

# 2024 MR. UNIVERSE Prague



# MAIN INFORMATION

NAME OF THE EVENT: 2024 IFBB MR. UNIVERSE PRAGUE				
CITY / COUNTRY: Prague / Czech Republic				
DATE: April 12 <sup>th</sup> -13 <sup>th</sup> , 2024				
EVENT OPEN FOR: All IFBB-affiliated National Federations worldwide				
IFBB ELITE PRO CARD QUALIFIER	YES X NO 🗆			
IFBB INTERNATIONAL RANKING QUALIFIER LEVEL 3 YES X NO				
DAY OF ARRIVAL 12/04/2024				
DAY OF DEPARTURES 14/04/2024				
REGISTRATION DAY:	TIME:	PLACE: Sports complex ROKYTKA		
12/04/2024	13:00-18:00	1156 Hloubetinska Str., Prague 9		
WEIGH-IN DAY	TIME:	PLACE: Sports complex ROKYTKA		
12/04/2024	13:00-18:00	1156 Hloubetinska Str., Prague 9		

\*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.

# RECOMMENDED AIRPORT: VACLAV HAVEL INTERNATIONAL AIRPORT PRAGUE

VISA INFORMATION: It is National Federations responsibility to obtain an entry visa for the country organizing the championship. All National Federations could ask for an Invitation Letter either to the Championship Organizer or IFBB. The invitation letter does not mean you are granted your visa. IFBB and Championship organizers are not responsible for attendant visas. EU citizens and citizens of over 60 countries don't need visa to enter the Czech Republic for up to90 days. Detailed information can be found at: www.schengenvisainfo.com/czech-republic-visa/

\* As of April 9<sup>th</sup>, 2022, the protective measures regarding the conditions of entry into the Czech Republic in relation to the epidemic of Covid-19 have been suspended. Entry into the Czech Republic is no longer subject to any special epidemiological conditions to prevent the spread of the disease. The entry-ban for foreigners from third-countries and the obligation to prove infection-free status have been lifted.

\*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

#### VENUE:

### Sports complex ROKYTKA.

A new modern sports complex ROKYTKA is designed for Judo, Karate, Bodybuilding and Fitness and Indoor Sports, in the vicinity of which accommodation facilities for athletes in the form of a hotel complex and a parking lot continue to be built. The premises of the sports complex are also used by the two-time Olympic champion in Judo in two weight categories, Lukas Krpalek, with his KRPALEK ACADEMY and his charges.

#### HOTEL INFORMATION

**RECOMMENDED HOTEL:** 

## Hotel DUO Praha, 492 Teplicka Str., Prague

CZK 2,200 /EUR €119 / single room

CZK 2,450 / EUR €119 / double room

The price includes buffet breakfast, wi-fi, VAT and 10% commission (from prices without VAT).

The price does not include the city tax.

In this hotel, we have secured a very reasonable price for MR. UNIVERSE Prague athletes and their companions, including breakfast, in the amount of CZK 1200 /EUR €60 /per night.

The four-star Hotel DUO offers modern accommodation. Guests can stay in one of the 649 elegantly furnished rooms, which are located in two buildings. Athletes will certainly enjoy themselves here, who can work out in the gym or play ping pong. The hotel's sports center also includes twelve bowling alleys. The hotel also offers large-capacity parking and is wheelchair accessible.

EW: http://bookings.ihotelier.com/bookings.jsp?groupID=4213935&hotelID=85417 ČR: http://bookings.ihotelier.com/bookings.jsp?groupID=4213935&hotelID=85417&LanguageID=18

CATEGORIES:	
Master Men's Bodybuilding 40 years & over	Master Women's Bodyfitness 35 years & over
open category (2 PRO CARDS)	1 open category (2 PRO CARDS)
Aaster Men's Physique 40 years & over	Master Women's Bikini 35 years & over
open category	1 open category (2 PRO CARDS)
unior Men's Bodybuilding 16-23 years	Junior Women's Bikini 16-23 years
open category	1 open category
unior Men's Physique 16-23 years	Women's Bodyfitness:
open category	Up to & including 163 cm
	Over 163 cm
Men's Bodybuilding:	Overall (2 PRO CARDS)
Jp to & including 80 kg	
Jp to & including 90 kg	Women's Bikini:
Jp to & including 100 kg	Up to & including 162 cm
Over 100 kg	Up to & including 166 cm
Overall (3 PRO CARDS)	Up to & including 169 cm
	Up to & including 172 cm
Лen's Physique:	Over 172 cm
Jp to & including 170 cm	Overall (3 PRO CARDS)
Jp to & including 176 cm	
Jp to & including 182 cm	Women's Wellness
Over 182 cm	Up to & including 163 cm
Overall (3 PRO CARDS)	Over 163 cm
	Overall (2 PRO CARDS)
Men's Classic Physique	
. open category (2 PRO CARDS)	Masters Women's Wellness >35 years
	1 open category
Aen's Classic Bodybuilding:	
Jp to & including 175 cm	Women's Physique
Over 175 cm	1 open category (2 PRO CARDS)
Overall (3 PRO CARDS)	
Aucoular Mon's Dhysique	Women's Fit-Model
Auscular Men's Physique	1 open category

Fit-Pairs 1 open category	Possible crossovers: Men's Classic Bodybuilding – Classic Physique – Bodybuilding	
Master Men's Classic Physique 40 years & over 1 open category	Women's Bikini – Fit-Model Women's Wellness – Fit-Model Also juniors and masters in senior categories	
Categories will only be run if 3 or more athletes per category. If less than 3 athletes in a category, categories will be combined, whenever possible. Masters categories will not be combined.		
REGISTRATION FEE		

Each athlete must pay the IFBB registration fee of **EUR €250.** 

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at <u>http://www.ifbb.com/competition-registration</u>. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of **EUR €50**.

CROSSOVERS: **EUR €100** per each of the additional categories.

DEADLINE FOR ONLINE PAYMENT: April 02<sup>nd</sup>, 2024

\*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid. The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

\*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti- Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

\*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are **EUR €40/USD \$50** and are mandatory.

\*All posing music must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

#### **\*REGISTRATION DEADLINE**

PRELIMINAR ENTRY FORM: No FINAL ENTRY FORM: April 01<sup>st</sup>, 2024

#### CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

#### **IFBB ELITE PRO CARDS:**

Total No: 28 DISTRIBUTION:

Men's Bodybuilding – top 3 Overall winners Men's Physique – top 3 Overall winners Men's Classic Bodybuilding – top 3 Overall winners Men's Classic Physique – top 2 category winners Muscular Men's Physique – top 2 category winners Women's Bikini – top 3 Overall winners Women's Bodyfitness – top 2 Overall winners Women's Wellness – top 2 Overall winners Women's Physique – top 2 category winners Masters Men's Bodybuilding – top 2 category winners Masters Women's Bikini – top 2 category winners Masters Women's Bikini – top 2 category winners

Please note: In categories with less than 6 competitors the Elite Pro Card distribution is upon further consideration			
AWARDS:			
Top three athletes in each category will be awarded with medals. Top six athletes in each category will be awarded with a Certificate of Excellence and trophies. Overall winner will have a trophy.			
of the Head Judge.			
GREEN CARDS			
<ul> <li>Green cards are used to limit access to the weigh-in and backstage area during the prejudging &amp; amp, finals. They will be distributed at the judges/team managers meetings as follows:</li> <li>Five (5) or more athletes – two (2) green cards.</li> <li>Less than (5) athletes – one (1) green card.</li> <li>EXTRA GREEN CARDS: YES □ NO □ N/A ⊠</li> </ul>			
TANNING NEEDS			
the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.  PROFESSIONAL TANNING SERVICE: YES IN NO I Contact: https://book.jantana.eu CONTACT INFORMATION:			
Please send your Entry Form to: <b>Mr. Roman Hajabac</b> E-mail: <u>sekretariat@skfcr.cz</u> or <u>hajabacroman@seznam.cz</u>	<ul> <li>Please send a copy to the IFBB Technical Committee:</li> <li>Eng. Andrew Michalak</li> <li>E-mail: <u>amichalak5@gmail.com</u></li> <li>Please send a copy to the IFBB Head Office:</li> <li>Ms. Daria</li> <li>E-mail: <u>contact@ifbb.com</u></li> </ul>		
Contact details for additional correspondence: Mr. Roman Hajabac President of the Czech Bodybuilding and FitnessFederation			
E-mail: <u>hajabacroman@seznam.cz</u> JUDGES			

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges must bring their International Judge's Cards to the Team Managers & Judges Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of EUR €50/USD \$60 paid for the current year. This fee may also be paid at the EVENT at the Team Managers & Judges Meeting.