



MR. UNIVERSE JORDAN



MAIN INFORMATION

NAME OF THE EVENT: 2024 IFBB MR. UNIVERSE JORDAN

CITY / COUNTRY: AMMAN / JORDAN

DATE: AUGUST 01st to 04th, 2024

EVENT OPEN FOR: ALL IFBB-AFFILIATED NATIONAL FEDERATIONS WORLDWIDE

IFBB ELITE PRO CARD QUALIFIER YES NO

IFBB INTERNATIONAL RANKING QUALIFIER LEVEL 3 YES NO

DAY OF ARRIVAL: AUGUST 01st, 2024

DAY OF DEPARTURES: AUGUST 04th, 2024

REGISTRATION DAY: 01/08/2024

TIME: 12:00 - 18:00

PLACE: RASHED AL ZYOUD HALL in Al Hussein Youth City.

WEIGH-IN DAY: 01/08/2024

TIME: 12:00 - 18:00

PLACE: RASHED AL ZYOUD HALL in Al Hussein Youth City.

*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.

RECOMMENDED AIRPORT: QUEEN ALIAA INTERNATIONAL AIRPORT, ZIZYA, AMMAN

VISA INFORMATION: Passport holders of over 10 countries don't need a visa to visit Jordan. Most of European, North American and South American countries are eligible to get a visa to Jordan on arrival. Citizens of other countries must pre-arrange a visa directly with the Jordanian Embassy in their home country. Details at:

<https://www.touristjordan.com/need-visa-visit-jordan/> . Electronic visa application here:

https://moi.gov.jo/EN/Pages/Visa_E_Applications

*Currently, there are no COVID-19 testing or vaccination requirements for travellers entering Jordan.

*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

VENUE: RASHED AL ZYOUD HALL IN AL HUSSEIN YOUTH CITY.

HOTEL INFORMATION

RECOMMENDED HOTEL:

OFFICIAL HOTEL: REGENCY PALACE AMMAN - 5 star

GRAND PALACE HOTEL - 4 star

REGISTRATION FEE:

Each athlete must pay the IFBB registration fee of **USD \$200**.

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of **USD \$50**.

CROSSOVERS: USD \$100 per each of the additional categories.

DEADLINE FOR ONLINE PAYMENT: JULY 23rd, 2024.

*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid.

The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti- Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are **EUR €40/USD \$50** and are mandatory.

*All posing music must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

CATEGORIES:

SENIOR MEN'S CATEGORIES:

- MEN'S BODYBUILDING UP TO 65 KG
- MEN'S BODYBUILDING UP TO 70 KG
- MEN'S BODYBUILDING UP TO 75 KG
- MEN'S BODYBUILDING UP TO 80 KG
- MEN'S BODYBUILDING UP TO 85 KG
- MEN'S BODYBUILDING UP TO 90 KG
- MEN'S BODYBUILDING OVER 90 KG
- MEN'S BODYBUILDING **OVERALL**

- MEN'S CLASSIC BODYBUILDING UP TO 170 CM
- MEN'S CLASSIC BODYBUILDING UP TO 174 CM
- MEN'S CLASSIC BODYBUILDING UP TO 178 CM
- MEN'S CLASSIC BODYBUILDING OVER 178 CM
- MEN'S CLASSIC BODYBUILDING **OVERALL**

- MEN CLASSIC PHYSIQUE UP TO 170 CM
- MEN CLASSIC PHYSIQUE UP TO 174 CM
- MEN CLASSIC PHYSIQUE UP TO 178 CM
- MEN CLASSIC PHYSIQUE OVER 178 CM
- MEN CLASSIC PHYSIQUE **OVERALL**

- MEN'S PHYSIQUE UP TO 170 CM
- MEN'S PHYSIQUE UP TO 173 CM
- MEN'S PHYSIQUE UP TO 176 CM
- MEN'S PHYSIQUE UP TO 179 CM
- MEN'S PHYSIQUE OVER 179 CM
- MEN'S PHYSIQUE **OVERALL**

- MUSCULAR MENS PHYSIQUE UP TO 174 CM
- MUSCULAR MENS PHYSIQUE UP TO 178 CM
- MUSCULAR MENS PHYSIQUE OVER 178 CM
- MUSCULAR MENS PHYSIQUE **OVERALL**

JUNIOR MEN'S CATEGORIES:

- JUNIOR MEN'S PHYSIQUE 15-23 YRS UP TO 174 CM
- JUNIOR MEN'S PHYSIQUE 15-23 YRS UP TO 178 CM
- JUNIOR MEN'S PHYSIQUE 15-23 YRS OVER 178 CM
- JUNIOR MEN'S PHYSIQUE **OVERALL**

- JUNIOR MENS CLASSIC PHYSIQUE 16-23 YRS OPEN

- JUNIOR MEN'S BODYBUILDING 16-23 YRS UP TO 75 KG
- JUNIOR MEN'S BODYBUILDING 16-23 YRS OVER 75 KG
- JUNIOR MEN'S BODYBUILDING **OVERALL**

- JUNIOR MEN'S CLASSIC BODYBUILDING 16-23 YRS OPEN

- MASTERS MEN'S CATEGORIES:**
- MASTER MEN'S PHYSIQUE 40-44 YRS. OLD
- MASTER MEN'S PHYSIQUE 45-49 YRS. OLD
- MASTER MEN'S PHYSIQUE >50 YRS. OLD
- MASTER MEN'S PHYSIQUE **OVERALL**

- MASTER MEN'S CLASSIC PHYSIQUE 40-44 YRS. OLD
- MASTER MEN'S CLASSIC PHYSIQUE >45 YRS. OLD
- MASTER MEN'S CLASSIC PHYSIQUE **OVERALL**

- MASTER MEN'S BODYBUILDING 40-44 YRS. OLD
- MASTER MEN'S BODYBUILDING >45 YRS. OLD
- MASTER MEN'S BODYBUILDING **OVERALL**

- MASTER MEN'S CLASSIC BODYBUILDING >40 YRS OPEN

TENTATIVE SCHEDULE

FRIDAY 02/08/2024

- JUNIOR CLASSIC BODYBUILDING
- MASTERS CLASSIC BODYBUILDING
- MEN'S CLASSIC BODYBUILDING
- JUNIOR BODYBUILDING
- MASTERS BODYBUILDING
- MEN'S BODYBUILDING
- BODY STYLE

SATURDAY 03/08/2024

- JUNIOR CLASSIC PHYSIQUE
- MASTER'S CLASSIC PHYSIQUE
- MEN'S CLASSIC PHYSIQUE
- JUNIOR MEN'S PHYSIQUE
- MASTER'S MEN'S PHYSIQUE
- MUSCULAR MEN'S PHYSIQUE
- MEN'S PHYSIQUE

AWARDS:

Top three athletes in each category will be awarded with [medals](#).

Top six athletes in each category will be awarded with a [Certificate of Excellence](#) and [trophies](#). Overall winner will have a [trophy](#). Top 6 athletes in categories will receive points to the 2024 IFBB World Ranking, according to the Ranking Rules.

IFBB ELITE PRO CARDS:

12 IFBB ELITE PRO CARDS IN TOTAL DISTRIBUTION:

MEN'S BODYBUILDING - ELITE PRO CARDS FOR THE TOP 2 OVERALL WINNERS

MEN'S MASTERS BODYBUILDING - ELITE PRO CARD FOR THE OVERALL WINNER

MEN'S CLASSIC BODYBUILDING - ELITE PRO CARDS FOR THE TOP 2 OVERALL WINNERS

MEN'S CLASSIC PHYSIQUE - ELITE PRO CARDS FOR THE TOP 2 OVERALL WINNERS

MEN'S PHYSIQUE - ELITE PRO CARDS FOR THE TOP 3 OVERALL WINNERS

MEN'S MUSCULAR PHYSIQUE - ELITE PRO CARDS FOR THE TOP 2 OVERALL WINNERS

*REGISTRATION DEADLINE

PRELIMINAR ENTRY FORM: **No**

FINAL ENTRY FORM: **July 22nd, 2024.**

CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.
- Price USD \$30 each.

TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

[Professional Tanning Service](#)

Contact: Mr. Muzamil Abdul Hameed

E-mail: info@goldeninnovations.ae

TANNING SERVICE FEE: USD \$100

CONTACT INFORMATION:

Please send your Final Entry Form to:
Mr. Muzamil Abdul Hameed
E-mail: info@goldeninnovations.ae

Please send a copy to the IFBB Technical Committee:
Eng. Andrew Michalak
E-mail: amichalak5@gmail.com

Please send a copy to IFBB Head Office:
Ms. Daria
E-mail: contact@ifbb.com

Contact details for additional correspondence:
Mr. Muzamil Abdul Hameed
E-mail: info@goldeninnovations.ae

JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges must bring their International Judge's Cards to the Team Managers & Judges Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of **EUR €50/USD \$60** paid for the current year. This fee may also be paid at the EVENT at the Team Managers & Judges Meeting.



Scan this code to see the rules for attires of Men's Physique