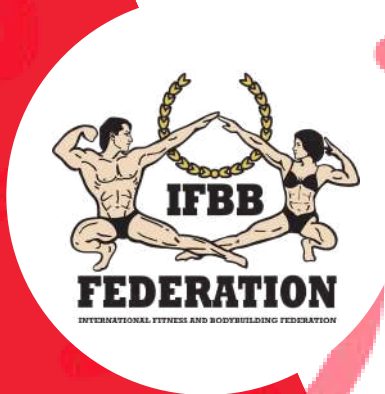




# IFBB FITNESS CHALLENGE PRESIDENT CUP

April 6-7 | Tbilisi, Georgia



# WELCOME



THE GFBB GEORGIAN FITNESS BODYBUILDING AND FITNESS CHALLENGE FEDERATION EXTENDS WARM WELCOME AND INVITES IFBB AFFILIATED NATIONAL FEDERATIONS FROM ALL AROUND THE WORLD TO PARTICIPATE IN IFBB FITNESS CHALLENGE CUP.

THIS WILL MAKE A GREAT OPPORTUNITY FOR OUR NEW IFBB GEORGIAN FEDERATION TO MAKE BRIGHTER FUTURE FOR BODYBUILDING FITNESS AND FITNESS CHALLENGE DEVELOPMENT IN OUR COUNTRY AND MOST OF YOU TO DISCOVER OUR BEAUTIFUL AND HISTORICAL COUNTRY. WE HOPE THAT YOU WILL BE ABLE TO JOIN US AND MAKE THIS EVENT THE BIGGEST AND BEST IN ITS HISTORY. WE LOOK FORWARD TO WELCOME YOU TO TBILISI.

# LOCATION

GEORGIA COVERS AN AREA OF 69,700 SQUARE KILOMETERS AND IS SLIGHTLY SMALLER THAN SOUTH CAROLINA. LOCATED IN SOUTHWESTERN ASIA, GEORGIA BORDERS THE BLACK SEA AND SITS BETWEEN TURKEY AND RUSSIA.





# HISTORY

EVIDENCE FOR THE EARLIEST OCCUPATION OF THE TERRITORY OF PRESENT-DAY GEORGIA GOES BACK TO C. 1.8 MILLION YEARS AGO. THE NATION OF GEORGIA (GEORGIAN: საქართველო SAKARTVELO) WAS FIRST UNIFIED AS A KINGDOM UNDER THE BAGRATIONI DYNASTY BY THE KING BAGRAT III OF GEORGIA IN THE EARLY 11TH CENTURY, ARISING FROM A NUMBER OF PREDECESSOR STATES OF THE ANCIENT KINGDOMS OF COLCHIS AND IBERIA. THE KINGDOM OF GEORGIA FLOURISHED DURING THE 10TH TO 12TH CENTURIES UNDER KING DAVID IV THE BUILDER AND QUEEN TAMAR THE GREAT

AFTER A BRIEF PERIOD OF INDEPENDENCE AS DEMOCRATIC REPUBLIC OF GEORGIA, THE COUNTRY SOON ENDED UP BEING A SOVIET REPUBLIC UNTIL THE DISSOLUTION OF THE SOVIET UNION. THE CURRENT REPUBLIC OF GEORGIA HAS BEEN INDEPENDENT SINCE 1991.

# TBILISI

ONE OF EUROPE'S OLDEST CAPITALS, TBILISI HAS BEEN THE CULTURAL, POLITICAL, AND ECONOMIC CENTER OF GEORGIA FOR FIFTEEN CENTURIES. AT THE HEART OF THE CITY LIES HISTORIC OLD TBILISI, WHICH WAS BUILT DURING THE EARLY MIDDLE AGES. THIS TWO SQUARE KILOMETRE SECTION OF THE CITY IS A MUST-SEE FOR ANY VISITOR TO TBILISI, AS IT HOUSES SOME OF THE CITY'S MOST ICONIC SITES.



# AIRPORT

SHOTA RUSTAVELI TBILISI INTERNATIONAL AIRPORT, FORMERLY NOVO ALEXEYEVKA INTERNATIONAL AIRPORT, IS THE BUSIEST INTERNATIONAL AIRPORT IN GEORGIA, LOCATED 17 KM SOUTHEAST OF CAPITAL TBILISI.



# VIZA

THE VISA POLICY OF GEORGIA BECAME COMPARATIVELY LIBERAL, ALLOWING CITIZENS OF 98 COUNTRIES TO ENTER GEORGIA WITHOUT THE NECESSITY TO OBTAIN EITHER VISA OR RESIDENCE PERMIT. IN ADDITION, GEORGIAN GOVERNMENT APPROVED THE LIST OF 50 COUNTRIES WHOSE VISA AND/OR RESIDENCE PERMIT HOLDERS MAY ENTER GEORGIA WITHOUT A VISA FOR AN APPROPRIATE PERIOD AND UNDER APPROPRIATE CONDITIONS. DETAILS AT: [HTTPS://WWW.GEOCONSUL.GOV.GE/EN/ENTERING-GEORGIA](https://www.geoconsul.gov.ge/en/entering-georgia)

\*AN OFFICIAL LETTER OF INVITATION WILL BE MADE AVAILABLE IF REQUIRED. AN ATHLETE, INCLUDED IN AN OFFICIAL NATIONAL FEDERATION TEAM, WHO REQUEST AND RECEIVE AN INVITATION FROM THE IFBB HEAD OFFICE OR THE ORGANIZING COMMITTEE OF AN IFBB SANCTIONED EVENT FOR VISA PURPOSES, AND USES THAT VISA TO UNLAWFULLY STAY IN THE HOST COUNTRY OR ANY OTHER COUNTRY, WILL BE SUBJECTED TO THE DISCIPLINARY PROCEEDINGS AND MEASURES. THE RELEVANT NATIONAL FEDERATION IS RESPONSIBLE TO CAREFULLY CONTROL THE PROPER, LEGAL USE OF THE VISA BY HIS/HER ATHLETE AND IT WILL BE SUBJECTED TO A FINE AND/OR A SUSPENSION, IN CASE OF ANY MISUSE AND/OR UNLAWFUL UTILIZATION OF THE SAME VISA.





# VENUE

**HOTELS & PREFERENCE HUALING TBILISI, JOZEF PILSUDSKI AVENUE, TBILISI SEA NEW CITY, GEORGIA**

**HOTELS & PREFERENCE IS INTERNATIONAL HOTEL CHAIN OF 150 HOTELS MAINLY 4 AND 5 STARS.**

**HOTELS& PREFERENCE OFFERS VERY CONTEMPORARY HOTELS WITH HIGH QUALITY SERVICE AND STANDARDS.**

**HOTELS & PREFERENCE HUALING TBILISI, JOZEF PILSUDSKI AVENUE, TBILISI SEA NEW CITY, GEORGIA**

**[WWW.HOTELSPRETERENCE.COM](http://WWW.HOTELSPRETERENCE.COM)**



# ACCOMMODATION



**FULL BOARD**

**SINGLE FULL BOARD 140\$ VAT  
INCLUDED**



**FULL BOARD**

**DOUBLE FULL BOARD 160\$  
VAT INCLUDED**



**FULL BOARD**

**TRIPLE ROOM FULL BOARD 250\$  
VAT INCLUDED**

# ACCOMMODATION

THE ORGANIZING COMMITTEE OR IFBB WILL NOT BE RESPONSIBLE FOR ANY RESERVATION OR PAYMENT OF HOTEL ACCOMMODATIONS, TRAVELING, ARRANGEMENTS AND MEALS. HOTEL BOOKING SHOULD BE DONE DIRECTLY BY PARTICIPATING ATHLETES OR NATIONAL FEDERATIONS. FOR HOTEL RESERVATIONS PLEASE CONTACT GENERAL SECRETARY OF GFBB FEDERATION:

MR. LEVAN GOBEJISHVILI

EMAIL: [IFBBGEO@GMAIL.COM](mailto:IFBBGEO@GMAIL.COM)

WHATSUP: +995514000111



HÔTELS &  
PRÉFÉRENCE

ჰოტელს & პრეფერენს  
ჰუალინგ თბილისი

HOTELS &  
PREFERENCE  
Hualing Tbilisi



# **PARTICIPATION & REGISTRATION**

**OFFICIAL ATHLETE REGISTRATION WILL BE HELD AT OFFICIAL HOTEL, VENUE: HOTELS & PREFERENCE HUALING TBILISI.**

**EACH ATHLETE MUST PAY THE IFBB REGISTRATION FEE OF EUR €50. REGISTRATION FEE FOR ATHLETES TO ENTER THIS COMPETITION MUST BE PAID IN ADVANCE BY CREDIT/DEBIT CARD OR PAYPAL AT:**

**[HTTP://WWW.IFBB.COM/COMPETITION-REGISTRATION.](http://www.ifbb.com/competition-registration)**

**PLEASE ADD YOUR NAME DURING ONLINE PAYMENT AND BRING A COPY OF YOUR PAYMENT CONFIRMATION TO THE REGISTRATION. PAYMENTS AT ARRIVAL SHALL HAVE AN EXTRA CHARGE OF EUR €50.**

# DEADLINE FOR ONLINE PAYMENT

**MARCH 26TH, 2024.**

**\*PARTICIPATING ATHLETES MUST BE RECOMMENDED BY THEIR NATIONAL FEDERATION BY SENDING THE FINAL ENTRY FORM WITH THEIR NAMES DIRECTLY TO THE ORGANIZING COMMITTEE, TO THE IFBB TECHNICAL COMMITTEE AND IFBB HEAD OFFICE IN MADRID.**

**THE FINAL DECISION TO ALLOW AN ATHLETE TO COMPETE IN THIS EVENT RESTS WITH THE IFBB.**

**\* IT IS ALSO THE FULL OBLIGATION AND RESPONSIBILITY OF A NATIONAL FEDERATION TO MONITOR ALL THE ATHLETES AFFILIATED TO THIS NATIONAL FEDERATION WHO ARE FULFILLING A PERIOD OF INELIGIBILITY DUE TO ANTI- DOPING RULE VIOLATION OR ANY DISCIPLINARY CASE, TO MAKE SURE THESE ATHLETES WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY IN ANY EVENT EITHER AT NATIONAL OR INTERNATIONAL LEVEL, OFFICIAL OR INVITATIONAL.**

**\* ALL ATHLETES WILL HAVE TO PRESENT THEIR PASSPORTS AND IFBB INTERNATIONAL CARDS AT THE REGISTRATION. ANY ATHLETE WHO HAS NOT YET PURCHASED OR RENEWED HIS/HER IFBB INTERNATIONAL CARD WILL HAVE TO BUY ONE AT REGISTRATION. IFBB CARDS ARE EUR €40/USD \$50 AND ARE MANDATORY.**

**THE COMPETITION IS OPEN FOR ALL NATIONAL FEDERATIONS AFFILIATED WITH THE IFBB.**

**PARTICIPATION OF ATHLETES IS UNLIMITED. OFFICIAL ATHLETE REGISTRATION WILL BE HELD IN THE OFFICIAL HOTEL: HOTELS & PREFERENS HUALING TBILISI ON 6 APRIL FROM 12:00 TILL 18:00.**



# **CAMERA/VIDEO RECORDING**

**CAMERA/VIDEO RECORDING SHALL BE STRICTLY PROHIBITED IN THE BACKSTAGE AREA EXCEPT WHEN USED BY DULLY RECOGNIZED PRESS PERSONAL AND IN ANY EVENT.**

**CAMERAS AND/OR VIDEO TAPE EQUIPMENT SHALL BE STRICTLY PROHIBITED IN THE BACKSTAGE AND/OR DRESSING ROOM AREAS EXCEPT WHEN USED BY THE IFBB AUTHORIZED MEDIA PERSON AND, IN ANY EVENT, THESE DEVICES SHALL BE STRICTLY PROHIBITED IN THE DRESSING ROOM AREA.**

# JUDGES

**TO BE TAKEN INTO CONSIDERATION DURING SELECTION OF JUDGES' PANELS AT THE COMPETITION, IFBB INTERNATIONAL JUDGES MUST BE INCLUDED IN THE FINAL ENTRY FORMS SENT BY NATIONAL FEDERATIONS, ACCORDING TO THE IFBB RULES. FOR MORE INFORMATION, PLEASE CONTACT SADEGH HASHEMI, CHAIRMAN OF THE IFBB JUDGES COMMITTEE, UNDER ADDRESS: S.M.S.HASHEMI.110@GMAIL.COM**

**ALL INTERNATIONAL JUDGES MUST BRING THEIR INTERNATIONAL JUDGE'S CARDS TO THE TEAM MANAGERS & JUDGES MEETING. IFBB INTERNATIONAL JUDGES MUST HAVE A VALID IFBB JUDGE'S CARD WITH THE IFBB YEARLY JUDGES FEE OF EUR €50/USD \$60 PAID FOR THE CURRENT YEAR. THIS FEE MAY ALSO BE PAID AT THE EVENT AT THE TEAM MANAGERS & JUDGES MEETING.**

# LANGUAGE

GEORGIAN (OFFICIAL) ENGLISH AND RUSSIAN ARE WIDELY SPOKEN.

# CLIMATE

DURING THE MONTH OF APRIL IN TBILISI THE AVERAGE TEMPERATURE IS BETWEEN 18° AND 22° C.

# CURRENCY

USD 1.00 = GEL 2.65 ; EUR 1.00 = GEL 2.88 (AS FOR MARCH 03RD, 2024)

# **ENTRY FORM CONTACT INFORMATION**

**WE STRONGLY ENCOURAGE YOU TO REGISTER EARLY THROUGH YOUR NATIONAL FEDERATIONS.**

**ALL FINAL ENTRY FORMS SHOULD BE SENT TO GEORGIAN GFBB FEDERATION GENERAL SECRETARY:**

**MR.LEVAN GOBEJISHVILI    EMAIL: IFBBGEO@GMAIL.COM**

**IFBB TECHNICAL COMMITTEE:    ANDREW MICHALAK    EMAIL: AMICHALAK5@GMAIL.COM**

**PLEASE SEND A COPY TO THE IFBB HEAD OFFICE:**

**MS.DARIA    EMAIL: CONTACT@IFBB.COM**

**AT THE GEORGIA GRAND PRIX ONLY ATHLETES WHO ARE APPROVED AND REGISTERED BY THEIR IFBB-AFFILIATED NATIONAL FEDERATIONS WILL BE ALLOWED TO COMPETE, ENTRIES SHOULD BE MADE THROUGH NATIONAL FEDERATIONS. ALL COUNTRIES NATIONAL FEDERATIONS.**





# ANTI-DOPING RULE VIOLATION

PLEASE BE AWARE THAT IT IS FULL RESPONSIBILITY AND OBLIGATION OF THE NATIONAL FEDERATION TO VERIFY IF EACH ONE OF THE ATHLETES REGISTERED ON THIS INTERNATIONAL EVENT ARE NOT SUSPENDED OR FULFILLING ANY PERIOD OF INELIGIBILITY DUE TO ANTI-DOPING RULE VIOLATION OR ANY DISCIPLINARY CASE AT NATIONAL OR INTERNATIONAL LEVEL/ BE ALSO AWARE THAT IF ANY ATHLETE FROM YOUR NATIONAL FEDERATION REGISTER AND COMPETE BEING SUSPENDED DUE TO AN ANTI-DOPING RULE VIOLATION, BOTH THE ATHLETE AND THE NATIONAL FEDERATION WILL BE SUBJECT TO SANCTIONS ACCORDING TO THE WORLD ANTI-DOPING CODE, THE IFBB ANTI-DOPING RULES AND THE CONSTITUTION AND RULES.

# ELECTRICAL CURRENT

220 VOLTS, 50 HZ. SOCKET/PLUG OF TYPE C  
PLUG WITH TWO ROUND PRONGS.

# BACKSTAGE ACCESS

ACCESS TO THE BACKSTAGE AREA LIMITED TO  
THE ESSENTIAL PERSONNEL ONLY OR  
OFFICIAL DELEGATES AND COACHES.



# CATEGORIES

## GOLDEN - LEVEL

- JUNIOR (17-23) MEN'S INDIVIDUAL
- JUNIOR (17-23) MEN'S COUPLE
- JUNIOR (17-23) WOMEN'S INDIVIDUAL
- JUNIOR (17-23) WOMEN'S COUPLE
- SENIOR MEN'S INDIVIDUAL
- SENIOR MEN'S COUPLE
- SENIOR WOMEN'S INDIVIDUAL
- SENIOR WOMEN'S COUPLE
- MASTER (OVER 40) MEN'S INDIVIDUAL
- MASTER (OVER 40) MEN'S COUPLE
- MASTER (OVER 40) WOMEN'S INDIVIDUAL
- MASTER (OVER 40) WOMEN'S COUPLE
  
- SPEED-FIT
  
- MEN'S TEAM
- WOMENS' TEAM

## SILVER - LEVEL

- JUNIOR (17-23) MEN'S INDIVIDUAL
- JUNIOR (17-23) MEN'S COUPLE
- JUNIOR (17-23) WOMEN'S INDIVIDUAL
- JUNIOR (17-23) WOMEN'S COUPLE
- SENIOR MEN'S INDIVIDUAL
- SENIOR MEN'S COUPLE
- SENIOR WOMEN'S INDIVIDUAL
- SENIOR WOMEN'S COUPLE
- MASTER (OVER 40) MEN'S INDIVIDUAL
- MASTER (OVER 40) MEN'S COUPLE
- MASTER (OVER 40) WOMEN'S INDIVIDUAL
- MASTER (OVER 40) WOMEN'S COUPLE

**\*TOP THREE ATHLETES IN EACH CATEGORY WILL BE AWARDED WITH MEDALS.  
TOP SIX ATHLETES IN EACH CATEGORY WILL BE AWARDED WITH A CERTIFICATE  
OF EXCELLENCE AND TROPHIES.**



# IFBB FITNESS CHALLENGE PRESIDENT CUP

REGISTRATION DEADLINE - FINAL ENTRY FORM: MARCH 25TH,  
2024.

## TENTATIVE SCHEDULE:

**SATURDAY, 6 APRIL:**

**OFFICIAL ARRIVAL DAY**

**12:00-18:00 OFFICIAL ATHLETE REGISTRATION AT HUALING  
HOTEL & PREFERENCE.**

**18:00-19:00 TEAM MANAGERS & JUDGES MEETING AT HUALING  
HOTEL & PREFERENCE.**

**SUNDAY 7 APRIL:**

**IFBB FITNESS CHALLENGE PRESIDENT CUP - 13:00 FITNESS  
CHALLENGE COMPETITION**

**MONDAY 8 APRIL:**

**10:00 DEPARTURES**

# FITNESS CHALLENGE COMPETITION

OUR FEDERATION FIRST FITNESS CHALLENGE COMPETITION TOOK PLACE ON 25 FEBRUARY IN TBILISI AT ASPRIA FITNESS ALL FIRST AND SECOND PLACE WINNERS WILL TAKE PART IN IFBB PRESIDENT FITNESS CHALLENGE CUP.





# CONTACT DETAILS FOR ADDITIONAL CORRESPONDENCE:

MRS NUTSA ZURABISHVILI  
PRESIDENT OF GFBB FEDERATION  
E-MAIL: ZURABISHVILINUTSA@GMAIL.COM