

INSPECTION REPORT

2024 IFBB DIAMOND CUP CZECHIA

JUNE 7th – 9th, 2024

Milovice nad Labem, CZECH REPUBLIC

The Czech Bodybuilding & Fitness Federation offers IFBB-affiliated National Federations to participate in the 2024 IFBB Diamond Cup CZECHIA. The event will include Men's Bodybuilding, Juniors (16-23 years), **Masters**, Classic Bodybuilding, Men's Classic Physique, Men's Physique, Women's **Bodyfitness, Bikini, Wellness and Fit-Model**.

INFORMATION

Welcome

The Organizing Committee of the **IFBB INTERNATIONAL AMATEUR BODYBUILDING AND FITNESS COMPETITION**

2024 IFBB DIAMOND CUP CZECHIA

the City of Milovice and Labem, Mr. Stanislav Pesat **and Mr. Miroslav Tichy** take this opportunity to invite IFBB National **Federations to participate** in the **2024 IFBB Diamond Cup CZECHIA** international competition to be held in Milovice nad Labem, Czech Republic, on June 7th – 9th, 2024.

Location

Milovice nad Labem, **28 km north-east of PRAGUE**.

Venue Site

Cultural House - KD Milovice nad Labem

Arrivals and Airport

Friday, June 7th, 2024, is an official arrival day.

Vaclav Havel International Airport Prague (Czech Republic).

Participation

The contest is open for **all IFBB-affiliated National Federations worldwide**. The number of competitors participating in these championships is unlimited.

Online Pre-Registration of athletes will only be considered if they are entered by National Federation of the athletes by sending the Final Entry Form with their names directly to the Organizing Committee, IFBB Technical Committee and IFBB Head Office in Madrid not later than **May 27th, 2024**.

Please be aware that it is **FULL RESPONSIBILITY AND OBLIGATION OF THE NATIONAL FEDERATION** to verify if each one of the athletes to be registered on this international event are **NOT** suspended or fulfilling any period of ineligibility due to Anti-Doping Rule Violation or any disciplinary case at national or international level.

Registration

Official Athlete Registration will be conducted in the KD Milovice **nad Labem**, on Friday, June 7th, 2024, from 14:00 till 18:00 hrs.

All athletes must be entered by their National Federations and will have to produce their Passports and IFBB International Cards at the Registration.

Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are EUR €40 / USD \$50 and are mandatory.

All posing music must be sent in the MP3 format to the **e-mail address: stanislav.pesat@gmail.com** along with the Final Entry Form.

CD will not be accepted. The use of profane, vulgar and offensive language is strictly prohibited in the posing music.

All Athletes must wear their posing attire during weigh-in for inspection.

Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance **with the IFBB rules**. Any tanning which can be wiped off is not allowed.

You will receive your tags for athletes and coaches at the registration.

Registration Fee

Registration fee for athletes to enter this competition is as **follows**:

- EUR €200 – for all senior categories**
- EUR €100 – for all masters and junior categories**
- CROSSOVERS: EUR €100 per each of the additional categories**

Registration Fee is to be paid in advance by credit/debit card or PayPal at IFBB webpage <http://www.ifbb.com/competition-registration/> for your best comfort and convenience. Please add your name during online payment and bring a copy of your payment confirmation to the registration.

The online payment system will be switched off on **May 28th, 2024 at 23:59 hrs** (midnight – Central European Summer Time, UTC +2).

If paying at the Registration in Milovice on **June 7th, 2024**, an extra fee **EUR €50** per participant will be charged.

Along with the **Final Entry Form** send the posing music to the e-mail **address: stanislav.pesat@gmail.com** .

Judges

To be taken into consideration during selection of judges panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact

Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges must bring their International Judge's Cards to **Milovice**. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of EUR €50 paid for 2024. This fee may also be paid at **the event in the** Czech Republic.

Categories open at this competition:

JUNIOR MEN'S BODYBUILDING 16-23 YEARS – OPEN

MEN'S BODYBUILDING:

Up to & including 80 kg

Up to & including 90 kg

Up to & including 100 kg

Over 100 kg

OVERALL: IFBB Elite Pro Cards for the top TWO

MASTER MEN'S BODYBUILDING OVER 40 YEARS – OPEN

JUNIOR MEN'S CLASSIC BODYBUILDING 16-23 YEARS – OPEN

MEN'S CLASSIC BODYBUILDING:*

Up to & including 175 cm

Over 175 cm

OVERALL: IFBB Elite Pro Card for the WINNER

MASTER MEN'S CLASSIC BODYBUILDING OVER 40 YEARS – OPEN

JUNIOR MEN'S PHYSIQUE 16-23 YEARS – OPEN

MEN'S PHYSIQUE:

Up to & including 170 cm

Up to & including 176 cm

Up to & including 182 cm

Over 182 cm

OVERALL: IFBB Pro Cards for the top TWO

MASTER MEN'S PHYSIQUE OVER 40 YEARS – OPEN

MUSCULAR MEN'S PHYSIQUE – OPEN

IFBB Pro Card for the WINNER

MEN'S CLASSIC PHYSIQUE – OPEN

IFBB Pro Card for the WINNER

WOMEN'S BODYFITNESS – OPEN

IFBB Pro Card for the WINNER

MASTER WOMEN'S BODYFITNESS OVER 35 YEARS – OPEN

JUNIOR WOMEN'S BIKINI 16-23 YEARS – OPEN

WOMEN'S BIKINI:

Up to & including 162 cm

Up to & including 166 cm

Up to & including 169 cm

Up to & including 172 cm

Over 172 cm

OVERALL: IFBB Pro Cards for the top TWO

MASTER WOMEN'S BIKINI OVER 35 YEARS – OPEN

IFBB Pro Card for the WINNER

WOMEN'S WELNESS – OPEN

IFBB Pro Card for the WINNER

WOMEN'S FIT- MODEL – OPEN

IFBB Pro Card for the WINNER

Important note: Minimum number of competitors to run a category should be 3. If less than 3 athletes, categories will be combined, wherever possible.

AWARDS

**Top 3 athletes in each category will be awarded with medals and trophies.
Top 6 athletes in each category will be awarded with Certificate of Excellence.**

2024 IFBB WORLD RANKING POINTS for the top 5 athletes in senior categories, according to the World Ranking Rules.

IFBB ELITE PRO CARD – 13 in total

Visas

It is National Federations responsibility to obtain an entry visa for the country organizing the championship. All National Federations could ask for an Invitation Letter either to the Championship Organizer or IFBB. The invitation letter does not mean you are granted your visa. IFBB and Championship organizers are not responsible for attendant visas. EU citizens and citizens of over 60 countries don't need visa to enter the Czech Republic for up to 90 days. Detailed information can be found at: www.schengenvisa.info/czech-republic-visa/ * As of April 9th, 2022, the protective measures regarding the conditions of entry into the Czech Republic in relation to the epidemic of Covid-19 have been suspended. Entry into the Czech Republic is no longer subject to any special epidemiological conditions to prevent the spread of the disease. The entry-ban for foreigners from third-countries and the obligation to prove infection-free status have been lifted. *An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

Detailed information for each country available here:

http://www.mzv.cz/jnp/en/information_for aliens/general visa information/

Tanning

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage. Tanning services at this competition will be offered by Pro Tan.

Language

Czech language is an official language in the Czech Republic.

Time Difference

UTC+2 hour (CEST – Central European Summer Time Zone)

Currency

The official currency in the Czech Republic is Czech Koruna (CZK). In some shops, restaurants and services can pay with Euros (EUR).

EUR 1.0 = CZK 25 (as for May 2024). Current rates available at:

<http://www.xe.com/currencyconverter/convert/?Amount=1&From=EUR&To=CZK>

Electrical Current

230 V, 50 Hz. Plugs and sockets of type C and E.

Better to check at: <http://www.worldstandards.eu>

Correspondence and Information

Further information can be requested by email addressed to the promoters:

Mr. Stanislav Pesat +420 777 776 262 , stanislav.pesat@gmail.com

Mr. Miroslav Tichy +420 722 481 100 , m_tichy@sendme.cz

Final Entry Forms Sending Details

Along with the Final Entry Form, please send your posing music (MP3 format).

Please send your Entry Form no later than

Please send a copy to:

International Fitness & Bodybuilding Federation

Head Office:

May 27th

2024 to:

Contest Promoters:

Mr. Stanislav Pesat and Miroslav Tichy:

stanislav.pesat@czechia-pro.cz

m_tichy@sendme.cz

E-mail: contact@ifbb.com

IFBB Technical Committee

Eng. Andrew Michalak

E-mail: amichalak5@gmail.com

Tentative Program

Friday, June 7th, 2024

14:00-18:00 – Official Athlete Registration (Weigh-in), **KD Milovice**

18:00 – Team Managers and Judges Meeting , **KD Milovice**

Saturday, June 8th, 2024

10:00 – Prejudging and Finals at KD Milovice nad Labem, detailed schedule will be released closer to the event.