

# 2024 IFBB MR. UNIVERSE VERONA



# MAIN INFORMATION

NAME OF THE EVENT: 2024 IFBB MR. UNIVERSE VERONA		
CITY / COUNTRY: BUSSOLENGO (VERONA) / ITALY		
DATE: June 29 <sup>th</sup> - 30 <sup>th</sup> , 2024		
EVENT OPEN FOR: IFBB-AFFILIATED NATIONAL FEDERATIONS FROM EUROPE & ASIA		
IFBB ELITE PRO CARD QUALIFIER	YES X NO 🗆	
IFBB INTERNATIONAL RANKING QUALIFIER LEVEL 2 YES <b>X</b> NO □		
DAY OF ARRIVALS: JUNE 29 <sup>th</sup> , 2024; CONTEST DAY: JUNE 30 <sup>th</sup> , 2024		
DAY OF DEPARTURES: JULY 01st, 2024		
REGISTRATION DAY: JUNE 29 <sup>th</sup> , 2024	TIME: <b>14:00-20:00</b>	PLACE: <b>Montressor Hotel Tower</b> , Via Mantegna 30, Bussolengo
WEIGH-IN DAY: JUNE 29 <sup>th</sup> , 2024	TIME: <b>14:00-20:00</b>	PLACE: <b>Montressor Hotel Tower</b> , Via Mantegna 30, Bussolengo

\*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.

RECOMMENDED AIRPORT: Valerio Catullo Airport or Villafranca Airport, is located 10 km (6.2 mi) southwest of Verona, Italy.

## **VISA INFORMATION:**

EU citizens and citizens of over 60 countries don't need visa to enter Italy for up to 90 days. Detailed information can be found at: <a href="https://vistoperitalia.esteri.it/home/en">https://vistoperitalia.esteri.it/home/en</a>

It is National Federations responsibility to obtain an entry visa for the country organizing the championship. All National Federations could ask for an Invitation Letter either to the Championship Organizer or IFBB. The invitation letter does not mean you are granted your visa. IFBB and Championship organizers are not responsible for attendant visas.

- \*As of June 01<sup>st</sup>, 2022, travelers to Italy do not have to show any Covid-19 documentation upon entry (vaccination or recovery certificate or negative Covid test).
- \*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

VENUE: MONTRESSOR HOTEL TOWER, Via Mantegna 30, Bussolengo <a href="https://www.montresorhotels.com/hotel-tower/en/home">https://www.montresorhotels.com/hotel-tower/en/home</a>

## **HOTEL INFORMATION**

RECOMMENDED HOTEL: UZBEKISTAN HOTEL - https://hotel-uz.com/en/about/

Website page for booking: <a href="https://hotel-uz.com/booking/">https://hotel-uz.com/booking/</a>. Enter the promo code to receive the discount: <a href="promo5">promo5</a>

## **REGISTRATION FEE:**

Each athlete must pay the IFBB registration fee of **EUR €200**.

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at <a href="http://www.ifbb.com/competition-registration">http://www.ifbb.com/competition-registration</a>. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of USD \$50.

CROSSOVERS: **EUR €100** per each of the additional categories.

## DEADLINE FOR ONLINE PAYMENT: June 18th, 2024

- \*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid. The final decision to allow an athlete to compete in this EVENT rests with the IFBB.
- \*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti- Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.
- \*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are **EUR €40/USD \$50** and are mandatory.
- \*All posing music must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

## **CATEGORIES:**

#### **MEN'S JUNIORS:**

- Junior Men's Bodybuilding 16-23 yrs Open
- Junior Men's Physique 15-23 yrs Open

## **MEN'S MASTERS:**

- Masters Men's Classic Bodybuilding Open
- Masters Men's Bodybuilding 40-49 yrs Open
- Masters Men's Bodybuilding 50 yrs & Over Open
- Masters Men's Bodybuilding OVERALL
- Masters Men's Physique 40 yrs & Over Open

## **MEN'S SENIORS**

- Men's Bodybuilding Up To 80 kg
- Men's Bodybuilding Up To 90 kg
- Men's Bodybuilding Over 90 kg
- Men's Bodybuilding OVERALL
- Men's Classic Bodybuilding Open
- · Men's Classic Physique Open
- Men's Physique Up To 170 cm
- Men's Physique Up To 176 cm
- Men's Physique Up To 179 cm
- Men's Physique Up To 182 cm
- Men's Physique Over 182 cm
- Men's Physique OVERALL
- Muscular Men's Physique Open

#### **WOMEN'S JUNIORS:**

- Junior Women's Bikini 16-23 yrs - Open

## **WOMEN'S MASTERS:**

- Master Women's Bodyfitness 35 yrs & Over Open
- Master Women's Bikini 35-39 yrs
- Master Women's Bikini 40 yrs & Over
- Master Women's Bikini OVERALL
- Women's Wellness 35 yrs & Over

## **WOMEN'S SENIORS**

- Women's Physique Open
- Women's Bodyfitness Open
- Women's Bikini Up To 158 cm
- Women's Bikini Up To 160 cm
- Women's Bikini Up To 164 cm
- Women's Bikini Up To 169 cm
- Women's Bikini Over 169 cm
- Women's Bikini **OVERALL**
- Women's Wellness Open

## **Possible crossovers:**

Men's Classic Bodybuilding – Classic Physique – Bodybuilding

Also juniors and masters in senior categories

Categories will only be run if 3 or more athletes per category. If less than 3 athletes in a category, categories will be combined, whenever possible.

## **AWARDS:**

Top three athletes in each category will be awarded with medals.

Top six athletes in each category will be awarded with a Certificate of Excellence and trophies.

Overall winner will have a trophy.

## IFBB ELITE PRO CARDS:

## **9 PRO CARDS IN TOTAL**

#### **DISTRIBUTION:**

Men's Bodybuilding - Overall winner

Men's Physique - Overall winner

Men's Classic Bodybuilding - Open category winner

Men's Classic Physique - Open category winner

Women's Bikini - Overall winner

Women's Bodyfitness - Open category winner

Women's Wellness - Open category winner

Masters Men's Bodybuilding - Overall winner

Masters Women's Bikini - Overall winner

## \*REGISTRATION DEADLINE

PRELIMINAR ENTRY FORM: **No**FINAL ENTRY FORM: **June 17**th, **2024** 

## CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

## **GREEN CARDS**

Green cards are used to limit access to the weigh-in and backstage area during the prejudging and finals. They will be distributed at the judges/team managers meetings as follows:

THE BACKSTAGE PASSES FOR COACHES ARE EUR €40 EACH and will be distributed at the registration on June 29<sup>th</sup> at the **Montressor Hotel Tower.** 

## **TANNING NEEDS**

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

Official tanning services available at the event: YES X

THE COST IS EUR €60 PER PERSON and can be booked at the registration on June 29<sup>th</sup> at the **Montressor Hotel Tower.** 

## **CONTACT INFORMATION:**

Please send your Entry Form to:

Italian Federation Office
E-mail: ifbbitaly@gmail.com

Please send a copy to the IFBB Technical Committee:

Eng. Andrew Michalak

E-mail: amichalak5@gmail.com

Please send a copy to IFBB Head Office:

Ms. Daria

E-mail: contact@ifbb.com

Contact details for additional correspondence:

Mr. Benedetto Mondello

President of the Italian Bodybuilding and Fitness Federation

E-mail: ifbbitaly@gmail.com

Phone: +348 0660375

## **JUDGES**

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges must bring their International Judge's Cards to the Team Managers & Judges Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of **EUR €50/USD \$60** paid for the current year. This fee may also be paid at the EVENT at the Team Managers & Judges Meeting.