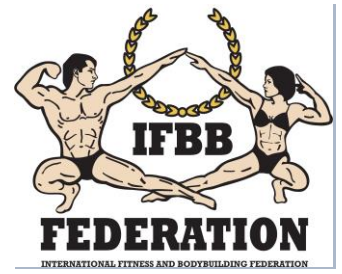


# 2025 IFBB WORLD MEN'S CHAMPIONSHIPS



## MAIN INFORMATION

<b>NAME OF THE EVENT: 2025 IFBB WORLD MEN'S BODYBUILDING CHAMPIONSHIPS 2025 IFBB WORLD MEN'S FITNESS CHALLENGE CHAMPIONSHIPS 2025 IFBB MEN'S FIT-MODEL WORLD CUP</b>		
<b>CITY / COUNTRY: Khobar / Saudi Arabia</b>		
<b>DATE: November 27<sup>th</sup> to December 1<sup>st</sup> of 2025</b>		
<b>EVENT OPEN FOR: ALL IFBB-AFFILIATED NATIONAL FEDERATIONS</b>		
22 IFBB PRO CARDS QUALIFIERS                      YES <b>X</b> NO <input type="checkbox"/>		
IFBB INTERNATIONAL RANKING QUALIFIER                      YES                      NO <b>X (FITNESS CHALLENGE – YES)</b>		
<b>DAY OF ARRIVAL: 27/11/2025</b>		
<b>DAY OF DEPARTURES: 01/12/2025</b>		
<b>DAY OF THE WORLD CONGRESS: 27/11/2025</b>	<b>TIME: TBD</b>	<b>PLACE: Green Hall /Sport Complex Khobar</b>
<b>REGISTRATION DAY: 27/11/2025</b>	<b>TIME: 10:00 - 19:00</b>	<b>PLACE: TBD</b>
<b>WEIGH-IN DAY: 27/11/2025</b>	<b>TIME: 10:00 - 19:00</b>	<b>PLACE: TBD</b>
*All Athletes must wear their posing attire during weigh-in for inspection.		
<b>RECOMMENDED AIRPORT: 1 - King Fahad International Airport in Damman 2 - Bahrein International Airport In Manama</b>		
<b>VISA INFORMATION: Citizens of the Gulf Cooperation Council don't need a visa. Passport holders of other 69 countries may obtain visa free at arrival. More info at: <a href="https://en.wikipedia.org/wiki/Visa_policy_of_Saudi_Arabia">https://en.wikipedia.org/wiki/Visa_policy_of_Saudi_Arabia</a></b> *An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.		
<b>VENUE: Green Hall /Sport Complex Khobar</b>		
<b>HOTEL INFORMATION</b>		
<b>RECOMMENDED HOTEL: TBD</b>		

## REGISTRATION FEE:

Each Athlete and Delegate or Extra Delegate must pay the IFBB registration fee of **EUR €600**.

FOR PAYMENTS MADE AT THE REGISTRATION DAY there is penalty of **EUR €50**.

So, the fee for REGISTRATION DAY IS **EUR €650**.

What includes: accommodation (4 nights) in a double room, 3 meals per day (starting with dinner on 27/11/25 and finishing with breakfast on 01/12/25) and transportation: hotel – venue – hotel. **EUR €100** to be added for changing to the single room. HOTEL Deposit: **EUR €100** per person (in cash only).

**ONLINE PAYMENT:** May be done by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>.

CROSSOVERS: **EUR €100** per each of the additional categories.

DEADLINE FOR ONLINE PAYMENT: **November 18<sup>th</sup>, 2025, 23:59**.

ANTI-DOPING TEST: The IFBB is a signatory to the WADA Code. Participating National Federations have a duty and an obligation to ensure that their national team athletes are competing drug-free at the IFBB Championships. Doping control will be conducted by the IFBB Medical Commission pursuant to the IFBB Anti-Doping Rules, using a WADA accredited laboratory. In order to compete in the championships, each athlete will be required to sign a Drug Testing Consent at the Registration and pay the Anti-Doping Test Fee of **EUR €50**. This fee is mandatory and may be paid online, together with the Registration Fee (altogether **EUR €650** if paying before the deadline) or **EUR €700** at the registration in Khobar.

## **EXPRESS CHECKING**

**NATIONAL FEDERATIONS ARRIVING TO THE REGISTRATION AREA WITH THE ATTACHED FORM DULLY FULFILLED AND THE ONLINE REGISTRATION (INCLUDING PAYMENT) DULLY COMPLETED WILL HAVE ACCESS TO THE EXPRESS CHECKING.**

**TO AVOID INCONVENIENCES AND DELAYS TO NATIONAL FEDERATIONS THAT PROPERLY FULFILED THE PROTOCOL.**

**NATIONAL FEDERATIONS ARRIVING TO THE REGISTRATION AREA WITHOUT THE REQUIRED DOCUMENTS DULLY COMPLETED WILL NOT HAVE ACCESS TO THE REGISTRATION DESK UNTIL THE MISSING REQUIREMENT IS COMPLETED.**

\*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid. The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

\*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti- Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

\*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration.

**IFBB International Cards are EUR €40 / USD \$50 per calendar year and are mandatory.**

\*All posing music must be on an USB drive only. The music posing in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

## CATEGORIES:

### **MEN'S CLASSIC BODYBUILDING:**

1. SUB JUNIOR MEN'S CLASSIC BODYBUILDING 15-20 YEARS - **OPEN**
2. JUNIOR MEN'S CLASSIC BODYBUILDING 21-23 YEARS - **OPEN**
3. MEN'S CLASSIC BODYBUILDING UP TO 168 CM
4. MEN'S CLASSIC BODYBUILDING UP TO 171 CM
5. MEN'S CLASSIC BODYBUILDING UP TO 175 CM
6. MEN'S CLASSIC BODYBUILDING UP TO 180 CM
7. MEN'S CLASSIC BODYBUILDING OVER 180 CM
8. MASTER MEN'S CLASSIC BODYBUILDING 40-44 YEARS - **OPEN**
9. MASTER MEN'S CLASSIC BODYBUILDING 45-49 YEARS - **OPEN**
10. MASTER MEN'S CLASSIC BODYBUILDING 50 YEARS & OVER - **OPEN**

### **MEN'S GAMES CLASSIC BODYBUILDING:**

11. SUB JUNIOR MEN'S GAMES CLASSIC BODYBUILDING 15-20 YEARS - **OPEN**
12. JUNIOR MEN'S GAMES CLASSIC BODYBUILDING 21-23 YEARS - **OPEN**
13. MEN'S GAMES CLASSIC BODYBUILDING UP TO 171 CM
14. MEN'S GAMES CLASSIC BODYBUILDING UP TO 180 CM
15. MEN'S GAMES CLASSIC BODYBUILDING OVER 180 CM
16. MASTER MEN'S GAMES CLASSIC BODYBUILDING 40 YEARS & OVER - **OPEN**

### **MEN'S WHEELCHAIR BODYBUILDING:**

17. MEN'S WHEELCHAIR BODYBUILDING - **OPEN**

### **MEN'S PHYSIQUE:**

18. SUB JUNIOR MEN'S PHYSIQUE 15-17 YEARS - **OPEN**
19. SUB JUNIOR MEN'S PHYSIQUE 18-20 YEARS - **OPEN**
20. JUNIOR MEN'S PHYSIQUE 21-23 YEARS UP TO 174 CM
21. JUNIOR MEN'S PHYSIQUE 21-23 YEARS UP TO 178 CM
22. JUNIOR MEN'S PHYSIQUE 21-23 YEARS OVER 178 CM
23. MEN'S PHYSIQUE UP TO 170 CM
24. MEN'S PHYSIQUE UP TO 173 CM
25. MEN'S PHYSIQUE UP TO 176 CM
26. MEN'S PHYSIQUE UP TO 179 CM
27. MEN'S PHYSIQUE UP TO 182 CM
28. MEN'S PHYSIQUE OVER 182 CM
29. MASTER MEN'S PHYSIQUE 40-44 YEARS - **OPEN**
30. MASTER MEN'S PHYSIQUE 45-49 YEARS - **OPEN**
31. MASTER MEN'S PHYSIQUE 50 YEARS & OVER - **OPEN**
32. MUSCULAR FIT MEN'S PHYSIQUE - **OPEN**

### **MEN'S FIT BODYBUILDING:**

33. SUB JUNIOR MEN'S BODYBUILDING 15-20 YEARS UP TO 75 KG
34. SUB JUNIOR MEN'S BODYBUILDING 15-20 YEARS OVER 75 KG
35. JUNIOR MEN'S BODYBUILDING 21-23 YEARS UP TO 75 KG
36. JUNIOR MEN'S BODYBUILDING 21-23 YEARS OVER 75 KG
37. MEN'S FIT BODYBUILDING UP TO & INCL. 170 CM
38. MEN'S FIT BODYBUILDING UP TO & INCL. 178 CM
39. MEN'S FIT BODYBUILDING OVER 178 CM
40. MASTER MEN'S BODYBUILDING 40-49 YEARS - **OPEN**
41. MASTER MEN'S BODYBUILDING 50 YEARS & OVER - **OPEN**

### **MEN'S FIT CLASSIC PHYSIQUE**

42. MEN'S FIT CLASSIC PHYSIQUE UP TO & INCL. 168 cm
43. MEN'S FIT CLASSIC PHYSIQUE UP TO & INCL. 171 cm
44. MEN'S FIT CLASSIC PHYSIQUE UP TO & INCL. 175 cm

- 45. MEN'S FIT CLASSIC PHYSIQUE UP TO & INCL. 180 cm
- 46. MEN'S FIT CLASSIC PHYSIQUE OVER 180 cm
- 47. MASTER MEN'S FIT CLASSIC PHYSIQUE 40-49 YEARS - **OPEN**
- 48. MASTER MEN'S FIT CLASSIC PHYSIQUE 50 YEARS & OVER - **OPEN**

**POSSIBLE CROSSOVERS:**

GAMES CLASSIC BODYBUILDING - CLASSIC BODYBUILDING – FIT CLASSIC PHYSIQUE – BODYBUILDING BY HEIGHT  
MEN'S PHYSIQUE – MEN'S FIT-MODEL

JUNIORS AND MASTERS IN SENIOR CLASSES

**2025 WORLD MEN'S FIT-MODEL CUP**

- 49. JUNIOR MEN'S FIT-MODEL 15-23 YEARS - **OPEN**
- 50. MEN'S FIT-MODEL UP TO 176 CM
- 51. MEN'S FIT-MODEL UP TO 183 CM
- 52. MEN'S FIT-MODEL OVER 183 CM
- 53. MASTER MEN'S FIT-MODEL 40 YEARS & OVER - **OPEN**

**SPEED-FIT, FITNESS CHALLENGE**

**MEN'S GOLD / SILVER LEVEL**

- 54. JUNIOR MEN'S FITNESS CHALLENGE INDIVIDUAL UNDER 23 YEARS
- 55. MEN'S FITNESS CHALLENGE INDIVIDUAL OPEN
- 56. MASTER MEN'S FITNESS CHALLENGE INDIVIDUAL OVER 40 YEARS

**SAME-SEX COUPLES:**

- 57. MEN GOLD / SILVER COUPLES
- 58. JUNIOR MEN GOLD / SILVER COUPLES
- 59. MASTERS MEN GOLD / SILVER COUPLES

**TEAM CATEGORIES**

- 60. SPEED-FIT TEAMS
- 61. MEN'S FITNESS CHALLENGE SILVER

**FITNESS CHALLENGE -  
THE TECHNICAL REGULATIONS  
OF THE EXERCISES**

**GOLD STANDARD**

1. Pullup
2. KB pull and squat
3. Parallel Dips
4. Walking lunges
5. Toes to bar
6. Devil press

**SILVER STANDARD**

1. Pull Ups (lying position)
2. Jefferson Squat
3. Dips on Bench (feet forward)
4. Lunges (non-walking, with dumbbells)
5. Sit Ups (weight on chest)
6. Snatches (with kettlebell)

**AWARDS:**

Top three athletes in each category will be awarded with **medals**.  
Top six athletes in each category will be awarded with a **Certificate of Excellence** and **trophies**. Overall winner will have a **trophy**.

**IFBB PRO CARDS:**

**DISTRIBUTION:**

**THE WINNERS OF THE SENIOR CATEGORIES IN THE FOLLOWING DIVISIONS:**

- **MEN'S CLASSIC BODYBUILDING**
- **MEN'S PHYSIQUE**

**WILL BE GRANTED THE IFBB PRO CARDS ACCORDING TO THE IFBB RULES.**

## \*REGISTRATION DEADLINE

PRELIMINARY ENTRY FORM: **01/10/2025**

FINAL ENTRY FORM: **25/10/2025**

## CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

## GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging and finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

EXTRA GREEN CARDS: YES, PRICE: EUR €50 each.

## TANNING NEEDS

TANNING PRODUCTS TBD

TANNING FEE PER PERSON: EUR €120 OR SAR 500.

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

## CONTACT INFORMATION:

Please send your Entry Form to:

Mr. FARIS ALDOKHEEL

E-mail: [info@sbbf.sa](mailto:info@sbbf.sa)

Please send a copy to the IFBB Technical Committee:

Eng. ANDREW MICHALAK

E-mail: [amichalak5@gmail.com](mailto:amichalak5@gmail.com)

Please send a copy to the IFBB Head Office:

Ms. DARIA

E-mail: [contact@ifbb.com](mailto:contact@ifbb.com)

Contact details for additional correspondence:

Mr. FARIS ALDOKHEEL

E-mail: [info@sbbf.sa](mailto:info@sbbf.sa)

## JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: [pawelfilleborn@gmail.com](mailto:pawelfilleborn@gmail.com)

All international judges must bring their International Judge's Cards to the Team Managers & Judges Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of EUR €50/USD \$60 paid for the current year. This fee may also be paid at the EVENT at the Team Managers & Judges Meeting.

## TENTATIVE SCHEDULE

### IFBB MEN'S WORLD CHAMPIONSHIPS & WORLD CONGRESS WORLD SPEED FIT (FITNESS CHALLENGE) CHAMPIONSHIPS

Khobar (Saudi Arabia), November 27<sup>th</sup> to December 1<sup>st</sup>, 2025

#### THURSDAY

Thursday, November 27<sup>th</sup>, 2025

10:00 - 18:00	Arrival of official delegations (athletes and delegates)
10:00 - 19:00	Official Athletes Registration      TBD
10:00 - 19:00	Official Weigh-in      TBD
17:30 - 18:30	<u>Team Managers &amp; Judges Meeting</u> TBD
???:???	<u>IFBB Annual Congress</u> TBD

#### FRIDAY

Friday, November 28<sup>th</sup>, 2025

07:00 - 10:00	Breakfast (At your corresponding hotel)
10:00	Prejudging and Finals - part 1 (one continuous session) GREEN HALL/SPORT COMPLEX KHOBAR
TBD	<u>TECHNICAL MEETING FOR JUDGES AND ATHLETES - SPEED FIT (FITNESS CHALLENGE)</u>
12:30 - 14:00	Lunch (At your corresponding hotel)
19:00 - 21:00	Dinner (At your corresponding hotel)

#### SATURDAY

Saturday, November 29<sup>th</sup>, 2025

07:00 - 10:00	Breakfast (At your corresponding hotel)
09:00	Prejudging and Finals - part 2 (one continuous session) GREEN HALL/SPORT COMPLEX KHOBAR
10:00 - ??:???	<u>SPEED FIT (FITNESS CHALLENGE) COMPETITION</u> TBD
13:00 - 14:30	Lunch (At your corresponding hotel)
19:00 - 22:00	Dinner (At your corresponding hotel)

#### SUNDAY

Sunday, November 30<sup>th</sup>, 2025

07:00 - 10:00	Breakfast (At your corresponding hotel)
10:00	Cultural Visits
12:00	Technical Meeting
13:00 - 14:30	Lunch (At your corresponding hotel)
19:00 - 22:00	Dinner (At your corresponding hotel)

#### MONDAY

Monday, December 1<sup>st</sup>, 2025

	Breakfast (at your corresponding hotel)
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# INVOICE

IFBB  
C/Dublin,39 D  
28232, Las Rozas , Madrid (España)  
V83519447

Country: \_\_\_\_\_

Delegate's name: \_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

PAX Q-TY	Description	Unit price	Amount
	REGISTRATION FEE ATHLETES (Doble room)	600,00 €	- €
	REGISTRATION FEE ATHLETES (Single room)	700,00 €	- €
	LAST-MINUTE REGISTRATION FEE FOR ATHLETES (Double room)	650,00 €	- €
	LAST-MINUTE REGISTRATION FEE FOR ATHLETES (Single room)	750,00 €	- €
	REGISTRATION FEE FOR DELEGATES & SUPPORTERS (Doble room)	600,00 €	- €
	REGISTRATION FEE FOR DELEGATES & SUPPORTERS (Single room)	700,00 €	- €
	LAST-MINUTE REGISTRATION FEE FOR DELEGATES (Double room)	650,00 €	- €
	LAST-MINUTE REGISTRATION FEE FOR DELEGATES (Single room)	750,00 €	- €
	IFBB INTERNATIONAL CARD ANNUAL FEE (Blue Book)	40,00 €	- €
	REGISTRATION FEE CROSSOVER	100,00 €	- €
	2025 IFBB ANNUAL AFFILIATION FEE	800,00 €	- €
	DOPING CONTROL FEE	50 €	- €
	EXTRA NIGHT SINGLE ROOM/DOUBLE ROOM	TBD	- €
	TOTAL:		

## IMPORTANT TO AVOID WAITING TIMES

### EXPRESS CHECKING

NATIONAL FEDERATIONS ARRIVING TO THE REGISTRATION AREA WITH THE ATTACHED FORM DULLY FULFILLED AND THE ONLINE REGISTRATION (INCLUDING PAYMENT) DULLY COMPLETED WILL HAVE ACCESS TO THE EXPRESS CHECKING

NATIONAL FEDERATIONS ARRIVING TO THE REGISTRATION AREA WITHOUT ANY OF THE REGISTRATION REQUIREMENTS DULLY COMPLETE WILL NOT HAVE ACCESS TO THE REGISTRATION DESK UNTIL THE MISSING REQUIREMENT IS COMPLETED

## REGARDING THE ATTIRES FOR THE DIFFERENT CATEGORIES

**\*REMINDING NOTE: Games Classic Bodybuilding, Classic Bodybuilding, Bodybuilding by heights, Fit Classic Physique and Men's Fit- Model (Round 1 & 3) - posing trunks must be as follows:**

- Competitors will wear a one-colour, any colour, opaque gymnastic shorts, with at least 15 cm high sides, covering the whole gluteus maximus and all the frontal area but allowing to display the upper legs. No ornaments in the attire will be permitted. The use of padding anywhere in the trunks is prohibited.



Scan this code to see the rules for attires of Men's Physique