2025 DIAMOND CUP
LUXEMBOURG

MAIN INFORMATION

NAME OF THE EVENT: **2025 IFBB DIAMOND CUP LUXEMBOURG**		
CITY / COUNTRY: **ROODT-SUR-SYRE / LUXEMBOURG**		
DATE: **SEPTEMBER 19th - 21st, 2025**		
EVENT OPEN FOR: **IFBB-AFFILIATED NATIONAL FEDERATIONS FROM ALL OVER THE WORLD**		
IFBB PRO CARD QUALIFIER YES ☾ NO ☐		
IFBB INTERNATIONAL RANKING QUALIFIER LEVEL 2 YES X NO ☐		
DAY OF ARRIVAL: **FRIDAY, 19/09/2025**		
DAY OF DEPARTURES: **SUNDAY, 21/09/2025, after 18:00**		
REGISTRATION DAY: **FRIDAY, 19/09/2025**	TIME: **16:00-19:00**	PLACE: **CENTRE CULTUREL SYRKUS** 20 Rte de Luxembourg, L6910 ROODT-SUR-SYRE, Betzdorf
WEIGH-IN DAY: **FRIDAY, 19/09/2025**	TIME: **16:00-19:00**	PLACE: **CENTRE CULTUREL SYRKUS** L6910 ROODT-SUR-SYRE 20 Rte de Luxembourg

*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.

RECOMMENDED AIRPORT: **INTERNATIONAL LUXEMBOURG AIRPORT LUX AIRPORT** (7 km from the Venue)

VISA INFORMATION: Citizens of the Schengen area countries don't need a visa. Nationals from certain **non-EU countries** who wish to visit Luxembourg must have a valid travel document with a visa issued by a consular authority from one of the countries in the Schengen area. Detailed info at:
https://guichet.public.lu/en/citoyens/immigration/moins-3-mois/ressortissant-tiers/entree-visa.html
*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

VENUE:
PLACE: **CENTRE CULTUREL SYRKUS**
20 Rte de Luxembourg,
L6910 **ROODT-SUR-SYRE**, Betzdorf (15 km East from Luxembourg City).

HOTEL INFORMATION

RECOMMENDED HOTEL: **HOTEL LEGERE MUNSBACH** – Parc d'Activité Syrdall, 11 rue Gabriel Lippmann
L5365 Münsbach-Schuttrange (3 km) BOOKING LINK : LÉGÈRE HOTEL Luxembourg-IFBBL-19.-22.09.2025

Other Hotels Luxembourg/Findel/Airport (7 km) IBIS-IBIS Budget/NH-Hotel etc.) or Luxembourg City Center10 km
INFO : Public Transport (Bus/Tram/Train) is Free of charge in Luxembourg!

REGISTRATION FEE:

Each athlete must pay the IFBB registration fee of **EUR €250.**

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at http://www.ifbb.com/competition-registration. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of **EUR €50.**

CROSSOVERS: **EUR €100** per each of the additional categories.
Exemption: BEGINNER'S CUP: Athletes pay the registration fee of EUR €60 per person by cash at the registration on Friday.

DEADLINE FOR ONLINE PAYMENT: **TUESDAY, 09/09/2025, 23:59 CEST.**

*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid.
The final decision to allow an athlete to compete in this EVENT rests with the IFBB.
*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.
*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are **EUR €40/USD $50** and are mandatory.
*All posing music must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

CATEGORIES:

Saturday, September 20th, 10:00 – 18:00
Semifinals & Finals of the following Categories :

Women Fit-Model – OPEN

Women Artistic Fitness – OPEN

Beginner's Women Bikini up to & incl. 166 cm
Beginner's Women Bikini over 166 cm
Junior Women Bikini 16-23 years - OPEN
Masters Women Bikini 35 years & over - OPEN
Women Bikini up to & incl. 162 cm
Women Bikini up to & incl. 166 cm
Women Bikini up to & incl. 169 cm
Women Bikini over 169 cm

Beginner's Women Wellness - OPEN
Masters Women Wellness 35 years & over - OPEN
Women Wellness up to & incl. 163 cm
Women Wellness over 163 cm

Women Physique - OPEN

Beginner's Women Bodyfitness - OPEN
Master Women Bodyfitness over 35 years - OPEN
Women Bodyfitness up to & incl 163 cm
Women Bodyfitness over 163 cm

19:00 IFBB PRO SHOW LUXEMBOURG WOMEN BIKINI

The top 3 Women Bikini AMATEUR Overall winners are invited to participate in the **Women Bikini Pro Show**

Sunday, September 21st, 10:00 – 18:00
Semifinals & Finals of the following Categories :

Beginner's Men's Physique - OPEN
Junior Men's Physique 15-23 years - OPEN
Masters Men's Physique 40 years & over - OPEN
Men's Physique up to & incl. 173 cm
Men's Physique up to & incl. 176 cm
Men's Physique up to & incl. 179 cm
Men's Physique over 179 cm

Muscular Men's Physique - OPEN

Men's Classic Bodybuilding up to & incl. 175 cm
Men's Classic Bodybuilding over 175 cm

Beginner's Men Classic Physique - OPEN

Beginner's Men Bodybuilding - OPEN
Junior Men Bodybuilding 16-23 years – OPEN
Master Men's Bodybuilding 40-49 years – OPEN
Master Men's Bodybuilding 50 years & over - OPEN

AWARDS:

Top three athletes in each category will be awarded with medals: gold, silver & bronze.
Top six athletes in each category will be awarded with a Certificate of Excellence and medals. Overall winner will have a trophy.

IFBB PRO CARDS:

15 Pro Cards in total

DISTRIBUTION:

WOMEN BIKINI – IFBB PRO CARDS FOR THE TOP 3 OVERALL WINNERS
WOMEN BODYFITNESS - IFBB PRO CARDS FOR THE TOP 2 OVERALL WINNERS
WOMEN WELLNESS – IFBB PRO CARD FOR THE OVERALL WINNER
WOMEN PHYSIQUE – IFBB PRO CARD FOR THE OPEN CATEGORY WINNER
MEN PHYSIQUE - IFBB PRO CARDS FOR THE TOP 3 OVERALL WINNERS
MUSCULAR MEN PHYSIQUE - IFBB PRO CARD FOR THE OPEN CATEGORY WINNER
MEN CLASSIC BODYBUILDING - IFBB PRO CARD FOR THE OVERALL WINNER
MASTER WOMEN BIKINI - IFBB PRO CARD FOR THE OVERALL WINNER
MASTER WOMEN BODYFITNESS - IFBB PRO CARD FOR THE CATEGORY WINNER
MASTER MEN BODYBUILDING - IFBB PRO CARD FOR THE OVERALL WINNER

*REGISTRATION DEADLINE

PRELIMINAR ENTRY FORM: **No**
FINAL ENTRY FORM: **Monday, 08/09/2025, 23:59 CEST**

CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging and finals. They will be distributed at the judges/team managers meetings as follows:

- 1 coach green card per athlete **EUR €50.**

TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.
Official tanning : T. TAN DISTRIBUTION c/o Ms. Claudia Bulsing contact *info@body-tan.nl* *or* *info@protanbenelux.eu*

CONTACT INFORMATION:

Please send your Entry Form to:
Mr. Guy KRIDEL
E-mail: **info@ifbbluxembourg.com**

Please send a copy to IFBB Technical Committee:
Eng. Andrew Michalak
E-mail: **amichalak5@gmail.com**

Please send a copy to IFBB Head Office:
Ms. Daria
E-mail: **contact@ifbb.com**

Contact details for additional correspondence:
Mr. Guy KRIDEL
President of IFBB LUXEMBOURG
E-mail: **info@ifbbluxembourg.com**

JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges must bring their International Judge's Cards to the Team Managers & Judges Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of **EUR €50/USD $60** paid for the current year. This fee may also be paid at the EVENT at the Team Managers & Judges Meeting.

Scan this code to see the rules for attires of Men's Physique and Bikini