



# Tiger Classic IFBB Diamond Cup

## MAIN INFORMATION

<b>NAME OF THE EVENT: 2024 TIGER CLASSIC IFBB DIAMOND CUP ROMANIA</b>		
<b>CITY / COUNTRY: BUCHAREST / ROMANIA</b>		
<b>DATE: AUGUST 30<sup>th</sup> – SEPTEMBER 01<sup>st</sup>, 2024</b>		
<b>EVENT OPEN FOR: ALL NATIONAL FEDERATIONS AFFILIATED WITH THE IFBB</b>		
<b>IFBB ELITE PRO CARD QUALIFIER</b>	<b>YES <input checked="" type="checkbox"/></b>	<b>NO <input type="checkbox"/></b>
<b>IFBB INTERNATIONAL RANKING QUALIFIER LEVEL 2</b>	<b>YES <input checked="" type="checkbox"/></b>	<b>NO <input type="checkbox"/></b>
<b>DAY OF ARRIVAL: 30/08/2024</b>		
<b>DAY OF DEPARTURES: 01/09/2024</b>		
<b>REGISTRATION DAY: 30/08/2024</b>	<b>TIME: 15:00–18:00</b>	<b>PLACE: Polyvalent Hall, 10 Calea Piscalui, Bucharest</b>
<b>WEIGH-IN DAY: 30/08/2024</b>	<b>TIME: 15:00-18:00</b>	<b>PLACE: Polyvalent Hall, 10 Calea Piscalui, Bucharest</b>
<p>*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.</p>		
<b>RECOMMENDED AIRPORT: BUCHAREST HENRI COANDA INTERNATIONAL AIRPORT</b>		
<p><b>VISA INFORMATION:</b> A valid passport is required to enter Romania. EU country citizens do not need to obtain a visa. All other countries should consult the Romanian Embassy in their country to determine if they need a visa. Detailed information here: <a href="https://www.mae.ro/en/node/2035">https://www.mae.ro/en/node/2035</a></p> <p>*Starting March 9<sup>th</sup>, 2022, all restrictions inherent to the COVID-19 pandemic, as well as the restriction or prohibition of certain activities provided for in said legal instrument have been lifted.</p> <p>*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.</p>		
<b>VENUE: POLYVALENT HALL, 10 CALEA PISCULUI, BUCHAREST</b>		
<b>HOTEL INFORMATION</b>		
<b>RECOMMENDED HOTELS:</b>		
<b>OFFICIAL HOTELS:</b> - Marshal Garden (Calea Dorobanti 50B, Bucuresti 010574)		
- Continental Forum Bucuresti (82-84, Izvor Street, Sector 5, 050561 Bucharest)		
- Razvan Hotel (Calea Calarasi 159, Bucuresti 030614)		

## REGISTRATION FEE:

Each athlete must pay the IFBB registration fee of **EUR €200**.

Fitness Challenge athletes pay the registration fee of **EUR €50** per person.

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of **EUR €50**.

**CROSSOVERS: EUR €100** per each of the additional categories.

**DEADLINE FOR ONLINE PAYMENT: August 20<sup>th</sup>, 2024 midnight.**

\*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid.

The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

\*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

\*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are **EUR €40/USD \$50** and are mandatory.

\*All posing music must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

## CATEGORIES:

### JUNIOR'S CATEGORIES

- Junior Women's Bikini 16-23 years: **OPEN**
- Junior Men's Physique 15-23 years: **OPEN**
- Junior Men's Bodybuilding 16-23 years: **OPEN**
- Junior Women's Fit-Model 16-23 years: **OPEN**

### MASTER'S CATEGORIES

- Master Women's Bikini >35 years: **OPEN**
- Master Women's Bodyfitness >35 years: **OPEN**
- Master Women's Wellness >35 years: **OPEN**
- Master Men's Bodybuilding >40 years:
  - up to 85 kg
  - over 85 kg
  - **OVERALL;**
- Master Men's Classic Bodybuilding >40 years: **OPEN**
- Master Men's Classic Physique >40 years: **OPEN**
- Master Men's Physique >40 years: **OPEN**

### **FITNESS CHALLENGE • IFBB WORLD RANKING EVENT**

- **SILVER LEVEL:** women & men individual & mixed couples
- **GOLD LEVEL:** women & men individual & mixed couples

### SENIOR'S CATEGORIES

- Women's Bodyfitness: 163 cm; +163 cm & **OVERALL;**
- Women's Wellness: 168 cm; +168 cm & **OVERALL;**
- Women's Fit-Model: **OPEN**
- Women's Bikini: 160 cm; 164 cm; 169 cm; 172 cm; +172 cm & **OVERALL**
- Men's Bodybuilding: 70 kg, 80 kg, 90 kg, +90 kg & **OVERALL;**
- Men's Classic Bodybuilding: 175 cm; +175 cm & **OVERALL;**
- Men's Physique: 170 cm; 176 cm; 179 cm; 182 cm; +182 cm & **OVERALL;**
- Muscular Men's Physique: **OPEN**
- Men's Wheelchair Bodybuilding: **OPEN**
- Fit-Pairs: **OPEN**
- Men's Fit-Model: **OPEN**
- Men's Classic Physique: 175 cm; +175 cm & **OVERALL.**

**NOTE: A CATEGORY WILL BE RUN ONLY IF 3 OR MORE ATHLETES ARE REGISTERED. OTHERWISE, CATEGORIES WILL BE COMBINED.**

### **POSSIBLE CROSSOVERS:**

- ✓ Men's Classic Bodybuilding – Men's Classic Physique – Men's Bodybuilding;
  - ✓ Men's Physique – Men's Fit-Model;
  - ✓ Women's Wellness – Women's Fit-Model;
  - ✓ Women's Bikini – Women's Fit-Model;
  - ✓ Also juniors and masters in senior categories

## AWARDS:

Top three athletes in each category will be awarded with **medals**.

Top six athletes in each category will be awarded with a **Certificate of Excellence** and **trophies**. Overall winner will have a **trophy**.

## IFBB ELITE PRO CARDS:

### 15 IFBB ELITE PRO CARDS IN TOTAL

#### DISTRIBUTION:

- **Women's Bodyfitness: 1 IFBB Elite Pro Card for the winner;**
- **Women's Wellness: 1 IFBB Elite Pro Card for the Overall winner;**
- **Women's Bikini: 3 IFBB Elite Pro Cards for the top 3 Overall winners;**
- **Men's Bodybuilding: 2 IFBB Elite Pro Cards for the top 2 Overall winners;**
- **Men's Classic Bodybuilding: 1 IFBB Elite Pro Card for the Overall winner;**
- **Men's Physique: 3 IFBB Elite Pro Cards for the top 3 Overall winners;**
- **Men's Classic Physique: 1 IFBB Elite Pro Card for the Overall winner;**
- **Muscular Men's Physique: 1 IFBB Elite Pro Card for the winner.**
  
- **Master Women's Bikini >35 years: 1 IFBB Elite Pro Card for the winner.**
- **Master Men's Bodybuilding >40 years: 1 IFBB Elite Pro Card for the Overall winner.**

## \*REGISTRATION DEADLINE

PRELIMINAR ENTRY FORM: No.

FINAL ENTRY FORM: **19/08/2024**

## CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

## GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

EXTRA GREEN CARDS: **YES**  **NO**

PRICE: **EUR €25** each.

## TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

PROFESSIONAL TANNING SERVICE: **YES**  **NO**

Contact: [ovidiumezdrea@pro-gym.ro](mailto:ovidiumezdrea@pro-gym.ro)

For professional make-up & hair, send an email to [makeupevents@yahoo.com](mailto:makeupevents@yahoo.com) .

For professional photos & video, you can book directly at registration.

## CONTACT INFORMATION:

Please send your Entry Form to:

**Ms. Tanita Groza Zetea**

E-mail: [office@frcf.ro](mailto:office@frcf.ro)

Please send a copy to the IFBB Technical Committee:

Eng. Andrew Michalak

E-mail: [amichalak5@gmail.com](mailto:amichalak5@gmail.com)

Please send a copy to the IFBB Head Office:

Ms. Daria

E-mail: [contact@ifbb.com](mailto:contact@ifbb.com)

Contact details for additional correspondence:

Mr. Mihai Tigora

President of Tiger Classic

E-mail: [tigersportsfestival@gmail.com](mailto:tigersportsfestival@gmail.com)

## JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: [pawelfilleborn@gmail.com](mailto:pawelfilleborn@gmail.com)

All international judges must bring their International Judge's Cards to the Team Managers & Judges Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of **EUR €50/USD \$60** paid for the current year. This fee may also be paid at the EVENT at the Team Managers & Judges Meeting.



Scan this code to see the rules for attires of Men's Physique and Bikini