

IFBB ROMANIAN INTERNATIONAL GRAND PRIX

MAIN INFORMATION

NAME OF THE EVENT:	
IFBB ROMANIAN INTERNATIONAL GRAND PRIX	
CITY / COUNTRY:	Braşov, Romania
DATE:	26/27 September 2026
EVENT OPEN FOR:	All National Federations Affiliated with the IFBB
IFBB PRO CARD QUALIFIER YES ☒ NO ☐	
IFBB INTERNATIONAL RANKING QUALIFIER YES ☒ NO ☐	
DAY OF ARRIVAL:	Friday, September 25th, 2026
DAY OF DEPARTURE:	Monday, September 28th, 2026
REGISTRATION DAY& WEIGH-IN : September 26, 2026	
TIME:	16:00 - 19:00 hrs (local time)
PLACE:	Teatrul Sica Alexandrescu, Piata Teatrului Nr. 1, Brasov 500091
COMPETITION DAY: September 27, 2026	
STARTING TIME:	10:00 (local time)
PLACE:	Teatrul Sica Alexandrescu, Piata Teatrului Nr. 1, Brasov 500091
<i>All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.</i>	
RECOMMENDED AIRPORT:	Brasov-Ghimbav International Airport (BSV)
VISA INFORMATION: <i>An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who requests and receives an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.</i>	
VENUE:	Teatrul Sica Alexandrescu, Piata Teatrului Nr. 1, Brasov 500091
HOTEL INFORMATION	
RECOMMENDED HOTEL: Radisson Blu Aurum Hotel Brasov (4-star) - https://www.radissonhotels.com/ Hotel Postavarul Brasov (3-star)	

REGISTRATION FEE:	
Each athlete and Delegate or Extra Delegate must pay the IFBB registration fee of 225 EUR (online payment) or 275 EUR (cash at registration) each.	
Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at http://www.ifbb.com/competition-registration . Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of 50 EUR.	
CROSSEOVERS:	100 EUR per additional category
DEADLINE FOR ONLINE PAYMENT: September 12th, 2026, 24:00 hrs (midnight - Central European Summer Time, UTC +2)	
<i>Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid. The final decision to allow an athlete to compete in this EVENT rests with the IFBB.</i> <i>It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.</i> <i>All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card (BLUE BOOK) will have to buy one at registration. IFBB Cards are 50 EUR and are mandatory.</i> <i>All posing music must be on a USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.</i>	

CATEGORIES:
JUNIOR'S CATEGORIES (16 - 23 years old): - Junior Women's Bikini Fitness: open category - Junior Men's Physique: open category - Junior Women's Fit Model: open category - Junior Men's Bodybuilding: open category SENIOR'S CATEGORIES: - Women's Bodyfitness: -163 cm; +163 cm & OVERALL - Women's Wellness: 168 cm and +168 cm & OVERALL - Women's Fit-Model: open category - Women's Bikini: 160 cm; 164 cm; 169 cm; 172 cm; +172 cm & OVERALL - Men's Classic Bodybuilding: 175 cm; +175 cm & OVERALL - Men's Physique: 170 cm; 176 cm; 182 cm; +182 cm & OVERALL - Muscular Men's Physique: open category

- Men's Wheelchair Bodybuilding: open category - Fit-Pairs: open category MASTER'S CATEGORIES: - Women's Bikini (>35 years): open category - Women's Bodyfitness (>35 years): open category - Men's Bodybuilding (>40 years): 85 kg and +85 kg & OVERALL - Men's Classic Bodybuilding (>40 years): open category - Men's Physique (>40 years): open category
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AWARDS:
Top three athletes in each category will be awarded with medals. Top six athletes in each category will be awarded with a Certificate of Excellence and trophies. Overall winner will have a trophy.

IFBB PRO CARDS: 11
DISTRIBUTION
- Women's Bodyfitness: 1 IFBB Pro Card for the winner - Women's Wellness: 1 IFBB Pro Card for the Overall winner - Women's Bikini: 3 IFBB Pro Cards for the top 3 Overall winners - Men's Classic Bodybuilding: 1 IFBB Pro Card for the Overall winner - Men's Physique: 3 IFBB Pro Cards for the top 3 Overall winners - Master Women's Bikini (+35 years): 1 IFBB Master Pro Card for the winner - Master Men's Bodybuilding (+40 years): 1 IFBB Master Pro Card for the Overall winner
REGISTRATION DEADLINE
PRELIMINARY ENTRY FORM: September 5th, 2026 FINAL ENTRY FORM: September 12th, 2026
CAMERA/VIDEO TAPE EQUIPMENT
Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

GREEN CARDS
Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the judges/team managers meetings as follows:
Five (5) or more athletes - two (2) green cards.

Less than (5) athletes - one (1) green card.	
TANNING NEEDS	
The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.	
CONTACT INFORMATION:	
Please send Your Entry Form to: Contact: Mr. Horea Olteanu E-mail: secretariat@frcf.ro	Please send a copy to IFBB Technical Committee: Eng. Andrew Michalak E-mail: amichalak5@gmail.com Please send a copy to IFBB Head Office: Ms. Daria E-mail: contact@ifbb.com
JUDGES	
To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com All international judges must bring their International Judge's Cards to the Technical Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of EUR 50/60\$ paid for the current year. This fee may also be paid at the EVENT at the Technical Meeting.	