

TENTATIVE
2025 IFBB WORLD CUP RUNNING ORDER (SHORT VERSION)

THURSDAY, SEPTEMBER 11th, 2025

10:00 – 20:00 **Continuous Registration** of athletes – Centro Multiusos Las Rozas
19:00 **Judges and Technical Meeting** - Centro Multiusos Las Rozas

FRIDAY, SEPTEMBER 12th, 2025

09:00 – 20:00

- Women Artistic Fitness Open Category
- Women Acrobatic Fitness Open Category
- Men Fit-Model Open Category
- Men Games Classic Bodybuilding Open Category
- Women's Physique: Masters Open Category
- Women's Physique: Seniors (163 & +163) Overall Saturday 20.00
- Mixed-Pairs Open Category
- Men Classic Bodybuilding: Masters. (40-44 and +45) + Overall Saturday 20.00
- Women Wellness: Masters Open Category
- Women Bodyfitness: Masters Open Category
- Women Wellness: Seniors (158,163,168 & + 168) Overall Saturday 20.00
- Men Classic Bodybuilding: Seniors. (168,171,175,180 & + 180) Overall Saturday 20.00
- Women Bodyfitness: Seniors (158,163,168 & + 168) Overall Saturday 20.00

SATURDAY, SEPTEMBER 13th, 2025

09:00 – 20:00

- Men Bodybuilding: Beginners Open Category
- Women Bikini: Beginners Open Category
- Men's Physique: Beginners Open Category
- Men Bodybuilding: Juniors. Open Category
- Master Women Fit-Model Open Category
- Women Fit-Model (164,168,172 & + 172) Overall at 20.00
- Fit-Pairs Open Category
- **OPENING CEREMONY**
- Men's Physique: Junior Open Category
- Men's Physique: Masters (40-44, 45-49, + 50) + Overall at 20.00
- Women Bikini: Juniors (164 & +164) + OVERALL at 20.00
- Women Bikini: Masters (35-44 yrs.:164, 164 & +45 yrs: Open) + Overall at 20.00
- Men's Physique: Seniors. (170,173,176,179,182 & + 182) Overall at 20.00
- Women Bikini: Seniors (158,160,162,164,166,169,172 & + 172) Overall at 20.00

OVERALLS 20.00 :

WOMEN'S PHYSIQUE

WELLNESS

CLASSIC BODYBUILDING + MASTER CLASSIC BODYBUILDING

BODYFITNESS

WOMEN'S FIT MODEL

MEN'S PHYSIQUE

BIKINI + JUNIOR BIKINI + MASTER BIKINI