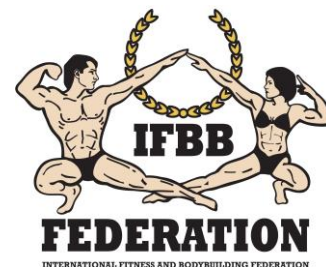


# 2026 IFBB PRESIDENT SANTONJA AFRICAN CUP



## MAIN INFORMATION

NAME OF THE EVENT: **2026 IFBB President Santonja African Cup**

CITY / COUNTRY: **Durban, South Africa**

DATE: **November 14<sup>th</sup>, 2026**

EVENT OPEN FOR: **All IFBB-affiliated National Federations worldwide**

IFBB PRO CARD QUALIFIER YES **X**

IFBB INTERNATIONAL RANKING QUALIFIER LEVEL 3 YES **X**

DAY OF ARRIVAL: **November 13<sup>th</sup>, 2026**

DAY OF DEPARTURES: **November 15<sup>th</sup>, 2026**

REGISTRATION DAY:  
**November 13<sup>th</sup>, 2026**

TIME: 16:00 – 19:00

PLACE: The Junction Venue, 53 Abelia Road,  
Kloof, Durban, South Africa, 3610.

WEIGH-IN DAY:  
**November 13<sup>th</sup>, 2026**

TIME: 16:00 – 19:00

PLACE: The Junction Venue, 53 Abelia Road,  
Kloof, Durban, South Africa, 3610.

\*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.

RECOMMENDED AIRPORT: **King Shaka International Airport, Durban, South Africa.**

**VISA INFORMATION:** If you want to visit South Africa, you must produce a valid visa before you can enter into the country. A visa will be issued for a visit for tourism or business purposes and is valid for a period of 90 days. Some countries are exempted from visa control, which means that citizens from those countries do not need a visa to visit South Africa.

Visas are not issued at South African ports of entry, and airline officials must insist on visas before allowing passengers to board. If you arrive without a visa, immigration officials are obliged to put you onto a flight back to your home country. More info at: <https://www.gov.za/services/temporary-residence/visa>

\*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

VENUE: **The Junction Venue, 53 Abelia Road, Kloof, Durban, South Africa, 3610.**

### HOTEL INFORMATION

RECOMMENDED HOTEL: **Coastlands Hotel (Musgrave)** [www.coastlands.co.za](http://www.coastlands.co.za) or  
**Valley Lodge** <https://valleylodge.net/> .

Participants are kindly asked to book their accommodation directly with the hotel of their choice, as early as possible. For international athletes requiring booking assistance contact **Franci Rust** on [presidentspa@ifbb.co.za](mailto:presidentspa@ifbb.co.za)

## REGISTRATION FEE:

Each athlete must pay the IFBB registration fee of **USD \$250**.

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments on arrival shall have an extra charge of **USD \$50**.

**CROSSEOVERS:** **USD \$100** per each of the additional categories.

**DEADLINE FOR ONLINE PAYMENT:** **Tuesday, November 03<sup>rd</sup>, 2026**

\*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid. The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

\*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

\*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are **EUR €50/USD \$60** and are mandatory.

\*All posing music must be on a USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

## CATEGORIES:

### Junior Bodybuilding 15-23 years:

- Up to 75 kg
- Over 75 kg

**OVERALL**

### Men's Bodybuilding:

- Up to 70 kg
- Up to 80 kg
- Up to 90 kg
- Over 90 kg

**OVERALL (IFBB Pro Card for the winner)**

### Men's Classic Bodybuilding:

- Up to 175 cm
- Over 175 cm

**OVERALL (IFBB Pro Card for the winner)**

### Men's Classic Physique:

- Up to 175 cm
- Over 175 cm

**OVERALL (IFBB Pro Card for the winner)**

### Men's Physique:

- Up to 176 cm
- Over 176 cm

**OVERALL (IFBB Pro Card for the winner)**

### Muscular Men's Physique:

- Up to 179 cm
- Over 179 cm

**OVERALL (IFBB Pro Card for the winner)**

### Men's Fit-Model - OPEN

### Masters Men's Bodybuilding 40 years & over - OPEN

### Masters Men's Physique 40 years & over - OPEN

### Women's Bodyfitness:

- Up to 168 cm
- Over 168 cm

**OVERALL (IFBB Pro Card for the winner)**

### Master Women's Bodyfitness >35 yrs

### Women's Bikini:

- Up to 166 cm
- Over 166 cm

**OVERALL (IFBB Pro Card for the winner)**

### Masters Women's Bikini:

- 35-39 years - **OPEN**
- 40 years & over - **OPEN**

**OVERALL**

### Women's Wellness:

- Up to 166 cm
- Over 166 cm

**OVERALL (IFBB Pro Card for the winner)**

### Masters Women's Wellness:

- 35-39 years - **OPEN**
- 40 years & over - **OPEN**

**OVERALL**

### Women's Fit-Model:

- Up to 166 cm
- Over 166 cm

**OVERALL**

### Women's Physique - OPEN

*IFBB Pro Card for the winner*

## AWARDS:

Top six athletes in each category will be awarded **medals**.

Overall winner will have a **trophy**.

## IFBB PRO CARDS:

**9 IFBB Pro Cards in total**

### **DISTRIBUTION :**

**Men's Bodybuilding - IFBB Pro Card for the Overall winner**

**Men's Classic Bodybuilding - IFBB Pro Card for the Overall winner**

**Men's Physique - IFBB Pro Card for the Overall winner**

**Muscular Men's Physique - IFBB Pro Card for the Overall winner**

**Men's Classic Physique - IFBB Pro Card for the Overall winner**

**Women's Bikini - IFBB Pro Card for the Overall winner**

**Women's Wellness - IFBB Pro Card for the Overall winner**

**Women's Bodyfitness - IFBB Pro Card for the Overall winner**

**Women's Physique - IFBB Pro Card for the Open category winner**

## \*REGISTRATION DEADLINE

PRELIMINAR ENTRY FORM: **October 16<sup>th</sup>, 2026**

FINAL ENTRY FORM: **November 02<sup>nd</sup>, 2026**

## CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

## GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

## TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

For tan bookings, contact **Franci Rust** on [presidentspa@ifbb.co.za](mailto:presidentspa@ifbb.co.za)

## CONTACT INFORMATION:

Please send your Entry Form to:

**Ms. Franci Rust**

E-mail: [presidentspa@ifbb.co.za](mailto:presidentspa@ifbb.co.za)

Phone / whatsapp: **+27 79 933 0967**

Please send a copy to the **IFBB Technical Committee:**

**Eng. Andrew Michalak**

E-mail: [amichalak5@gmail.com](mailto:amichalak5@gmail.com)

Please send a copy to the **IFBB Head Office:**

**Ms. Daria**

E-mail: [contact@ifbb.com](mailto:contact@ifbb.com)

## JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: [pawelfilleborn@gmail.com](mailto:pawelfilleborn@gmail.com)

All international judges must bring their International Judge's Cards to the Team Managers & Judges Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of **EUR €50/USD \$60** paid for the current year. This fee may also be paid at the EVENT at the Team Managers & Judges Meeting.



Scan this code to see the rules for attires of Men's Physique and Bikini