2024 IFBB LITHUANIA INTERNATIONAL GRAND PRIX

MAIN INFORMATION

NAME OF THE EVENT: **2024 IFBB LITHUANIA INTERNATIONAL GRAND PRIX**

CITY / COUNTRY: **KĖDAINIAI / LITHUANIA**

DATE: **26/10 /2024 10.00**

EVENT OPEN FOR : **All IFBB-affiliated National Federations worldwide.**

IFBB ELITE PRO CARD QUALIFIER YES X NO

IFBB INTERNATIONAL RANKING QUALIFIER YES NO X

DAY OF ARRIVAL: **25/10/2024**

DAY OF DEPARTURES: **27/10/2024**

REGISTRATION DAY: **25/10/2024**	TIME: **16:00 – 20:00**	PLACE: Conference Hall of the Official Hotel ("Grėjaus namas" Hotel, 36 Didžioji str., Kėdainiai)
WEIGH-IN DAY: **25/10/2024**	TIME: **16:00 – 20:00**	PLACE: Conference Hall of the Official Hotel ("Grėjaus namas" Hotel, 36 Didžioji str., Kėdainiai)

*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.

RECOMMENDED AIRPORT: **Vilnius International Airport, Kaunas International Airport**

VISA INFORMATION: A valid passport is required to enter the territory of the European Union (Schengen Zone). Schengen Area nowadays covers most of the European Countries with an exception made for the UK and the countries that are soon to be part of this agreement as Romania, Bulgaria, Croatia, Cyprus and Ireland. Although not members of the European Union, the following countries like Norway, Iceland, Switzerland and Lichtenstein arealso part of the Schengen zone enjoying the same freedom of movement policy, as the others EU country citizens do not required a visa.
All other persons should consult the Lithuanian Embassy in their country to determine if they require a visa. For more information you can visit site of MINISTRY OF FOREIGN AFFAIRS OF THE REPUBLIC OF LITHUANIA https://keliauk.urm.lt/en/entry-to-lithuania/lithuania-in-the-schengen-area.

*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

VENUE: **KĖDAINIŲ ARENA, 1A J. Basanavičiaus str. Kėdainiai, Lithuania**

HOTELS INFORMATION

RECOMMENDED HOTEL:
Official Hotel: : "Grėjaus namas" Hotel, 36 Didžioji str., Kėdainiai
Hotels for accommodation: "Varnupe" Hotel, 1A Varnupes str., Josvainiai, Kėdainiai
"Smilga" Hotel, 16 Senoji str., Kėdainiai

REGISTRATION FEE:

Each athlete must pay the IFBB registration fee of **EUR €200, except for the BEGINNERS WOMEN'S BIKINI category. This category pays EUR €100.**

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at http://www.ifbb.com/competition-registration. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of **EUR €50.**

CROSSOVERS: **EUR € 100** per each of the additional categories.

DEADLINE FOR ONLINE PAYMENT: **14/10/2024**

*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid.
The final decision to allow an athlete to compete in this EVENT rests with the IFBB.
*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.
*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are **EUR €40** and are mandatory.

IMPORTANT!!!

Green Cards (backstage passes) will be for sale at registration for EUR €25.

CATEGORIES:

MEN'S BODYBUILDING: OPEN
MEN'S CLASSIC BODYBUILDING: OPEN
MEN'S PHYSIQUE: OPEN
WOMEN'S BODYFITNESS: OPEN
WOMEN'S BIKINI FITNESS: OPEN
WOMEN'S FIT-MODEL: OPEN
BEGINNERS WOMEN'S BIKINI FITNESS: OPEN

ANTI-DOPING CONTROL:

The IFBB is a signatory to the WADA Code.

AWARDS:

Top six athletes in each category will be awarded with a Certificate of Excellence and trophies.
15 ELITE PRO CARDS

*REGISTRATION DEADLINE

FINAL ENTRY FORM: **14/10/2024**

CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

TANNING NEEDS

The IFBB has banned all tans that can be wiped off. PROFESSIONAL TANNING SERVICE WILL BE AVAILABLE:

Send an e-mail to: gragerada@hotmail.com or contact me directly on WhatsApp

Team Leader Graziella Gerada +356 77066243.
Backing Team Leader Byron Tonna +356 79496669

CONTACT INFORMATION:

Please send your Entry Form to:
Lithuanian Federation General Secretary
Ms. Jurgita Vaitkiene
E-mail: info@ifbb.lt

Please send a copy to the IFBB Technical Committee:
Eng. Andrew Michalak
E-mail: amichalak5@gmail.com

Please send a copy to IFBB Head Office:
Ms. Daria
E-mail: contact@ifbb.com

Contact details for additional correspondence:
President of the Lithuanian Bodybuilding and Fitness Federation
Ms. Sandra Martinkiene
E-mail: smartinkiene@gmail.com

JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges must bring their International Judge's Cards to the Technical Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of **EUR €50** paid for the current year. This fee may also be paid at the EVENT at the Team Managers & Judges Meeting.