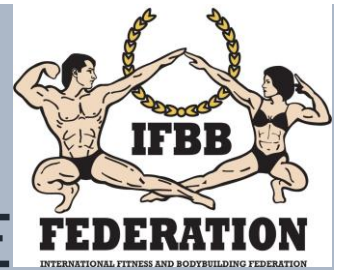


# IFBB DIAMOND CUP ROME



## MAIN INFORMATION

**NAME OF THE EVENT: 2025 IFBB DIAMOND CUP ROME**

**CITY / COUNTRY: POMEZIA (ROMA) / ITALY**

**DATE: DECEMBER 13<sup>th</sup> - 14<sup>th</sup>, 2025**

**EVENT OPEN FOR : EUROPEAN AND ASIAN NATIONAL FEDERATIONS AFFILIATED TO IFBB**

**IFBB PRO CARD QUALIFIER** YES  NO

**IFBB INTERNATIONAL RANKING QUALIFIER LEVEL 2** YES  NO

**DAY OF ARRIVAL : 13/12/2025**

**DAY OF DEPARTURES: 15/12/2025**

**REGISTRATION DAY: 13/12/2025**

**TIME: 15:00-20:00**

**PLACE: HOTEL PRINCIPE  
VIA DEI CASTELLI ROMANI 14A  
00071 POMEZIA (ROMA)**

**WEIGHTIN DAY: 13/12/2025**

**TIME: 15:00-20:00**

**PLACE: HOTEL PRINCIPE  
VIA DEI CASTELLI ROMANI 14A  
00071 POMEZIA (ROMA)**

\*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.

**RECOMMENDED AIRPORT: AIRPORT LEONARDO DA VINCI, ROMA FIUMICINO**

### VISA INFORMATION:

\*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

**VENUE: HOTEL PRINCIPE, VIA DEI CASTELLI ROMANI 14, 00071 POMEZIA (ROMA)**  
**COMPETITION STARTS ON SUNDAY, DECEMBER 14, AT 11:00 AM**

### HOTEL INFORMATION

**RECOMMENDED HOTEL: HOTEL PRINCIPE  
VIA DEI CASTELLI ROMANI 14  
00071 POMEZIA (ROMA)**

## REGISTRATION FEE:

Each athlete must pay the IFBB registration fee of **EUR €200**.

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of **EUR €50**.

**CROSSOVERS: EUR €100** per each of the additional categories.

**DEADLINE FOR ONLINE PAYMENT: 02/12/2025**

\*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid. The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

\*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti- Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

\*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are **EUR €40/USD \$50** and are mandatory.

\*All posing music must be on an **USB drive only**. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

## CATEGORIES:

### **JUNIOR ( 15-23 YEARS OLD):**

- MEN'S BODYBUILDING - OPEN
- MEN'S PHYSIQUE - OPEN
- WOMEN'S BIKINI - OPEN

### **MEN'S SENIORS:**

- MEN'S CLASSIC BODYBUILDING UP TO 175 CM
- MEN'S CLASSIC BODYBUILDING OVER 175 CM
- MEN'S CLASSIC BODYBUILDING OVERALL
  
- MEN'S PHYSIQUE UP TO 170 CM
- MEN'S PHYSIQUE UP TO 176 CM
- MEN'S PHYSIQUE UP TO 179 CM
- MEN'S PHYSIQUE UP TO 182 CM
- MEN'S PHYSIQUE OVER 182 CM
- MEN'S PHYSIQUE OVERALL

### **WOMEN'S SENIORS:**

- WOMEN'S BODYFITNESS - OPEN
  
- WOMEN'S BIKINI UP TO 158 CM
- WOMEN'S BIKINI UP TO 160 CM
- WOMEN'S BIKINI UP TO 164 CM
- WOMEN'S BIKINI UP TO 169 CM
- WOMEN'S BIKINI OVER 169 CM
- WOMEN'S BIKINI OVERALL

### **WOMEN'S WELLNESS:**

- WOMEN'S WELLNESS UP TO 163 CM
- WOMEN'S WELLNESS OVER 163 CM

### **WOMEN'S FIT MODEL - OPEN**

## AWARDS:

Top three athletes in each category will be awarded with **medals**.

Top six athletes in each category will be awarded with a **Certificate of Excellence** and **trophies**. Overall winner will have a **trophy**.

## IFBB PRO CARDS:

## 14 IFBB PRO CARDS IN TOTAL

### DISTRIBUTION :

**Men's Physique - IFBB Pro Cards for the top 3 Overall winners**

**Men's Classic Bodybuilding - IFBB Pro Cards for the top 2 Overall winners**

**Women's Bikini - IFBB Pro Cards for the top 3 Overall winners**

**Women's Bodyfitness - IFBB Pro Cards for the top 2 category winners**

**Women's Wellness - IFBB Pro Cards for the top 2 Overall winners**

**Master Women's Bikini - IFBB Pro Cards for the top 2 Overall winner**

### \*REGISTRATION DEADLINE

PRELIMINAR ENTRY FORM:

FINAL ENTRY FORM: **01/12/2025**

### CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

### GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

### TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

## CONTACT INFORMATION:

Please send your Entry Form to:

Italian Federation President

Mr. Benedetto Mondello

E-mail: [ifbbitaly@gmail.com](mailto:ifbbitaly@gmail.com)

Please send a copy to the IFBB Technical Committee:

Eng. Andrew Michalak

E-mail: [amichalak5@gmail.com](mailto:amichalak5@gmail.com)

Please send a copy to the IFBB Head Office:

Ms. Daria

E-mail: [contact@ifbb.com](mailto:contact@ifbb.com)

### JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: [pawelfilleborn@gmail.com](mailto:pawelfilleborn@gmail.com)

All international judges must bring their International Judge's Cards to the Team Managers and Judges Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of **EUR €50/USD \$60** paid for the current year. This fee may also be paid at the EVENT at the Team Managers and Judges Meeting.



Scan this code to see the rules for attires of Men's Physique and Bikini