



FITNESS CHALLENGE

TENTATIVE 2025 EUROPEAN CHAMPIONSHIPS RUNNING ORDER (SHORT VERSION)

FRIDAY, MAY 02nd, 2025

10:00 - ONE CONTINUOUS SESSION

GOLD INDIVIDUAL: MEN-WOMEN-JUNIOR-MASTER

SILVER INDIVIDUAL: MEN-WOMEN-JUNIOR-MASTER

BRONZE INDIVIDUAL: MEN - WOMEN (ONLY BEGINNERS)

SATURDAY, MAY 03rd, 2025

10:00 - ONE CONTINUOUS SESSION

GOLD COUPLES: MEN- WOMEN- MIXED

SILVER COUPLES: MEN- WOMEN- MIXED

SUNDAY, MAY 04th, 2025

10:00 - ONE CONTINUOUS SESSION

SPEED FIT TEAM - MEN AND WOMEN (4 PLAYERS)

FITNESS CHALLENGE TEAM - SILVER MIXED TEAMS (4 PLAYERS)