

NAME OF THE EVENT



MAIN INFORMATION

NAME OF THE EVENT: 2024 IFBB DIAMOND CUP CZECHIA

CITY / COUNTRY: PRAGUE (MILOVICE nad Labern)/ CZECH REPUBLIC

DATE: JUNE 07th - 09th , 2024.

CHAMPIONSHIPS OPEN FOR: ALL IFBB-AFFILIATED NATIONAL FEDERATIONS

IFBB ELITE PRO CARD QUALIFIER: YES X

IFBB INTERNATIONAL RANKING QUALIFIER LEVEL 2: YES X

DAY OF ARRIVAL: JUNE 06th, 2024

DAY OF DEPARTURES: JUNE 09th, 2024

REGISTRATION DAY: 07/06/2024

TIME: 14:00-18:00

PLACE: Cultural House MILOVICE nad Labem Náměstí 30. června

PLACE: Cultural House MILOVICE nad Labem Náměstí 30. června

PLACE: Cultural House MILOVICE nad Labe Náměstí 30. června

*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.

RECOMMENDED AIRPORT: Vaclay Havel International Airport Praque

VISA INFORMATION: EU citizens and citizens of over 60 countries don't need visa to enter the Czech Republic for up to 90 days. Detailed information can be found at: www.schengenvisainfo.com/czech-republic-visa/

It is National Federations responsibility to obtain an entry visa for the country organizing the championship. All National Federations could ask for an Invitation Letter either to the Championship Organizer or IFBB. The invitation letter does not mean you are granted your visa. IFBB and Championship organizers are not responsible for attendant visas.

- *As of April 9th, 2022, the protective measures regarding the conditions of entry into the Czech Republic in relation to the epidemic of Covid-19 have been suspended. Entry into the Czech Republic is no longer subject to any special epidemiological conditions to prevent the spread of the disease. The entry-ban for foreigners from third-countries and the obligation to prove infection-free status have been lifted.
- *An Official Invitation Letter will be made available, if required. An athlete, included an official National Federation teams, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

VENUE: Cultural House (Kulturni dum - KD) MILOVICE nad Labem (28 kilometers northeast of Prague). Milovice Cultural House is the center of cultural events. Cinema, theatre, concerts, balls, exhibitions and sporting events. https://en.wikipedia.org/wiki/Milovice

CATEGORIES:

JUNIOR MEN'S BODYBUILDING 16-23 YEARS - **OPEN**

MEN'S BODYBUILDING:

Up to & including 80 kg

Up to & including 90 kg

Up to & including 100 kg

Over 100 kg

OVERALL: IFBB Elite Pro Cards for the top 2

MASTER MEN'S BODYBUILDING >40 YEARS - OPEN

 ${\sf MUSCULAR\ MEN'S\ PHYSIQUE-OPEN}$

IFBB Elite Pro Card for the winner

MEN'S CLASSIC PHYSIQUE - OPEN

IFBB Elite Pro Card for the winner

WOMEN'S BODYFITNESS - OPEN

IFBB Pro Card for the winner

MASTER WOMEN'S BODYFITNESS >35 YEARS - OPEN

JUNIOR MEN'S CLASSIC BODYBUILDING 16-23 YEARS - OPEN

MEN'S CLASSIC BODYBUILDING*

Up to & including 175 cm

Over 175 cm

OVERALL: IFBB Elite Pro Card for the winner

MASTER MEN'S CLASSIC BODYBUILDING >40 YEARS - OPEN

JUNIOR MEN'S PHYSIQUE 16-23 YEARS - OPEN

MEN'S PHYSIQUE:

Up to & including 170 cm

Up to & including 176 cm

Up to & including 182 cm

Over 182 cm

OVERALL: IFBB Elite Pro Cards for the top 2

MASTER MEN'S PHYSIQUE >40 YEARS - OPEN

Categories will only be run if 3 or more athletes per category. If less than 3 athletes in a category, categories will be combined, whenever possible.

Masters categories will not be combined.

JUNIOR BIKINI FITNESS 16-23 YEARS - **OPEN**

WOMEN'S BIKINI:

Up to & including 162 cm

Up to & including 166 cm

Up to & including 169 cm

Up to & including 172 cm Over 172 cm

OVERALL: IFBB Elite Pro Cards for the top 2

MASTER WOMEN'S BIKINI >35 YEARS - OPEN

IFBB Master Elite Pro Card for the winner

WOMEN'S PHYSIOUE - OPEN

IFBB Elite Pro Card for the winner

WOMEN'S WELNESS - OPEN

IFBB Elite Pro Card for the winner

WOMEN'S FIT-MODEL - OPEN

RECOMMENDED HOTEL

Milovice nad Labem

- Penzion Lesni, Lesni 537, https://www.penzion-lesni.cz
- Pension Kotvas, 5. kvetna 52, https://www.penzionkots,cz
- Esser Apartments, Dubova 1127, esser@seznam.cz

Lysa nad Labem - distance from Milovice nad Labem, 6 minutes by car (4.3 km)

- Pension Alfa, Masarykova 630/42, https://www.penzionlysa.cz/
- Pension U Vinne revy, Jedlickova 1397, https://www.ubytovanilysa.cz/cz/kontakt-u-vinne-revy

Celakovice - distance from Milovice nad Labem, 20 minutes by car (18 km)

- Hotel Toscca, V Prokope 1551, https://www.hoteltoscca.cz/
- Pension Na Pozarech, Jana Zacha 979, https://www.napozarech.cz/
- Pension Na Vosverku, Na Vošverku 121, https://www.penzion-navosverku.cz/

Nymburk - distance from Milovice nad Labem, 24 minutes by car (18 km)

- Sportovni centrum Hotel, Sportovni 1801, http://www.scnb.cz/
- Hotel Bene, Dopravni 2430, http://www.hotelbene.cz/
- Hotel Ostrov, Na Ostrov 432, https://hotelostrov.cz/

REGISTRATION FEE:

IFBB registration fee is **EUR €200** for Seniors and **EUR €100** for Juniors and Masters.

Registration fees for athletes to enter this competition must be paid in advance by credit/debit card orPayPal at http://www.ifbb.com/competition-registration. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of EUR €50.

CROSSOVERS: EUR €100 per each of additional categories.

DEADLINE FOR ONLINE PAYMENT: MAY 28th, 2024

*Participating athletes must be recommended by their National Federation by sending the FinalEntry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid. The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER, COMPETE OR PARTICIPATE IN ANY CAPACITY IN ANY EVENT either at National or International level, Official or invitational.

*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are EUR €40 / USD \$50 per year and mandatory.

*All posing music must be sent in the MP3 format to the e-mail address: stanislav.pesat@gmail.com. CDs will not be accepted. Theuse of profane, vulgar, and offensive language is strictly prohibited in the posing music.

REGISTRATION DEADLINE:

PRELIMINARY ENTRY FORM: No. FINAL ENTRY FORM: May 27th, 2024

CAMERA / VIDEO TAPE EQUIPMENT:

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

AWARDS:

Top three athletes in each category will be awarded with medals.

Top six athletes in each category will be awarded with a Certificate of Excellence and trophies.

Overall winner will have a trophy.

GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging and finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes two (2) green cards.
- Less than (5) athletes one (1) green card.

TANNING

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

PROFESSIONAL TANNING SERVICE: **YES** ☑ NO ☐ Contact: https://protanczech.cz, servis@protan.pro

CONTACT INFORMATION:

Please send your Entry Form to:

Mr. Stanislav Pesat

E-mail: stanislav.pesat@gmail.com

Phone: +420 777 776 262

Mr. Miroslav Tichy

E-mail: m tichy@sendme.cz Phone: +420 722 481 100 Please make a copy to:
IFBB Technical Committee:
Eng. Andrew Michalak

E-mail: amichalak5@gmail.com

IFBB Head Office:

Ms. Daria

E-mail: contact@ifbb.com

Contact details for additional correspondence:

Mr. Stanislav Pesat

E-mail: stanislav.pesat@gmail.com

JUDGES:

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges must bring their International Judge's Cards to the Team Managers and Judges Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of **EUR €50 / USD \$60** paid for the current year. This fee may also be paid at the EVENT at the Team Managers and Judges Meeting.

TENTATIVE SCHEDULE

OF THE 2024 IFBB DIAMOND CUP CZECHIA PRO

FRIDAY, June 07th, 2024

14:00 – 18:00 – Official Athlete Registration – Cultural House KD Milovice nad Labem 18:00 – 18.30 – Team Managers & Judges Meeting – Cultural House KD Milovice nad Labem

SATURDAY, June 08th, 2024

10:00 – Prejudging & Finals - ONE CONTINUOUS SESSION - KD Milovice nad Labem
(If there are 7 or less athletes in a category, there will be no prejudging round). It's athletes responsibility to be backstage before their category starts. Please be aware that some categories might run very fast, so athletes must be long in advance ready at the venue.

TENTATIVE SCHEDULE

RUNNING ORDER OF THE 2024 IFBB DIAMOND CUP CZECHIA PRO 2024

FRIDAY, June 7, 2024

14:00 - 18:00 - Registration of arriving - KD Milovice nad Labem

18:00 – 18.30 - Judges Meeting – KD Milovice nad Labem

SATURDAY, June 8, 2024

10:00 - ONE CONTINUOUS SESSION - KD Milovice nad Labem

(If there are 6 or less athletes in a category, there will be no prejudging round). It's athletes responsibility to be backstage before their category starts. Please be aware that some categories might run very fast, so athletes must be long in advance ready at the venue