IFBB INTERNATIONAL CUP RIGA PEARL

24th – 25th APRIL, 2026
RIGA, LATVIA

WELCOME

The Latvian Bodybuilding, Fitness and Bodyfitness federation extend a warm welcome to all IFBB affiliated National Federations wishing to participate in the IFBB International Cup Riga Pearl 2026.

DATE AND TIME

ATHLETES REGISTRATION & WEIGH-IN:

24th April (Friday) **from 17:00 – 20:00**
25th April (Saturday) **from 9:30 – 10:00**

COMPETITION:

25th April (Saturday) **12:00**

ABOUT RIGA

Riga, the capital of Latvia, was officially founded in 1201. The city lies on the Gulf of Riga at the mouth of the Daugava river where it meets the Baltic Sea.
Representatives of many nations have lived and worked in Riga – apart from local Livs and Latvians, Germans, Swedes, Russians and Poles also considered Riga to be their city.
Riga's historical centre is a UNESCO World Heritage Site, noted for its Art Nouveau/Jugendstil architecture and 19th century wooden architecture.
April is the perfect time to explore the city's architectural treasures.

VENUE OF THE COMPETITION

ATTA CENTRE
60 Krasta Street, Riga, Latvia
https://www.attacentre.com/en/

RECOMMENDED HOTELS

MONIKA Centrum Hotels
Elizabetes iela 21, Riga, lv-1010, Latvia
https://monika.centrumhotels.com/

MONIKA
CENTRUM HOTELS

REGISTRATION

Athletes registration and weigh-in will take place on:
Friday, April 24th from 17:00 – 20:00 ATTA CENTRE (Venue site);
Saturday, April 25th from 9:30 – 10:00 ATTA CENTRE (Venue site).
Registration of athletes will only be considered if they are entered by the National Federation by sending the Final Entry Form directly to the Organizing Committee. Competitors must provide their PASSPORT/ID. Each athlete will be provided with a wristband at the Registration. This identification will allow daily admission and should not be removed.

IMPORTANT NOTICE:
Please be aware that it is full responsibility and obligation of the National Federation to verify if each one of the athletes to be registered on this event are NOT suspended or fulfilling any period of ineligibility due to Anti-Doping Rule Violation or any disciplinary case at national/ international level. All the athletes will be required to sign Doping Liability Form during the Registration.

REGISTRATION FEE

All the athletes nominated by their National Federations have to pay the registration fee of EUR 150. Crossovers (extra categories): EUR 100. The fee is to be paid in cash upon registration on the spot.

ENTRANCE TICKET AND BACKSTAGE ACCESS

The cost of entrance ticket is EUR 30.
The cost of backstage pass is EUR 50 and must be purchased additionally to the ticket price.
Access to backstage and dressing rooms is restricted to delegates, coaches and supporters with a valid Backstage Pass (special wristband).

CATEGORIES OPEN FOR COMPETITIONS

The competition is held according to the IFBB Rules and will include the categories:

WOMEN'S ARTISTIC FITNESS: OPEN

JUNIOR WOMEN'S ARTISTIC FITNESS: 15-23 YRS – OPEN

WOMEN'S BIKINI: -160 CM, -162 CM, -164 CM, -166 CM, -169 CM, -172 CM, +172 CM

JUNIOR WOMEN'S BIKINI: 15-23 YRS – OPEN

WOMEN'S BODYFITNESS: -163 CM, -168 CM, +168 CM

JUNIOR WOMEN'S BODYFITNESS: 15-23 YRS – OPEN

WOMEN'S WELLNESS: -163 CM, -168 CM, +168 CM

JUNIOR WOMEN'S WELLNESS: 15-23 YRS – OPEN

WOMEN'S FIT-MODEL: -158 CM, -162 CM, -166 CM, -169 CM, -172 CM, +172 CM

JUNIOR WOMEN'S FIT-MODEL: 15-23 YRS – OPEN

MASTERS WOMEN'S FIT-MODEL: >35 YRS – OPEN

WOMEN'S ARTISTIC MODEL: OPEN

WOMENS FITNESS STYLE: -162 CM, -169 CM, +169 CM

MEN'S PHYSIQUE: -173 CM, -179 CM, +179 CM

JUNIORS MEN'S PHYSIQUE: 15-23 YRS – OPEN

JUNIOR MEN'S BODYBUILDING: 15-23 YRS - OPEN

MEN'S CLASSIC BODYBUILDING: -175 CM, +175 CM

BEGINNERS CATEGORIES:
WOMEN'S BIKINI: OPEN
WOMEN'S FIT-MODEL: OPEN

QUALITY STAGE PHOTOS & VIDEO

KARLEVID PRODUCTIONS

You can order a high-quality stage pictures & video by a professional media team.
Please contact by email: karlevid.media@gmail.com

TANNING NEEDS

Wipe-off tans are strictly prohibited by the IFBB. Officials will check all athletes backstage, and any tan that wipes off must be removed before going on stage.

Professional tanning services by the StageArt Tanning Team will be available at the venue. Reservations can be made via **secretariat@ifbb.lv** until **April 13th**. A signup link will be sent in reply. Bookings will also be possible during registration.

MORE INFORMATION ABOUT TANNING:
Send an e-mail to stageart.tanningteam@gmail.com

JUDGES

All IFBB International Amateur Judges must be in possession of a valid Judge's Cards.

AWARDS

Top three athletes in each category will be awarded with medals.
Top six athletes in each category will be awarded with trophies and a Certificate of Excellence.
Overall winner will have a trophy.

FINAL ENTRY FORMS

Please send the Final Entry Form no later than April 13th, 2026 to secretariat@ifbb.lv
Please send the copy to: amichalak5@gmail.com and contact@ifbb.com

National Federations must submit the actual names of all Official Participants (athletes by category + extra category and delegates, including judges).