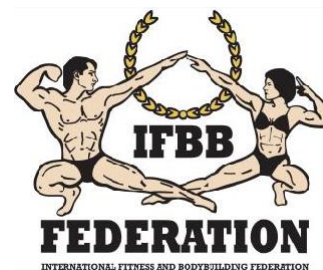


# 2024 IFBB DIAMOND CUP CAUCASUS



## MAIN INFORMATION

NAME OF THE EVENT: <b>2024 IFBB DIAMOND CUP CAUCASUS</b>		
CITY / COUNTRY: <b>YEREVAN / ARMENIA</b>		
DATE: <b>MAY 24<sup>th</sup> - 27<sup>th</sup>, 2024</b>		
EVENT OPEN FOR : <b>ALL IFBB-AFFILIATED NATIONAL FEDERATIONS</b>		
IFBB ELITE PRO CARD QUALIFIER	YES <input checked="" type="checkbox"/>	NO <input type="checkbox"/>
IFBB INTERNATIONAL RANKING QUALIFIER LEVEL 2	YES <input checked="" type="checkbox"/>	NO <input type="checkbox"/>
DAY OF ARRIVAL: <b>24/05/2024</b>		
DAY OF DEPARTURE: <b>27/05/2024</b>		
REGISTRATION DAY: <b>25/05/2024</b>	<b>TIME: 11:00-18:00</b>	<b>PLACE: Aquatek Hotel, 40/2 Myasnikyan Ave., 0025, Yerevan</b>
WEIGH-IN DAY: <b>25/05/2024</b>	<b>TIME: 11:00-18:00</b>	<b>PLACE: Aquatek Hotel, 40/2 Myasnikyan Ave., 0025, Yerevan</b>
<p>*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.</p>		
<b>RECOMMENDED AIRPORT: Zvartnots International Airport, 15 km (9.3 mi) west of Yerevan.</b>		
<p><b>VISA INFORMATION:</b> Holders of ordinary passports of 67 countries may enter Armenia without a visa for the limited period of time. Citizens of the next 20 countries may obtain a visa at arrival at a cost of AMD 15,000 (~EUR 35). Others may apply for the e-Visa or in advance in the Armenian Embassy/Consulate. More information available at: <a href="https://www.mfa.am/en/whoneedvisa">https://www.mfa.am/en/whoneedvisa</a></p> <p>*The passengers are NO LONGER REQUIRED to present a COVID-19 PCR test or a Certificate of complete vaccination against COVID-19 to enter the Republic of Armenia. For foreigners, the entry to the Republic of Armenia continues to remain open both via air and land borders.</p> <p>*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.</p>		
<b>VENUE: "PARVANA" CELEBRATION HALL - Hrazdan gorge street 77/1, Yerevan, Armenia</b>		
<b>HOTEL INFORMATION</b>		
<b>RECOMMENDED HOTELS:</b>		
1. <b>Aquatek Hotel, 40/2 Myasnikyan Ave.,</b> <a href="https://www.booking.com/hotel/am/aquatek-hotel.html?lang=xu">https://www.booking.com/hotel/am/aquatek-hotel.html?lang=xu</a>		
<b>ROOM CATEGORIES</b>		

Standard Single - AMD 34,000  
Standard Double/Twin – AMD 34,000  
Extra bed-- 8000AMD

ROOM RATES INCLUDE

- Buffet Breakfast
- Complimentary water in the room
- Outdoor Water World (seasonally)
- Indoor Aquatek (swimming pools and water slides) - 08:00 – 22:00
- Fitness Center (Gym)
- Eastern Bath (Hammam)
- Jacuzzi
- Sauna
- Free Parking
- Free wireless internet connection in the rooms and public areas

**Aquatek Resort** is fully booked for participants and delegates of the IFBB DIAMOND CUP CAUCASUS from May 24 to 26 with a discount. Come and pay on the spot.

REGISTRATION FEE:

Each athlete must pay the IFBB registration fee of **EUR €200**.

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of **EUR €50**.

**CROSSOVERS: EUR €100** per each of the additional categories.

**DEADLINE FOR ONLINE PAYMENT: May 14<sup>th</sup>, 2024, 23:59 CEST.**

\*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid. The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

\*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT, either at National or International level, Official or Invitational.

\*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are EUR €40/USD \$50 and are mandatory.

\*All posing music must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

## CATEGORIES:

### MEN'S BODYBUILDING:

- Up to & including 70 kg
- Up to & including 80 kg
- Up to & including 90 kg
- Over 90 kg
- **OVERALL: Elite Pro Cards for the top 2**

### MASTER MEN'S BODYBUILDING >40 YEARS - OPEN

**Elite Pro Card for the winner**

### MEN'S PHYSIQUE:

- Up to & including 170 cm
- Up to & including 176 cm
- Up to & including 182 cm
- Over 182 cm
- **OVERALL: Elite Pro Cards for the top 2**

### JUNIOR MEN'S PHYSIQUE 16-23 YEARS - OPEN

### MASTER MEN'S PHYSIQUE >40 YEARS - OPEN

### MUSCULAR MEN'S PHYSIQUE - OPEN

**Elite Pro Card for the winner**

### MEN'S CLASSIC BODYBUILDING:

- Up to & including 168 cm
- Up to & including 175 cm
- Over 175 cm
- **OVERALL: Elite Pro Cards for the top 2**

### MEN'S CLASSIC PHYSIQUE:

- Up to & included 170 cm
- Up to & included 180 cm
- Over 180 cm
- **OVERALL: Elite Pro Cards for the top 2**

### MASTER MEN'S CLASSIC PHYSIQUE >40 YRS - OPEN

### WOMEN'S BODYFITNESS:

- Up to & including 168 cm
- Over 168 cm
- **OVERALL: Elite Pro Cards for the top 2**

### MASTER WOMEN'S BODYFITNESS >35 YEARS - OPEN

**Elite Pro Card for the winner**

### WOMEN'S WELLNESS:

- Up to & including 168 cm
- Over 168 cm
- **OVERALL: Elite Pro Cards for the top 2**

### WOMEN'S BIKINI:

- Up to & including 164 cm
- Up to & including 169 cm
- Over 169 cm
- **OVERALL: Elite Pro Cards for the top 2**

### MASTER WOMEN'S BIKINI >35 YEARS - OPEN

**Elite Pro Card for the winner**

### WOMEN'S FIT- MODEL:

- Up to & including 168 cm
- Over 168 cm
- **OVERALL**

### MEN'S FIT- MODEL – OPEN

### POSSIBLE CROSSOVERS:

Classic Bodybuilding – Classic Physique – Bodybuilding;  
Women's Bikini – Women's Fit-Model;  
Women's Wellness – Women's Fit-Model.  
Also juniors and masters in senior classes.

## AWARDS:

Top three athletes in each category will be awarded with [medals](#).

Top six athletes in each category will be awarded with a [Certificate of Excellence](#) and [trophies](#). Overall winner will have a [trophy](#).

## IFBB ELITE PRO CARDS:

18 Pro Cards in total

### DISTRIBUTION:

**MEN'S BODYBUILDING:** Elite Pro Cards for the top 2 Overall winners

**MEN'S CLASSIC BODYBUILDING:** Elite Pro Cards for the top 2 Overall winners

**MEN'S CLASSIC PHYSIQUE:** Elite Pro Cards for the top 2 Overall winners

**MEN'S PHYSIQUE:** Elite Pro Cards for the top 2 Overall winners

**WOMEN'S BODYFITNESS:** Elite Pro Cards for the top 2 Overall winners

**WOMEN'S BIKINI:** Elite Pro Cards for the top 2 Overall winners

**WOMEN'S WELLNESS:** Elite Pro Cards for the top 2 Overall winners

**MUSCULAR MEN'S PHYSIQUE:** Elite Pro Cards for the winner

**MASTER WOMEN'S BODYFITNESS:** Elite Pro Cards for the winner

**MASTER WOMEN'S BIKINI:** Elite Pro Cards for the winner

**MASTER MEN'S BODYBUILDING:** Elite Pro Cards for the winner

## \*REGISTRATION DEADLINE

PRELIMINAR ENTRY FORM: **No**

FINAL ENTRY FORM: **May 13<sup>th</sup>, 2024**

## CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

## GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

## TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

TANNING SERVICES WILL BE PROVIDED BY THE ORGANIZERS. COST: EUR €80.

## CONTACT INFORMATION:

Please send your Entry Form to:

Mr. Gevorg Hakobyan

E-mail: [gevanfbb@gmail.com](mailto:gevanfbb@gmail.com)

Please send a copy to IFBB Technical Committee:

Eng. Andrew Michalak

E-mail: [amichalak5@gmail.com](mailto:amichalak5@gmail.com)

Please send a copy to IFBB Head Office:

Ms. Daria

E-mail: [contact@ifbb.com](mailto:contact@ifbb.com)

Contact details for additional correspondence:

Mr. Gevorg Hakobyan

President of Armenian National Federation of Bodybuilding & Fitness

E-mail: [gevanfbb@gmail.com](mailto:gevanfbb@gmail.com)

## JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: [pawelfilleborn@gmail.com](mailto:pawelfilleborn@gmail.com)

All international judges must bring their International Judge's Cards to the Team Managers & Judges Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of **EUR €50/USD \$60** paid for the current year. This fee may also be paid at the EVENT at the Team Managers & Judges Meeting.



Scan this code to see the rules for attires of Men's Physique and Bikini