

**TENTATIVE**  
**2025 IFBB WORLD CUP RUNNING ORDER (SHORT VERSION)**

**THURSDAY, SEPTEMBER 11<sup>th</sup>, 2025**

**10:00 – 20:00**      **Continuous Registration** of athletes – Centro Multiusos Las Rozas  
**19:00**              **Judges and Technical Meeting** - Centro Multiusos Las Rozas

**FRIDAY, SEPTEMBER 12<sup>th</sup>, 2025**

**09:00 – 20:00**

- Women Artistic Fitness    Open Category
- Women Acrobatic Fitness    Open Category
- Men Fit-Model    Open Category
- Men Games Classic Bodybuilding Open Category
- Women's Physique: Masters    Open Category
- Women's Physique: Seniors (163 & +163)    Overall Friday 20.00
- Mixed-Pairs    Open Category
- Men Classic Bodybuilding: Masters.    (40-44 and +45) + Overall Friday 20.00
- Women Wellness: Masters    Open Category
- Women Bodyfitness: Masters    Open Category
- Women Wellness: Seniors (158,163,168 & + 168)    Overall Friday 20.00
- Men Classic Bodybuilding: Seniors. (168,171,175,180 & + 180)    Overall Friday 20.00
- Women Bodyfitness: Seniors (158,163,168 & + 168)    Overall Friday 20.00

**OVERALLS 20:00**

**WOMEN'S PHYSIQUE**

**CLASSIC BODYBUILDING + MASTER CLASSIC BODYBUILDING**

**WELLNESS**

**BODYFITNESS**

**SATURDAY, SEPTEMBER 13<sup>th</sup>, 2025**

**09:00 – 20:00**

- Men Bodybuilding: Beginners Open Category
- Women Bikini: Beginners Open Category
- Men's Physique: Beginners Open Category
- Men Bodybuilding: Juniors.    Open Category
- Master Women Fit-Model    Open Category
- Women Fit-Model (164,168,172 & + 172) Overall at 20.00
- Fit-Pairs    Open Category
- **OPENING CEREMONY**
- Men's Physique: Junior    Open Category
- Men's Physique: Masters (40-44, 45-49, + 50) + Overall at 20.00
- Women Bikini: Juniors (164 & +164) + OVERALL at 20.00
- Women Bikini: Masters (35-44 yrs.:164, 164 & +45 yrs: Open) + Overall at 20.00
- Men's Physique: Seniors. (170,173,176,179,182 & + 182) Overall at 20.00
- Men's Physique: Masters (40-44 yrs: Open, 45-49 yrs: Open, Age >50 yrs: Open) Overall at 20:00
- Women Bikini: Seniors (158,160,162,164,166,169,172 & + 172) Overall at 20.00

**OVERALLS 20.00 :**

**WOMEN'S FIT MODEL**

**MEN'S PHYSIQUE**

**MASTER MEN'S PHYSIQUE**

**BIKINI + JUNIOR BIKINI + MASTER BIKINI**