



2026 IFBB WORLD FIT MODEL CHAMPIONSHIPS

INSPECTION REPORT:

20TH-21ST NOVEMBER 2026
Benidorm, SPAIN • BENIDORM PALACE

IN COLLABORATION WITH:



“ THE ULTIMATE COMPETITION FOR THE WORLD ELITE OF FIT MODEL ”

From European Reference to World Championship:

Since its creation in 2015, cities such as Riga, Tallinn, Vilnius, Dubai and Benidorm have become true international landmarks for the development of Fit Model.

A decade later, Benidorm will host the 2026 IFBB World Fit Model Championships, supported by its successful experience with IFBB Miss Fit Model Europe and by an iconic venue such as Benidorm Palace, which previously hosted three consecutive IFBB World Championships from 2015 to 2017.

The best athletes in the world, selected by their respective National Federations, will gather in Benidorm to compete for the most prestigious title in the discipline: the IFBB World Fit Model Championship.

This event will combine athletic physique, elegance, style, personality and stage presentation. It is an international production designed to showcase the true essence of Fit Model: a healthy, balanced and refined image, supported by confidence, sophistication and presence on stage.

Benidorm Palace: A Stage for World-Class Stars:

The 2026 World Championships will take place in one of the most emblematic show venues in Europe.

Its theatrical stage, giant LED screens and advanced lighting and sound infrastructure allow the creation of a first-class audiovisual experience for athletes, the live audience and the international viewers.

The 2026 IFBB World Fit Model Championships are not only a competition. They are the international celebration of a discipline that brings together sport, beauty, health and elegance.

The IFBB World Fit Model Championships will be the definitive event of the 2026 season, reserved for the best athletes in the world and representing another major step in the evolution of the most elegant competition in fitness.

IFBB FIT MODEL 2026: THE UNSTOPPABLE EVOLUTION

Discover the concept and the standard that define the 2026 Fit Model World Championships.



"OFFICIAL CATEGORIES"

The program will include all official Women's and Men's Fit Model categories established by the IFBB for the 2026 World Championships. This means 16 categories, plus the Overall competitions.

1. WOMEN'S FIT MODEL:

- 6 Senior categories by height
- 1 Open category for Beginners
- 2 Master categories: up to 164 cm and over 164 cm
- 2 Junior categories: 15-20 years old and 21-23 years old
- Superfinal Overall

2. MEN'S FIT MODEL:

- 3 Senior categories by height
- 1 Open Master category: over 40 years old
- 1 Open Junior category: under 23 years old
- Superfinal Overall



"FROM GOLD TO HISTORY"

Every athlete will feel that she or he is competing at the highest possible level, alongside the best specialists in the world, in a unique environment equipped with outstanding lighting, sound and giant LED screens.

Reaching the Top 6 is already a great achievement. Reaching the podium is recognition of sporting excellence. Winning means entering the history of Fit Model.



THE HOST CITY

Discover Benidorm, the Jewel of the Mediterranean.

Benidorm is a privileged city: sea, skyline and Mediterranean energy.

Its combination of beaches, services and international connectivity makes it an ideal destination for global sporting events. For this reason, Benidorm already hosted the IFBB World Championships from 2015 to 2017, and now returns to the center of international attention.

Always modern, vibrant and international, Benidorm offers the perfect environment for athletes, teams and supporters.

“THE LEGENDARY BENIDORM PALACE”



Benidorm Palace is one of the most recognized show venues in Europe and a space designed for major international productions.

Its large hall, with capacity for more than 2,000 spectators seated at tables, allows the audience to enjoy the championship in comfort, with food and beverage service during the event.

Its modern technical infrastructure — lighting, sound, screens and audiovisual production — provides the ideal setting to enhance the elegance of the athletes and project a high-quality international image.

A spectacular stage to crown the new IFBB World Champions.



KEY INFORMATION & SCHEDULE

Plan Your World Championship in Advance

RECOMMENDED AIRPORT

Alicante-Elche Airport (ALC)

- National and international connections
- Transfer to Benidorm: approximately 45-60 minutes
- Available options: bus, taxi or private transfer

PREMIUM TRANSFER OPTIONS:

- www.mytransfersbenidorm.com
- www.beniconnect.com



OFFICIAL HOTEL

HOTEL RESORT MELIA BENIDORM 4****

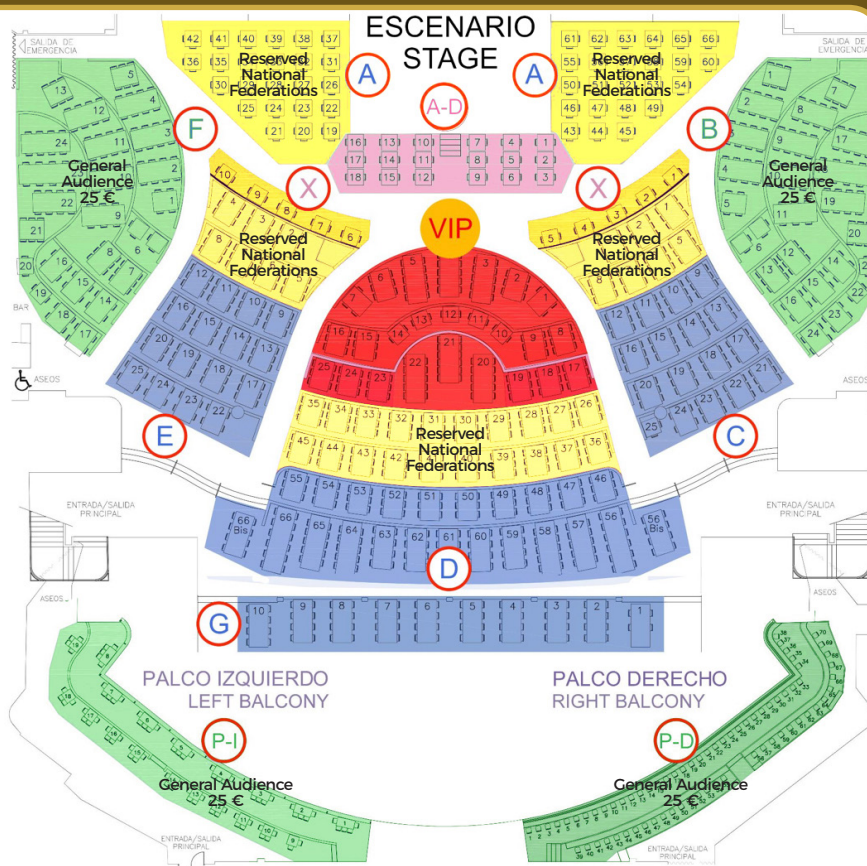
- The fee includes 2 nights' accommodation in a double room with full board.
- Single room: €70 supplement.
- Extra night in a double room: €85 per person.
- Extra night in a single room: €120.
- Triple Rooms are available.
- Meals designed for athletes.
- Distance to the venue: 250 meters.



TICKETS

All seats are numbered and arranged at tables for 2 to 8 people, with waiter service available.

- 5 Large area reserved for delegations & official participants (Yellow color)
- Central area reserved for the VIP Experience, with premium table & drinks included (Red color)
- General tickets from €25 (Green color)
- Numbered seats from €40 to €70 (Blue color)
- All areas have waiter service with personalized attention. Drinks are not included, except with VIP tickets.



REGISTRATION

REPRESENT YOUR COUNTRY ON THE WORLD STAGE

Participation in the IFBB World Fit Model Championships must be managed exclusively through the IFBB-affiliated National Federations.

Individual registrations submitted directly by athletes will not be accepted.

REGISTRATION FEES

- Registration Fee: 440 € (Athletes, Judges, Delegates & Supporters).
- The fee includes 2 nights' accommodation in a double room with full board & Access to venue (yellow zone).
- Single room: €70 supplement.
- Extra night in a double room: €85 per person.
- Extra night in a single room: €120.
- **Early Birds: 390 € (athletes, judges, delegates & supporters) paid before August 31th.**

MANDATORY:

Payments by Paypal or Bank Transfer.

- Backstage Coach Pass: 50 €
- Backstage IFBB Coach Pass: 20 € (Mandatory: valid IFBB Coach ID must be shown)

PRELIMINARY ENTRY

Deadline: **October 30th, 2026**

National Federations must send an initial estimate of the number of athletes, officials and supporters included in their delegation.

FINAL ENTRY

Deadline: **November 14th, 2026**

All athletes must be included in the official Final Entry Form submitted by their National Federation.

Registrations received after the deadline will be subject to approval by the IFBB and the Organizing Committee.



OFFICIAL PROGRAM

Friday, November 20th, 2026 - Day 1

- Arrivals
- Check-in
- Accreditations
- Registration: 10:00-13:00 at Hotel Meliá Benidorm
- Registration: 19:00-20:00 at Hotel Meliá Benidorm
- Technical Meeting / Briefing: 20:00 at Hotel Meliá Benidorm

Saturday, November 21st, 2026 - Day 2

- 09:30 — Competition by categories
- 18:00 — End of the event



ADDITIONAL INFORMATION & CONTACT

Final Details for Your Preparation



ACCREDITATIONS & DOCUMENTATION

- All athletes must present their passport at registration.
- All athletes must present or purchase their 2026 IFBB International Card / Blue Book.
- All fees must be paid in advance by PayPal, except federation payments previously approved.
- Cash payments at registration will carry an additional surcharge of 50 € per person.

PHOTO / VIDEO COVERAGE & TANNING

Bookings and inquiries:
contact@ifbb.com

CONNECTION & COMMUNICATION CHANNELS

Questions? Stay connected.

Bookings and inquiries: contact@ifbb.com



FEES SUMMARY:

- **ATHLETES, JUDGES, DELEGATES AND SUPPORTERS: 440 €**
EARLY BIRDS: (PAID BEFORE AUGUST 31TH): 390 €
(Official rates includes access passes (yellow zone)
+ 2 nights at Hotel Meliá Benidorm with 3 meals
- **COACH BACKSTAGE PASS: 50 € (IFBB COACHES WITH OFFICIAL ID: 20 €)**