



# 2024 IFBB WORLD FIT-MODEL CHAMPIONSHIPS



## MAIN INFORMATION

NAME OF THE EVENT: <b>2024 IFBB WORLD FIT-MODEL CHAMPIONSHIPS</b>		
CITY / COUNTRY: <b>KĖDAINIAI / LITHUANIA</b>		
DATE: <b>26-28/10 /2024</b>		
EVENT OPEN FOR : <b>All IFBB-affiliated National Federations worldwide.</b>		
IFBB ELITE PRO CARD QUALIFIER	YES	NO X
IFBB INTERNATIONAL RANKING QUALIFIER	YES	NO X
DAY OF ARRIVAL: <b>26/10/2024</b>		
DAY OF DEPARTURES: <b>28/10/2024</b>		
REGISTRATION DAY: <b>26/10/2024</b>	TIME: <b>14:00 – 17:00</b>	PLACE: Conference Hall of the Official Hotel (“Varnupe” Hotel, 1A Varnupes str., Josvainiai, Kėdainiai)
WEIGH-IN DAY: <b>26/10/2024</b>	TIME: <b>14:00 – 17:00</b>	PLACE: Conference Hall of the Official Hotel (“Varnupe” Hotel, 1A Varnupes str., Josvainiai, Kėdainiai)
*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.		
RECOMMENDED AIRPORT: <b>Vilnius International Airport, Kaunas International Airport</b>		
<p>VISA INFORMATION: A valid passport is required to enter the territory of the European Union (Schengen Zone). Schengen Area nowadays covers most of the European Countries with an exception made for the UK and the countries that are soon to be part of this agreement as Romania, Bulgaria, Croatia, Cyprus and Ireland. Although not members of the European Union, the following countries like Norway, Iceland, Switzerland and Lichtenstein are also part of the Schengen zone enjoying the same freedom of movement policy, as the others EU country citizens do not required a visa.</p> <p>All other persons should consult the Lithuanian Embassy in their country to determine if they require a visa. For more information you can visit site of MINISTRY OF FOREIGN AFFAIRS OF THE REPUBLIC OF LITHUANIA <a href="https://keliauk.urm.lt/en/entry-to-lithuania/lithuania-in-the-schengen-area">https://keliauk.urm.lt/en/entry-to-lithuania/lithuania-in-the-schengen-area</a>.</p> <p>An Official Letter of Invitation will be made available if required until August 30<sup>th</sup>, 2024.</p> <p>*Due to the COVID-19 situation, we recommend you check with the corresponding authorities of the country (Consulate, Embassy, etc.), the current regulation to avoid any inconveniences when travelling. The National Federations, athletes and officials, must adopt and strictly follow any healthy and other measures imposed, required, or recommended by the competent authorities with respect to the COVID-19 pandemic situation.</p> <p>*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.</p>		
VENUE: <b>KĖDAINIŲ ARENA, 1A J. Basanavičiaus str. Kėdainiai, Lithuania</b>		
<b>HOTELS INFORMATION</b>		
RECOMMENDED HOTEL:		
Official Hotel: “Varnupe” Hotel, 1A Varnupes str., Josvainiai, Kėdainiai		
Hotels for accommodation: “Grėjaus namas” Hotel, 36 Didžioji str., Kėdainiai		
“Smilga” Hotel, 16 Senoji str., Kėdainiai		
If you choose to stay at this hotels, it is possible to arrangethe booking by email: <a href="mailto:info@ifbb.lt">info@ifbb.lt</a>		

## REGISTRATION FEE:

Each athlete must pay the IFBB registration fee of **EUR €300**.

Each athlete will be required to pay the **Anti-Doping Test Fee of EUR €20**. This fee is mandatory and may be paid online, together with the Registration Fee (altogether EUR 320) or at the registration in Kėdainiai.

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of **EUR €50**.

**CROSSOVERS: EUR € 100** per each of the additional categories.

**DEADLINE FOR ONLINE PAYMENT: 09/10/2024**

\*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid.

The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

\*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

\*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are **EUR €40/USD \$50** and are mandatory.

### **IMPORTANT!!!**

**For one official delegate or judge from one country, the Lithuanian Bodybuilding and Fitness Federation provides free accommodation during the competition!**

## CATEGORIES:

**WOMEN'S FIT-MODEL: UP TO & INCL. 160 CM**

**WOMEN'S FIT-MODEL: UP TO & INCL. 164 CM**

**WOMEN'S FIT-MODEL: UP TO & INCL. 168 CM**

**WOMEN'S FIT-MODEL: UP TO & INCL. 172 CM**

**WOMEN'S FIT-MODEL: OVER 172 CM**

**WOMEN'S FIT-MODEL: OVERALL**

**MASTER WOMEN'S FIT-MODEL >35 YEARS - OPEN**  
**JUNIOR WOMEN'S FIT-MODEL 16-23 YEARS - OPEN**  
**BEGINNERS WOMEN'S FIT-MODEL - OPEN**

**MEN'S FIT-MODEL - OPEN**

## ANTI-DOPING CONTROL:

The IFBB is a signatory to the WADA Code. Participating National Federations have a duty and an obligation to ensure that their national team athletes are competing drug-free at the IFBB Championships. Doping control will be conducted by the IFBB Medical Commission pursuant to the IFBB Anti-Doping Rules, using a WADA accredited laboratory. In order to compete in the championships, each athlete, excepts masters, will be required to sign a Drug Testing Consent at the Registration and pay the **Anti-Doping Test Fee of EUR €20**.

## AWARDS:

Top three athletes in each category will be awarded with **medals**.

Top six athletes in each category will be awarded with a **Certificate of Excellence** and **trophies**. Overall winner will have a **trophy**.

## \*REGISTRATION DEADLINE

**FINAL ENTRY FORM: 09/10/2024**

## CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

## TANNING NEEDS

The IFBB has banned all tans that can be wiped off. PROFESSIONAL TANNING SERVICE WILL BE AVAILABLE:

Send an e-mail to: [gragerada@hotmail.com](mailto:gragerada@hotmail.com) or contact me directly on WhatsApp

Team Leader Graziella Gerada +356 77066243.  
Backing Team Leader Byron Tonna +356 79496669

### CONTACT INFORMATION:

Please send your Entry Form to:

Lithuanian Federation General Secretary

Ms. Jurgita Vaitkiene

E-mail: [info@ifbb.lt](mailto:info@ifbb.lt)

Please send a copy to the IFBB Technical Committee:

Eng. Andrew Michalak

E-mail: [amichalak5@gmail.com](mailto:amichalak5@gmail.com)

Please send a copy to IFBB Head Office:

Ms. Daria

E-mail: [contact@ifbb.com](mailto:contact@ifbb.com)

Contact details for additional correspondence:

President of the Lithuanian Bodybuilding and Fitness Federation

Ms. Sandra Martinkiene

E-mail: [smartinkiene@gmail.com](mailto:smartinkiene@gmail.com)

## JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: [pawelfilleborn@gmail.com](mailto:pawelfilleborn@gmail.com)

All international judges must bring their International Judge's Cards to the Technical Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of **EUR €50/USD \$60** paid for the current year. This fee may also be paid at the EVENT at the Team Managers & Judges Meetin







