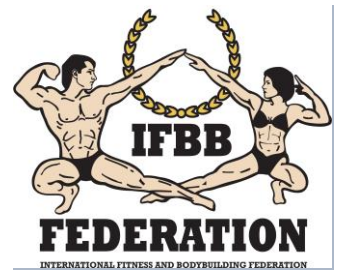


2025 MEDITERRANEAN CHAMPIONSHIPS MALTA



MAIN INFORMATION

NAME OF THE EVENT: 2025 IFBB MEDITERRANEAN CHAMPIONSHIPS		
CITY / COUNTRY: QAWRA / MALTA		
DATE: NOVEMBER 09th, 2025		
EVENT OPEN FOR: ALL IFBB-AFFILIATED MEDITERRANEAN NATIONAL FEDERATIONS		
<ol style="list-style-type: none">1. Albania2. Algeria3. Bosnia and Herzegovina4. Bulgaria5. Croatia6. Cyprus7. Egypt8. France9. Greece10. Italy11. Jordan12. Libya13. Malta14. Montenegro15. Morocco16. North Macedonia17. Portugal18. Serbia19. Slovenia20. Spain21. Syria22. Tunisia23. Turkey		
IFBB ELITE PRO CARD QUALIFIER	YES	
IFBB WORLD RANKING TOUR QUALIFIER	NO	
DAY OF ARRIVALS: NOVEMBER 07th, 2025		
DAY OF DEPARTURES: NOVEMBER 10th, 2025		
REGISTRATION / WEIGH-IN DAY: NOVEMBER 07th, 2025	TIME: 15:00-19:00	PLACE: AX ODYCY HOTEL
CONTEST DAY: NOVEMBER 09th, 2025	TIME: 10:00 - ??	PLACE: AX ODYCY HOTEL

*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.

RECOMMENDED AIRPORT: MALTA INTERNATIONAL AIRPORT

VISA INFORMATION: EU CITIZENS DO NOT NEED TO OBTAIN A VISA. ATHLETES COMING FROM OTHER COUNTRIES KINDLY CONSULT MALTA'S EMBASSY/CONSULATE IN YOUR COUNTRY TO DETERMINE IF YOU NEED A VISA. INVITATION LETTERS WILL BE ISSUED AS REQUESTED.

*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

VENUE: AX ODYCY HOTEL, QAWRA

HOTEL INFORMATION

RECOMMENDED HOTEL: AX ODYCY HOTEL, QAWRA

REGISTRATION FEE:

Each athlete must pay the IFBB registration fee of: **EUR €200.**

Athletes who compete in both the IFBB Malta International GP & the Mediterranean Championships must pay **EUR €300 in total.**

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of **EUR €50.**

CROSSOVERS: EUR €100 per each of the additional categories.

DEADLINE FOR ONLINE PAYMENT: October 28th, 2025.

*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid. The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti- Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards cost **EUR €40** and are mandatory.

*All posing music must be sent by email to on a USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

CATEGORIES:

BEGINNER MEN'S BODYBUILDING - OPEN

JUNIORS MEN'S BODYBUILDING 15-23 YEARS - OPEN

MASTERS MEN'S BODYBUILDING:

40-49 YEARS
50 YEARS & OVER
OVERALL

BEGINNER MEN'S CLASSIC BODYBUILDING - OPEN

MEN'S CLASSIC BODYBUILDING:

-175 CM
+175 CM
OVERALL

MASTERS MEN'S CLASSIC BODYBUILDING >40 YRS - OPEN

BEGINNER MEN'S CLASSIC PHYSIQUE - OPEN

MASTERS MEN'S CLASSIC PHYSIQUE >40 YEARS - OPEN

BEGINNER MEN'S PHYSIQUE - OPEN

MEN'S PHYSIQUE:

-170 CM
-176 CM
-182 CM
+182 CM
OVERALL

JUNIORS MEN'S PHYSIQUE 15-23 YEARS - OPEN

MASTERS MEN'S PHYSIQUE:

40-49 YEARS
50 YEARS & OVER
OVERALL

BEGINNER MUSCULAR MEN'S PHYSIQUE - OPEN

MUSCULAR MEN'S PHYSIQUE - OPEN

BEGINNER WOMEN'S BODYFITNESS - OPEN

WOMEN'S BODYFITNESS:

-163 CM
+163 CM
OVERALL

MASTERS WOMEN'S BODYFITNESS:

35-39 YEARS
40 YEARS & OVER
OVERALL

BEGINNER WOMEN'S BIKINI - OPEN

WOMEN'S BIKINI:

-160 CM
-164 CM
-169 CM
-172 CM
+172 CM
OVERALL

MASTERS WOMEN'S BIKINI:

35-39 YEARS
40 YEARS & OVER
OVERALL

JUNIORS WOMEN'S BIKINI 15-23 YEARS - OPEN

BEGINNER WOMEN'S WELLNESS - OPEN

WOMEN'S WELLNESS:

-163 CM
+163 CM
OVERALL

MASTERS WOMEN'S WELLNESS - OPEN

WOMEN'S PHYSIQUE - OPEN

BEGINNER WOMEN'S FIT-MODEL - OPEN

WOMEN'S FIT-MODEL - OPEN

MASTERS WOMEN'S FIT-MODEL - OPEN

FIT-PAIRS - OPEN

AWARDS:

Top six athletes in each category will be awarded with a [Certificate of Excellence](#) and [Medals](#). Overall winner will have a [trophy](#).

IFBB ELITE PRO CARDS:

10 IFBB PRO CARDS IN TOTAL

DISTRIBUTION :

- CLASSIC BODYBUILDING – IFBB PRO CARD FOR THE OVERALL WINNER
- MEN'S PHYSIQUE – IFBB PRO CARD FOR THE OVERALL WINNER
- MUSCULAR MEN'S PHYSIQUE – IFBB PRO CARD FOR THE OPEN CATEGORY WINNER
- WOMEN'S BIKINI – IFBB PRO CARD FOR THE OVERALL WINNER
- WOMEN'S WELLNESS – IFBB PRO CARD FOR THE OVERALL WINNER
- WOMEN'S BODYFITNESS – IFBB PRO CARD FOR THE OVERALL WINNER
- WOMAN'S PHYSIQUE – IFBB PRO CARD FOR THE OPEN CATEGORY WINNER
- MASTERS MEN'S BODYBUILDING – IFBB PRO CARD FOR THE OVERALL WINNER
- MASTERS WOMAN'S BIKINI – IFBB PRO CARD FOR THE OVERALL WINNER
- MASTERS WOMAN'S BODYFITNESS – IFBB PRO CARD FOR THE OVERALL WINNER

*REGISTRATION DEADLINE

PRELIMINARY ENTRY FORM: **NO**

FINAL ENTRY FORM: **OCTOBER 27th, 2025**

CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

GREEN CARDS

GREEN CARDS (BACKSTAGE PASSES) WILL BE FOR SALE AT REGISTRATION FOR **EUR €30.**

TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

Spray Tanning (T-Tan) will be available and you can book directly at registration along with make-up & hairstyling services.

CONTACT INFORMATION:

Please send your Entry Form to:

Mr. Ralph Decelis

E-mail: ralphdecelis@gmail.com

Please send a copy to IFBB Technical Committee:

Eng. Andrew Michalak

E-mail: amichalak5@gmail.com

Please send a copy to IFBB Head Office:

Ms. Daria Dyka

E-mail: contact@ifbb.com

Contact details for additional correspondence:

Mr. Ralph Decelis

E-mail: ralphdecelis@gmail.com

JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges must bring their International Judge's Cards to the Team Mangers & Judges Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of **EUR €50/USD \$60** paid for the current year. This fee may also be paid at the EVENT at the Team Mangers & Judges Meeting.