



2024 DIAMOND CUP PRAGUE



MAIN INFORMATION

NAME OF THE EVENT: 2024 IFBB DIAMOND CUP PRAGUE		
CITY / COUNTRY: PRAGUE / CZECH REPUBLIC		
DATE: SEPTEMBER 13th - 15th, 2024		
EVENT OPEN FOR : ALL IFBB-AFFILIATED NATIONAL FEDERATIONS WORLDWIDE		
IFBB ELITE PRO CARD QUALIFIER	YES <input checked="" type="checkbox"/>	NO <input type="checkbox"/>
IFBB INTERNATIONAL RANKING QUALIFIER LEVEL 2	YES <input checked="" type="checkbox"/>	NO <input type="checkbox"/>
DAY OF ARRIVAL 13/09/2023		
DAY OF DEPARTURES 15/09/2023		
REGISTRATION DAY: 13/09/2023	TIME: 13:00 – 17:00	PLACE: Sport center Rokytka, Prague 9, Hloubetinska 1156, 19000
WEIGH-IN DAY: 13/09/2023	TIME: 13:00 – 17:00	PLACE: Sport center Rokytka, Prague 9, Hloubetinska 1156, 19000
<p>*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.</p>		
RECOMMENDED AIRPORT: VACLAV HAVEL INTERNATIONAL AIRPORT PRAGUE		
<p>VISA INFORMATION: EU citizens and citizens of over 60 countries don't need visa to enter the Czech Republic for up to 90 days. Detailed information can be found at: www.schengenvisa.info/czech-republic-visa/ It is National Federations responsibility to obtain an entry visa for the country organizing the championships. IFBB and Championship organizers are not responsible for attendant visas.</p> <p>* As of April 9th, 2022, the protective measures regarding the conditions of entry into the Czech Republic in relation to the epidemic of Covid-19 have been suspended. Entry into the Czech Republic is no longer subject to any special epidemiological conditions to prevent the spread of the disease. The entry-ban for foreigners from third-countries and the obligation to prove infection-free status have been lifted.</p> <p>*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.</p>		
VENUE: Sport Center Rokytka, Prague 9, Hloubetinska 1156, 19000		
HOTEL INFORMATION		

REGISTRATION FEE:

Each athlete must pay the IFBB registration fee of **EUR €250**.

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of **EUR €50**.

CROSSEOVERS: EUR €100 per each of the additional categories.

DEADLINE FOR ONLINE PAYMENT: SEPTEMBER 03rd, 2024

*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid.

The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti- Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are **EUR €40/USD \$50** and are mandatory.

*All posing music must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

CATEGORIES:

MASTER MEN'S BODYBUILDING >40 YEARS

1 open category (2 PRO CARDS)

MASTER MEN'S PHYSIQUE >40 YEARS

1 open category

MASTER MEN'S CLASSIC PHYSIQUE >40 YEARS

1 open category

JUNIOR MEN'S BODYBUILDING

1 open category

JUNIOR MEN'S PHYSIQUE

1 open category

MEN'S BODYBUILDING

Up to & including 80 kg

Up to & including 90 kg

Up to & including 100 kg

Over 100 kg

OVERALL (3 PRO CARDS)

MEN'S PHYSIQUE

Up to & including 170 cm

Up to & including 176 cm

Up to & including 182 cm

Over 182 cm

OVERALL (3 PRO CARDS)

MEN'S CLASSIC PHYSIQUE

1 open category (2 PRO CARDS)

MASTER WOMEN'S BODYFITNESS >35 YEARS

1 open category (2 PRO CARDS)

MASTER WOMEN'S BIKINI >35 YEARS

1 open category (2 PRO CARDS)

MASTER WOMEN'S WELLNESS >35 YEARS

1 open category

JUNIOR WOMEN'S BIKINI 16-23 YEARS

1 open category

WOMEN'S BODYFITNESS

Up to & including 163 cm

Over 163 cm

OVERALL (2 PRO CARDS)

WOMEN'S BIKINI

Up to & including 162 cm

Up to & including 166 cm

Up to & including 169 cm

Up to & including 172 cm

Over 172 cm

OVERALL (3 PRO CARDS)

WOMEN'S WELLNESS

Up to & including 163 cm

Over 163 cm

OVERALL (2 PRO CARDS)

WOMEN'S PHYSIQUE

1 open category (2 PRO CARDS)

MEN'S CLASSIC BODYBUILDING

Up to & including 175 cm

Over 175 cm

OVERALL (3 PRO CARDS)

MUSCULAR MEN'S PHYSIQUE

1 open category (2 PRO CARDS)

FIT-PAIRS

1 open category

WOMEN'S FIT-MODEL

1 open category

BEGINNER WOMEN'S BIKINI

1 open category

BEGINNER MEN'S PHYSIQUE

1 open category

BEGINNER MEN'S BODYBUILDING

1 open category

AWARDS:Top three athletes in each category will be awarded with [medals](#).Top six athletes in each category will be awarded with a [Certificate of Excellence](#) and [trophies](#). Overall winner will have a [trophy](#). Top 5 in senior categories will receive points to the [2024 IFBB World Ranking](#).**IFBB ELITE PRO CARDS:****28 ELITE PRO CARDS IN TOTAL****DISTRIBUTION**

Men's Bodybuilding – top 3 Overall winners

Men's Physique – top 3 Overall winners

Men's Classic Bodybuilding – top 3 Overall winners

Men's Classic Physique – top 2 open category winners

Muscular Men's Physique – top 2 open category winners

Women's Bikini – top 3 Overall winners

Women's Bodyfitness – top 2 Overall winners

Women's Wellness – top 2 Overall winners

Women's Physique – top 2 open category winners

Masters Men's Bodybuilding – top 2 open category winners

Masters Women's Bikini – top 2 open category winners

Masters Women's Bodyfitness – top 2 open category winners

REGISTRATION DEADLINE**PRELIMINAR ENTRY FORM: **NO**FINAL ENTRY FORM: **SEPTEMBER 02nd, 2024*CAMERA/VIDEO TAPE EQUIPMENT**

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & amp, finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

PROFESSIONAL TANNING SERVICE: **YES NO** Contact: <https://book.jantana.eu>

CONTACT INFORMATION:

Please send Your Final Entry Form to:

Mr. Roman Hajabac

E-mail: sekretariat@skfcr.cz

Please send a copy to the IFBB Technical Committee:

Eng. Andrew Michalak

E-mail: amichalak5@gmail.com

Please send a copy to IFBB Head Office:

Ms. Daria

E-mail: contact@ifbb.com

Contact details for additional correspondence:

Mr. Roman Hajabac

President of the Czech Bodybuilding and Fitness Federation

E-mail: hajabacroman@seznam.cz

JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges must bring their International Judge's Cards to the Team Managers & Judges Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of **EUR €50/USD \$60** paid for the current year. This fee may also be paid at the EVENT at the Team Managers & Judges Meeting.



Scan this code to see the rules for attires of Men's Physique and Bikini