



2026 MEDITERRANEAN CHAMPIONSHIPS



MAIN INFORMATION

NAME OF THE EVENT: **2026 IFBB MEDITERRANEAN CHAMPIONSHIPS**

CITY / COUNTRY: **SANTORINI / GREECE**

DATE: **October 24th - 26th, 2026**

EVENT OPEN FOR: **IFBB-AFFILIATED NATIONAL FEDERATIONS FROM THE MEDITERRANEAN REGION**

IFBB PRO CARD QUALIFIER: **YES X**

IFBB INTERNATIONAL RANKING QUALIFIER: **NO X**

DAY OF ARRIVAL : **24/10/2026**

DAY OF DEPARTURES: **26/10/2026**

REGISTRATION DAY: **24/10/2026**

TIME: **14:00 - 19:00**

PLACE: **ASTRO PALACE HOTEL & SUITES FIRA,
SANTORINI 84700, GREECE**

WEIGH-IN DAY: **24/10/2026**

TIME: **14:00 - 19:00**

PLACE: **ASTRO PALACE HOTEL & SUITES FIRA,
SANTORINI 84700, GREECE**

*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.

RECOMMENDED AIRPORT: **SANTORINI INTERNATIONAL AIRPORT (JTR)**

VISA INFORMATION: Citizens from the EU/EEA and Switzerland do not need a visa, travelers from visa-exempt countries (like the US, UK, Canada, and Australia) can visit visa-free for up to 90 days, and all other foreign nationals must obtain a Schengen visa prior to travel. Detailed info at:

<https://www.mfa.gr/en/services/visas-for-foreigners-traveling-to-greece/countries-requiring-or-not-requiring-a-visa/>

An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

VENUE: **SANTORINI MUNICIPAL STADIUM / DAPPOS SPORTS CENTER,
KARTERADOS, SANTORINI 847 00, GREECE**

HOTEL INFORMATION

RECOMMENDED HOTELS:

1. **EL GRECO RESORT & SPA**

FIRA TOWN, SANTORINI 847 00, GREECE

2. **DAEDALUS HOTEL**

FIRA, SANTORINI 847 00, GREECE

3. ORAMA HOTEL & SPA
THIRA (FIRA), SANTORINI 847 00, GREECE

4. ASTRO PALACE HOTEL & SUITES
FIRA, SANTORINI 847 00, GREECE

REGISTRATION FEE:

Each athlete and Delegate or Extra Delegate must pay the IFBB registration fee of **EUR €250**.

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of **EUR €50**.

CROSSOVERS: EUR €100 per each of the additional categories.

DEADLINE FOR ONLINE PAYMENT: Tuesday, October 13th, 2026, 23:59 CEST.

*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid. The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are **EUR €50/USD \$60** and are mandatory.

*All posing music must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

CATEGORIES:

JUNIOR MEN'S BODYBUILDING 15-23 YRS – OPEN JUNIOR MEN'S FITNESS 15-23 YRS – OPEN JUNIOR WOMEN'S ACROBATIC FITNESS 15-23 YRS - OPEN JUNIOR WOMEN'S ARTISTIC FITNESS 15-23 YRS – OPEN JUNIOR MEN'S PHYSIQUE 15-23 YRS – OPEN JUNIOR WOMEN'S BIKINI 15-23 YRS – OPEN MEN'S CLASSIC BODYBUILDING: UP TO 175 CM OVER 175 CM OVERALL MEN'S PHYSIQUE: UP TO 170 CM UP TO 176 CM UP TO 182 CM OVER 182 CM OVERALL	WOMEN'S BODYFITNESS: UP TO 163 CM OVER 163 CM OVERALL WOMEN'S BIKINI: UP TO 160 CM UP TO 164 CM UP TO 169 CM UP TO 172 CM OVER 172 CM OVERALL WOMEN'S ARTISTIC FITNESS - OPEN WOMEN'S WELLNESS - OPEN WOMEN'S ACROBATIC FITNESS - OPEN WOMEN'S FIT-MODEL – OPEN WOMEN'S PHYSIQUE - OPEN FIT-PAIRS – OPEN
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MEN'S BODYBUILDING:

UP TO & INCL. 75 KG

UP TO & INCL. 85 KG

UP TO & INCL. 95 KG

OVER 95 KG

OVERALL**MASTERS MEN'S BODYBUILDING:**40-49 YRS - **OPEN**50 YEARS & OVER - **OPEN****OVERALL****MASTERS MEN'S CLASSIC BODYBUILDING**40 YRS & OVER - **OPEN****FITNESS CHALLENGE**

Women's Gold/Silver

Men's Gold/Silver

MASTERS WOMEN'S BIKINI:

35-39 YEARS - OPEN

40 YEARS & OVER - OPEN

OVERALL**MEN'S CLASSIC PHYSIQUE**

UP TO & INCL. 175 CM

OVER 175 CM

OVERALL**MASTERS MEN'S CLASSIC PHYSIQUE 40 YRS & OVER - OPEN****MASTERS MEN'S PHYSIQUE 40 YRS & OVER - OPEN****WOMEN'S BODYFITNESS 35 YRS & OVER - OPEN****MUSCULAR MEN'S PHYSIQUE - OPEN****AWARDS:**Top three athletes in each category will be awarded with **medals**.Top six athletes in each category will be awarded with a **Certificate of Excellence** and **trophies**.Overall winner will have a **trophy**.**IFBB PRO CARDS:****17 IFBB PRO CARDS IN TOTAL****DISTRIBUTION :****MEN'S CLASSIC BODYBUILDING** – IFBB PRO CARDS FOR THE TOP 2 OVERALL WINNERS**MEN'S PHYSIQUE** – IFBB PRO CARDS FOR THE TOP 2 OVERALL WINNERS**WOMEN'S BIKINI** – IFBB PRO CARDS FOR THE TOP 2 OVERALL WINNERS**WOMEN'S WELLNESS** – IFBB PRO CARD FOR THE CATEGORY WINNER**WOMEN'S BODYFITNESS** – IFBB PRO CARD FOR THE OVERALL WINNER**MEN'S BODYBUILDING** – IFBB PRO CARDS FOR THE TOP 2 OVERALL WINNERS**MEN'S CLASSIC PHYSIQUE** – IFBB PRO CARD FOR THE OVERALL WINNER**MUSCULAR MEN'S PHYSIQUE** – IFBB PRO CARD FOR THE CATEGORY WINNER**WOMEN'S PHYSIQUE** – IFBB PRO CARD FOR THE CATEGORY WINNER**MASTER MEN'S BODYBUILDING** – IFBB PRO CARDS FOR THE TOP 2 OVERALL WINNERS**MASTER WOMEN'S BODYFITNESS** – IFBB PRO CARD FOR THE CATEGORY WINNER**MASTER WOMEN'S BIKINI** - IFBB PRO CARD FOR THE CATEGORY WINNERFINAL ENTRY FORM: **Monday, October 12th, 2026****CAMERA/VIDEO TAPE EQUIPMENT**

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

CONTACT INFORMATION:

Please send this Entry Form to:

Ms. Zoi Baili

E-mail: info@posd.gr

Please send a copy to the IFBB Technical Committee:

Eng. Andrew Michalak

E-mail: amichalak5@gmail.com

Please send a copy to IFBB Head Office:

Ms. Daria

E-mail: contact@ifbb.com

JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges must bring their International Judge's Cards to the Team Managers & Judges Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of **EUR €50/USD \$60** paid for the current year. This fee may also be paid at the EVENT at the Team Managers & Judges Meeting.



Scan this code to see the rules for attires of Men's Physique and Bikini