IFBB MR. UNIVERSE ROMA

MAIN INFORMATION

NAME OF THE EVENT: **2026 IFBB MR. UNIVERSE ROMA & ROMA PURE CLASSIC**		
CITY / COUNTRY: **POMEZIA (ROME) / ITALY**		
DATE: **DECEMBER 12th - 13th, 2026**		
EVENT OPEN FOR : **EUROPEAN AND ASIAN NATIONAL FEDERATIONS AFFILIATED WITH THE IFBB**		
IFBB PRO CARD QUALIFIER **YES X** NO ☐		
IFBB INTERNATIONAL RANKING QUALIFIER **LEVEL 3 YES X** NO ☐		
DAY OF ARRIVAL : **12/12/2026**		
DAY OF DEPARTURES: **14/12/2026**		
REGISTRATION DAY: **12/12/2026**	TIME: **17:00-20:00**	PLACE: **HOTEL PRINCIPE VIA DEI CASTELLI ROMANI 14a, POMEZIA (RM)**
WEIGH-IN DAY: **12/12/2026**	TIME: **17:00-20:00**	PLACE: **HOTEL PRINCIPE VIA DEI CASTELLI ROMANI 14a, POMEZIA (RM**

COMPETITION DAY: **13/12/2026 - SUNDAY;** START TIME: **14:00;** PLACE: **HOTEL PRINCIPE VIA DEI CASTELLI ROMANI 14a, POMEZIA (RM**

*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.

RECOMMENDED AIRPORT: **INTERNATIONAL FIUMICINO ROMA**

VISA INFORMATION: **Citizens of EU/Schengen** countries and certain others can enter Italy for up to 90 days period without a visa. **Non-EU/Schengen passport holders:** Generally require a visa for stays longer than 90 days. Detailed info at: https://arlettipartners.com/tourist-visa-italy/

*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

EVNUE: **HOTEL PRINCIPE, VIA DEI CASTELLI ROMANI 14a, POMEZIA (RM)**

HOTEL INFORMATION

RECOMMENDED HOTEL: **HOTEL PRINCIPE, VIA DEI CASTELLI ROMANI 14A°, POMEZIA (RM)**

REGISTRATION FEE:

Each athlete must pay the IFBB registration fee of **EUR €200.**

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at http://www.ifbb.com/competition-registration. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of **EUR €50.**
CROSSOVERS: **EUR €100** per each of the additional categories.
DEADLINE FOR ONLINE PAYMENT: **01/12/2026**

*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid. The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are **EUR €50/USD $60** and are mandatory.

*All posing music must be on an **USB drive only**. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

CATEGORIES:

- **MEN'S CLASSIC BODYBUILDING:**
  UP TO 175 CM
  OVER 175 CM
  - **OVERALL** *(Pro Card for the winner)*

- **MEN'S PHYSIQUE:**
  UP TO 170 CM
  UP TO 176 CM
  UP TO 182 CM
  OVER 182 CM
  - **OVERALL** *(Pro Cards for the top 2)*

- **JUNIOR MEN'S PHYSIQUE 15-23 YRS - OPEN**

- **MUSULAR MEN'S PHYSIQUE - OPEN**
  (Pro Card for the winner)

NATURAL PURE CLASSIC:

- **MEN'S CLASSIC PHYSIQUE - OPEN**
- **MEN'S PHYSIQUE - OPEN**
- **WOMEN'S BIKINI - OPEN**

- **WOMEN'S BODYFITNESS:**
  UP TO 163 CM
  OVER 163 CM
  - **OVERALL** *(Pro Card for the winner)*

- **WOMEN'S BIKINI:**
  UP TO 160 CM
  UP TO 164 CM
  UP TO 169 CM
  UP TO 172 CM
  OVER 172 CM
  - **OVERALL** *(Pro Cards for the top 2)*

- **JUNIOR WOMEN'S BIKINI 15-23 YEARS - OPEN**

- **WOMEN'S WELLNESS - OPEN**
  (Pro Card for the winner)

- **WOMEN'S FIT-MDEL - OPEN**

POSSIBLE CROSSOVERS:
- MEN'S CLASSIC PHYSIQUE - CLASSIC BODYBUILDING - BODYBUILDING
- JUNIORS & MASTERS IN THE SENIOR CATEGORIES

AWARDS:

Top three athletes in each category will be awarded with medals. Top six athletes in each category will be awarded with a Certificate of Excellence and trophies. Overall winner will have a trophy.

IFBB PRO CARDS:

8 IFBB PRO CARDS IN TOTAL
DISTRIBUTION :
Men's Physique - IFBB Pro Cards for the top 2 Overall winners
Men's Classic Bodybuilding - IFBB Pro Card for the winner
Muscular Men's Physique - IFBB Pro Card for the winner
Women's Bikini - IFBB Pro Cards for the top 2 Overall winners
Women's Bodyfitness - IFBB Pro Card for the Overall winner
Women's Wellness - IFBB Pro Card for the Overall winner

GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

*REGISTRATION DEADLINE

PRELIMINAR ENTRY FORM: **NO**
FINAL ENTRY FORM: **01/12/2026**

CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

CONTACT INFORMATION:

Please send your Entry Form to:
Italian Federation President
Mr. Benedetto Mondello
E-mail: **bettomondello@gmail.com**
Phone: +39 348.0660375

Please send a copy to the IFBB Technical Committee:
Eng. Andrew Michalak
E-mail: **amichalak5@gmail.com**

Please send a copy to the IFBB Head Office:
Ms. Daria
E-mail: **contact@ifbb.com**

JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges must bring their International Judge's Cards to the Team Managers and Judges Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of **EUR €50/USD $60** paid for the current year. This fee may also be paid at the EVENT at the Team Managers and Judges Meeting.



Scan this code to see the rules for attires of Men’s Physique and Women’s Bikini