sup>th</sup>, 2024 (Friday)

- Arrivals

12:00 – 18:00 – Athlete Registration / weigh-in – Dum Kultury Kladno (150 m from the recommended accommodation)

18:00 – 19:00 – Athletes Meeting

19:00 – Team Managers and Judges Meeting

### May 11<sup>th</sup>, 2024 (Saturday)

10:00 – One continuous session (prejudging & finals) – Dum Kultury Kladno

### May 12<sup>th</sup>, 2024 (Sunday)

- Departures