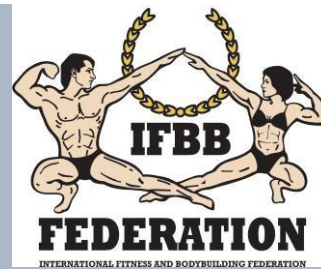


# IFBB BINOUS CLASSIC



## MAIN INFORMATION

<b>NAME OF THE EVENT: 2025 IFBB BINOUS CLASSIC CHAMPIONSHIPS</b>		
<b>CITY / COUNTRY: DUBAI / UNITED ARAB EMIRATES</b>		
<b>DATE: October 18, 2025 (Schedule: <u>Women's Competition (10:00 start)</u>); <u>Men's Competition - BB,CBB (18:00 start)</u> October 19, 2025 (Schedule: <u>Men's Competition MP</u>)</b>		
<b>EVENT OPEN FOR : ALL IFBB-AFFILIATED NATIONAL FEDERATIONS</b>		
<b>IFBB PRO CARD QUALIFIER</b>	<b>YES <input checked="" type="checkbox"/></b>	<b>NO <input type="checkbox"/></b>
<b>IFBB INTERNATIONAL RANKING QUALIFIER LEVEL 2</b>	<b>YES <input checked="" type="checkbox"/></b>	<b>NO <input type="checkbox"/></b>
<b>DAY OF ARRIVAL : October 17<sup>th</sup>, 2025</b>		
<b>DAY OF DEPARTURES: October 20<sup>th</sup>, 2025</b>		
<b>REGISTRATION DAY: October 17<sup>th</sup>, 2025</b>	<b>TIME: 09:00 - Women 12:00 - Men</b>	<b>PLACE: Binous Gym - 46PC+X6J - 12 Al Rasaas Rd - Al Quoz - Al Quoz Industrial Area 3 - Dubai (<a href="https://maps.app.goo.gl/1ve1Gsy4oCyw3XdE7">https://maps.app.goo.gl/1ve1Gsy4oCyw3XdE7</a>)</b>
<b>WEIGH-IN DAY: October 17<sup>th</sup>, 2025</b>	<b>TIME: 09:00 - Women 12:00 - Men</b>	<b>PLACE: Binous Gym - 46PC+X6J - 12 Al Rasaas Rd - Al Quoz - Al Quoz Industrial Area 3 - Dubai (<a href="https://maps.app.goo.gl/1ve1Gsy4oCyw3XdE7">https://maps.app.goo.gl/1ve1Gsy4oCyw3XdE7</a>)</b>
<p>*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.</p>		
<b>RECOMMENDED AIRPORT: Dubai International Airport - <a href="https://maps.app.goo.gl/6FSLzKqR4qATWbHC8">https://maps.app.goo.gl/6FSLzKqR4qATWbHC8</a></b>		
<p><b>VISA INFORMATION:</b> GCC nationals are granted entry upon arrival to the UAE with passports or national ID. <b>Citizens of the following countries do not require advance visa arrangements to enter the UAE and can obtain a visa upon arrival for 90 days:</b> France, Iceland, Italy, Norway, Holland, Germany, Sweden, Austria, Finland, Liechtenstein, Belgium, Greece, Luxembourg, Poland, Switzerland, Estonia, Portugal, Malta, Spain, Cyprus, Denmark, Croatia, Slovenia, Romania, Slovakia, Bulgaria, Czech Republic, Hungary, Lithuania, Latvia.</p> <p><b>Citizens of the following countries do not require advance visa arrangements to enter the UAE and can obtain a visa upon arrival for 30 days with a 10-day grace period:</b> Andorra, China, Malaysia, Singapore, Australia, Hong Kong, Monaco, South Korea, Liechtenstein, Brunei, Ireland, New Zealand, The Vatican, Canada, Japan, San Marino, United States, United Kingdom, Russia.</p> <p>Citizens of the countries listed above can obtain a visa upon arrival for 30 days from the date of entry with their normal passports.</p> <p>*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.</p>		
<b>VENUE: Dubai Festival City, Festival Arena, Dubai, United Arab Emirates</b>		
<b>HOTEL INFORMATION</b>		
<b>RECOMMENDED HOTELS:</b>		
<ul style="list-style-type: none"><li>● Intercontinental Dubai Festival City - Address: PO 45777 Dubai, 45777 UAE</li><li>● Crowne Plaza Dubai Festival City – the same address</li></ul>		

## REGISTRATION FEE:

Each athlete must pay the IFBB registration fee of **USD \$250**.

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of **USD \$50**.

**CROSSOVERS: USD \$100 per each of the additional categories.**

**DEADLINE FOR ONLINE PAYMENT: October 07<sup>th</sup>, 2025**

\*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid.

The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

\*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

\*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are **EUR €40/USD \$50** and are mandatory.

\*All posing music must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

## CATEGORIES:

### MEN'S PHYSIQUE

UP TO 173 CM | UP TO 176 CM | OVER 176 CM

JUNIOR MEN'S PHYSIQUE 15-23 YRS - OPEN

MASTER MEN'S PHYSIQUE >40 YRS - OPEN

JUNIOR MEN'S BODYBUILDING 15-23 YRS - OPEN

### MEN'S CLASSIC BODYBUILDING

- UP TO 175 CM | OVER 175 CM

### MEN'S BODY STYLE

- ONE OPEN CATEGORY

**FITNESS CHALLENGE – Registration fee 100\$ per competitor. Only 1 crossover individual & 1 crossover collective is allowed.**

Gold

- \* Women – Junior – Senior - Master
- \* Men – Junior – Senior - Master
- \* Couple (Gold) – Men & Women
- \* Mixed (Gold)

Silver

- \* Women – Junior – Senior- Master
- \* Men – Junior – Senior - Master
- \* Couple (Silver) – Men & Women
- \* Mixed (Silver)
- \*Children

### WOMEN'S BIKINI

Up to 158 cm | Up to 160 cm | Up to 164 cm | Up to 166 cm  
| Up to 169 cm | Up to 172 cm | Over 172 cm

JUNIOR WOMEN'S BIKINI:

15-20 years | 21-23 years

MASTER WOMEN'S BIKINI:

35-39 years | Over 40 years

WOMEN'S ARTISTIC FITNESS:

Up to 163 cm | Over 163 cm

WOMEN'S ACROBATIC FITNESS:

Up to 163 cm | Over 163 cm

WOMEN'S WELLNESS:

Up to 163 cm | Over 163 cm

MASTER WOMEN'S WELLNESS:

35-39 yrs | 40-44 yrs | Over 45 years

WOMEN'S BODYFITNESS:

Up to 163 cm | Over 163 cm

MASTER WOMEN'S BODYFITNESS:

35-39 yrs | 40-44 yrs | Over 45 yrs

WOMEN'S FIT-MODEL:

Up to 160 cm | Up to 166 cm | Over 166 cm

MASTER WOMEN'S FIT-MODEL >35 YEARS:

Up to 164 cm | Over 164 cm

## AWARDS:

Top three athletes in each category will be awarded with **medals**.

Top six athletes in each category will be awarded with a **Certificate of Excellence** and **trophies**.

Overall winner will have a **trophy**.

## PRIZE MONEY (AED)

<b>MEN'S CLASSIC BODYBUILDING</b>			
	FIRST	SECOND	THIRD
Over 175 CM	5,000	3,000	2,000
175 CM	5,000	3,000	2,000
OVER ALL(CLASSIC BODYBUILDING)			

<b>MEN'S PHYSIQUE</b>			
CATEGORY	FIRST	SECOND	THIRD
Senior Open	5,000	3,000	2,000
Junior Open	5,000	3,000	2,000
Master Open	5,000	3,000	2,000
OVER ALL(PHYSIQUE)			

## CASH PRIZE WOMEN'S (USD)

CATEGORIES	1st Overall	2nd Overall	3rd Overall
	USD	USD	USD
Bikini	\$700.00	\$500.00	\$300.00
Wellness	\$500.00	\$300.00	\$200.00
Fit Model	\$700.00	\$500.00	\$300.00
Body Fitness	\$500.00	\$300.00	\$200.00

### Fitness Challenge

#### Gold Category (Men & Women)

- 1st place: **410 USD**
- 2nd place: **270 USD**
- 3rd place: **135 USD**

#### Silver Category (Men & Women)

- 1st place: **410 USD**
- 2nd place: **270 USD**
- 3rd place: **135 USD**

#### Couple Gold Category

- 1st place: **410 USD**
- 2nd place: **270 USD**
- 3rd place: **135 USD**

## IFBB PRO CARDS:

### 10 PRO CARDS IN TOTAL

DISTRIBUTION:

**WOMEN BIKINI – IFBB PRO CARD FOR THE OVERALL WINNER**

**WOMEN BODYFITNESS - IFBB PRO CARD FOR THE OPEN CATEGORY WINNER**

**WOMEN WELLNESS – IFBB PRO CARD FOR THE OVERALL WINNER**

**MEN'S PHYSIQUE - IFBB PRO CARDS FOR THE TOP 2 OVERALL WINNERS**

**MEN CLASSIC BODYBUILDING - IFBB PRO CARD FOR THE OVERALL WINNER**

**MASTER WOMEN BIKINI - IFBB PRO CARDS FOR THE TOP 2 OVERALL WINNERS**

**MASTER WOMEN BODYFITNESS – IFBB PRO CARD FOR THE CATEGORY WINNER**

## \*REGISTRATION DEADLINE

PRELIMINAR ENTRY FORM: **NO**

FINAL ENTRY FORM: **OCTOBER 06<sup>th</sup>, 2025**

## CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

## GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the Team Managers & Judges Meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

## TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

**PROFESSIONAL TANNING SERVICE COST: AED 500.**

Phone: +971 56 221 9687

e-mail: [rizzy@binousclassicevents.com](mailto:rizzy@binousclassicevents.com)

## CONTACT INFORMATION:

Please send your Entry Form to:

E-mail: [rizzy@binousclassicevents.com](mailto:rizzy@binousclassicevents.com)

Contact: +971 56 221 9687

Please send a copy to IFBB Technical Committee:

Eng. Andrew Michalak

E-mail: [amichalak5@gmail.com](mailto:amichalak5@gmail.com)

Please send a copy to IFBB Head Office:

Ms. Daria

E-mail: [contact@ifbb.com](mailto:contact@ifbb.com)

Contact details for additional correspondence:

E-mail: [gretchen@southfitness.ae](mailto:gretchen@southfitness.ae)

## JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: [pawelfilleborn@gmail.com](mailto:pawelfilleborn@gmail.com)

All international judges must bring their International Judge's Cards to the Team Managers & Judges Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of **EUR €50/USD \$60** paid for the current year. This fee may also be paid at the EVENT at the Team Managers & Judges Meeting.



Scan this code to see the rules for attires of Men's Physique and Bikini