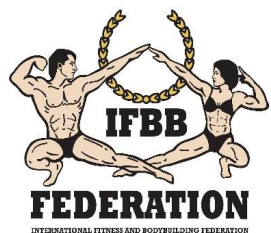


IFBB EUROPEAN FITNESS, BODYBUILDING & FITNESS CHALLENGE CHAMPIONSHIPS

SANTA SUSANNA 30.04-04.05.2026

FITNESS CHALLENGE - GOLD STANDARD MEN SENIORS INDIVIDUAL

GOLD STANDARD									
NAME	COUNTRY	PULLUPS	SQUAT PULL	DIPS	LUNGES	TOES TO BAR	DEVIL PRESS	TOTAL	PLACE
PRIIT MEIER	ESTONIA	43	95	72	68	57	21	356	GOLD MEDAL
TOMAS PETRIK	SLOVAKIA	45	88	80	78	40	16	347	SILVER MEDAL
RITZALIS KONSTANTINOS	GREECE	42	77	70	58	52	21	320	BRONZE MEDAL
MARTIN FORIS	SLOVAKIA	55	82	55	67	38	18	315	4. PLACE
GKOULIAKOS PANTELEIMON	GREECE	53	59	67	58	35	15	287	5. PLACE
HAMZA SYLQA	KOSOVO	27	67	45	58	35	12	244	6. PLACE
VLADIMIR BIDIUC	MOLDOVA	22	45	45	67	15	5	199	7.PLACE
ANGELO DE MILO	GERMANY	25	68	37	0	37	14	181	8. PLACE

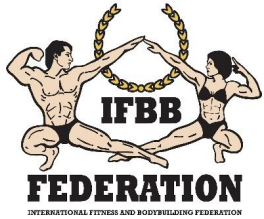


**IFBB EUROPEAN FITNESS, BODYBUILDING & FITNESS CHALLENGE CHAMPIONSHIPS**

**SANTA SUSANNA 30.04-04.05.2026**

**FITNESS CHALLENGE - GOLD STANDARD WOMEN SENIORS INDIVIDUAL**

<b>GOLD STANDARD</b>									
<b>NAME</b>	<b>COUNTRY</b>	<b>PULLUPS</b>	<b>SQUAT PULL</b>	<b>DIPS</b>	<b>LUNGES</b>	<b>TOES TO BAR</b>	<b>DEVIL PRESS</b>	<b>TOTAL</b>	<b>PLACE</b>
<b>ELENA MASARYKOVA</b>	<b>SLOVAKIA</b>	<b>42</b>	<b>79</b>	<b>54</b>	<b>75</b>	<b>28</b>	<b>17</b>	<b>295</b>	<b>GOLD MEDAL</b>
<b>ELENA NOVAC</b>	<b>ROMANIA</b>	<b>37</b>	<b>96</b>	<b>29</b>	<b>63</b>	<b>47</b>	<b>19</b>	<b>291</b>	<b>SILVER MEDAL</b>
<b>ANDREA JANECKOVA</b>	<b>SLOVAKIA</b>	<b>26</b>	<b>60</b>	<b>48</b>	<b>75</b>	<b>38</b>	<b>16</b>	<b>263</b>	<b>BRONZE MEDAL</b>



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**SANTA SUSANNA 30.04-04.05.2026**

**FITNESS CHALLENGE - SILVER LEVEL MEN SENIORS INDIVIDUAL**

<b>SILVER LEVEL</b>									
<b>NAME</b>	<b>COUNTRY</b>	<b>LYING PULLUPS</b>	<b>HEXA LIFT</b>	<b>BENCH DIPS</b>	<b>LUNGES</b>	<b>SITUPS</b>	<b>DB SNATCH</b>	<b>TOTAL</b>	<b>PLACE</b>
<b>ANDREI-IONUT APETREI</b>	<b>ROMANIA</b>	<b>60</b>	<b>89</b>	<b>100</b>	<b>75</b>	<b>77</b>	<b>75</b>	<b>476</b>	<b>GOLD MEDAL</b>
<b>AVNI SADRIJU</b>	<b>MONTENEGRO</b>	<b>64</b>	<b>64</b>	<b>99</b>	<b>52</b>	<b>66</b>	<b>67</b>	<b>412</b>	<b>SILVER MEDAL</b>
<b>TAUNO LAASME</b>	<b>ESTONIA</b>	<b>55</b>	<b>80</b>	<b>78</b>	<b>49</b>	<b>52</b>	<b>55</b>	<b>369</b>	<b>BRONZE MEDAL</b>
<b>FEDIR KHASHALOV</b>	<b>UKRAINE</b>	<b>50</b>	<b>79</b>	<b>82</b>	<b>38</b>	<b>40</b>	<b>55</b>	<b>344</b>	<b>4. PLACE</b>
<b>BAJRAM OSMANI</b>	<b>KOSOVO</b>	<b>30</b>	<b>68</b>	<b>69</b>	<b>34</b>	<b>35</b>	<b>50</b>	<b>286</b>	<b>5. PLACE</b>
<b>SRDJAN BRANKOVIC</b>	<b>MONTENEGRO</b>	<b>44</b>	<b>48</b>	<b>65</b>	<b>39</b>	<b>41</b>	<b>40</b>	<b>277</b>	<b>6. PLACE</b>

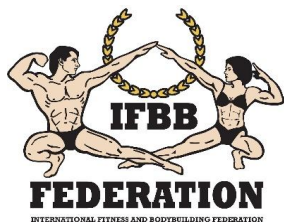


**IFBB EUROPEAN FITNESS, BODYBUILDING & FITNESS CHALLENGE CHAMPIONSHIPS**

**SANTA SUSANNA 30.04-04.05.2026**

**FITNESS CHALLENGE - SILVER LEVEL WOMEN SENIORS INDIVIDUAL**

<b>SILVER LEVEL</b>									
<b>NAME</b>	<b>COUNTRY</b>	<b>LYING PULLUPS</b>	<b>HEXA LIFT</b>	<b>BENCH DIPS</b>	<b>LUNGES</b>	<b>SIT UPS</b>	<b>DB SNATCH</b>	<b>TOTAL</b>	<b>PLACE</b>
<b>OANA VASILESCU</b>	<b>ROMANIA</b>	<b>66</b>	<b>95</b>	<b>100</b>	<b>80</b>	<b>60</b>	<b>81</b>	<b>482</b>	<b>GOLD MEDAL</b>
<b>ILIADOU ANDRONIKI</b>	<b>GREECE</b>	<b>66</b>	<b>84</b>	<b>72</b>	<b>69</b>	<b>61</b>	<b>68</b>	<b>420</b>	<b>SILVER MEDAL</b>
<b>SIRET TARA</b>	<b>ESTONIA</b>	<b>50</b>	<b>95</b>	<b>74</b>	<b>70</b>	<b>47</b>	<b>73</b>	<b>409</b>	<b>BRONZE MEDAL</b>
<b>LILLA KANIZSAY</b>	<b>ROMANIA</b>	<b>49</b>		<b>82</b>	<b>63</b>	<b>57</b>	<b>68</b>	<b>319</b>	<b>4. PLACE</b>
<b>VJOSANA SADRIJU</b>	<b>MONTENEGRO</b>	<b>26</b>	<b>61</b>	<b>69</b>	<b>52</b>	<b>48</b>	<b>60</b>	<b>316</b>	<b>5. PLACE</b>
<b>EDINA SLAKOVIC</b>	<b>MONTENEGRO</b>	<b>20</b>	<b>66</b>	<b>73</b>	<b>46</b>	<b>44</b>	<b>54</b>	<b>303</b>	<b>6. PLACE</b>

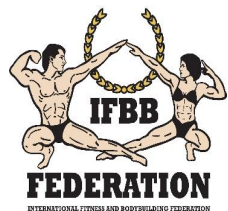


**IFBB EUROPEAN FITNESS, BODYBUILDING & FITNESS CHALLENGE CHAMPIONSHIPS**

**SANTA SUSANNA 30.04-04.05.2026**

**FITNESS CHALLENGE - BRONZE LEVEL MEN SENIORS INDIVIDUAL**

<b>BRONZE LEVEL</b>									
<b>NAME</b>	<b>COUNTRY</b>	<b>CHIN UPS</b>	<b>KB SQUAT</b>	<b>PUSHUPS</b>	<b>LUNGES</b>	<b>SITUPS</b>	<b>KB SWING</b>	<b>TOTAL</b>	<b>PLACE</b>
<b>RENÉ LAANE</b>	<b>ESTONIA</b>	<b>70</b>	<b>140</b>	<b>76</b>	<b>76</b>	<b>78</b>	<b>82</b>	<b>522</b>	<b>GOLD MEDAL</b>
<b>MARIO KALLAS</b>	<b>ESTONIA</b>	<b>60</b>	<b>134</b>	<b>77</b>	<b>84</b>	<b>76</b>	<b>74</b>	<b>505</b>	<b>SILVER MEDAL</b>
<b>MARIUS NICOARA</b>	<b>ROMANIA</b>	<b>63</b>	<b>137</b>	<b>86</b>	<b>63</b>	<b>72</b>	<b>68</b>	<b>489</b>	<b>BRONZE MEDAL</b>
<b>KRENAR KASUMI</b>	<b>KOSOVO</b>	<b>41</b>	<b>99</b>	<b>71</b>	<b>41</b>	<b>57</b>	<b>68</b>	<b>377</b>	<b>4. PLACE</b>
<b>SLAVEN PETROVIC</b>	<b>CROATIA</b>	<b>50</b>	<b>83</b>	<b>60</b>	<b>40</b>	<b>48</b>	<b>47</b>	<b>328</b>	<b>5. PLACE</b>

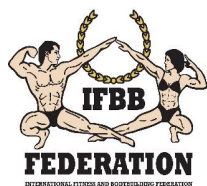


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**SANTA SUSANNA 30.04-04.05.2026**

**FITNESS CHALLENGE - BRONZE LEVEL WOMEN SENIORS INDIVIDUAL**

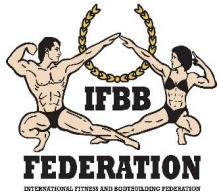
<b>BRONZE LEVEL</b>									
<b>NAME</b>	<b>COUNTRY</b>	<b>CHINUPS</b>	<b>KB SQUAT</b>	<b>PUSHUPS</b>	<b>LUNGES</b>	<b>SITUPS</b>	<b>KB SWING</b>	<b>TOTAL</b>	<b>PLACE</b>
<b>EVANGELIA-CHRISTINA TSITSIKLI</b>	<b>GREECE</b>	<b>60</b>	<b>121</b>	<b>37</b>	<b>88</b>	<b>71</b>	<b>79</b>	<b>456</b>	<b>GOLD MEDAL</b>
<b>MARIJA DRAGICEVIC</b>	<b>CROATIA</b>	<b>50</b>	<b>104</b>	<b>60</b>	<b>67</b>	<b>81</b>	<b>75</b>	<b>437</b>	<b>SILVER MEDAL</b>
<b>NIKOLINA MAROVIC</b>	<b>MONTENEGRO</b>	<b>25</b>	<b>87</b>	<b>29</b>	<b>56</b>	<b>74</b>	<b>63</b>	<b>334</b>	<b>BRONZE MEDAL</b>



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**SANTA SUSANNA 30.04-04.05.2026**

**FITNESS CHALLENGE - SPEEDFIT MEN SENIORS INDIVIDUAL**

<b>SPEEDFIT</b>							
<b>NAME</b>	<b>COUNTRY</b>	<b>DEVIL PRESS</b>	<b>PULLUPS</b>	<b>LUNGES</b>	<b>TOTAL</b>	<b>TIME</b>	<b>PLACE</b>
PRIIT MEIER	ESTONIA	10	10	10	30	1.05.76	<b>GOLD MEDAL</b>
ANDREI-IONUT APETREI	ROMANIA	10	10	10	30	1.06.68	<b>SILVER MEDAL</b>
RITZALIS KONSTANTINOS	GREECE	10	10	10	30	1.16.32	<b>BRONZE MEDAL</b>
TAUNO LAASME	ESTONIA	10	10	10	30	1.20.70	<b>4. PLACE</b>
GKOULIAKOS PANTELEIMON	GREECE	10	10	10	30	1.21.63	<b>5. PLACE</b>

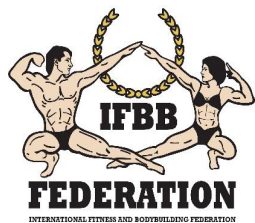


## IFBB EUROPEAN FITNESS, BODYBUILDING & FITNESS CHALLENGE CHAMPIONSHIPS

SANTA SUSANNA 30.04-04.05.2026

### FITNESS CHALLENGE - SPEEDFIT WOMEN SENIORS INDIVIDUAL

SPEEDFIT							
NAME	COUNTRY	DEVIL PRESS	PULLUPS	LUNGES	TOTAL	TIME	PLACE
ELENA NOVAC	ROMANIA	10	10	10	30	1.14.59	SILVER MEDAL
LILLA KANISZAY	ROMANIA	10	10	10	30	2.02.60	GOLD MEDAL
EVANGELIA-CHRISTINA TSITSIKI	GREECE	10	10	10	30	2.15.56	BRONZE MEDAL

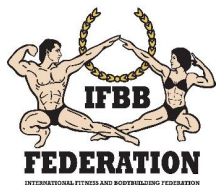


**IFBB EUROPEAN FITNESS, BODYBUILDING & FITNESS CHALLENGE CHAMPIONSHIPS**

**SANTA SUSANNA 30.04-04.05.2026**

**FITNESS CHALLENGE - GOLD STANDARD COUPLES MEN SENIORS**

<b>GOLD LEVEL</b>									
<b>NAME</b>	<b>COUNTRY</b>	<b>PULLUPS</b>	<b>SQUAT PULL</b>	<b>DIPS</b>	<b>LUNGES</b>	<b>TOES TO BAR</b>	<b>DEVIL PRESS</b>	<b>TOTAL</b>	<b>PLACE</b>
RITZALIS KONSTANTINOS/PANTELIS GKOLIAKOS	GREECE	91	96	134	72	78	34	505	<b>GOLD MEDAL</b>
PRIIT MEIER/ TAUNO LAASME	ESTONIA	75	87	139	79	87	30	497	<b>SILVER MEDAL</b>
MARIUS NICOARA/ANDREI-IONUT APETREI	ROMANIA	65	101	115	79	55	27	442	<b>BRONZE MEDAL</b>
BAJRAM OSMANI/HAMZA SYLQA	KOSOVO	46	87	85	73	66	25	382	<b>4. PLACE</b>

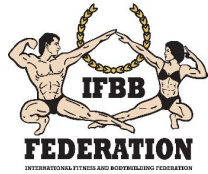


**IFBB EUROPEAN FITNESS, BODYBUILDING & FITNESS CHALLENGE CHAMPIONSHIPS**

**SANTA SUSANNA 30.04-04.05.2026**

**FITNESS CHALLENGE - SILVER LEVEL COUPLES WOMEN SENIORS**

<b>SILVER LEVEL</b>									
<b>NAME</b>	<b>COUNTRY</b>	<b>LYING PULLUPS</b>	<b>HEXA LIFT</b>	<b>BENCH DIPS</b>	<b>LUNGES</b>	<b>SITUPS</b>	<b>DB SNATCH</b>	<b>TOTAL</b>	<b>PLACE</b>
OANA VASILESCU/ELENA NOVAC	ROMANIA	120	115	172	87	95	89	678	<b>GOLD MEDAL</b>
ILIADOU ANDRONIKI/EVANGELINA TSITSIKLI	GREECE	109	106	149	95	79	87	625	<b>SILVER MEDAL</b>
EDINA SLAKOVICI/VJOSANA SADRIJU	MONTENEGRO	45	77	117	65	69	69	442	<b>BRONZE MEDAL</b>

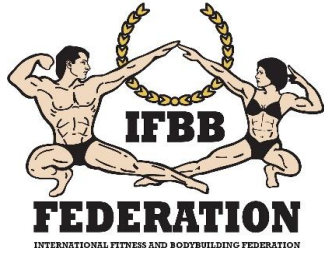


**IFBB EUROPEAN FITNESS, BODYBUILDING & FITNESS CHALLENGE CHAMPIONSHIPS**

**SANTA SUSANNA 30.04-04.05.2026**

**FITNESS CHALLENGE - SILVER LEVEL MIXED COUPLES SENIORS**

<b>SILVER LEVEL</b>									
<b>NAME</b>	<b>COUNTRY</b>	<b>LYING PULLUPS</b>	<b>HEXA LIFT</b>	<b>BENCH DIPS</b>	<b>LUNGES</b>	<b>SIT UPS</b>	<b>DB SNATCH</b>	<b>TOTAL</b>	<b>PLACE</b>
SIRET TARA/RENÉ LAANE	ESTONIA	82	121	178	91	95	88	655	<b>GOLD MEDAL</b>
VJOSANA SADRIJU/AVNI SADRIJU	MONTENEGRO	80	100	161	80	91	75	587	<b>SILVER MEDAL</b>
EDINA SLAKOVICI/SRDJAN BRANKOVIC	MONTENEGRO	52	85	133	71	65	70	476	<b>BRONZE MEDAL</b>



**IFBB EUROPEAN FITNESS, BODYBUILDING & FITNESS CHALLENGE CHAMPIONSHIPS**

**SANTA SUSANNA 30.04-04.05.2026**

**FITNESS CHALLENGE - SPEEDFIT TEAMS**

<b>SPEEDFIT</b>									
<b>PLACE</b>	<b>COUNTRY</b>	<b>DEVIL PRESS</b>	<b>PULLUPS</b>	<b>SQUAT PULL</b>	<b>DIPS</b>	<b>TOES TO BAR</b>	<b>LUNGES</b>	<b>TIME</b>	<b>PLACE</b>
1	ESTONIA	60	60	60	60	60	60	05:23:44	<b>GOLD MEDAL</b>
2	SLOVAKIA	60	60	60	60	60	60	05:55:32	<b>SILVER MEDAL</b>
3	ROMANIA	60	60	60	60	60	60	06:00:00	<b>BRONZE MEDAL</b>
4	GREECE	60	60	60	60	60	60	07:48:00	<b>4. PLACE</b>