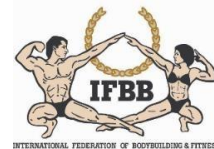


IFBB Pan-American Championships



MAIN INFORMATION

NAME OF THE EVENT: 2024 IFBB Pan-American Championships

CITY / COUNTRY: Hermosillo, Sonora / Mexico

DATE: July 26th up to 28th

EVENT OPEN FOR : All National Federations from the Americas, affiliated with the IFBB

IFBB ELITE PRO CARD QUALIFIER YES NO

IFBB INTERNATIONAL RANKING QUALIFIER YES NO

DAY OF ARRIVAL: July 26th, 2024

DAY OF DEPARTURES: July 29th, 2024

REGISTRATION / WEIGH-IN DAY:
July 26th, 2024

TIME: 13:00 - 18:00

PLACE: Arena Sonora, Nayarit y Boulevard Abelardo L Rodríguez, Col. Centro, Col. Hermosillo Centro, C.P. 83000, Hermosillo, Sonora

COMPETITION DAY: July 27th and 28th, 2024

TIME:
14:00 Saturday 27th
11:00 Sunday 28th

PLACE: Arena Sonora, Nayarit y Boulevard Abelardo L Rodríguez, Col. Centro, Col. Hermosillo Centro, C.P. 83000, Hermosillo, Sonora

*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.

RECOMMENDED AIRPORT: General Ignacio Pesqueira Garcia International Airport (Hermosillo, Sonora)

VISA INFORMATION: PLEASE REVIEW NEEDED INFORMATION AT THE SITE

<https://www.inm.gob.mx/gobmx/word/index.php/paises-requieren-visa-para-mexico/> for the countries who need VISA for the entrance to Mexico.

*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

VENUE: Arena Sonora

Nayarit y Boulevard Abelardo L Rodríguez, Col. Centro, Col. Hermosillo Centro, C.P. 83000, Hermosillo, Sonora

HOTEL INFORMATION

RECOMMENDED HOTEL:

Option 1. **Fiesta Americana Hotels & Resorts**, Fiesta Americana Hermosillo, Blvd. Eusebio Kino No. 369, Col. Lomas Pitic, 83010, Hermosillo, Sonora, México, Phone : +52(443)310 81 37 / <https://www.fiestamericana.com/hoteles-y-resorts/fiesta-americana-hermosillo/hotel-contact>

Option 2. **Hotel Araiza Hermosillo**, Blvd. Fco. Eusebio Kino 353, Lomas Pitic, 83010 Hermosillo, Sonora, Phone: +52 (662) 109 1700 / 800-026-5444, mail: otasalliance@araizahoteles.com / ventashmo@araizahoteles.com

Option 3. **Hotel Fiesta Inn Hermosilla**, Blvd. Eusebio Kino 375, Col. Lomas Pitic, 83010

Hermosillo, Sonora, Mexico, Phone: +52 (443) 137 8728 / + 52 (443) 310 81 37 / e-mail: gvfahe@posadas.com

REGISTRATION FEE:

Each athlete must pay the IFBB registration fee of **USD \$200**.

Registration fee for international athletes to enter this competition must be paid in advance by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of USD \$50.

For all Mexican athletes the registration fee shall be paid at the registration.
The cost of it will be of **USD \$200**.

CROSSOVERS: USD \$100 per each of the additional categories.

Fitness Challenge Categories: USD \$50.

DEADLINE FOR ONLINE PAYMENT: July 22nd, 2024.

*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid. The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti- Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are **EUR €40/USD \$50** and are mandatory.

*All posing music must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

MEN'S CATEGORIES:

BODYBUILDING

- Juniors 16-23 years
 - Open
- Seniors
 - Up to 70 kg
 - Up to 75 kg
 - Up to 80 kg
 - Up to 85 kg
 - Over 85 kg
- Masters
 - 40-49 years - Open
 - 50 years and over - Open

CLASSIC BODYBUILDING

- Seniors
 - Up to 172 cm
 - Over 172 cm
- Games
 - Open

CLASSIC PHYSIQUE

- Seniors
 - Up to 172 cm
 - Over 172 cm

WOMEN'S CATEGORIES:

BIKINI

- Juniors 16-23 years
 - Open
- Seniors
 - Up to 158 cm
 - Up to 164 cm
 - Over 164 cm
- Master 35 years & over
 - Open

WELLNESS

- Juniors 16-23 years
 - Open
- Seniors
 - Up to 158 cm
 - Up to 164 cm
 - Over 164 cm
- Masters 35 years & over
 - Open

BODYFITNESS

- Seniors
 - Open
- Masters 35 years & over
 - Open

MEN'S PHYSIQUE

- Juniors 15-23 years
 - Up to 172 cm
 - Over 172 cm
- Seniors
 - Up to 168 cm
 - Up to 172 cm
 - Up to 176 cm
 - Over 176 cm
- Masters 40 years & over
 - Open

FITNESS CHALLENGE

- Men's Individual - Open

ACROBATIC FITNESS

- Open

FIT-MODEL

- Open

WOMEN'S PHYSIQUE

- Open

FITNESS CHALLENGE

- Women's Individual - Open

AWARDS:

Top three athletes in each category will be awarded with [trophies](#).

Top six athletes in each category will be awarded with a [Certificate of Excellence](#) and [medals](#). Overall winner will have a [medal](#).

IFBB ELITE PRO CARDS:

9 ELITE PRO CARDS IN TOTAL

DISTRIBUTION:

MEN'S BODYBUILDING – Elite Pro Cards for the top 2 Overall Winners

MEN'S CLASSIC BODYBUILDING – Elite Pro Card for the Overall Winner

MEN'S PHYSIQUE – Elite Pro Card for the Overall Winner

MEN'S CLASSIC PHYSIQUE – Elite Pro Card for the Overall Winner

MASTER MEN'S BODYBUILDING – Elite Pro Card for the Overall Winner

WOMEN'S BIKINI – Elite Pro Card for the Overall Winner

WOMEN'S WELLNESS – Elite Pro Card for the Overall Winner

WOMEN'S BODYFITNES – Elite Pro Card for the open category Winner

***REGISTRATION DEADLINE**

FINAL ENTRY FORM: **July 22nd, 2024.**

CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

CONTACT INFORMATION:

Please send Your Final Entry Form to:
Organizing Committee
Mr. Francisco Cabezas
Mexican Bodybuilding and Fitness Federation President
E-mail: fmff2001@hotmail.com

Please send a copy to IFBB Technical Committee
Eng. Andrew Michalak
E-mail: amichalak5@gmail.com

Please send a copy to IFBB Head Office:
Ms. Daria
E-mail: contact@ifbb.com

Contact details for additional correspondence:
President of the Pan-American Confederation and
IFBB Central America VP
Mr. Eduardo Abdalah
E-mail: panamerica@gmail.com

IFBB North American VP
Mr. Marco Antonio Cabezas
E-mail: fmff2001@hotmail.com
E-mail: mac.cabezasmexico@gmail.com

JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges must bring their International Judge's Cards to the Team Managers & Judges Meeting. IFBB International Judges must have a valid IFBB Judge's Card, with the IFBB yearly judges fee of **EUR €50/USD \$60** paid for the current year. This fee may also be paid at the EVENT at the Team Managers & Judges Meeting.